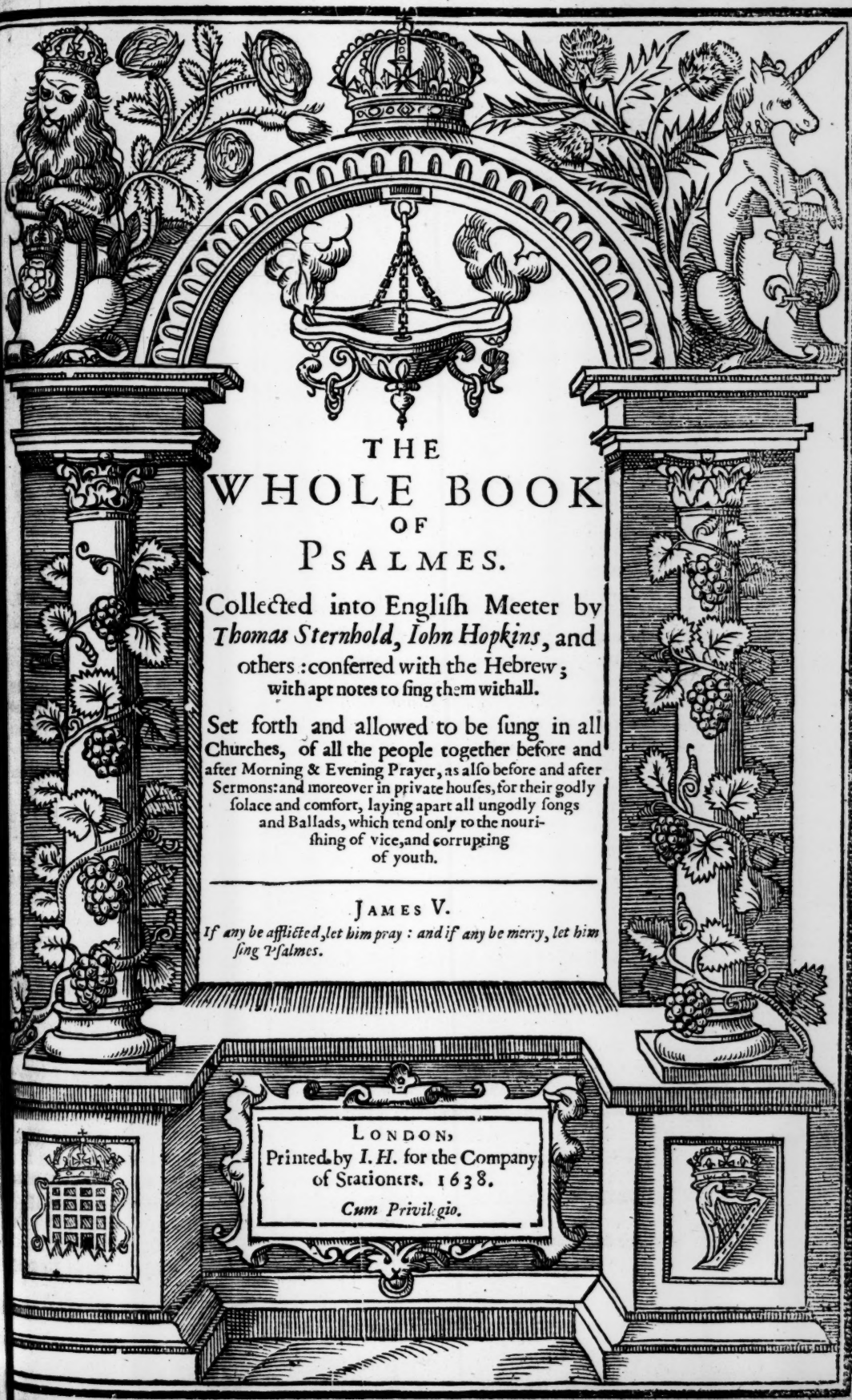

THE WHOLE BOOK OF PSALMES.

Collected into Englisſh Meeter by *Thomas Sternhold*, *Iohn Hopkins*, and others: conferred with the Hebrew; with apt notes to ſing them withall.

Set forth and allowed to be ſung in all Churches, of all the people together before and after Morning & Evening Prayer, as alſo before and after Sermons: and moreover in private houſes, for their godly ſolace and comfort, laying apart all ungodly ſongs and Ballads, which tend only to the nouriſhing of vice, and corrupting of youth.

JAMES V.

If any be afflicted, let him pray: and if any be merry, let him ſing Pſalmes.

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A TREATISE MADE BY

Athanaſius the great, concerning the vſe and vertue of the *Pſalmes*.

ALL holy Scripture is certainly the teacher of all vertue & of true Faith, but the booke of the Pſalmes doth expreſſe after a certaine manner, the very ſtate and condition of the ſoule. For as he which intendeth to preſent himſelfe to a King, firſt will compound with himſelfe to ſet in good order both his geſture and his ſpeech, leſt elſe he might be reputed rude and ignorant: euen ſo doth this godly booke informe all ſuch as be deſirous to lead their life in vertue, and to know the life of our Sauiour, which he led in his converſation, putting them in minde in the reading thereof of all their affections and paſſions whereto their ſoule is inclined. Moreouer the Pſalmes informe and teach, euery man with diuers inſtructions, whereby he may not only eſpie the affections and ſtate of his ſoule, and to winne a good patterne and diſcipline how he may pleaſe God; but alſo with what forme of words he may amend himſelfe, and how to giue God due thanks, leſt if he ſhould ſpeake otherwiſe than were conuenient, hee ſhould fall into impiety, by his vnreuerent eſtimation of God, for wee muſt all make an account to the Iudge, as well of our euill deeds, as of our words.

If therefore thou wouldeſt at any time deſcribe a bleſſed man, who he is, and what thing maketh him to be ſo, thou haſt the 1. 32. 41. 112. 128 Pſalmes.

2 If thou wouldeſt rebuke the Iewes, for their ſpight they had to Chriſt: thou haſt the ſecond Pſalme.

3 If thy owne familiars purſue thée, and if many riſe againſt thée, ſay the 3. 143 Pſalme.

4 If thus in trouble thou haſt called on God, and haſt tarried vpon his helpe, and wouldeſt giue him thankes for that he heard thée with his helpe, ſing the 40. 116 Pſalmes.

5 If that thou ſéeſt euill men to lay ſnares for thée, and therefore deſireſt Gods eares to heare thy prayer, ſing the 5 Pſalme.

6 If thou ſéeleſt Gods dreadfull threats, and ſéeſt thy ſelfe afraid of them, thou maiſt ſay the 9. 31. 88 Pſalmes.

7 If any take counſell againſt thée, as Achitophel did againſt Dauid, if thou be admoniſhed thereof, ſing the 7 Pſalme.

8 If thou in beholding the grace of our Sauiour ſpread on euery ſide, eſpecially for the redeeming of mankind to ſaluation, and wouldeſt ſpeake thereof in meditation to God, ſing the 8 Pſalme.

9 If ſo againe, thou wilt ſing in giuing thankes to God, for the proſperous gathering of thy fruits, vſe the eighth Pſalme.

10 If thou wouldeſt haue thine aduerſary kept back and thy ſoule ſaued, truſt not in thy ſelfe but in the ſonne of God, ſinging the 9 Pſalme.

11 If thou perceiueſt God to be wroth with his people as though he regarded them nothing, thou haſt to pacifie him to complaine thereof, the 10. 60. 74 Pſalmes.

12 If any man would put thee in feare, haue thou thy hope in God, and ſing the 11 Pſalme.
13 If thou beholdeſt the pride of any man, and ſeeſt malice to abound, ſo that there is no godlineſſe among men, repaire then to God, and ſay the 12 Pſalme.
14 If thine aduerſary lye long in wait againſt thée, deſpaire not as though God had forgotten thee, but call vpon the Lord and ſing the 13. 22. 61 Pſalmes.
15 If thou heareſt any to blaſpheme God in his prouidence, be not partaker with them in wickedneſſe, but make haſte to God, and ſay the 14. 55 Pſalmes.
16 If thou deſireſt to know who is a Citizen of heauen, ſing the 15 Pſalme.
17 If thou haſt néed of prayer for ſuch as be againſt thée and haue cloſed thy ſoule on euery ſide, ſing the 10. 17. 86. 148 Pſalmes.
18 If thou haſt eſcaped from thine enemies, and art deliuered from them who purſued thée, ſing thou the 18. 86 Pſalmes.
19 If thou doſt wonder at the order of things created by God, conſider the grace of the diuine prouidence, ſing the 19. 24 Pſalmes.
20 If thou ſéeſt a man in aduerſitie, comfort him, and pray for him with the 20 Pſalme.
21 If thou perceiueſt thy ſelfe to be defended and fed by God, and to liue proſperouſly, reioyce therein and ſing the 23 Pſalme.
22 If thine enemies conſpire againſt thée, lift vp thy ſoule to God and ſay the 24 Pſalme: and thou ſhalt eſpie them to labour but in vaine againſt thée.
23 If thine enemies cluſter againſt thée, and goe about with their bloudy hands to deſtroy thée, goe not thou about by mans helpe to reuenge it, for all mans iudgements are not truly, but deſire God to be Iudge, for he alone is Iudge, and ſay the 26. 35. 43 Pſalmes.
24 If they preſſe more fiercely on thée, though they be in number like an armed hoaſt, feare them not which thus reiect thée, as though thou wert not annoynted and elected of God, but ſing the 27 Pſalme.
25 If they be yet ſo impudent that lay wait againſt thée, ſo that it is not lawfull for them to haue any vocation by them, regard not them but ſing to God the 28 Pſalme.
26 If thou wilt exhort and prouoke Kings, and princes to ſubmit their powers to God, and to regard his honour, ſing the 29. 82 Pſalmes.
27 If thou renew and build thine houſe, both of thy ſoule whereto thou receiueſt God to dwell, and of thy temporall habitation, ſing the 30. 48. 127 Pſalmes.
28 If thou ſéeſt thy ſelfe had in hate, for the truths ſake, of thy friends and kinſfolke, leaue not off thy purpoſe, nor feare them which be againſt thée, but thinke on them which follow, and ſing the 31 Pſalme.
29 If thou beholdeſt ſuch as be baptized, and deliuered from the corruption of their birth, praiſe thou the bountifull grace of God, and ſing the 32 Pſalme.
30 If thou delighteſt to ſing among many, call together righteous men of godly life, and ſing the 33 Pſalme.
31 If by chance thou falleſt among thine enemies, and yet haſt ſo fortunately eſcaped them, if therefore thou wilt giue thanks, call together méeke men, and ſing the 34 Pſalme.
32 If thou ſéeſt wicked men contend amongſt themſelues to doe miſchiefe, thinke not that their nature doth impell them by neceſſity to worke ſinne againſt their will as certaine heretikes ſuppoſe, but conſider the 36 Pſalme, and thou ſhalt ſee that they be to themſelues their owne occaſion of ſinning.
33 If thou ſéeſt how wicked men doe much wickedneſſe, and yet ſimple folke praiſe ſuch, when thou wilt admoniſh any man not to follow them, nor to be like vnto them, becauſe they ſhall be ſhortly rooted out and deſtroyed, ſpeake to thy ſelfe and them in the 37 Pſalme.
34 If thou haſt decréed to take héed to thy ſelfe, and ſéeſt thine enemies approach nigh thée, as to ſuch the aduerſary is moſt prouoked to come with aſſault, and therefore wilt prepare thy ſelfe, ſing the 39 Pſalme.
35 If thou ſéeſt many poore men to beg, and wilt ſhew pittie to them, thou maiſt both thy ſelfe receiue to mercy, and exhort others to doe the ſame, ſaying the 41 Pſalme.
36 If thou haſt a deſire to God-ward, & heareſt thine enemies to vpbraid thée, be not troubled, but conſider what fruit of immortality riſeth to thée for this deſire, comfort thy ſoule with hope to God, & ſo therein relieuing & aſſwaging the heauineſſe of thy life, ſay the 42 Pſalme.

37 If thou wilt remember Gods benefits which he did to our Fathers, both in their out going from Egypt, and in the deſart, and how good God was vnto them, but they vnthankfull to him, thou haſt the 44. 78. 89. 102. 106. 114. 117 Pſalmes.

38 If thou haſt made thy refuge to God, and haſt eſcaped ſuch trouble as was prepared againſt thee, if thou wilt giue thanks, and ſhew out his kindneſſe to thee, ſing the 46 Pſal.

39 If thou wilt know how to giue thanks to God, when thou doſt reſort to him with vnderſtanding, ſing the 47. 48 Pſalmes.

40 If thou wilt exhort men to put their truſt in the liuing God, who miniſtereth all things abundantly to good mens vſe, and blameth the madneſſe of the world which ſerue their God Mammon ſo inordinately, ſing the 49 Pſalme.

41 If thou wouldeſt call vpon the blind world for their wrong confidence in their bruit ſacrifices, and ſhew them what ſacrifice God hath moſt required of them, ſing the 50 Pſal.

42 If thou haſt ſinned, and art conuerted and moued to doe penance, deſirous to haue mercy, thou haſt words of confeſſion in the 51 Pſalme.

43 If thou haſt ſuffered falſe accuſation before the King, and ſeeſt the Deuill to triumph thereof, goe aſide and ſay the 52 Pſalme.

44 If they which perſecute thee with accuſations would betray thee as the Phariſees did Ieſus, and as the Aliants did Dauid; diſcomfort not thy ſelfe therewith, but ſing in good hope to God, the 45. 69. 57 Pſalmes.

45 If thine aduerſaries which trouble thee doe vpbraid thee, and that they which ſeeme to be thy friends, ſpeake moſt againſt thee, whereupon if in thy meditation, thou art ſomewhat grieued thereat, thou maiſt call on God, ſaying the 55 Pſalme.

46 If perſecution come fierce on thee, and anu ware chance to enter into the Caue, where thou hideſt thy ſelfe, feare not, for in this ſtrait thou ſhalt haue expedient words both to comfort thee, and put thee in old remembrance with 57. 141 Pſalmes.

47 If thou wilt confound Hypocrites which make glorious ſhewes outwardly, ſpeake their confuſion with the 58 Pſalme.

48 If thy purſuers command thy houſe to be watched, when thou art eſcaped, giue thankes to God, and graue it in the tables of thy heart for a perpetuall remembrance, and ſay the 56 Pſalme.

49 If thine enemies cruelly aſſault thee, and would catch thy life, offer thy ſubiection to God againſt them, and be of good comfort for the more they rage, the more ſhall God ſubdue them, and ſay the 62 Pſalme.

50 If thou flyeſt perſecution, and getteſt thee into a wildernelle, feare them not as though thou wert alone, but hauing God nigh vnto thee, riſe vnto him early in the morning, ſinging the 63 Pſalme.

51 If thine enemies would put thee in feare, and neuer ceaſe to lay traines for thee, and pick all manner of quarrels againſt thee, though they be very many, giue no place to them, for the darts of babes ſhall be their deſtruction, if thou ſayeſt the 61, 68, 70, 71 Pſalmes.

52 If thou wilt laud God with a Pſalme or Hymne, ſing the 65, 66 Pſalmes.

53 If thou askeſt mercy of God, ſing the 67 Pſalme.

54 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96. 98 Pſalmes.

55 If thou haſt need to confeſſe God with thankes, ſing the 71. 75. 92. 108. 111. 118. 136. 138, 139 Pſalmes.

56 If thou ſeeſt wicked men to proſper in peace, be not offended thereat, but ſay the 73 Pſalme.

57 If thine enemies haue beſet the wayes whither thou flyeſt, and thou art thereby in great anguiſh, yet in this trouble deſpaire not, but pray; and if thy prayer be heard, giue God thankes and ſay the 77 Pſalme.

58 If they perſeuere ſtill, and defile the houſe of God, kill the elect, and caſt their bodies to the fowles of the ayre, feare not their cruelty, but ſhew pittie to them which be in ſuch agonie, and ſay the 79 Pſalme.

59 If thou wilt informe any man with the myſterie of the reſurreation, ſing the 81 Pſalme.

60 If thou wilt ſing to the Lord, call together Gods ſeruants on the feaſtfull day, and ſing the 81. 95. 134 Pſalmes.

61 If thy aduerſaries flock together on euery ſide, and threat to deſtroy the houſe of God,

and make their conſpiracies againſt the Religion, let not the number and power trouble thée, for thou haſt an anker of the words of the 85 Pſalme.

62 If thou caſteſt an eye to Gods houſe and to his eternall Tabernacles, and haſt a deſire thereto, as the Apoſtle had, ſay thou alſo the 84 Pſalme.

63 If Gods wrath be ceaſed, & the captivitie ended, thou haſt cauſe how to giue thanks to God with David, recounting his goodneſſe to thee and others, with the 77. 85. 116 Pſalms.

64 If thou wilt rebuke Paynims and Heretikes, for that they haue not the knowledge of God in them, thou maieſt haue an underſtanding to ſing to God the 86. 115 Pſalmes.

65 If thou wilt know and ſee the diſſent that the Catholike Church hath from Schiſme, and wouldeſt conuert them, or to diſcerne the Church concerning the outward appearance and formes thereof, thou maieſt ſay the 87 Pſalme.

66 If thou wouldeſt know how Moſes prayed to God, and in his meditation recounting the brittle eſtate of mans life, deſired God to direct ſo his ſhort life, that he might follow wiſdome, read the 90 Pſalme.

67 If thou wouldeſt comfort thy ſelfe and others in true Religion, and teach them that hope in God, that he will neuer ſuffer a ſoule to be confounded, but make it bold without feare, with Gods protection, ſing the 9 Pſalme.

68 If thou wilt ſing on the Sabbath day, thou haſt the 91 Pſalme.

69 If thou wilt ſing on the Sunday in meditation of Gods holy word, deſiring to be inſtructed therein, whereby thou maieſt reſt in Gods moſt holy will, and ceaſe from all the works and doctrines of vaine men, reuolue that noble Pſalme 119.

70 If thou wilt ſing the ſecond day of the Sabbath, thou haſt the 95 Pſalme.

71 If thou wouldeſt ſing to the Lord, thou haſt what to ſay in the 96. 98. Pſalmes.

72 If thou wilt ſing the fourth day of the Sabbath, ſing the 94 Pſalme, for then when the Lord was betrayed, he began to take vengeance on death, and to triumph ouer it: therefore when thou readeſt the Goſpell, wherein thou heareſt the Iewes to take counſell againſt the Lord, and that he ſtandeth boldly againſt the deuill, then ſing the fore-ſaid Pſalme.

73 If thou wilt ſing on good Friday, thou haſt a commendation of the Pſalme 93, for then was the houſe of Gods Church builded, and grounded ſoundly, though the enemies went about to hinder it, for which cauſe ſing to God the ſongs of triumphant victory, with the ſaid Pſalme, and with the 98. and 129 Pſalmes.

74 If there be any captiuity wherein thy houſe is laid waſte, and yet builded againe, ſing the 96 Pſalme.

75 If the land be vexed with enemies, and after come to any reſt by the power of God, if thou wilt ſing therefore, ſing the 97 Pſalme.

76 If thou conſidereſt the prouidence of God in his gouernance ouer all, and wilt inſtruct any with true faith and obedience, when thou haſt firſt perſwaded them to confeſſe themſelues, ſing the 100. 147 Pſalmes.

77 If thou doſt acknowledge God in his iudiciall power, and that in iudgement hee mixeth mercy, if thou wilt draw nigh unto him, thou haſt the words of the Pſalme 101. to the end.

78 If for the imbecillity of thy nature, thou art weary with the continuall miſeries and griefes of this life, and wouldeſt comfort thy ſelfe, ſing the 102 Pſalme.

79 If thou wilt giue thankes to God, as it is moſt conuenient and due for all his gifts: when thou wilt ſo doe, thou haſt to reioyce thy ſelfe thereunto with 103, 104 Pſalmes.

80 If thou wilt praiſe God, and alſo know how, and for what cauſe, and with what words thou maieſt beſt doe it, conſider the 113. 117. 133. 145. 147. 148, 149. 150 Pſalmes.

81 If thou haſt faith to ſuch things as God ſpeaketh, and beleeueſt that which in prayer thou uttereſt, ſay the Pſalme 116. to the end.

82 If thou fæleſt thy ſelfe to riſe vpward in degrées of well working, as though thou ſayeſt with Saint Paul, I forget thoſe things which are behind mee, and ſet mine eyes on thoſe things which be before mee, thou haſt the 120 Pſalme.

83 If thou béeſt holden in thraldome vnder ſtraying and wandring thoughts, and fæleſt thy ſelfe drawne by them, whereof thou art ſorry, then ſtay thy ſelfe from henceforth, and tarry where thou haſt found thy ſelfe in fault, ſet thée downe and mourne thou alſo as the Hebrew

people

people did. and ſay with them the 137 Pſalme.

84 If thou perceiveſt that temptations are ſent to proue thée, thou oughteſt after ſuch temptations to giue God the thankes, and ſay the 139 Pſalme.

85 If yet thou be in bondage by thy enemies, and wouldeſt faine be deliuered, ſay the 140 Pſalme.

86 If thou wouldeſt pray, and make ſupplication, ſay the 141, 142, 143 Pſalmes.

87 If any tyrannous enemie riſe up againſt the people, feare thou no more than David did Goliah, but beléeue like David, and ſing the 144 Pſalme.

88 If thou art elect and out of low degrée ſpecially before other, to ſome vocation to ſerue thy brethren, aduance not thy ſelfe againſt them in thine owne power, but giue God his glory, who did chuſe thée, and ſing the 145 Pſalme.

89 If thou wilt ſing of obedience, praiſing God with Alleluia, thou haſt the 105, 106, 107, 111, 112, 113, 114, 115, 117. 135. 148, 149, 150 Pſalmes.

90 If thou wilt meditate on our Sauiour Chriſt, thou haſt of him in euery Pſalme, but moſt chiefly in the 25. 45. 110 Pſalmes.

91 Such Pſalmes as ſhew his lawfull generation of his Father, and his corporall preſence, be the 11. 69 Pſalmes.

92 Such as doe propheſie before of his moſt holy croſſe and paſſion, telling how many deceitfull aſſaults he ſuſtained for us, and how he ſuffered, be the 2. 119 Pſalmes.

93 Such as expreſſe the malicious hatred of the Iewes, and the betraying of Iudas, are the 21. 50. 55. 69. 72. 109 Pſalmes.

94 Such as deſcribe his agony in his paſſion, death, ſepulchre, be the 22. 88 Pſalmes.

95 For his dominion and preſence in the fleſh, read the 116 Pſalme.

96 Such as ſhew his glorious reſurrection of body, be the 44. 47 Pſalmes.

97 Such as ſet out his aſcenſion into heauen are the 93. 96. 98, 99 Pſalmes.

98 And that he ſitteth at the right hand of his Father, the 110 Pſalme maketh manifeſt.

99 Such as ſhew that he hath authority of his Father to iudge, expreſſing his iudiciall power, both in condemning the Deuill, and all wicked nations, are the 56. 72, 82. Pſalmes.

FINIS.

Ome holy Ghost eternall God, proceeding from aboue: both from the Father and the Sonne, the God of peace and loue. Visit our mindes and into vs, thy heauenly grace inspire: that in all truth and godlinesse, wee may haue true desire.

Thou art the very comforter in all woe and distresse:
the heauenly gift of God most high, which no tongue can expresse.
The fountaine and the liuing spring of ioy celestiall:
the fire so bright, the loue so cleere, and vnction spirituall.

Thou in thy gifts art manifold, whereby Christs Church doth stand:
in faithfull hearts writing thy Law, the finger of Gods hand.
According to thy promise made, thou giuest speech of grace:
that through thy helpe the praise of God may stand in euery place.

O holy Ghost into our wits send down thy heauenly light:
kindle our hearts with feruent loue, to serue God day and night.
Strength and stablish all our weaknesse, so feeble and so fraile:
that neither flesh, the world, nor diuell against vs doe preuaile.

Put backe our enemies farre from vs, and grant vs to obtaine,
peace in our hearts with God and man, without grudge or disdaine.
And grant (O Lord) that thou being our leader and our guide:
we may eschew the knares of sinne, and from thee neuer slide.

To vs such plenty of thy grace, good Lord grant we thee pray:
that thou maist be our comforter, at the last dreadfull day.
Of all strife and dissention, O Lord dissolue the bands:
and make the knots of peace and loue throughout all Christian Lands.

Grant vs O Lord through thee to know, the Father most of might:
that of his deare beloued Sonne we may attaine the light.
And that with perfect faith also we may acknowledge thee,
the Spirit of them both alway, one God in persons three.

Laud and praise be to the Father, and to the Sonne equall,
and to the holy Spirit also, one God coeternall:
And pray we that the onely Sonne, vouchsafe his Spirit to send
to all that doe professe his Name vnto the worlds last end.

Venite exultemus. Pſalme xcv.

O Come and let vs now reioyce and ſing vnto the Lord:
and to our onely Sauiour, alſo with one accord.
O let vs come before his face, with inward reuerence:
confeſſing all our former ſinnes, and that with diligence.

To thanke him for his benefits, alwayes diſtributing:
wherefore to him right ioyfully in Pſalmes now let vs ſing.
And that becauſe that God alone is Lord magnificent:
and eke aboue all other gods, a King omnipotent.

His people doth not he forſake at any time or tide:
and in his hands are all the coaſts of all the world ſo wide.
And with his louing countenance he looketh euery where:
and doth behold the tops of all the mountaines farre and neere.

The ſea and all that is therein are his, for he them made:
and eke his hand hath faſhioned the earth which doth not fade.
O come therefore and worſhip him, and downe before him fall:
and let vs kneele before the Lord, the which hath made vs all.

He is our God, our Lord, and King, and we his people are:
his flocke and ſheepe of his paſture, of whom he taketh care.
This day if ye will heare his voyce, then harden not your heart:
as in the bitter murmuring, when ye were in deſart.

Which thing was of their negligence, committed in the time
of trouble in the wildernesſe, a great and grieuous crime.
Whereas your fathers tempted me, and tri'd me euery way:
they proued me, and ſaw my workes, what I could doe or ſay.

Theſe forty yeares I haue been grieu'd with this generation:
and euermore I ſaid they err'd in their imagination.
Wherewith their hearts were ſore cumbred long time and many dayes:
wherefore I ſaid, aſſuredly they haue not knowne my wayes.

To whom I in mine anger ſwore, that they ſhould not be bleſt:
nor ſee my ioy celeſtiall, nor enter in my reſt.

Gloria Patri.

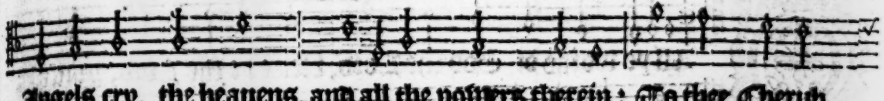
All laud and praiſe be to the Lord, O that of might art moſt:
to God the Father, and the Sonne, and to the Holy Ghoſt.
As it in the beginning was, for euer heretofore:
and is now at this preſent time, and ſhall be euermore.

The Song of Saint *Ambroſe*, called *Te Deum*.

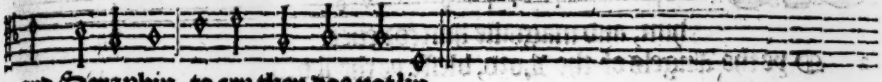
WE praiſe thee God, We knowledge thee, the onely Lord to be,

and

and as eternall Father all the earth doth worship thee : To thee all



Angels cry, the heauens, and all the powers therein : To ther Cherub



and Seraphin, to cry they doe not lin.

O holy, holy, holy Lord, of Sabbath Lord the God :
though heauen and earth thy praise is spread, and glory all abroad.
Th' Apostles glorious company yeeld praises vnto thee:
the Prophets goodly fellowship praise thee continually.

The noble and victorious hoast of Martyrs sound thy praise :
the holy Church throughout the world doth knowledge thee allwayes.
Father of endlesse Maiesty, they doe acknowledge thee,
thy Christ, thine honourable, true, and onely Sonne to be.

The holy Ghost the Comforter, of glory thou art King,
O Christ : and of the Father art the Sonne euerlasting.
When sinfull mans decay in hand thou tookest to restore :
to be inclos'd in Virgins wombe thou diddest not abhorre.

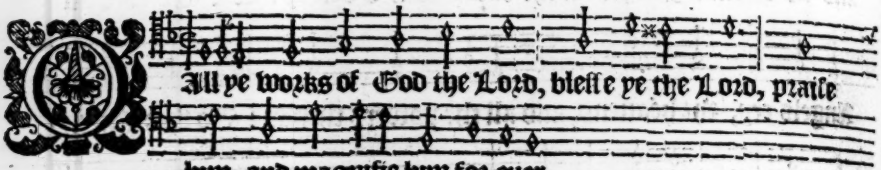
When thou hadst ouercome of death the sharpe and cruell might,
thou heauens Kingdome didst set ope to each beleeuing wight.
In glory of the Father thou dost sit on Gods right hand :
we trust that thou shalt come our Judge, our cause to vnderstand.

Lord helpe thy seruants whom thou hast bought with thy pretious blood :
and in eternall glory set them with thy Saints so good.
O Lord doe thou thy people saue, blesse thine inheritance :
Lord gouerne them, and Lord doe thou for euer them aduance.

We magnifie thee day by day, and world without an end
adore thy holy Name : O Lord vouchsafe vs to defend
from sinne this day : Haue mercy Lord, haue mercy on vs all :
and on vs as we trust in thee, Lord let thy mercy fall.

O Lord, I haue reposed all my confidence in thee :
put to confounding shame therefore, Lord let me neuer be.

The Song of the three children, praiſing God, provoking all creatures to doe the ſame.



O All ye woꝛks of God the Loꝛd, bleſſe ye the Loꝛd, praiſe hym, and magnifie hym foꝛ euer.

2 O ye the Angels of the Loꝛd, bleſſe ye the Loꝛd,
praiſe hym, and magnifie hym foꝛ euer.

3 O ye the ſtarry heauens high, bleſſe ye the Loꝛd,
praiſe hym, and magnifie hym foꝛ euer.

4 O ye the waters aboue the ſkie, bleſſe ye the Loꝛd, &c.

5 O all ye powers of the Loꝛd, bleſſe ye the Loꝛd, &c.

6 O ye the ſhining Sunne and Moone, bleſſe ye the Loꝛd, &c.

7 O ye the glittering Starres of heauen, bleſſe ye the Loꝛd, &c.

8 O ye the ſhowers and dꝛopping dew, bleſſe ye the Loꝛd, &c.

9 O ye the bloꝛwing winds of God, bleſſe ye the Loꝛd, &c.

10 O ye the fire and warming heat, bleſſe ye the Loꝛd, &c.

11 Ye Winter and the Summer-tide, bleſſe ye the Loꝛd, &c.

12 O ye the dewes and binding-frоſts, bleſſe ye the Loꝛd, &c.

13 O ye the frоſts and chilling cold, bleſſe ye Loꝛd, &c.

14 O ye congealed Ice and Snow, bleſſe ye the Loꝛd, &c.

15 O ye the nights and lightſome dayes, bleſſe ye the Loꝛd, &c.

16 O ye the darkneſſe and the light, bleſſe ye the Loꝛd, &c.

17 O ye the lightnings and the clouds, bleſſe ye the Loꝛd, &c.

18 O let the earth eke bleſſe the Loꝛd, yea bleſſe the Loꝛd, &c.

19 O ye the mountaines and ye hils, bleſſe ye the Loꝛd, &c.

20 O all ye greene things on the earth, bleſſe ye the Loꝛd, &c.

21 O ye the euer-ſpꝛinging Wels, bleſſe ye the Loꝛd, &c.

22 O ye the Seas, and eke the Flouds, bleſſe ye the Loꝛd, &c.

23 Whales, and all that in waters moue, bleſſe ye the Loꝛd, &c.

24 O all ye flying Fowles of the ayre, bleſſe ye the Loꝛd, &c.

25 O all ye beaſts and cattell eke, bleſſe ye the Loꝛd, &c.

26 O ye the childꝛen of mankinde, bleſſe ye the Loꝛd, &c.

27 Let Iſrael eke bleſſe the Loꝛd, yea bleſſe the Loꝛd, &c.

28 O ye the Prieſts of God the Loꝛd, bleſſe ye the Loꝛd, &c.

29 O ye the ſeruants of the Loꝛd, bleſſe ye the Loꝛd, &c.

30 Ye ſpirits and ſoules of righteous men, bleſſe ye the Loꝛd, &c.

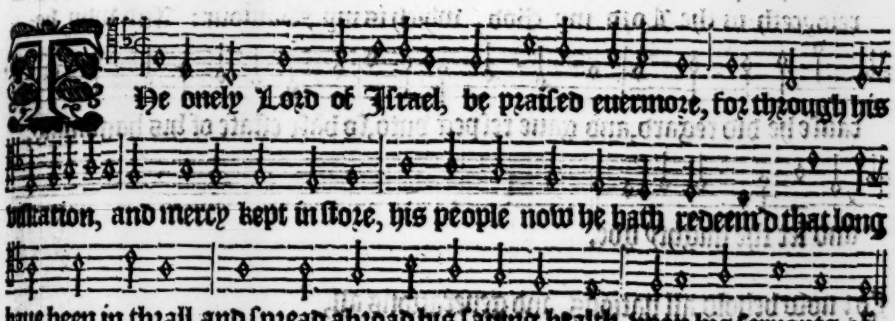
31 Ye holy and ye meeke of heart, bleſſe ye the Loꝛd, &c.

32 O Ananias bleſſe the Loꝛd, bleſſe thou the Loꝛd,
praiſe hym, and magnifie hym foꝛ euer.

33 O Azarias bleſſe the Loꝛd, bleſſe thou the Loꝛd,
praiſe him and magnifie hym foꝛ euer.

34 And Miſael eke bleſſe the Loꝛd, bleſſe thou the Loꝛd,
praiſe hym, and magnifie hym foꝛ euer.

The Song of *Zacharias*, called *Benedictus*.



THe onely Lord of Israel, be praised euermore, for through his
visitation, and mercy kept in store, his people now he hath redeem'd that long
haue been in thrall, and spread abroad his saving health, vpon his seruants all.

In Dauids house his seruant true, according to his mind:
and also his annointed King, as we in Scripture find.
As by his holy Prophets all, oft-times he did declare:
the which were since the world began, his wayes for to prepare.

That we might be deliuered, from those that make debate:
our enemies, and from the hands, of all that doe vs hate.
The mercy which he promised, our Fathers to fulfill:
and thinke vpon his couenant made, according to his will.

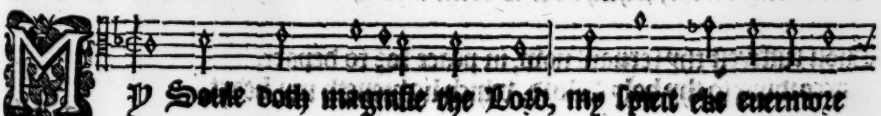
And also to performe the oath, which he before had sworne,
to Abraham our Father deare, for vs that were forlorne,
That he would giue himselfe for vs, and vs from bondage bring,
out of the hands of all our foes, to serue our heauenly King.

And that without all manner feare, and eke in righteousnesse:
and also for to lead our lines, in steadfast holinesse.
And thou O Child which now art borne, and of the Lord elect:
shalt be the Prophet of the highest, his wayes for to direct.

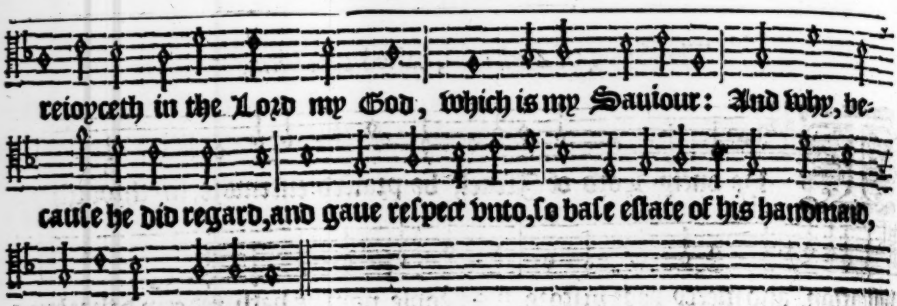
For thou shalt goe before his face, for to prepare his wayes:
and also for to teach his will, and pleasure all thy dayes.
To giue them knowledge how that their Saluation is neere:
and that remission of their sinnes, is through his mercy meere.

Whereby the day-spring from on high, is come vs for to visit:
and those for to illuminate, which doe in darknesse sit.
To lighten those that shadowed be with death and eke oppress:
and also for to guide our feet, the way to peace and rest.

The Song of blessed *Marie*, called *Magnificat*.



MY Soule doth magnifie the Lord, my spirit eke euermore



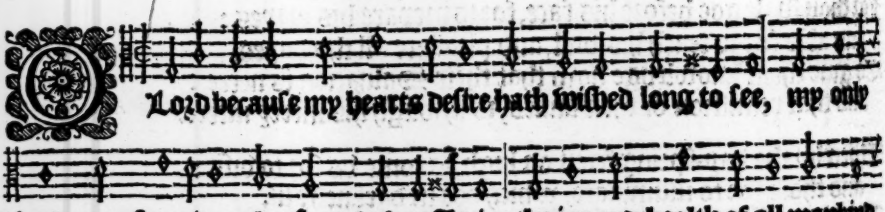
For now behold all nations, and generations all,
from this time forth for euermore, shall me right blessed call:
Because he hath me magnifi'd, which is the Lord of might:
whose name be euer sanctifi'd, and praised day and night.

For with his mercy and his grace, all men he doth inflame:
throughout all generations, to such as feare his name.
He shewed strength with his great arme, and made the proud to start,
with all imaginations, that they haue in their heart.

He hath put downe the mighty ones, from their supernall seat,
and did exalt the meeke in heart, as he hath thought it meet,
The hungry he replenished, with all things that were good:
and through his power he made the rich, oft times to want their food.

And calling to remembrance his mercy euery deale,
hath holpen vp assistantly, his seruant Israel.
According to his promise made, to Abraham before:
and to his seed successiuely, to stand for euermore.

The Song of *Simeon* called *Nunc Dimittis*.



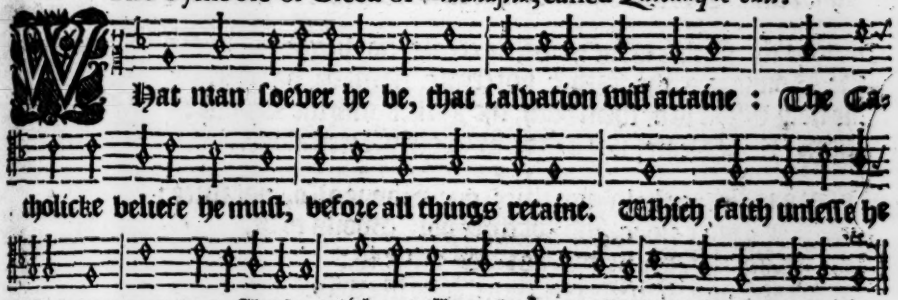
Thou sufferest thy seruant now, in peace for to depart,
according to thy holy Word, which lighteneth my heart.

Because

Because mine eyes which thou hast made, to giue my body light:
haue now beheld thy sauing health, which is the Lord of might.

Whom thou mercifully hast set, of thine abundant grace:
in open sight and visible, before all peoples face.
The Gentiles to illuminate, and Satan ouer-quell:
and eke to be the glory of thy people Israel.

The Symbole or Creed of *Athanasius*, called *Quicunque vult*.



The Catholike beleefe is this, that God we worship one
in Trinity, and Trinity in Unity alone.
So as we neither doe confound nor mix the persons three:
nor yet the substance whole of one, in sunder parted be.

One person of the Father is, another of the Sonne:
another person proper of the holy Ghost alone.
Of Father, Sonne, and holy Ghost, but one the God-head is:
like glory, coeternall eke the maiestie likewise.

Such as the Father is, such is the Sonne in each degree:
and such also we doe beleeue the holy Ghost to be.
Uncreate is the Father, and uncreate is the Sonne:
the holy Ghost uncreate, so uncreate is each one.

Incomprehensible Father is, incomprehensible Sonne:
and comprehensible also is the holy Ghost of none.
The Father is eternall, and the Sonne eternall so:
and in like sort eternall is the holy Ghost also.

And yet though we beleeue that each of these eternall be:
yet there but one eternall is, and not eternals three.
As ne incomprehensible we, ne yet uncreate three:
but one incomprehensible, one uncreate hold to be.

Almighty so the Father is, the Sonne Almighty so:
and in like sort almighty is the holy Ghost also.
And albeit that euery one of these almighty be:
yet there but one almighty is, and not almighties three.

The Father God is, God the Sonne, God holy Ghost also:
yet are there not three Gods in all, but one God, and no moe.
So likewise Lord the Father is, and Lord also the Sonne:
and Lord the holy Ghost, yet are there not three Lords but one.

For as we are compell'd to grant, by Christian veritie:
each of the persons by himselfe, both God and Lord to be.
So Catholick religion forbiddeth vs allway,
that either Gods be three, or that three Lords be there to say.

Of none the Father is, ne made, ne create, nor begot:
the Sonne is of the Father, not create, ne made, but got.
The holy Ghost is of them both, the Father and the Sonne:
ne made, ne create, nor begot, but doth proceed alone.

So we one Father hold, not three, one Sonne also, not three:
one holy Ghost alone, and not three holy Ghosts to be.
None in this Trinity before, nor after other is:
ne greater any than the rest, ne lesser be likewise.

But every one among themselues of all the persons three:
together coeternall all, and all coequall be.
So Unitie in Trinitie, as said it is before,
and Trinitie in Unitie, in all things wee adore.

Therefore what man soeuer that, saluation will attaine:
this faith touching the Trinity, of force he must retaine.
And needfull to eternall life, it is that every wight,
of the incarnating of Christ, our Lord beleeue aright.

For this the right Faith is, that wee beleeue and eke doe know:
that Christ our Lord the Sonne of God, is God and man also.
God of his Fathers substance got, before the world began:
and of his Mothers substance borne, in world a very man.

Both perfect God, and perfect man in one, one Jesus Christ:
that doth of reasonable soule, and humane flesh subsist.
Touching his God head, equall with his Father, God is hee:
touching his man-hood, lower than his Father in degree.

Who though he be both very God, and very man also:
yet is he but one Christ alone, and is not persons two.
One, not by turning of God-head, into the flesh of man:
but by taking man-hood to God, this being one began.

All one, not by confounding of, the substance into one:
but onely by the Unitie, that is of one person.
For as the reasonable soule, and flesh but one man is:
so in one person God and man, is but one Christ likewise.

Who suffered for to saue vs all, to hell he did descend:

the

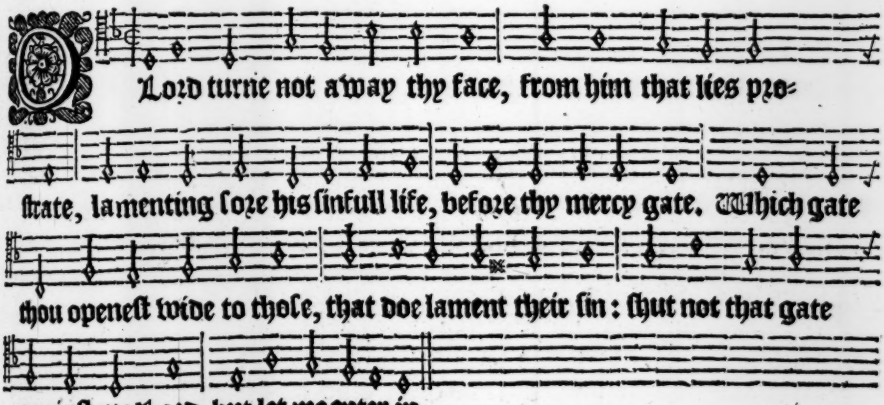
the third day rose againe from death, to heauen he did ascend.
He sits at the right hand of God, th' Almighty Father there:
from thence to iudge the quicke and dead, againe he shall appeare.

At whose returne all men shall rise, with bodies new restor'd:
and of their owne works they shall giue account vnto the Lord.
And they into eternall life shall goe that haue done well:
who haue done ill shall goe into eternall fire to dwell.

This is the Catholicke beleefe: Who doth not faithfully
beleeue the same, without all doubt, he saued cannot be.

To Father, Sonne, and holy Ghost, all glory be therefore:
As in beginning was, is now, and shall be evermore.

The Lamentation of a Sinner.



And call me not to mine account, how I haue liued here:
for then I know right well, O Lord, how vile I shall appeare:
I need not to confesse my life, I am sure thou canst tell:
what I haue beene, and what I am, I know thou know'st it well.

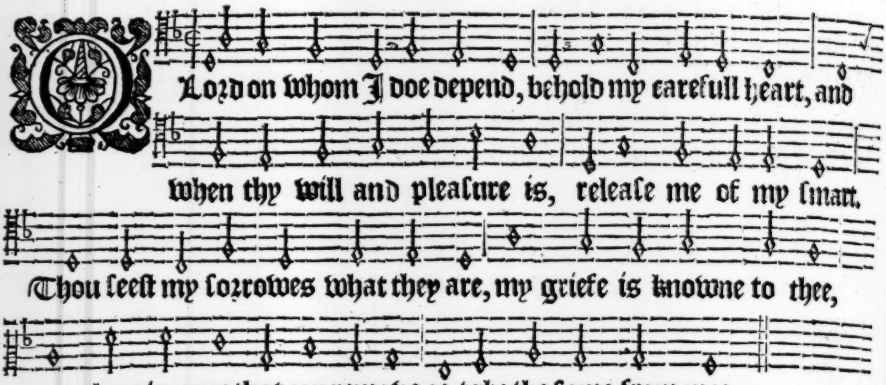
O Lord thou know'st what things be past, and eke the things that be:
thou know'st also what is to come, nothing is hid from thee.
Before the heauens and earth were made, thou know'st what things were then:
as all things else that haue beene since, among the sonnes of men.

And can the things that I haue done, be hidden from thee then?
nay, nay, thou know'st them all, O Lord, where they were done, and when.
Wherefore with teares I come to thee, to beg and to intreat:
euen as the childe that hath done ill, and feareth to be beat.

So come I to thy mercy gate, where mercy doth abound:
requiring mercy for my sinne, to heale my deadly wound.
O Lord, I need not to repeat, what I doe beg or craue,
thou know'st, O Lord, before I aske, the thing that I would haue.

Mercie good Lord, mercie I aske, this is the totall ſumme,
for mercy Lord is all my ſuit, Lord let thy mercy come.

The humble ſuit of a Sinner.



But only thou whoſe aid I crave, whoſe mercy ſtill is preſt,
to eaſe all thoſe that come to thee, for ſuccour and for reſt.
And ſith thou ſeeſt my reſtleſſe eyes, my teares and grievous groane:
attend unto my ſuit O Lord, marke well my plaint and moane.

For ſinne hath ſo incloſed me, and compaſt me about:
that I am nowremedileſſe, if mercy helpe not out.
For mortall man cannot releaſe, or mitigate this paine:
But even thy Chriſt my Lord and God, who for my ſins was ſlaine.

Whoſe bloudy wounds are yet to ſee, though not with mortall eye:
yet doe thy Saints behold them all, and ſo I truſt ſhall I.
Though ſinne doth hinder me a while, when thou ſhalt ſee it good,
I ſhall enjoy the ſight of him, and ſee his wounds and bloud.

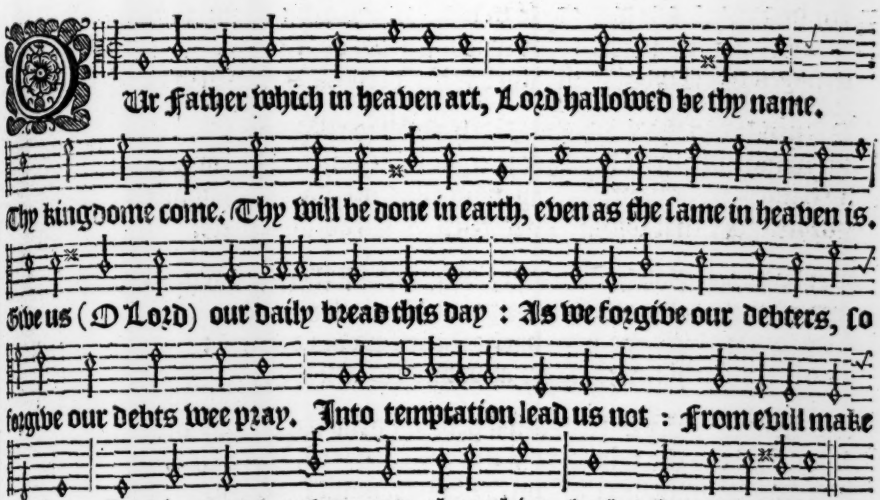
And as thine Angels and thy Saints doe now behold the ſame:
ſo truſt I to poſſeſſe that place, with them to praiſe thy name.
But whilſt I live here in this vale, where ſinners doe frequent:
aſſiſt mee ever with thy grace, my ſinnes ſtill to lament.

Leſt that I tread the ſinners trace, and give them my conſent,
to dwell with them in wickedneſſe, whereto nature is bent.
Onely thy grace muſt be my ſtay, leſt that I fall downe flat:
and being downe, then of my ſelfe cannot recover that.

Wherefore this is yet once againe my ſuit and my requeſt,
to grant me pardon for my ſinne, that I in thee may reſt.
Then ſhall my heart and tongue alſo be inſtruments of praiſe:
and in thy Church and houſe of Saints ſing Pſalmes to thee alwaies.

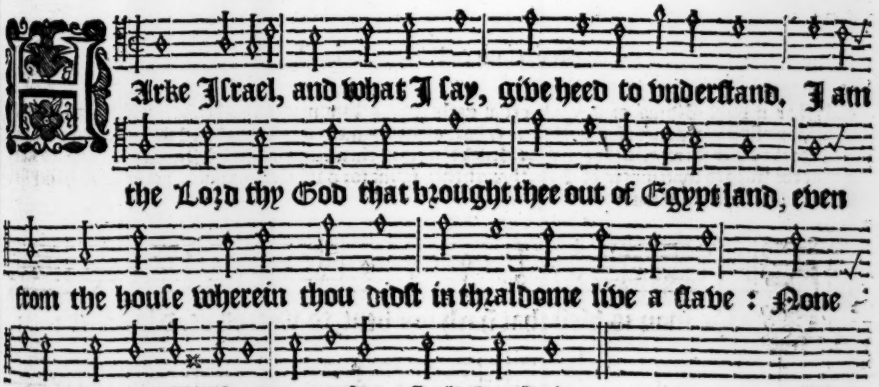
The

The Lords Prayer, or Pater Noſter.



The X. Commandements. Audi Iſrael.

Exodus xx. N.



No manner graven Image ſhalt thou make at all to thee,
nor any figure like by thee, ſhall counterfeited be
Of any thing in heaven above, nor in the earth below,
nor in the waters beneath the earth, to them thou ſhalt not bow,

Nor ſhalt them ſerve. The Lord thy God, a jealous God am I,
that punish Parents faults unto the third and fourth degree,

Upon

Vpon their children that me hate, and mercy doe diſplay,
to thouſands of ſuch as me loue, and my precepts obey.

The name thou of the Lord thy God, in vaine ſhalt neuer vſe:
for hym that takes his Name in vaine, the Lord will not excuſe.
Remember that thou holy keepe the ſacred Sabbath day:
ſix dayes thou labour ſhalt, and doe thy needfull workes alway.

The ſeuenth day the Lord thy God hath ſet to reſt vpon:
no worke then ſhalt thou doe in it, ne thou, nor yet thy ſonne,
Thy daughter, ſeruant, nor thy maid, thine oxe, nor yet thine aſſe:
nor ſtranger that within thy gates hath his abiding place.

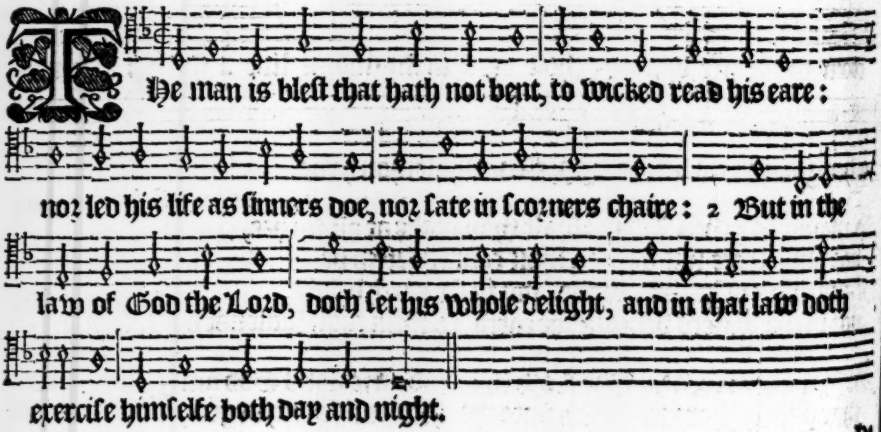
For in ſix dayes God heauen and earth, and all therein did make:
and after thoſe his reſt he did vpon the ſeuenth day take.
Wherefore he bleſt the day that he for reſting did ordaine:
and ſacred to himſelfe alone, appointed to remaine.

Yeeld honour to thy parents, that prolong'd thy dayes may be,
vpon the land the which the Lord thy God hath giuen thee.
Thou ſhalt not murther. Thou ſhalt not commit adultery.
Thou ſhalt not ſteale. Nor witneſſe falſe againſt thy neighbour be.

Thou ſhalt not couet houſe that to thy neighbour doth belong:
ne couet ſhalt in hauing of his wife to do him wrong.
Nor his man-ſeruant, nor his maid, nor oxe, nor aſſe of his:
nor any other thing that to thy neighbour proper is.

Beatus vir. Pſalm. 1. T.S.

Whether it were Eſdras or any other that gathered the Pſalmes into a booke, it ſeemeth he did ſet this Pſalme firſt in manner of a Preface to exhort all godly men to ſtudy and meditate the heauenly wiſdome, for the effect thereof, is that they be bleſſed that giue themſelues wholly all their life to Gods Law, and that the wicked contemners of God, though they ſeeme for a while fortunate, yet at length they ſhall come to miſerable deſtruction.



3 Ye shall be like the tree that growes, fast by the Riuer side:
which bringeth forth most pleasant fruit, in her due time and tide.
Whose leafe shall neuer fade nor fall, but flourish still and stand:
euen so all things shall prosper well, that this man takes in hand.

4 So shall not the vngodly men, they shall be nothing so:
but as the dust which from the earth, the wind driues to and fro.

5 Therefore shall not the wicked men, in iudgement stand vpright:
nor yet the sinners with the iust, shall come in place or sight.

6 For why: the way of godly men, vnto the Lord is knowne:
and eke the way of wicked men, shall quite be ouerthrowne.

Quare fremuerunt gentes? Psal. ii. T. S.

Dauid reioyceth that notwithstanding his enemies rage and worldly power, yet God will continue his kingdome for euer, and aduance it euen to the farthest end of the world. And therefore he exhorteth Kings and Rulers, that setting vaine glory apart they humbly submit themselues vnder Gods yoke. Herein is signified Christ and his Kingdome.

Sing this as the 1 Psalme.

WHy did the Gentiles tumults raise, what rage was in their braine?
why did the Iewish people muse, seeing all is but vaine?
2 The Kings and Rulers of the earth conspire and are all bent,
against the Lord and Christ his Sonne, which he amongst vs sent.

3 Shall we be bound to them say they: let all their bonds be broke:
and of their doctrine and their law, let vs reiect the yoke.
4 But he that in the heauen dwels, their doings will deride:
and make them all as mocking stocks, throughout the world so wide.

5 For in his wrath the Lord will say, to them vpon a day:
and in his fury trouble them, and then the Lord will say.
6 I haue annointed him my King, vpon my holy hill:
I will therefore Lord preach thy Law, and eke declare thy will.

7 For in this wise the Lord himselfe, did say to me I wot:
thou art my deare and onely sonne, to day I thee begot.
8 All people I will giue to thee, as heyres at thy request:
the ends and coasts of all the earth, by thee shall be possest.

9 Thou shalt them bruise euen with a mace, as men vnder foot trod:
and as the Potters sheards shalt breake, them with an iron rod.
10 Now ye O Kings and Rulers all, be wise therefore and learn'd:
by whom the matters of the world, be iudged and discern'd.

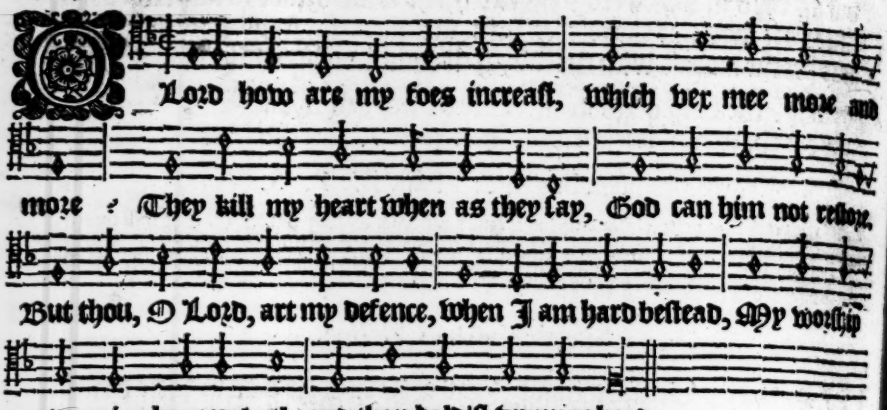
11 See that ye serue the Lord aboue, in trembling and in feare:
see that with reuerence ye reioyce, to him in like maner.
12 See that ye kisse and eke imbrace, his blessed Sonne I say:
lest in his wrath ye suddenly, perish in the mid way.

13 If once his wrath neuer so small, shall kindle in his brest:
oh then all they that trust in Christ, shall happy be and blest.

Domine

Domine quid multiplicati ſunt. Pſal.iii. T.S.

David being perſecuted, and driuen out of his kingdome by his owne Son Abſalon, was greatly tormented in mind for his ſin againſt God: and therefore calleth vpon God, and waxeth bold through his promiſes againſt the great terrors of his enemies, yea, and againſt death it ſelfe, which he ſaw preſent before his eyes. Finally, he reioyceth for the good ſucceſſe and victory that God gaue him, and all the Church ouer his enemies.



4 Then with my voyce vpon the Lord, I did both call and cry:
and he out of his holy hill, did heare me by and by.
5 I laid me downe, and quietly I ſlept, and roſe againe:
for why? I know aſſuredly, the Lord will me ſuſtaine.

6 If ten thouſand had hem'd me in, I could not be afraid:
for thou art ſtill my Lord and God, my Sauiour and my aid.
7 Riſe vp therefore, ſaue me my God, for now to thee I call:
for thou haſt broke the cheeks and teeth of theſe wicked men all.

8 Saluation onely doth belong to thee O Lord aboue:
thou doſt beſtow vpon thy folke thy bleſſing and thy loue.

Cum invocarem exaudi. Pſal.iiii. T.S.

When Saul perſecuted him, he calleth vpon God, truſting moſt aſſuredly in his promiſe, and therefore boldly reproueth his enemies, who by wilfull malice reſiſted his dominion. And finally he preferreth the fauour of God before all worldly treaſures. Let vs likewiſe learne to truſt in Gods promiſes when we are afflicted with any kind of croſſe, and ſo wee ſhall neither feare our enemies nor yet be ouercome with temptations.

Sing this as the 3. Pſalme.

O God that art my righteouſneſſe, Lord heare me when I call:
thou haſt ſet me at liberty, when I was bound and thrall.
2 Haue mercy Lord therefore on me, and grant me my requeſt:
for vnto thee inceſſantly, to cry I will not reſt.

3 O mortall men how long will ye, my glory thus deſpiſe?
why wander ye in vanity, and follow after lies?
4 Know ye that good and godly men, the Lord doth take and chuſe:
and when to him I make my plaint, he doth me not refuſe.

5 Stand

5 Sinne not but stand in awe therefore, examine well your heart:
and in your chamber quietly, see you your selues conuert.
6 Offer to God the sacrifice of righteousnesse I say:
and looke that in the liuing Lord, you put your trust alway.
7 The greater sort craue worldly goods, and riches doe imbrace:
but Lord grant vs thy countenance, thy fauour and thy grace.
8 For thou thereby shalt make my heart, more ioyfull and more glad,
than they that of their corne and wine, full great increase haue had.
9 In peace therefore lie downe will I, taking my rest and sleepe:
for thou only wilt me O Lord, alone in safety keepe.

Verba mea auribus. Psalme v. T. S.

Dauid hauing suffered great calamities, aswell by Doeg and Achitophel, Sauls flatterers, as by other infinite enemies, calleth to God for succour, shewing how requisite it is, that God should punish the malicious enuy of his aduersaries. After being assured of the prosperous successe, he conceiueth comfort, concluding that when God should deliuer him, others also should be partakers of the same mercies.

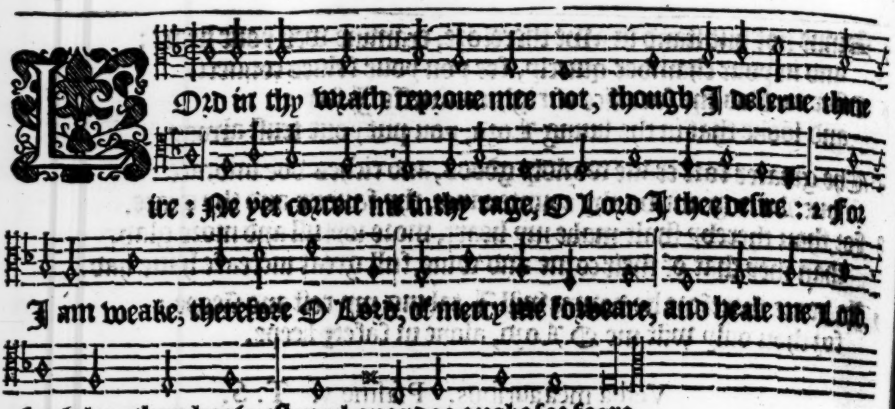
Sing this as the 3. Psalme.

1 Incline thine eares vnto my words, O Lord my plaint consider:
2 And heare my voyce my king, my God, to thee I make my prayer.
3 Heare me betime, Lord tarry not, for I will haue respect,
my prayer early in the morne, to thee for to direct.
4 And I will trust through patience in thee my God alone:
thou art not pleas'd with wickednesse, and ill with thee dwels none.
5 And in thy sight shall neuer stand, these furious fooles O Lord:
vaine workers of iniquity thou hast alwayes abhorr'd.
6 The lyars and the flatterers, thou shalt destroy them than:
and God will hate the blood-thirsty, and the deceitfull man.
7 Therefore will I come to thine house, trusting vpon thy grace:
and reuerently will worship thee, toward thine holy place.
8 Lord lead me in thy righteousnesse, for to confound my foes:
and eke the way that I shall walke, before my face disclose.
9 For in their mouthes there is no truth, their heart is foule and vaine:
their throat an open sepulchre, their tongues doe glose and faine.
10 Destroy their false conspiracies, that they may come to nought:
subuert them in their heaps of sinne, which haue rebellion wrought.
11 But those that put their trust in thee, let them be glad alwayes:
and render thankes for thy defence, and giue thy name the praise.
12 For thou with fauour wilt increase the iust and righteous still:
and with thy grace as with a shield, defend him from all ill.

Domine ne in furore. Psal. vi. T. S.

When Dauid for his sins had prouoked Gods wrath, and now felt not only his hand against him, but also conceiueth the horrors of death exceedingly, he desireth forgiuenesse, bewailing that if God tooke him away in his indignation, he should lacke occasion to praise him as he was wont to do whilst he was amōg men. Then suddenly feeling Gods mercy, he sharply rebuked his enemies which reioyced in his affliction.

Lord


LOrd in thy wrath reproue mee not, though I deserue thine
ire: Ne yet correct me in thy rage, O Lord I thee desire: 2 For
I am weake, therefore O Lord, of mercy me forbeare, and heale me Lord,
for why? thou knowest my bones doe quake for feare.

3 My soule is troubled very sore, and vexed vehemently,
but Lord how long wilt thou delay to cure my misery?
4 Lord turne thee to thy wonted grace, my silly soule vp take:
O saue me, not for my deserts, but for thy mercies sake.

5 For why? no man among the dead remembreth thee one whit:
or who shall worship thee (O Lord) in the infernall pit?
6 So grieuous is my plaint and mone, that I wax wondrous faint:
all the night long I wash my bed with teares of my complaint.

7 My sight is dim and waxeth old, with anguish of my heart:
for feare of those that are my foes, and would my soule subuert.
8 But now away from me all ye that worke iniquity:
for why? the Lord hath heard the voice of my complaint and cry.

9 He heard not onely the request, and prayer of my heart:
but it receiued at my hands, and tooke it in good part.
10 And now my foes that vexed me, the Lord will soone defame:
and suddenly confound them all, to their rebuke and shame.

Domine Deus meus, in te speravi. Psal. vii. T. S.

Dauid being falsly accused by Chus, one of Sauls kinsmen, calleth to God to be his defender, to whom he commendeth his innocency: first shewing that his conscience did not accuse him of any euill towards Saul: next, that it touched Gods glory to award sentence against the wicked; and so entring into the consideration of Gods mercies and promises, he waxeth bold, and dexdeth the vaine enterprises of his enemies, threatning that that shall fall on their owne neckes, which they haue purposed for others.

Sing this as the 3. Psalme.

O Lord my God I put my trust, and confidence in thee:
saue me from them that me pursue, and eke deliuer me.
2 Lest like a Lyon he me teare, and rend in peeces small:
while there is none to succour me, and rid me out of thrall.

3 O Lord my God, if I haue done, the thing that is not right:

or elſe if I be found in fault, or guilty in thy ſight:
4 Or to my friend rewarded ill, or left harm in diſtreſſe:
which me purſu'd moſt cruelly, and hated me cauſeleſſe.
5 Then let my foes purſue my ſoule, and enemy like botome thruſt
vnto the earth, and all my glory in the duſt.
6 Start vp O Lord now in thy wrath, and pull my foes to paine:
performe the kingdome promiſed to me which wrong ſuſtaine.
7 Then ſhall great nations come to thee, and know thee by this thing:
if thou declare for loue of them, thy ſelfe as Lord and king.
8 And as thou art of all men Iudge, O Lord now iudge thou me
according to my righteouſneſſe, and mine vnegrity.

The ſecond part.

9 Lord ceaſe the hate of wicked men, and be the iuſt mans guide,
by whom the ſecrets of all hearts are ſearched and deſcri'd.
10 I take my helpe to come of God in all my paine and ſmart:
that doth preſerue all thoſe that be of pure and perfect heart.
11 The iuſt man and the wicked both, God iudgeth by his power:
ſo that he feeles his mighty hand, euen euery day and houre.
12 Except he change his mind I die, for euen as he ſhould ſmite,
he whets his ſword, his bow he bends, aiming where he may hit.
13 And doth prepare his mortall darts, his arrowes keen and ſharpe:
for them that doe me perſecute, whilſt he doth miſchiefe warpe.
14 But lo though he in trauell be, of his deuiliſh foze-caſt:
and of his miſchiefe once conceiu'd, yet bringe forth nought at laſt.
15 He digs a ditch, and delues it deepe, in hope to hurt his brother:
but he ſhall fall into the pit, that he dig'd vp for other.
16 Thus wrong returneth to the hurt of him in whom it bred:
and all the miſchiefe that he wrought, ſhall fall vpon his head.
17 I will giue thankes to God therefore, that iudgeth righteouſly:
and with my ſong will praiſe the Name of him that is moſt high.

Domine Deus noſter. Pſalme viii. T. S.

The Prophet conſidering the excellent liberality, and fatherly prouidence of God towards man, whom he made as it were a God ouer all his workes, doth not only giue great thankes, but is aſtoniſhed with admiration of the ſame, as nothing able to compaſſe ſuch great mercies, and ſo endeth.

Sing this as the 3. Pſalme.

1 O God our Lord how wonderfull are thy workes euery where:
Whoſe fame ſurmounts in dignitie, aboue the heauens cleare.
2 Euen by the mouth of ſucking babes, thou wilt confound thy foes:
for in thoſe babes thy might is ſeene, thy graces they diſcloſe.
3 And when I ſee the heauens high, the workes of thine owne hand:
the Sunne, the Moone, and all the Starres, in order as they ſtand:
4 What thing is man (Lord) thinke I then, that thou doſt him remember:
or what is mans poſterity, that thou doſt it conſider?

5 For thou haſt made him little leſſe, than Angels in degree:
and thou haſt crowned him alſo, with glory and dignity.
6 Thou haſt prefer'd him to be Lord, of all thy workes of wonder:
and at his feet haſt ſet all things, that he ſhould keepe them vnder.
7 As ſheep, and neat, and all beaſts elſe, that in the fields doe feed:
8 Fowles of the ayre, fiſh in the Sea, and all that therein breed.
9 Therefore muſt I ſay once againe, O God that art our Lord:
how famous and how wonderfull, are thy workes through the world!

Confitebor tibi Domine. Pſal. ix. T. S.

After he had giuen thankes to God for the ſundry victories that he ſent him againſt his enemies, and alſo proued by manifold experience, how ready God was at hand in all his troubles, he being now likewiſe in danger of new enemies, deſireth God to help him according to his wont, and deſtroy the malicious arrogancie of his aduerſaries.

Sing this as the 3. Pſalme.

WIth heart and mouth vnto the Lord, will I ſing laud and praiſe:
and ſpeake of all thy wondrous workes, and them declare alwaies.
2 I will be glad and much reioyce in thee O God moſt high,
and make my ſongs extoll thy Name, aboue the ſtarrie skie.
3 For that my foes are driuen back, and turned vnto flight:
they fall downe flat and are deſtroi'd, by thy great power and might.
4 Thou haſt reuenged all my wrong, my griefe and all my grudge:
thou doſt with iuſtice heare my cauſe, moſt like a righteous Iudge.
5 Thou doſt rebuke the Heathen folke, and wicked ſo confound:
that afterward the memory of them cannot be found.
6 My foes thou haſt made good diſpatch, and all their townes deſtroi'd:
thou haſt their fame with them defac'd, through all the world ſo wide.
7 Know thou, that he which is aboue, for euermore ſhall reigne:
and in the ſeat of equity, his iudgement will maintaine.
8 With iuſtice he will keep and guide the world and euery wight:
and ſo will yeeld with equity, to euery man his right.
9 He is protector of the poore, what time they be oppreſt:
he is in all aduerſity, their refuge and their reſt.
10 All they that know thy holy Name, therefore ſhall truſt in thee:
for thou forſakeſt not their ſuit in their neceſſitie.

The ſecond part.

11 Sing Pſalmes therefore vnto the Lord, that diuels in Sion hill:
publiſh among all nations, his noble acts and will.
12 For he is mindfull of the blood, of thoſe that be oppreſt:
forgetting not th'afflicted heart, that ſeekes to him for reſt.
13 Haue mercy Lord on me poore wretch, whoſe enemies ſtill remaine:
which from the gates of death art wont to raiſe me vp againe.
14 In Sion that I might ſet forth thy praiſe with heart and voyce:
and that in thy ſaluation Lord, my ſoule might ſtill reioyce.
15 The heathen ſticke faſt in the pit, that they themſelues prepar'd:
and in the net that they did ſet, their owne feet faſt are ſnar'd.

16 God

16 God ſhewes his iudgements, which were good for euery man to marke:
when as ye ſee the wicked man, lie trapt in his owne warke.
17 The wicked and deceitfull men, goe downe to hell for euer:
and all the people of the world, that will not God remember.
18 But ſure the Lord will not forget, the poore mans griefe and paine:
the patient people neuer looke for helpe of God in vaine.
19 O Lord ariſe leſt men preuaile, that be of worldly might:
and let the heathen folke receiue, their iudgement in thy ſight.
20 Lord ſtrike ſuch terrour, feare, and dread, unto the hearts of them:
that they may know aſſuredly, they be but mortall men.

Ut quid Domine? Pſalme x. T. S.

He complaineth of the fraud, rapine, tyranny, and all kind of wrong which worldly men vſe, aſſigning the cauſe therof, which was, that wicked men being as it were drunken with worldly proſperity, and therfore ſetting apart all feare and reuerence toward God, thinke they may doe all things without controlling: therfore he calleth vpon God to ſend ſome remedy againſt thoſe deſperate euils. And at length comforteth himſelfe with hope of deliuerance.

Sing this as the 3. Pſalme.

WHat is the cauſe that thou, O Lord, art now ſo farre from thine?
and keepeſt cloſe thy countenance, from vs this troublous time?
2 The poore doe periſh by the proud, and wicked mens deſire:
let them be taken in the craft, that they themſelues conſpire.
3 For in the luſt of his owne heart, th'vngodly doth delight:
ſo doth the wicked praiſe himſelfe, and doth the Lord deſpight.
4 He is ſo proud, that right and wrong he ſetteth all apart:
nay, nay, there is no God, ſaith he, for thus he thinkes in heart.
5 Becauſe his wayes doe proſper ſtill, he doth thy Lawes neglect:
and with a blaſt doth puffe againſt ſuch as would him correct.
6 Tuſh, tuſh, ſaith he, I haue no dread, leſt mine eſtate ſhould change:
and why? for all aduerſity, to him is very ſtrange.
7 His mouth is full of curſednеſſe, of fraud, deceit, and guile:
vnder his tongue doth miſchiefe ſit, and trauell all the while.
8 He lyeth hid in wayes and holes, to ſlay the innocent:
againſt the poore that paſſe him by, his cruell eyes are bent.
9 And like a Lion priuily, lies lurking in his den:
if he may ſnare them in his net, to ſpoile poore ſimple men.
10 And for the nonce full craftily, he croucheth downe, I ſay:
ſo are great heapes of poore men made, by his ſtrong power, his prey.

The ſecond part.

11 Tuſh, God forgetteth this, ſaith he, therefore I may be bold:
his countenance is caſt aſide, he doth it not behold.
12 Ariſe, O Lord, O God, in whom the poore mans hope doth reſt:
lift vp thy hand, forget not Lord the poore that be oppreſt.
13 What blaſphemy is this to thee, Lord doſt thou not abhorre it?
to heare the wicked in their heart, ſay tuſh, thou car'ſt not for it?
14 But thou ſeeſt all their wickednеſſe, and well doſt vnderſtand,
that friendleſſe and poore fatherleſſe, are left into thine hand.

15 Of wicked and malicious men, then breake the power for euer:
that they with their iniquity may periſh all together.
16 The Lord ſhall raigne for euermore, as King and God alone:
And he will chaſe the Heathen folke, out of the land each one.

17 Thou hear'ſt (O Lord) the poore mens plaint, their prayer and requeſt:
their hearts thou wilt confirme, vntill thine eares to heare be preſt.
18 To iudge the poore and fatherleſſe, and helpe them to their right:
that they may be no more oppreſt by men of worldly might.

In Domino confido. Pſal. xi. T. S.

This Pſalme containeth two parts. In the firſt, Dauid ſheweth how hard aſſaults of temptations he ſuſtained, and how great anguiſh of mind he was in when Saul did perſecute him. Then next he reioyceth that God ſent him ſuccour in his neceſſity, declaring his iuſtice as well in gouerning the good and the wicked men, as the whole world.

Sing this as the 3. Pſalme.

I Truſt in God, how dare ye then ſay thus my ſoule vntill:
flye hence as faſt as any fowle, and hide you in your hill?
2 Behold the wicked bend their bowes, and make their arrowes preſt,
to ſhoot in ſecret, and to hurt the ſound and harmleſſe breſt.

3 Of worldly hope all ſtayes were ſhrunk, and clearely brought to nought:
alas the iuſt and righteous man, what euill hath he wrought!
4 But he that in his Temple is, moſt holy and moſt high:
and in the Heauens hath his ſeat of royall Maieſtie:

The poore and ſimple mans eſtate, conſidereth in his mind:
and ſearcheth out full narrowly, the manners of mankind:
5 And with a cheerefull countenance the righteous man will vſe:
but in his heart he doth abhorre, all ſuch as miſchiefe muſe.

6 And on the ſinners caſteth ſnares, as thicke as any rayne:
fire and brimſtone, and whirl-winds thick, appointed for their paine.
7 Ye ſee then how a righteous God, doth righteouſneſſe embrace:
and to the iuſt and vpright men, ſhewes forth his pleaſant face.

Saluum me fac. Pſal. xii. T. S.

The Prophet learning the miſerable eſtate of the people, and the decay of all good orders, deſireth God ſpeedily to ſend ſuccour to his children. Then comforting himſelfe and others with the aſſurance of Gods helpe, he commendeth the conſtant verity that God obſerueth in keeping his promiſe, concluding that when all orders are moſt corrupted, then God will deliuer his.

Sing this as the 3. Pſalme.

HElpe Lord, for good and godly men doe periſh and decay:
and faith and truth from worldly men, is parted cleane away.
2 Who ſo doth with his neighbour talke, his talke is all but vaine:
for euery man bethinketh how to flatter, lie, and faine.

3 But flattering and deceitfull lips, and tongues that be ſo ſtout:
to ſpeak proud words and make great brags, the Lord ſoon cuts them out.
4 For they ſay ſtill, we will preuaile, our tongues ſhall vs extoll:
our tongues are ours, we ought to ſpeak, what Lord ſhall vs controll?

5 Wil

5 But for the great complaint and cry, of poore and men oppreſt:
arise will I now, ſaith the Lord, and them reſtore to reſt.
6 Gods Word is like to ſiluer pure, that from the earth is tride:
and hath no leſſe than ſeuen times, in fire been puriſi'd.

7 Now ſith thy promiſe is to helpe, Lord keep thy promiſe then:
and ſaue vs now and euermore, from this ill kind of men.
8 For now this wicked world is full of miſchefes manifold:
when vanitie with worldly men, ſo highly is extold.

Vſque quo Domine. Pſal. xiii. T. S.

Dauid as it were ouercome with ſundry and new afflictions, flieth to God, as his only refuge, and ſo at length being encouraged through Gods promiſes, he concludeth moſt ſure confidence againſt the extreme horrors of death.

Sing this as the 3. Pſalme.

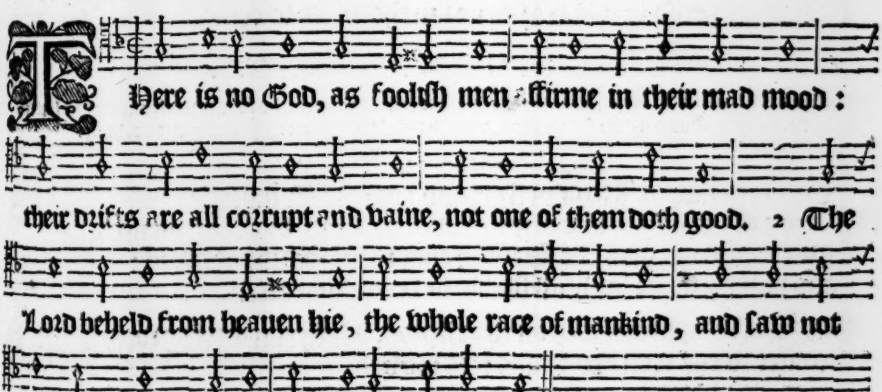
HOw long wilt thou forget me Lord, ſhall I nere be remembred?
how long wilt thou thy viſage hide, as though thou wert offended?
2 In heart and mind how long ſhall I, with care tormented be?
how long elſe ſhall my deadly foes, thus triumph ouer me?

3 Behold me now, my Lord my God, and heare me ſore oppreſt:
lighten mine eyes, leſt that I ſleepe, as one by death poſſeſt.
4 Leſt that mine enemies ſay to me, behold I doe preuaile:
leſt they all that hate my ſoule, reioyce to ſee me quaile.

5 But from thy mercy and goodneſſe, my hope ſhall neuer ſtart:
in thy reliefe and ſauing health, right glad ſhall be my heart.
6 I will giue thankes vnto the Lord, and praiſes to him ſing:
becauſe he hath heard my requeſt, and granted my wishing.

Dixit inſipiens. Pſal. xiv. T.S.

He deſcribeth the peruerſe nature of men, which were ſo growne to licentiouſnes, that God was brought to great contempt, for the which thing although hee was greatly grieued, yet being perſwaded that God would ſend ſome preſent remedy, he comforteth himſelfe and others.



3 They went all wide, and were corrupt, and truly there was none
that in the world did any good, I ſay there was not one.
4 Is all their iudgement ſo farre loſt, that all worke miſchiefe ſtill?
eating my people euen as bread, not one to ſeeke Gods will.

5 When they thus rage, then ſuddenly great feare on them ſhall fall:
for God doth loue the righteous men, and will maintaine them all.
6 Ye mock the doings of the poore, to their reproach and ſhame:
becauſe they put their truſt in God, and call vpon his Name.

7 But who ſhall giue thy people health, and when wilt thou fulfill
thy promiſe made to Iſrael, from out of Sion hill?
8 Euen when thou ſhalt reſtore againe, ſuch as were captiue lad:
then Iacob ſhall therein reioyce, and Iſrael ſhall be glad.

Domine quis habitabit? Pſal. xv. T. S.

This Pſalme teacheth on what condition God did chuſe the Iewes for his peculiar people, and wherefore he placed his Temple among them, which was to the intent, that they liuing vprightly, and godly, might witneſſe that they were his ſpeciall and holy people.

Sing this as the 3. Pſalme.

O Lord within thy Tabernacle, who ſhall inhabit ſtill?
or whom wilt thou receiue to dwell, in thy moſt holy hill?
2 The man whoſe life is vncorrupt, whoſe works are iuſt and ſtraight:
whoſe heart doth thinke the very truth, whoſe tongue ſpeaks no deceit.

3 Nor to his neighbour doth none ill, in body, goods, or name:
nor willingly doth moue falſe tales, which might vnpaire the ſame.
4 That in his heart regardeth not, malicious wicked men:
but thoſe that loue and feare the Lord, he maketh much of them.

5 His oath and all his promiſes, that keepeth faithfully:
although he make his couenant ſo, that he doth loſe thereby.
6 That putteth not to vſury, his mony and his coyne:
ne for to hurt the innocent, doth bribe or elſe purloyne.

7 Who ſo doth all things as you ſee, that here is to be done:
ſhall neuer periſh in this world, nor in the world to come.

Conſerua me Domine. Pſal. xvi. T.S.

Dauid praieth to God for ſuccour, not for his workes, but for his faiths ſake, proteſting that he hateth all Idolatry, taking God only for his comfort and felicity, who ſuffereth him to lacke nothing.

Sing this as the 21. Pſalme.

L Ord keep me, for I truſt in thee, and doe confeſſe indeed:
thou art my God, and of my goods, O Lord, thou haſt no need.
2 I giue my goods vnto the Saints, that in the world doe dwell:
and namely to the faithfull flocke, in vertue that excell.

3 They ſhall heape ſorrowes on their heads, which run as they were
to offer to the idoll gods, alas it is too bad.
4 As for their bloody ſacrifice, and offrings of that ſort:
I will not touch, nor yet thereof my lips ſhall make report.

5 For why? the Lord the portion is of mine inheritance:
and thou art he that doſt maintaine my rent, my lot, my chance.
6 The place wherein my lot did fall, in beauty did excell:
mine heritage aſſign'd to me, doth pleaſe me wondrous well.

7 I thanke the Lord that cauſed me, to vnderſtand the right:
for by his meanes my ſecret thoughts, doe teach me euery night.
8 I ſet the Lord ſtill in my ſight, and truſt him ouer all:
for he doth ſtand on my right hand, therefore I ſhall not fall.

9 Wherefore my heart and tongue alſo, doe both reioyce together:
my fleſh and body reſt in hope, when I this thing conſider.
10 Thou wilt not leaue my ſoule in graue, for Lord thou loueſt me:
nor yet wilt giue thy holy one, corruption for to ſee.

11 But wilt me teach the way to life, for all treaſure and ſtore
of perfect ioy are in thy face, and power for euermore.

Exaudi Domine iuſtitiam. Pſal. xvii. T.S.

Here he complaineth vnto God of the cruell pride and arrogancy of Saul, and the reſt of his enemies, who thus raged without any cauſe giuen on his part. Therefore he deſireth God to reuenge his innocencie, and deliuer him. This Pſalme ought diligently to be marked of ſuch as receiue euill for well-doing.

Sing this as the 14. Pſalme.

O Lord giue eare to my iuſt cauſe, attend when I complaine:
and heare the prayer that I put forth, with lips that doe not faine.
2 And let the iudgement of my cauſe, proceed alwayes from thee:
and let thine eyes behold and cleare this my ſimplicitie.

3 Thou haſt well try'd me in the night, and yet couldſt nothing find:
that I haue ſpoken with my tongue, that was not in my mind.
4 As for the workes of wicked men, and paths peruerſe and ill:
for loue of thy moſt holy Name, I haue refrained ſtill.

5 Then in thy paths that be moſt pure, ſtay me Lord and preſerue:
that from the way wherein I walke, my ſteps may neuer ſwerue.
6 For I doe call to thee O Lord, ſurely thou wilt me aid:
then heare my prayer, and weigh right well the words that I haue ſaid.

7 O thou the Sauiour of all them, that put their truſt in thee:
declare thy ſtrength on them that ſpurne againſt thy Maieſtie.
8 O keep me as thou wouldeſt keepe the apple of thine eye:
and vnder couert of thy wings, defend me ſecretly.

The ſecond part.

9 From wicked men that trouble me, and daily me annoy:
and from my foes that goe about, my ſoule for to deſtroy.
10 Which wallow in their worldly wealth, ſo full are they and fat:
that in their pride they doe not ſpare, to ſpeake they care not what.

11 They lie in wait where I ſhould paſſe, with craft me to confound:
and muſing miſchief in their minds, to caſt me to the ground.
12 Much like a Lion greedily, that would his prey imbrace:
or lurking like a Lions whelpe, within ſome ſecret place.

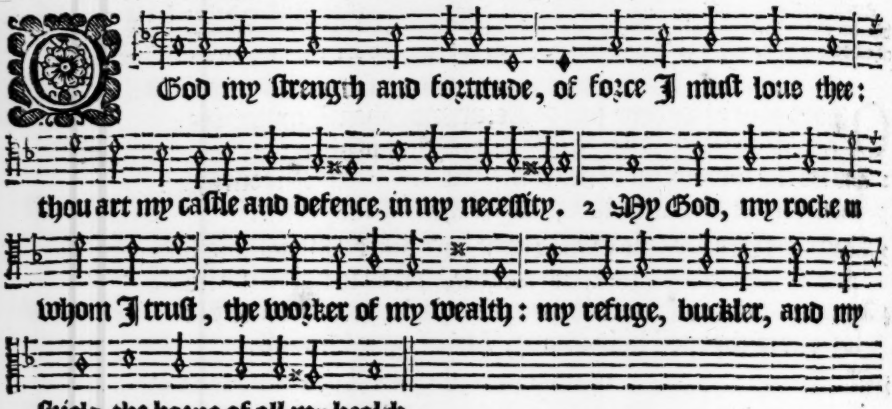
13 Vp Lord, in haste preuent my foe, and cast him at thy feet:
saue thou my soule from the ill man, and with the sword him smite.
14 Deliuer me Lord by thy power, out of these tyrants hands:
which now so long time raigned haue, and kept vs in their bands.

15 I meane from worldly men, to whom all worldly goods are rife:
that haue no hope, nor part of ioy, but in this present life.
16 Thou of thy store their bellies fill'st with pleasure to their mind:
their children haue enough, and leaue to theirs the rest behind.

17 But I shall with pure conscience, behold thy gratious face:
so when I wake I shall be full of thine image and grace.

Diligam te Domine. Psal. xviii. T.S.

This Psalme is the first beginning of Dauids saluation & thanksgiuing at the entring into his kingdome, wherein he extolleth and praiseth most highly the maruellous mercies and graces of God, who hath both preserued & defended him, he setteth forth the Image of Christs kingdome painted in his kingdome, that the faithfull may bee assured, that Christ shall allwayes conquer and ouercome by the vnspeakable power of his Father, though all the world should say there-against.



3 When I sing laud vnto the Lord, most worthy to be seru'd:
then from my foes I am right sure, that I shall be preseru'd.
4 The pangs of death did compasse me, and bound me euery where:
the flowing waues of wickednesse, did put me in great feare.

5 The sly and subtill snares of hell, were round about me set:
and for my death there was prepar'd a deadly trapping net.
6 I thus beset with paine and griefe, did pray to God for grace:
and he forthwith did heare my plaint, out of his holy place.

7 Such is his power, that in his wrath he made the earth to quake:
yea the foundation of the mount of Balan for to shake.
8 And from his nostrils came a smoke, when kindled was his ire:
and from his mouth came kindled coles of hot consuming fire.

9 The Lord descended from aboue, and bowed the heauens hie:
and vnderneath his feet he cast the darknesse of the skie.

10 On Cherubs and on Cherubins, full royally he rode:
and on the wings of all the winds, came flying all abroad.

The ſecond part.

11 And like a den moſt darke he made, his hid and ſecret place:
with waters blacke and airy clouds, enuironed he was.
12 But when the preſence of his face, in brightneſſe ſhall appeare:
then clouds conſume, and in their ſtead come haile and coales of fire.

13 The fiery darts and thunder-bolts, diſperſe them here and there:
and with his often lightenings, he puts them in great feare.
14 Lord at thy wrath and threatenings, and at thy chiding cheare:
the ſprings and the foundations, of all the world appeare.

15 And from aboue the Lord ſent downe, to fetch me from below:
and pluckt me out of waters great, that would me ouerflow.
16 And me deliuered from my foes, that would haue made me thrall:
yea from ſuch foes as were too ſtrong, for me to deale withall.

17 They did preuent me to oppreſſe, in time of my great griefe:
but yet the Lord was my defence, my ſuccour and reliefe.
18 He brought me forth in open place, whereas I might be free:
and kept me ſafe, becauſe he had a fauour vnto me.

19 And as I was an innocent, ſo did he me regard:
and to the cleanneſſe of my hands, he gaue me my reward.
20 For that I walked in his wayes, and in his paths haue trod:
and haue not ſinned wickedly, againſt my Lord and God.

The third part.

21 But euermore I haue reſpect, to his laws and decree:
his ſtatutes and commandements, I caſt not out from me.
22 But pure, and cleane, and vncorrupt, appeare before his face:
and did refraine from wickedneſſe, and ſinne in any caſe.

23 The Lord therefore will me reward, as I haue done aright:
and to the cleanneſſe of my hands, appearing in his ſight.
24 For Lord with him that holy is, wilt thou be holy too:
and with the good and vertuous men, right vertuouſly wilt doe.

25 And to the louing and elect, thy loue thou wilt reſerue:
and thou wilt vſe the wicked men, as wicked men deſerue.
26 For thou doſt ſaue the ſimple folke, in trouble when they lie:
and doſt bring downe the countenance, of them that looke full hie.

27 The Lord will light my candle ſo, that it ſhall ſhine full bright:
the Lord my God will make alſo, my darkneſſe to be light.
28 For by thy helpe an hoaſt of men, diſcomfit Lord I ſhall:
by thee I ſcale and ouer-leap, the ſtrength of any wall.

29 Vnſpotted are the wayes of God, his word is purely tri'd:
he is a ſure defence to ſuch, as in his faith abide.

30 For

30 For who is God except the Lord, for other there is none:
or else who is omnipotent, sauing our God alone.

The fourth part.

31 The God that girdeth me with strength, is he that I doe meane:
that all the wayes wherein I walke, did euermore keep cleane.
32 That made my feet like to the Harts, in swiftnesse of my pace:
and for my surety brought me forth, into an open place.

33 He did in order put my hands, to battell and to fight:
to breake in sunder barres of brasse, he gaue mine armes the might.
34 Thou teachest me thy sauing health, thy right hand is my tower:
thy loue and familiarity, doth still increase my power.

35 And vnder me thou makest plain, the way where I should walke:
so that my feet shall neuer slip, nor stumble at a balke.
36 And fiercely I pursue and take, my foes that me annoi'd:
and from the field doe not returne, till they be all destroi'd.

37 So I suppresse and wound my foes, that they can rise no more:
for at my feet they fall downe flat, I strike them all so sore.
38 For thou dost gird me with thy strength, to warre in such a wise:
that they be all scattred abroad, that vp against me rise.

39 Lord thou hast put into mine hand, my mortall enemies yoke:
and all my foes thou dost diuide in sunder with thy stroke.
40 They call'd for helpe, but none gaue eare, nor help them with relieke:
yea to the Lord they call'd for help, yet heard he not their grieke.

The fift part.

41 And still like dust before the wind, I driue them vnder feet:
and sweep them out like filthy clay, that sticketh in the street.
42 Thou keptst me from seditious folke, that still in strife are led:
and thou dost of the heathen folke, appoint me to be head.

43 A people strange to me vnknowne, and yet they shall me serue:
and at the first obey my word, whereas mine owne will swerue.
44 I shall be irksom to mine owne, they will not see my light:
but wander wide out of the way, and hide them out of sight.

45 But blessed be the liuing Lord, most worthy of all praise:
that is my rock and sauing health, praised be he alwaies.
46 For God it is that gaue me power, reuenged for to be:
and with his holy word subdu'd the people vnto me.

47 And from my foe deliuered me, and set me aboue those,
that cruell and vngodly were, and vp against me rose.
48 And for this cause, O Lord my God, to thee giue thankes I shall:
and sing out praises to thy Name, among the Gentiles all.

49 That gauest great prosperity vnto the King I say:
to Dauid thine annointed King, and to his seed for aye.

Coeli

Cœli enarrant. Pſal. xix. T. S.

He moueth the faithfull to glorifie God by the workmanſhip, proportion and ornaments of the Heauens: and by the Law, wherein God is reuealed familiarly to his choſen people.

Sing this as the 14. Pſalme.

THe heauens and the firmament, doe wondrously declare,
the glory of God omnipotent, his workes and what they are.
2 The wondrous workes of God appeare by euery daies ſucceſſe:
the nights likewiſe which their race run, the ſelfe-ſame thing expreſſe.
3 There is no language, tongue, or ſpeech, where their ſound is not heard:
in all the earth and coaſts thereof, their knowledge is conferd.
4 In them the Lord made for the Sunne, a place of great renowne:
who like a Bride-groome ready trim'd, doth from his chamber come.
5 And as a valiant Champion, who for to get a prize:
with ioy doth haſte to take in hand, ſome noble enterprize.
6 And all the skie from end to end, he compaſſeth about:
nothing can hide it from his heat, but he will find it out.
7 How perfect is the Law of God, how is his couenant ſure,
conuerting ſoules and making wiſe the ſimple and obſcure!
8 Juſt are the Lords Commandements, and glad both heart and mind:
his precepts pure, and doe giue light to eyes that be full blind.
9 The feare of God is excellent, and doth endure for euer:
the iudgements of the Lord are true, and righteous altogether.
10 And more to be embrac'd allway, than fined gold I ſay:
the hony and the hony-combe are not ſo ſweet as they.
11 By them thy ſeruant is fore-warn'd to haue God in regard:
and in performance of the ſame, there ſhall be great reward.
12 But Lord what earthly man doth know the errours of his life?
then cleanſe me from my ſecret ſinnes, which are in me moſt rife.
13 And keepe me that preſumptuous ſinnes preuaile not ouer me:
and ſo ſhall I be innocent, and great offences flee.
14 Accept my mouth and eke my heart, my words and thoughts each one:
for my redeemer and my ſtrength, O Lord thou art alone.

Exaudiat te Dominus. Pſalme xx. T. S.

The people pray to God to heare their King, and receiue his ſacrifice which hee offered before hee went to battell againſt the Ammonites, declaring that the Heathen put their truſt in horſes, but they truſt only in his Name: wherefore they ſhall fall, but the King and his people ſhall ſtand.

Sing this as the 14. Pſalme.

IN trouble and aduerſitie, the Lord God heare thee ſtill:
the Maieſtie of Jacobs God, defend thee from all ill.
2 And ſend thee from his holy place, his helpe at euery need:
and ſo in Sion ſtabliſh thee, and make thee ſtrong indeed.
3 Remembring well the ſacrifice, that now to him is done:
and ſo receiue right thankfully, thy burnt offrings each one.

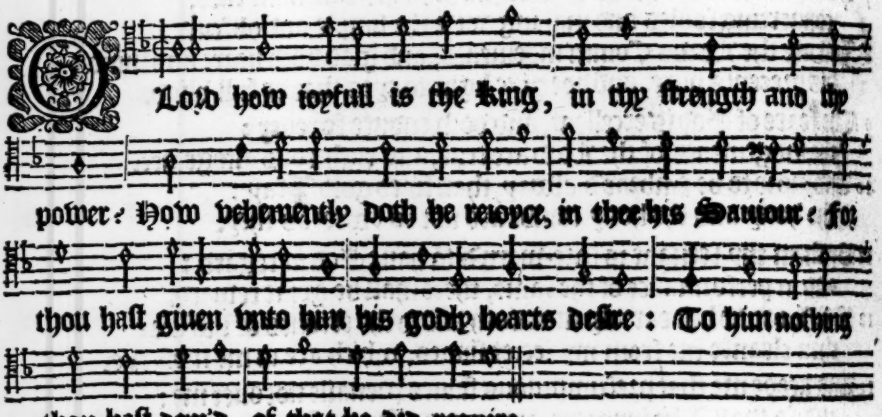
4 Accoꝛding to thy hearts deſire, the Loꝛd grant vnto thee:
and all thy counſell and deuice, full well perfoꝛme may he.

5 We ſhall reioyce when thou vs ſau'ſt, and our banners diſplay
vnto the Loꝛd, which thy requeſts fulfilled hath alway.
6 The Loꝛd will his annointed ſaue, I know well by his grace:
and ſend him helpe by his right hand, out of his holy place.

7 In chariots ſome put confidence, and ſome in hoꝛſes truſt:
but we remember God our Loꝛd, that keepeth promiſe iuſt.
8 They fall downe flat, but we doe riſe, and ſtand vp ſtedfaſtly:
9 now ſaue and helpe vs Loꝛd and King, on thee when we doe cry.

Domine in virtute. Pſal. xxi. T.S.

Dauid in the perſon of the people praiſeth God foꝛ the victoꝛy giuen him againſt the Syꝛians and Ammonites, 2 Sam. 10. wherein he was crowned with the Crown of the King of Ammon, 2 Sam. 12. and endued with manifold bleſſings of God.



3 Thou didſt preuent him with thy gifts, and bleſſings manifold:
and thou haſt ſet vpon his head, a crowne of perfect gold.
4 And when he asked life of thee, thereof thou mad'ſt him ſure:
to haue long life, yea ſuch a life as euer ſhall endure.

5 Great is his glory by thy helpe, thy benefit and aid:
great woꝛſhip and great honour both, thou haſt vpon him laid.
6 Thou wilt giue him felicity, that neuer ſhall decay:
and with thy cheerefull countenance wilt comfoꝛt him alway.

7 Foꝛ why: the King doth ſtrongly truſt in God foꝛ to preuaile:
wheꝛefoꝛe his goodneſſe and his grace, will not that he ſhall quaile.
8 But let thine enemies feele thy foꝛce, and thoſe that thee withſtand:
finde out thy foes, and let them feele the power of thy right hand.

9 And

9 And like an Ouen burne them, Lord, in fiery flame and fume:
thine anger ſhall deſtroy them all, and fire ſhall them conſume.
10 And thou ſhalt root out of the earth their fruit that ſhould increaſe:
and from the number of thy folke their ſeed ſhall end and ceaſe.

11 For why? much miſchiefe did they muſe againſt thy holy Name:
yet did they faile, and had no power for to performe the ſame.
12 But as a marke thou ſhalt them ſet in a moſt open place:
and charge thy Bow-ſtrings readily, againſt thine enemies face.

13 Be thou exalted Lord therefore in thy ſtrength euery houre:
ſo ſhall we ſing right ſolemnly, prailing thy might and power.

Deus, Deus meus. Pſal. xxii. T. S.

Dauid complaineth of himſelfe to be brought into ſuch extremities, that he is like a deſperate man, and paſt all hope, after declareth whereof he recouereth himſelfe from the bottomleſſe pit of temptations. And vnder his own perſon he ſetteth forth the figure of Chriſt, whom he did fore-ſee in the ſpirit of prophecie. So this Pſalme after two ſorts doth declare that prophecie of Eſay, Her was taken forth of priſon and iudgement.

Sing this as the 21. Pſalme.

O God my God, wherefore doſt thou forſake me vtterly?
and helpeſt not when I doe make my great complaint and cry?
2 To thee my God euen all day long, I doe both cry and call:
I ceaſe not all the night, and yet thou heareſt not at all.

3 Euen thou that in thy Sanctuary, and holy place doſt dwell:
thou art the comfort and the ioy, and glory of Iſrael.
4 And he in whom our Fathers old had all their hope for euer:
and when they put their truſt in thee, thou didſt them aye deliuer.

5 They were deliuered euer when they called on thy Name:
and for the faith they had in thee, they were not put to ſhame.
6 But I am now become a worme, more like than any man:
an out-caſt whom the people ſcorne, with all the ſpite they can.

7 All men deſpiſe as they behold me walking on the way:
they grin, they mow, they nod their heads, and on this wiſe they ſay.
8 This man did glory in the Lord, his fauour and his loue:
let him redeeme and helpe him now, his power if he will proue.

9 But Lord out of my mothers wombe I came by thy beheſt:
thou didſt preſerue me ſtill in hope, while I did ſuck her breſt.
10 I was committed from my birth, with thee to haue abode:
ſince I was in my mothers womb, thou haſt been euer my God.

The ſecond part.

11 Then Lord depart not now from me, in this my preſent griefe:
ſince I haue none to be my helpe, my ſuccour and reliefe.
12 So many buls doe compaſſe me, that be full ſtrong of head:
yea, buls ſo fat, as though they had in Baſan field been fed.

13 They gape vpon me greedily, as though they would me flay:
much like a Lion roaring out, and ramping for his prey.

14 But I drop downe like water ſhed, my ioynts in ſunder breake:
my heart doth in my body melt, like wax againſt the heat.
15 And like a pot-ſheard dri'th my ſtrength, my tongue it cleaueth faſt
vnto my lawes, and I am brought to duſt of death at laſt.
16 And many dogs doe compaſſe me, and wicked counſell eke
conſpire againſt me curſedly, they pierce my hands and feet.
17 I was tormented, ſo that I might all my bones haue told:
yet ſtill vpon me they doe looke, and ſtill they me behold.
18 My garments they diuided eke in parts among them all:
and for my coat they did caſt lots, to whom it might befall.
19 Therefore I pray thee be not farre from me at my great need:
but rather ſith thou art my ſtrength, to helpe me Lord make ſpeed.
20 And from the ſword Lord ſaue my ſoule, by thy might and thy power:
and keepe my ſoule thy darling deare, from dogs that would deuoure.
21 And from the Lions mouth, that would me all in ſunder ſhiuer:
and from the hornes of Vnicornes Lord ſafely me deliuer.
22 Then ſhall I to my brethren all thy Maieſtie record:
and in thy Church ſhall praiſe the Name of thee the liuing Lord.

The third part.

23 All ye that feare him praiſe the Lord, thou Jacob honour him:
and all ye ſeed of Iſrael, with reuerence worſhip him.
24 For he deſpiſeth not the poore, he turneth not away
his countenance when they doe call, but granteth to their cry.
25 Among the folke that feare the Lord, I will therefore proclaime
thy praiſe and keep my promiſe made for ſetting forth thy Name.
26 The poore ſhall eat and be ſuffic'd, and thoſe that doe endeuour
to ſeeke the Lord, ſhall praiſe his Name, their hearts ſhall liue for euer.
27 All coaſts of th'earth ſhall praiſe the Lord, and turne to him for grace:
the heathen folke ſhall worſhip him before his bleſſed face.
28 The kingdome of the Heathen folke the Lord ſhall haue therefore:
and he ſhall be their gouernour, and King for euermore.
29 The rich men of his godly gifts ſhall feed and taſte alſo:
and in his preſence worſhip him, and bow their knees full low.
30 And all that ſhall goe downe to duſt, of life by him ſhall taſte:
my ſeed ſhall ſerue and praiſe the Lord, while any world ſhall laſt.
31 My ſeed ſhall plainly ſhew to them, that ſhall be borne hereafter:
his iuſtice and his righteouſneſſe, and all his workes of wonder.

Dominus regit me. Pſal. xxiii. W.W.

Becauſe the Prophet had proued the great mercies of God at diuers times and in ſundry manner, he gathereth a certaine aſſurance, fully perſwading himſelfe, that God will continue the very ſame goodneſſe towards him for euer.

Sing this as the 21. Pſalme.

THe Lord is only my ſupport, and he that doth me feed:
how can I then lacke any thing, whereof I ſtand in need?

2 He doth me fold in coats moſt ſafe, the tender graſſe faſt by:
and after driues me to the ſtreames which run moſt pleaſantly.

3 And when I feele my ſelfe neere loſt, then doth he me home take:
conducting me in his right paths, euen for his owne names ſake.
4 And though I were euen at deaths doore, yet would I feare none ill:
for with thy rod and ſhepheards crooke, I am comforted ſtill.

5 Thou haſt my table richly deckt, in deſpight of my foe:
thou haſt my head with balme refreſh'd, my cup doth ouerflow.
6 And finally while breath doth laſt, thy grace ſhall me defend:
and in the houſe of God will I my life for euer ſpend.

Another by *Thomas Sternhold.*

Sing this as the 21. Pſalme.

MY ſhepheard is the liuing Lord, nothing therefore I need:
in paſtures faire with waters calme, he lets me for to feed.
2 He did conuert and glad my ſoule, and brought my mind in frame
To walke in paths of righteouſneſſe, for his moſt holy Name.

3 Yea though I walke in vale of death, yet will I feare none ill:
thy rod, thy ſtaffe, doth comfort me, and thou art with me ſtill.
4 And in the preſence of my foes, my table thou ſhalt ſpread:
thou ſhalt (O Lord) fill full my cup, and eke annoint my head.

5 Through all my life thy fauour is ſo frankly ſhew'd to me:
that in thy houſe for euermore my dwelling place ſhall be.

Domini eſt terra. Pſalme xxiv. I. H.

Becauſe the grace of God was then to be ſhewed in the Temple, more glorious than before it had beene in the Tabernacle, Dauid giueth it a moſt glorious title, and with exclamation ſetteth forth the honour thereof, ſtirring vs to the conſideration of the eternall manſion prepared for vs in the heauens, whereof this was a ſhadow and figure.

Sing this as the 21. Pſalme.

THe earth is all the Lords, with all her ſtore and furniture:
yea his is all the world, and all that therein doth endure.
2 For he hath faſtly founded it, aboue the ſea to ſtand:
and laid alow the liquid flouds, to flow beneath the land.

3 For who is he, O Lord, that ſhall aſcend into thy hill?
or paſſe into thy holy place, there to continue ſtill?
4 Whoſe hands are harmleſſe, and whoſe heart no ſpot there doth defile:
his ſoule not ſet on vanity, who hath not ſworne to guile.

5 Hym that is ſuch a one, the Lord ſhall place in bliſſefull plight:
and God his God and Sauiour ſhall yeeld to him his right.
6 This is the brood of trauellers, in ſeeking of his grace.
as Jacob did the Iſraelite, in that time of his race.

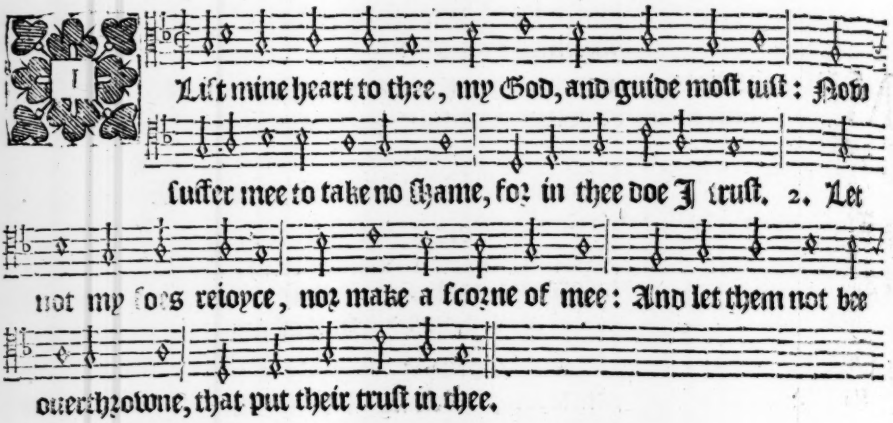
7 Ye Princes ope your gates, ſtand ope the euerlaſting gate:
for there ſhall enter in thereby the King of glorious ſtate.

8 Who is the King of glorious ſtate? the ſtrong and mighty Lord:
the mighty Lord in battell ſtout, and triall of the ſword.

9 Ye Princes ope your gates, ſtand ope the euerlaſting gate:
for there ſhall enter in thereby the King of glorious ſtate.
10 Who is the King of glorious ſtate? the Lord of hoaſts it is:
the Kingdome and the royalty of glorious ſtate is his.

Ad te Domine leuaui. Pſal. xxv. T.S.

The Prophet touched with the conſideration of his ſinnes, and alſo grieued with the cruell malice of his enemies, praieth to God moſt feruently to haue his ſinnes forgiuen, eſpecially ſuch as he had committed in his youth. He beginneth euery verſe according to the Hebrew letters, two or three excepted.



3 But ſhame ſhall them befall, which harme them wrongfully:
therefore thy paths and thy right wayes vnto me Lord deſcry.
4 Direct me in thy truth, and teach me I thee pray:
thou art my God and Sauiour, on thee I wait alway.

5 Thy mercies manifold, I pray thee Lord remember:
and eke thy pitty plentifull, for they haue beene for euer.
6 Remember not the faults, and frailty of my youth:
remember not how ignorant I haue been of thy truth.

Nor after my deſerts let me thy mercy finde:
but of thine owne benignity, Lord haue me in thy minde.
7 His mercy is full ſweet, his truth a perfect guide:
therefore the Lord will ſinners teach, and ſuch as goe aſide.

8 The humble he will teach his precepts for to keepe:
he will direct in all his wayes, the lowly and the meeke.
9 For all the wayes of God are truth and mercy both:
to them that keepe his teſtament, the witneſſe of his troth.

The ſecond part.

10 Now for thy holy Name, O Lord, I thee intreat,
to grant me pardon for my ſinne, for it is wondrous great.

11 Who

11 Who so doth feare the Lord, the Lord will him direct:
to leade his life in such a way, as he doth best accept.

12 His soule shall euermore in goodnesse dwell and stand:
his seed and his posterity inherit shall the land.
13 All those that feare the Lord, know his secret intent:
and vnto them he doth declare his will and testament.

14 Mine eyes and eke my heart, to him I will aduance:
that pluckt my feet out of the snare of sinne and ignorance.
15 With mercy me behold, to thee I make my mone:
for I am poore and desolate, and comfortlesse alone.

16 The troubles of my heart are multipli'd indeed:
bring me out of this misery, necessity and need.
17 Behold my pouerty, mine anguish and my paine:
remit my sinne and mine offence, and make me cleane againe.

18 O Lord behold my foes, how they doe still increase:
pursuing me with deadly hate, that faine would liue in peace.
19 Preserue and keep my soule, and eke deliuer me:
and let me not be ouerthrowne, because I trust in thee.

20 Let my simple purenesse me from mine enemies shend:
because I looke as one of thine, that thou shouldst me defend.
21 Deliuer Lord thy folke, and send them some reliefe:
I meane thy chosen Israel, from all their paine and griefe.

Iudica me Domine. Psal. xxvi. T. S.

Dauid iniuriously oppressed and helplesse, yet assured of his integrity to Saul, calleth God to help him causelesly afflicted. Then he destreth to be in the company of the faithfull, in the congregation of God, whence he was banished by Saul, promising godly life, open praises, thanksgiuing and sacrifice for his deliuerance.

Sing this as the 14. Psalme.

LOrd be my Judge, and thou shalt see my paths be right and plaine:
I trust in God, and hope that he will strength me to remaine.
2 Proue me my God, I thee desire, my wayes to search and try:
as men doe proue their gold with fire, my reines and heart espie.

3 Thy goodnesse laid before my face, I durst behold alwaies:
for of thy truth I tread the trace, and will doe all my daies.
4 I doe not lust to haunt or vse with men whose deeds are vaine:
to come in house I doe refuse, with the deceitfull traine.

5 I much abhorre the wicked sort, their deeds I doe despise:
I doe not once to them resort, that wicked workes deuise.
6 My hands I wash, and doe proceed, in workes to walke vpright:
then to thine Altar I make speed, to offer there in sight.

7 That I may speake and preach the praise that doth belong to thee:
and so declare how wondrous waies thou hast been good to mee.
8 O God thy house I loue most deare, to me it doth excell:
I haue delight, and would be neere whereas thy grace doth dwell.

9 O shut not vp my soule with them in sinne that take their fill:
nor yet my life among those men that seeke much bloud to spill.
10 Whose hands are heapt with craft and guile, their liues thereof are full:
and their right hand with wrench and wile, for bribes doth pluck and pull.

11 But I in righteousnesse intend, my time and daies to serue:
haue mercy Lord, and me defend, so that I doe not swerue.
12 My foot is staid for all assaies, it standeth well and right:
wherefore to God will I giue praise, in all the peoples sight.

Dominus illuminatio. Psal. xxvii. T. S.

Dauid deliuered from great perils, giueth thanks: wherein we see his constant faith against the assaults of all his enemies, and the end why he desireth to liue and be deliuered. Thus he exhorteth to Faith, and to attend vpon the Lord.

Sing this as the 12. Psalme.

THe Lord is both my health and light, shall men make me dismaid?
sith God doth giue me strength and might, why should I be afraid?
2 While that my foes with all their strength begun with me to brall:
and thinke to eat me vp, at length themselues haue caught the fall.

3 Though they in camp against me lie, my heart is not afraid:
in battell pight if they will try, I trust in God for aid.
4 One thing of God I doe require, that he will not deny:
for which I pray, and will desire, till he to me apply.

5 That I within his holy place, my life throughout may dwell:
to see the beauty of his face, and view his Temple well.
6 In time of dread he shall me hide, within his place most pure:
and keepe me secret by his side, as on a rocke most sure.

7 At length I know the Lords good grace, shall make me strong and stout:
my foes to foile, and cleane deface, that compasse me about.
8 Therefore within his house will I giue sacrifice of praise:
with Psalmes and songs I will apply, to laud the Lord alwaies.

The second part.

9 Lord heare the voyce of my request, for which to thee I call:
haue mercy Lord on me oppresst, and send me helpe withall.
10 My heart doth knowledge vnto thee, I sue to haue thy grace:
then seeke my face saist thou to me, Lord I will seeke thy face.

11 In wrath turne not thy face away, nor suffer me to slide:
thou art my helpe still to this day, be still my God and guide.
12 My parents both their sonne forsooke, and cast me off at large:
and then the Lord himselfe yet tooke of me the care and charge.

13 Teach

13 Teach me, O Lord, the way to thee, and lead me on forth right:
for feare of ſuch as watch for me, to trap me if they might.
14 Doe not betake me to the will of them that be my foes:
for they turmile againſt me ſtill, falſe witneſſe to depoſe.
15 My heart would faint, but that in me this hope is fixed faſt:
the Lord Gods good grace ſhall I ſee in life that aye ſhall laſt.
16 Truſt ſtill in God, whoſe whole thou art, his will abide thou muſt:
and he ſhall eaſe and ſtrength thy heart, if thou in him doe truſt.

Ad te Domine clamabo. Pſal. xxviii. T. S.

Being in great feare and penſiueneſſe to ſee God diſhonoured by wicked men, he deſireth to be rid of them and cryeth for vengeance againſt them, and at length aſſureth himſelfe that God had heard his prayer, to whoſe tuition he commendeth all the faithfull.

Sing this as the 21. Pſalme.

THou art O Lord, my ſtrength and ſtay, the ſuccour which I craue:
neglect me not, leſt I be like to them that goe to graue.
2 The voyce of thy ſuppliant heare, that vnto thee doth cry:
when I lift vp my hands vnto thy holy Arke moſt high.
3 Repute me not among the ſort of wicked and peruert:
that ſpeake right faire vnto their friends, but thinke full ill in heart.
4 According to their handy-worke, as they deſerue indeed:
and after their inuentions, let them receiue their meed.
5 For they regard nothing Gods workes, his law ne yet his lore:
therefore will he them and their ſeed deſtroy for euermore.
6 To render thankes vnto the Lord, how great a cauſe haue I:
my voice, my prayer, and my complaint, that heard ſo willingly.
7 He is my ſhield and fortitude, my buckler in diſtreſſe:
my hope, my help, and hearts reliefe, my ſong ſhall him confeſſe.
8 He is our ſtrength and our defence, our enemies to reſiſt:
the health and the ſaluation of his elect by Chriſt.
9 Thy people and thine heritage Lord bleſſe, guide, and preſerue:
increaſe them Lord, and rule their hearts, that they may neuer ſwerue.

Afferte Domino. Pſalme xxix. I. H.

An excellent Pſalme wherein the Prophet exhorteth the very Princes and Rulers of the world, which otherwiſe for the moſt part think there is no God, at the leaſt to feare him for the thunders and tempeſts, for feare whereof all creatures tremble. And though thereby God threatneth ſinners, yet her is alwayes mercifull to his, and moueth them thereby to praiſe his Name.

Sing this as the 30. Pſalme.

GIue to the Lord ye Potentates, ye Rulers of the world:
giue ye all praiſe, honour and ſtrength vnto the liuing Lord.
2 Giue glory to his holy Name, and honour him alone:
worſhip him in his Maieſty, within his holy throne.
3 His voice doth rule the waters all, euen as himſelfe doth pleaſe:
he doth prepare the thunder-claps, and gouernes all the ſeas.
4 The voice of God is of great force, and wondrous excellent:
it is moſt mighty in effect, and moſt magnificent.

5 The

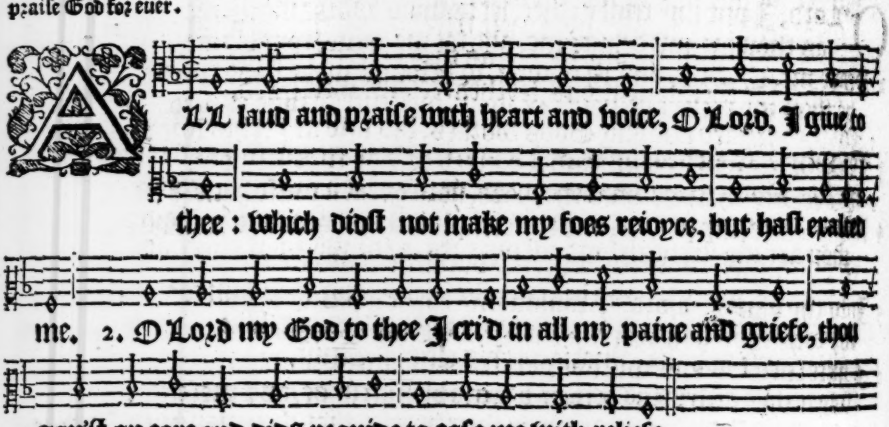
5 The voice of God doth rend and breake the Cedar trees ſo long:
the Cedar trees of Libanon, which are moſt high and ſtrong.
6 And makes them leape like as a Calfe, or elſe the Unicorne:
not only trees but mountaines great, whereon the trees are borne.

7 His voice diuides the flames of fire, and ſhakes the wilderneſſe:
8 It makes the deſart quake for feare, that called is Cades.
9 It makes the Hindes for feare to calue, and makes the couerts plaine:
then in his Temple euery man his glory doth proclaime.

10 The Lord was ſet aboue the flouds, ruling the raging ſea:
ſo ſhall he reigne as Lord and King, for euer and for aye.
11 The Lord will giue his people power, in vertue to increaſe:
the Lord will bleſſe his choſen flocke with euerlaſting peace.

Exaltabo te Domine. Pſalme xxx. T. S.

When Dauid ſhould haue dedicated his houſe to the Lord, hee fell extreme ſick, that he was without all hope of life, and therfore after recouery, hee rendreth thanks to God, exhorting others to the like, and to learne by his example, that God is rather mercifull than ſeuere and rigorous towards his children, and alſo that the fall from proſperity to aduerſity is ſudden. This done, he returneth to prayer, promiſing to praiſe God for euer.



3 Of thy good grace thou haſt call'd backe my ſoule from hell to ſaue:
thou didſt reuiue when ſtrength did lack, and keptſt me from the graue.
4 Sing praiſe ye Saints that proue and ſee the goodneſſe of the Lord:
in memory of his Maieſty, reioyce with one accord.

5 For why? his anger but a ſpace doth laſt and ſlacke againe:
but in his fauour and his grace alwaies doth life remaine.
Though gripes of griefe and pangs full ſore ſhall lodge with vs all night;
the Lord to ioy ſhall vs reſtore, before the day be light.

6 When I enioy'd the world at will, thus would I boaſt and ſay:
tuſh, I am ſure to feele none ill, this wealth ſhall not decay,
7 For thou, O Lord, of thy good grace, hadſt ſent me ſtrength and aid:
but when thou turn'dſt away thy face, my mind was much diſmaid.

8 Where

8 Wherefore againe yet did I cry to thee, O Lord of might:
my God with plaints I did apply, and pray'd both day and night.
9 What gaine is in my bloud (ſaid I) if death deſtroy my dayes?
doth duſt declare thy Maieſty, or yet thy truth doth praiſe?

10 Wherefore my God ſome pity take, O Lord, I thee deſire:
doe not this ſimple ſoule forſake, of helpe I thee require.
11 Then did'ſt thou turne my griefe and woe into a cheerefull voyce:
the mourning weed thou took'ſt me fro, and mad'ſt me to reioyce.

12 Wherefore my ſoule vnceſſantly ſhall ſing vnto thy praiſe:
my Lord my God to thee will I giue laud and thankes alwaies.

In te Domine ſperavi. Pſal. xxxi. I. H.

Dauid deliuered from ſome great danger in the Deſart of Maon, or elſe where firſt he reherſeth what meditation he had by the power of faith when death was before his eyes, his enemies being ready to take him: Then adioyneth the fauour of God alwaies to thoſe that feare him. Finally he exhorteth all the faithfull to truſt in God and to loue him, becauſe he preſerueth and ſtrengtheneth them as they may ſee by his example.

Sing this as the 18. Pſalme.

O Lord, I put my truſt in thee, let nothing worke me ſhame:
as thou art iuſt deliuer me, and ſet me quite from blame.
2 Heare me, O God, and that anon, to helpe me make good ſpeed:
be thou my rocke and houſe of ſtone, my fence in time of need.

3 For why? as ſtones thy ſtrength is tri'd, thou art my fort and tower:
for thy Names ſake be thou my guide, and lead me in thy power.
4 Plucke thou my feet out of the ſnare, which they for me haue laid:
thou art my ſtrength, and all my care is for thy might and aid.

5 Into thy hands, Lord, I commit my ſpirit which is thy due:
for why thou haſt redeemed it, O Lord my God moſt true.
6 I hate ſuch folke as will not part from things to be abhorr'd:
when they on trifles ſet their heart, my truſt is in the Lord.

7 For I will in thy mercy ioy, I ſee it doth excell:
thou ſeeſt when ought would me annoy, and knowſt my ſoule full well.
8 Thou haſt not left me in their hand, that would me ouer-charge:
but thou haſt ſet me out of band, to walke abroad at large.

The ſecond part.

9 Great griefe, O Lord, doth me aſſaile, ſome pitie on me take:
mine eyes wax dim, my ſight doth faile, my wombe for woe doth ake.
10 My life is worne with griefe and paine, my yeares in woe are paſt:
my ſtrength is gone, and through diſdaine my bones corrupt and waſt.

11 Among my foes I am a ſcorne, my friends are all diſmaid:
my neighbours and my kinſmen borne, to ſee me are afraid.
12 As men once dead are out of mind, ſo am I now forgot:
as ſmall effect in me they find, as in a broken pot.

13 I

13 I heard the braggs of all the rout, their threats my mind did fray:
how they conſpir'd, and went about to take my life away.
14 But Lord I truſt in thee for ayd, not to be ouer-trod:
for I confeſſe and ſtill haue ſaid, thou art my Lord and God.

15 The length of all my life and age, O Lord, is in thy hand:
defend me from the wrath and rage of them that me withſtand.
16 To me thy ſeruant (Lord) expreſſe, and ſhew thy ioyfull face:
and ſaue me Lord, for thy goodneſſe, thy mercy and thy grace.

The third part.

17 Lord let me not be put to blame, for that on thee I call:
but let the wicked beare the ſhame, and into their graue fall.
18 O Lord make dumbe their lips out-right, which are addict to lies:
and cruelly with pride and ſpight, againſt the iuſt deuiſe.

19 O how great good haſt thou in ſtore, laid vp full ſafe for them,
that feare and truſt in thee therefore, before the ſonnes of men:
20 Thy preſence ſhall them fence and guide, from all proud braggs & wrongs:
within thy place thou ſhalt them hide, from all the ſtrife of tongues.

21 Thankes to the Lord that hath declar'd, on me his grace ſo farre:
me to defend with watch and ward, as in a towne of warre.
22 Thus did I ſay both day and night, when I was ſore oppreſt:
lo I was cleane caſt out of ſight, yet heardſt thou my requeſt.

23 Ye Saints loue ye the Lord I ſay, the faithfull he doth guide:
and to the proud he doth repay, according to their pride.
24 Be ſtrong, and God will ſtay your heart, be bold and haue a luſt:
for ſure the Lord will take your part, ſith ye in him doe truſt.

Beati quorum remiſſa ſunt. Pſal. xxxii. T.S.

Dauid puniſhed with grieuous ſickneſſe for his ſins, counteth them happy to whom God doth not imputе their tranſgreſſion: and after that he had confeſſed his ſinnes and obtained pardon, he exhorteth the wicked men to liue godly, and the good to reioyce.

Sing this as the 30. Pſalme.

THe man is bleſt whoſe wickedneſſe the Lord hath cleane remitted:
and he whoſe ſin and wretchedneſſe is hid and alſo couered.
2 And bleſt is he to whom the Lord imputeth not his ſinne:
which in his heart hath hid no guile, nor fraud is found therein.

3 For whilſt that I kept cloſe my ſinne, in ſilence and conſtraint:
my bones did weare and waſte away, with daily mone and plaint.
4 For night and day thy hand on me ſo grieuous was and ſmart,
that all my bloud and humours moiſt to drineſſe did conuert.

5 I did therefore confeſſe my faults, and all my ſinnes diſcouer:
then thou, O Lord, didſt me forgiue, and all my ſinnes paſſe ouer.
6 The humble man ſhall pray therefore, and ſeeke thee in due time:
ſo that the flouds of waters great, ſhall haue no power on him.

7 When

7 When trouble and aduerſitie doe compaſſe me about:
thou art my refuge and my ioy, and thou doſt rid me out.
8 Come hither and I will thee teach, how thou ſhalt walke aright:
I will thee guide as I my ſelfe haue learn'd by proofe and ſight.

9 Be not ſo rude and ignorant, as is the horſe and mule:
whoſe mouth without a reine or bit, from harme thou canſt not rule.
10 The wicked man ſhall manifold ſorrowes and griefes ſuſtaine:
but vnto him that truſts in God, his goodneſſe ſhall remaine.

11 Be merry therefore in the Lord, ye iuſt lift vp your voice:
and ye of pure and perfect heart, be glad and eke reioice.

Exultate iuſti in Domino. Pſalme xxxiii. I.H.

Heer horteth good men to praiſe God, for that he hath not only created all things, and by his prouidence gouerneth the ſame, but is faithfull in his promiſe: he vnderſtandeth mans heart, and ſcatters the counſell of the wicked, ſo that no man can be preſerued by any creatures or mans ſtrength: but they that put confidence in his mercy, ſhall be preſerued from all aduerſitie.

Sing this as the 30. Pſalme.

YEe righteous in the Lord reioyce, it is a ſeemely ſight:
that vpright men with thankfull voyce ſhould praiſe the Lord of might.
2 Praiſe ye the Lord with harpe and ſong, in Pſalmes and pleaſant things:
with lute, and inſtrument among that ſoundeth with ten ſtrings.

3 Sing to the Lord a ſong moſt new, with courage giue him praiſe.
4 For why? his word is euer true, his workes and all his waies.
5 To iudgement, equitie, and right, he hath a great good will:
and with his gifts he doth delight, the earth throughout to fill.

6 For by the word of God alone, the heauens all were wrought:
their hoaſts and powers euery one, his breath to paſſe hath brought.
7 The waters great gathered hath he on heapes within the ſhore:
and hid them in the depth to be, as in a houſe of ſtore.

8 All men on earth both leaſt and moſt, feare God and keepe his Law:
ye that inhabit in each coaſt, dread him and ſtand in awe.
9 What he commanded, wrought it was at once with preſent ſpeed:
what he doth will is brought to paſſe with full effect indeed.

10 The counſels of the nations rude, the Lord doth bring to nought:
he doth defeat the multitude of their deuice and thought.
11 But his decrees continue ſtill, they neuer ſlacke nor ſwage:
the motions of his mind and will take place in euery age.

The ſecond part.

12 And bleſt are they to whom the Lord as God and guide is knowne:
whom he doth chuſe of meere accord, to take them as his owne.
13 The Lord from heauen caſt his ſight, on men mortall by birth:
14 Conſidering from his ſeat of might the dwellers of the earth.

15 The Lord, I ſay, whoſe hand hath wrought mans heart, and doth it frame:
for he alone doth know the thought, and working of the ſame.

16 A King that truſteth in his hoaſt, ſhall nought preuaile at length:
the man that of his might doth boaſt, ſhall fall for all his ſtrength.

17 The troups of horſe-men eke ſhall fall, their ſturdy ſteeds ſhall ſterue:
the ſtrength of horſe ſhall not preuaile, the rider to preſerue.
18 But lo the eyes of God intend, and watch to aid the iuſt:
with ſuch as feare him to offend, and on his goodneſſe truſt.

19 That he of death and great diſtreſſe, may ſet their ſoules from dread:
and if that dearth their land oppreſſe, in hunger them to feed.
20 Wherefore our ſoule doth whole depend on God our ſtrength and ſtay:
he is our ſhield vs to defend, and driue all darts away.

21 Our ſoule in God hath ioy and game, reioycing in his might:
for why? in his moſt holy Name, we hope and much delight.
22 Therefore let thy goodneſſe, O Lord, ſtill preſent with vs be:
as we alwaies with one accord, doe only truſt in thee.

Benedicam Domino. Pſalme xxxiv. T. S.

After Dauid had eſcaped Achis, according as it is written in 1 Sam. 21. whom in this title he calleth Abimelech (which was a generall name to the Kings of the Philiſtines) he praiſeth God for his deliuerance, prouoking all others by his example to truſt in God, to feare and ſerue him, who defendeth the godly with Angels, and vtterly deſtroyeth the wicked in their ſinnes.

Sing this as the 30. Pſalme.

I Will giue laud and honour both, vnto the Lord alwaies:
and eke my mouth for euermore, ſhall ſpeake vnto his praiſe.
2 I doe delight to laud the Lord, in ſoule and eke in voyce:
that humble men and mortifi'd, may heare and ſo reioyce.

3 Therefore ſee that ye magnifie with me the liuing Lord:
and let vs now exalt his Name, together with one accord.
4 For I my ſelfe beſought the Lord, he anſwered me againe:
and me deliuered incontinent, from all my feare and paine.

5 Who ſo they be that him behold, ſhall ſee his light moſt cleare:
their countenance ſhall not be daſht, they need it not to feare.
6 This ſilly wretch for ſome reliefe, vnto the Lord did call:
who did him heare without delay, and rid him out of thrall.

7 The Angel of the Lord doth pitch his tents in euery place:
to ſaue all ſuch as feare the Lord, that nothing them deface.
8 Taſte and conſider well therefore, that God is good and iuſt:
O happy man that maketh him his only ſtay and truſt.

9 Feare ye the Lord ye holy ones, aboue all earthly thing:
for they that feare the liuing Lord, are ſure to lacke nothing.
10 The Lions ſhall be hunger-bit, and pin'd with famine much:
but as for them that feare the Lord, no lacke ſhall be to ſuch.

The ſecond part.

11 Come neere therefore my children deare, and to my words giue eare:
I ſhall you teach the perfect way, how ye the Lord ſhould feare.

12 Who

12 Who is the man that would liue long, and lead a bleſſed life?
13 See thou refraine thy tongue and lips, from all deceit and ſtrife.

14 Turne back thy face from doing ill, and doe the godly deed:
enquire for peace and quietneſſe, and follow it with ſpeed.
15 For why? the eyes of God aboue, vpon the iuſt are bent:
his eares likewiſe doe heare the plaint, of the poore innocent.

16 But he doth frowne and bend his browes, vpon the wicked traine;
and cuts away the memory, that ſhould of them remaine.
17 But when the iuſt doe call and cry, the Lord doth heare them ſo:
that out of paine and miſery, forthwith he lets them goe.

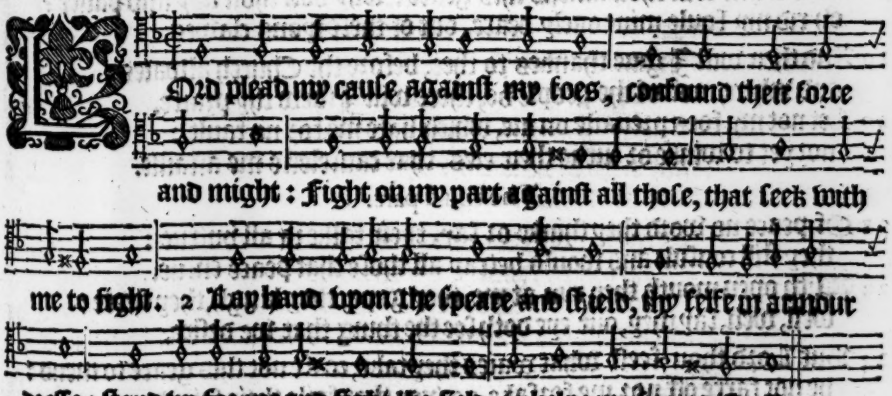
18 The Lord is kind and ſtraight at hand, to ſuch as be contrite:
he ſaues alſo the ſorrowfull, the poore and meeke in ſpirite.
19 Full many be the miſeries, that righteous men doe ſuffer:
but out of all aduerſities, the Lord doth them deliuer.

20 The Lord doth ſo preſerue and keep their very bones alway:
that not ſo much as one of them, doth perish or decay.
21 The ſinne ſhall ſlay the wicked man, which he himſelfe hath wrought:
and ſuch as hate the righteous man, ſhall ſoone be brought to nought.

22 But they that feare the liuing Lord, the Lord doth ſaue them ſound:
and who that put their truſt in him, nothing ſhall them confound.

Iudica me Domine. Pſalme lxxxv. I. H.

So long as Saul was enemy to Dauid, all that had authority vnder him, to flatter the King, did alſo moſt cruelly perſecute Dauid, againſt whom he prayeth God to plead and reuenge his cauſe, that they may be taken in their nets and ſnares which they laid for him, and his innocency to be declared, and that the innocent which take part with him, may reioyce and praiſe the Name of the Lord, that thus deliuereth his ſeruant, and ſo he promiſeth to ſpeake forth the iuſtice of the Lord, and to magnifie his name all the daies of his life.



3 Gird on thy ſword, and ſtop the way, mine enemies to withſtand:
that thou vnto my ſoule maiſt ſay, lo I thy help at hand.
4 Confound them with rebuke and blame, that ſeek my ſoule to ſpill:
let them turne backe and flie with ſhame, that think to worke me ill.
5 Let them diſperſe and flie abroad, as wind doth driue the duſt:
and that the Angel of our God, their might away may thruſt.
6 Let all their waies be void of light, and ſlipperie like to fall:
and ſend thine Angel with thy might, to perſecute them all:
7 For why? without my fault they haue in ſecret ſet their grin:
and for no cauſe haue dig'd a caue, to take my ſoule therein.
8 When they thinke leaſt and haue no care, O Lord, deſtroy them all:
let them be trapt in their owne ſnare, and in their miſchiefe fall.
9 And let my ſoule with heart and voice, in God haue ioy and wealth:
that in the Lord I may reioyce, and in his ſauing health.
10 And then my bones ſhall ſpeake and ſay, my parts ſhall all agree:
O Lord, though they doe ſeeme full gay, what man is like to thee?

The ſecond part.

11 Thou doſt defend the weake from them, that are both ſtout and ſtrong:
and rid the poore from wicked men, that ſpoile and doe them wrong.
12 My cruell foes againſt me riſe, to witneſſe things vntrue:
and to accuſe me they deuiſe, of things I neuer knew.
13 Where I to them did owe good will, they quite me with diſdaine:
that they ſhould pay my good with ill, my ſoule doth ſore complaine.
14 When they were ſick I mourn'd therefore, and clad my ſelfe in ſack:
with faſting I did faint full ſore, to pray I was not ſlack.
15 As they had beene my brethren deare, I did my ſelfe behaue:
as one that maketh wofull cheare, about his mothers graue.
16 But they at my diſeaſe did ioy, and gather on a rout:
yea abiect ſlaues at me did toy, with mocks and checks full ſtout.
17 The belly-gods and flattering traine, that all good things deride:
at me doe grin with great diſdaine, and pluck their mouthes aſide.
18 Lord when wilt thou amend this geare? why doſt thou ſtay and pauſe?
oh rid my ſoule mine onely deare, out of theſe lyons clawes.
19 And then will I giue thankes to thee, before the Church alwaies:
and where moſt of the people be, there will I ſhew thy praiſe.
20 Let not my foes preuaile on me, which hate me for no fault:
nor yet to winke or turne their eies, that cauſeleſſe me aſſault.

The third part.

21 Of peace no word they thinke or ſay, their talke is all vntrue:
they ſtill conſult and would betray all thoſe that peace enſue.
22 With open mouth they run at me, they gape, they laugh, they ſleere:
well, well, ſay they, our eye doth ſee the thing that we deſire.
23 But Lord thou ſeeſt what waies they take, ceaſe not this geare to mend:
be not farre off nor me forſake, as men that faile their friend.

24 Awake

24 Awake, ariſe, and ſtirre abroad, defend me in my right:
reuenge my cauſe, my Lord my God, and aid me with thy might.

25 Accoꝛding to my righteouſneſſe, my Lord God ſet me free:
and let them not their pꝛide expꝛeſſe, noꝛ tꝛiumph ouer me.
26 Let not their hearts reioyce and cry, there, there, all goeth tꝛim:
noꝛ giue them cauſe to ſay on high, we haue our will on him.

27 Confound them with rebuke and ſhame, that ioy when I doe mourne:
and pay them home with ſpight and blame, that bꝛag at me with ſcoꝛne.
28 Let them be glad and eke reioyce, which loue mine vpꝛight way:
and they all times with heart and voyce, ſhall pꝛaiſe the Loꝛd and ſay.

29 Gꝛeat is the Loꝛd and doth excell, foꝛ why, he doth delight,
to ſee his ſeruants pꝛoſper well, that is his pleaſant ſight:
Wheꝛefoꝛe my tongue I will apply, thy righteouſneſſe to pꝛaiſe:
vnto the Loꝛd my God will I, ſing laud and pꝛaiſe alwayes.

Dixit iniuſtus. Pſalme xxxvi. I. H.

Dauid grieuouſly vexed by the wicked, doth complaine of their malice and wickednesse. Then he turneth to conſider the unſpeakable goodneſſe of God towards all creatures, but eſpecially towards his children, that by faith thereof he may bee comforted and aſſured of his deliuerance, by the ordinary courſe of Gods woꝛkes, who in the end deſtroyeth the wicked, and ſaueth the iuſt.

Sing this as the 35. Pſalme.

THe wicked with his woꝛks vniuſt, doth thus peꝛſwade his heart:
that of the Loꝛd he hath no tꝛuſt, his feare is ſet apart.
2 Yet doth he ioy in his eſtate, to walke as he began,
ſo long till he deſeꝛue the hate, of God and eke of man.

3 His woꝛds are wicked, vile, and naught, his tongue no tꝛuth doth tell:
yet at no hand will he be taught, which way he may doe well.
4 When he ſhould ſleepe then doth he muſe, his miſchiefs to fulfill:
no wicked wayes doth he refuſe, noꝛ nothing that is ill.

5 But Loꝛd, thy goodneſſe doth aſcend, aboue the heauens high:
ſo doth thy tꝛuth it ſelfe extend, vnto the cloudy ſkie.
6 Much moꝛe than hils ſo high and ſteepe, thy iuſtice is expꝛeſt:
thy iudgements like to ſeas moſt deep: thou ſau'ſt both man and beaſt.

7 Thy mercy is aboue all things, O God, it doth excell:
in tꝛuſt wheꝛeof, as in thy wings, the ſonnes of men ſhall dwell.
8 Within thy houſe they ſhall be fed, with plentie at their will:
of all delights they ſhall bee ſped, and take theꝛeof their fill.

9 Foꝛ why? the Well of life ſo pure, doth euer flow from thee:
and in thy light we are full ſure the laſting light to ſee.
10 From ſuch as thee deſire to know, let not thy gꝛace depaꝛt:
thy righteouſneſſe declare and ſhew to men of vpꝛight heaꝛt.

11 Let not the pꝛoud on me pꝛeuaile, O Loꝛd, of thy good gꝛace:
Noꝛ let the wicked me aſſaile, to thꝛow me out of place.

12 But they in their deuice ſhall fall, that wicked workes maintaine:
they ſhall be ouerthrowne withall, and neuer riſe againe.

Noli æmulari. Pſalme xxxvii. W. W.

Becauſe the godly ſhould not wonder to ſee the wicked men proſper in this world, the Prophet ſheweth that all things ſhall be granted according to their hearts deſire, to them that loue and feare God: and they that doe the contrary, although they ſeeme to flouriſh for a time ſhall at length periſh.

Sing this as the 35. Pſalme.

GRudge not to ſee the wicked men, in wealth to flouriſh ſtill:
nor yet enuy ſuch as to ill, haue bent and ſet their will.
2 For as greene graſſe and flouriſhing hearbs, are cut and wither away:
ſo ſhall their great proſperity, ſoone paſſe, fade and decay.

3 Truſt thou therefore in God alone, to doe well giue thy mind:
ſo ſhalt thou haue the land as thine, and there ſure food ſhalt find.
4 In God ſet all thy hearts delight, and looke what thou wouldſt haue,
or elſe canſt wiſh in all the world, thou needſt it not to craue.

5 Caſt both thy ſelfe and thy affaires, on God with perfect truſt:
and thou ſhalt ſee with patience, th'effect both ſure and iuſt.
6 Thy perfect life and godly name, he will cleare as the light:
ſo that the ſunne euen at noone day, ſhall not ſhine halfe ſo bright.

7 Be ſtill therefore and ſtedfaſtly on God ſee thou wait then:
not ſhrinking for the proſperous ſtate, of lewd and wicked men.
8 Shake off deſpight, enuy and hate, at leaſt in any wiſe:
their wicked workes auoid and flie, and follow not their guiſe.

9 For euery wicked man will God, deſtroy both more and leſſe:
but ſuch as truſt in him are ſure, the land for to poſſeſſe.
10 Watch but a while and thou ſhalt ſee, no more the wicked traine:
no not ſo much as houſe or place, where once he did remaine.

The ſecond part.

11 But mercifull and humble men, enioy ſhall ſea and land:
in reſt and peace they ſhall reioyce, for nought ſhall them withſtand.
12 The lewd men and malicious, againſt the iuſt conſpire:
They gnaſh their teeth at him as men, which doe his bane deſire.

13 But whilſt that lewd men thus doe thinke, the Lord laughs them to ſcorne:
for why? he ſees the term approach, when they ſhall ſigh and mourne.
14 The wicked haue their ſwords out drawne, their bow eke haue they bent,
to ouerthrow and kill the poore, as they the right way went.

15 But the ſame ſword ſhall pierce their heart, which was to kill the iuſt:
likewiſe the bow ſhall breake to ſhiuers, wherein they put their truſt.
16 Doubtleſſe the iuſt mans poore eſtate, is better a great deale more,
than all theſe lewd and wicked mens, rich pompe and heaped ſtore.

17 For be their power neuer ſo ſtrong, God will it ouerthrow:
where contrary he doth preſerue, the humble men and low.
18 He ſees by his great prouidence, the good mans trade and way:
and will giue them inheritance, which neuer ſhall decay.

19 They

19 They ſhall not be diſcouraged when ſome are hard beſted:
when other ſhall be hungerbit they ſhall be glad and fed.
20 For whoſoeuer wicked is, and enemy to the Lord:
ſhall quaile, yea melt euen as lambs greaſe, or ſmoake that flies abroad.

The third part.

21 Behold the wicked borrowes much, and neuer paies againe:
whereas the iuſt by liberall gifts, makes many glad and faine.
22 For they whom God doth bleſſe ſhall haue, the land for heritage:
and they whom he doth curſe likewiſe, ſhall periſh in his rage.

23 The Lord the iuſt mans waies doth guide, and giues him good ſucceſſe,
to euery thing he takes in hand, he ſendeth good addreſſe:
24 Though that he fall, yet is he ſure, not vtterly to quaile:
becauſe the Lord puts out his hand, at need and doth not faile.

25 I haue been young and now am old, yet did I neuer ſee,
the iuſt man left, not yet his ſeed, to beg for miſerie.
26 But giues alway moſt liberally, and lends whereas is need,
his children and poſterity, receiue of God their meed.

27 Flie vice therefore and wickednеſſe, and vertue doe imbrace:
ſo God ſhall grant thee long to haue, on earth a dwelling place.
28 For God ſo loueth equity, and ſhelues to his ſuch grace:
that he preſerueth them alwaies, but ſtroies the wicked race.

29 Whereas the good and godly men, inherit ſhall the land,
hauing as Lords all things therein, in their own power and hand.
30 The iuſt mans mouth doth euer ſpeak, of matters wiſe and hie:
his tongue doth talke to edifie, in truth and equitie.

31 For in his heart the law of God, his Lord doth ſtill abide:
ſo that where euer he goes or walkes, his foot can neuer ſlide.
32 The wicked like a rauening wolfe, the iuſt man doth beſet:
by all meanes ſeeking him to kill, if he fall in his net.

The fourth part.

33 Though he ſhould fall into his hands, yet God would ſuccour ſend:
though men againſt him ſentence giue, God would him yet defend.
34 Wait thou on God and keepe his way, he ſhall preſerue thee then,
the earth to rule, and thou ſhalt ſee deſtroy'd theſe wicked men.

35 The wicked haue I ſeene moſt ſtrong, and plac't in high degree,
flouriſhing in all wealth and ſtore, as doth the Lawrell tree.
36 But ſodainly he paſt away, and loe he was quite gone:
then I him ſought, but could not find the place where dwelt ſuch one.

37 Marke and behold the perfect man, how God doth him increaſe:
for the iuſt man ſhall haue at length, great ioy with reſt and peace.
38 As for tranſgreſſors woe to them, deſtroy'd they ſhall all be:
God will cut off their budding race, and rich poſterity.

39 But the ſaluation of the iuſt, doth come from God aboue:
who in their trouble ſends them aid, of his meere grace and loue.
40 God doth them helpe, ſaue and deliuer, from lewd men and vniuſt,
and ſtill will ſaue them whilſt that they, in him doe put their truſt.

Domine ne in furore. Pſal. xxxviii. I. H.

Dauid lying ſick of ſome grieuous diſeaſe, acknowledgeth himſelfe to bee chaſtiſed of the Lord for his ſinnes, and prayeth God to turne away his wrath, he beteeth the greatneſſe of his griefe by many words and circumſtances, as wounded with arrowes of Gods ire, forſaken of his friends, and cruelly intreated of his enemies: but in the end with firme confidence he commendeth his cauſe to God, and hopeth for ſpeedy helpe at his hand.

Sing this as the 30. Pſalme.

PVt me not to rebuke, O Lord, in thy prouoked ire:
ne in thy heauy wrath, O Lord, correct me I deſire.
2 Thine arrowes do ſticke faſt in me, thy hand doth preſſe me ſore:
and in my fleſh no health at all, appeareth any more.
3 And all this is by reaſon of, thy wrath that I am in:
nor any reſt is in my bones, by reaſon of my ſinne.
4 For loe my wicked doings Lord, aboue my head are gone:
a greater load than I can beare, they lye me ſore vpon.
5 My wounds ſtinke and are feſtered ſo, as loathſome is to ſee:
which all through mine owne fooliſhneſſe, betideth vnto mee,
6 And I in carefull wiſe am brought, in trouble and diſtreſſe,
that I goe wailing all the day, in dolefull heauineſſe.
7 My loynes are fild with ſore diſeaſe, my fleſh hath no whole part:
8 I feeble am and broken ſore, I roare for griefe of heart.
9 Thou knowſt Lord my deſire, my groanes are open in thy ſight:
10 My heart doth pant, my ſtrength doth faile, mine eyes haue loſt their light.
11 My louers and my wonted friends, ſtand looking on my woe:
and eke my kinſmen farre away, are me departed fro.
12 They that did ſeeke my life laid ſnares, and they that ſought the way
to doe me hurt, ſpake lies, and thought on miſchiefe all the day.

The ſecond part.

13 But as a deafe man I became, that cannot heare at all:
14 And as one dumbe that opens not, his mouth to ſpeake withall.
15 For all my confidence, O Lord, is wholly ſet on thee:
O Lord, thou Lord that art my God, thou ſhalt giue eare to me.
16 This did I craue that they my foes, triumph not ouer me:
for when my foot did ſlip then they did ioy my fall to ſee.
17 And truly I poore wretch am ſet, in place a wofull wight:
and eke my grieuous heauineſſe, is euer in my ſight.
18 For while that I my wickednеſſe, in humble wiſe confeſſe:
and while I for my ſinfull deeds my ſorrowes doe expreſſe:
19 My foes doe ſtill remaine aliue, and mighty are alſo:
and they that hate me wrongfully, in number hugely grow.

20 They

20 They ſtand againſt me that my good with euill doe repay:
because that good and honeſt things, I doe enſue alway.
21 Forſake me not, O Lord my God, be thou not farre away:
22 Haſte me to helpe, my Lord my God, my ſafety and my ſtay.

Dixi cuſtodiam. Pſal. xxxix. I.H.

Dauid bewreth by what griefe and bitternesſe of mynd hee was driuen to theſe outragious complaints of his infirmity, for he confeſſeth that when he had determined ſilence, that he brast forth, yet into words that he would not, through the greatneſſe of his griefe. Then he rehearſeth certain requeſts, which taſte of infirmity of man, and inforceth them with many prayers, but to ſhew them a mind wonderfully troubled, that it may plainly appeare how he did ſtriue mightily againſt death and deſperation.

Sing this as the 35. Pſalme.

I Said I will looke to my wayes, for feare I ſhould goe wrong:
I will take heed all times that I offend not with my tongue.
2 As with a bit I will keep faſt my mouth with force and might:
not once to whiſper all the while, the wicked are in ſight.

3 I held my tongue and ſpake no word, but kept me cloſe and ſtill:
yea from good talke I did refraine, but ſore againſt my will.
4 My heart waxt hot within my breſt, with muſing thought and doubt:
which did increaſe, and ſtirre the fire, at laſt theſe words burſt out.

5 Lord number out my life and daies, which yet I haue not paſt:
ſo that I may be certified, how long my life ſhall laſt.
6 Lord thou haſt pointed out my life, in length much like a ſpan:
mine age is nothing vnto thee, ſo vaine is euery man.

7 Man walketh like a ſhade and doth in vaine himſelfe annoy,
in getting goods and cannot tell who ſhall the ſame enioy.
8 Now Lord ſith things this wiſe doe frame, what helpe doe I deſire:
of truth my helpe doth hang on thee, I nothing elſe require.

The ſecond part.

9 From all the ſinnes that I haue done, Lord quit me out of hand:
and make me not a ſcorne to fooles, that nothing vnderſtand.
10 I was as dumbe and to complaine, no trouble might me moue:
becauſe I knew it was thy worke, my patience for to proue.

11 Lord take from me thy ſcourge and plague, I can them not withſtand:
I faint and pine away for feare, of thy moſt heauy hand.
12 When thou for ſinne doſt man rebuke, he waxeth woe and wan:
as doth a cloth that mothes haue fret, ſo vaine a thing is man.

13 Lord heare my ſuit and giue good heed, regard my teares that fall:
I ſoiourne like a ſtranger here, as did my fathers all.
14 O ſpare a little, giue me ſpace, my ſtrength for to reſtore:
before I goe away from hence, and ſhall be ſeene no more.

Expectans expectaui. Pſalme xl. I. H.

Dauid deliuered from great danger, doth magnifie and praiſe the grace of God for his deliuerance, and commendeth his prouidence towards all mankind. Then doth he promiſe to giue himſelfe wholly to Gods ſeruice. And ſo declareth how God is truly to be worſhipped. Afterwards giueth thankes and praiſeth God, hauing complained of his enemies, with good courage he calleth for aid and ſuccour.

Sing

Sing this as the 35. Pſalme.

I Waited long and ſought the Lord, and patiently did beare:
at length to me he did accord, my voice and cry to heare.
2 He pluckt me from the lake ſo deepe, out of the myre and clay:
and on a rock he ſet my feet, and he did guide my way.
3 To me he taught a Pſalme of praiſe, which I muſt ſhew abroad:
and ſing new ſongs of thankes alwaies, vnto the Lord our God.
4 When all the folke theſe things ſhall ſee as people much afraid,
then they vnto the Lord will flee, and truſt vpon his aid.
5 O bleſt is he whoſe hope and heart, doth in the Lord remaine:
that with the proud doth take no part, nor ſuch as lie and faine.
6 For Lord my God thy wondrous deeds, in greatneſſe farre doe paſſe:
thy fauour towards vs exceeds, all things that euer was.
7 When I intend and doe deuiſe, thy workes abroad to ſhow:
to ſuch a reckoning they doe riſe, thereof no end I know.
8 Burnt offerings thou delight'ſt not in, I know thy whole deſire:
with ſacrifice to purge his ſinne, thou doſt no man require.
9 Meat offerings and ſacrifice, thou wouldſt not haue at all:
but thou, O Lord, haſt open made, mine eares to heare withall.
10 But then ſaid I, behold and looke, I come a meane to be:
for in the volume of thy booke, thus it is ſaid of me.
11 That I, O Lord, ſhould doe thy minde, which thing doth like me well:
for in my heart thy Law I find, faſt placed there to dwell.
12 Thy iuſtice and thy righteouſneſſe, in great reſorts I tell:
behold my tongue no time doth ceaſe, O Lord, thou knoweſt full well.

The ſecond part.

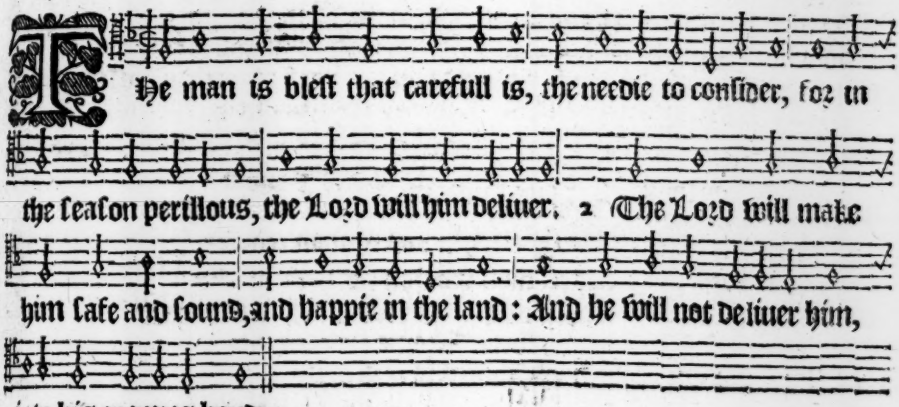
13 I haue not hid within my breſt, thy goodneſſe as by ſtealth:
but I declare and haue expreſt, thy truth and ſauing health.
14 I kept not cloſe thy louing mind, that no man ſhould it know:
the truſt that in thy truth I find, to all the Church I ſhow.
15 Thy tender mercy Lord from me, with-draw thou not away:
but let thy loue and verity, preſerue me ſtill for aye.
16 For I with miſchiefes many one, am ſore beſet about:
my ſinnes increaſe and ſo come on, I cannot ſpie them out.
17 For why? in number they exceed the haires vpon my head:
my heart doth faint for very dread, that I am almoſt dead.
18 With ſpeed ſend help and ſet me free, O Lord, I thee require:
make haſte with aid to ſuccour me, O Lord, I thee deſire.
19 Let them ſuſtaine rebuke and ſhame, that ſeek my ſoule to ſpill:
driue back my foes, and them defame that wiſh and would me ill.
20 For their ill feats doe them deſcry, that would deface my name:
alwaies at me they raile and cry, fie on him, fie for ſhame.
21 Let them in thee haue ioy and wealth, that ſeeke to thee alwaies:
that thoſe that loue thy ſauing health, may ſay, to God be praiſe.

22 But

10 But as for me I am but poore, oppreſt and brought full low:
yet thou, O Lord, wilt me reſtore, to health full well I know.
11 For why? thou art my hope and truſt, my refuge, help and ſtay:
wherefore my God as thou art iuſt, with me no time delay.

Beatus qui intelligit. Pſal. xli. T.S.

Dauid being grieuously afflicted, bleſſeth them that pity his caſe, and complaineth of the treaſon of his owne friends and familiars, as came to paſſe in Iudas, Ioh. 13. After he feeling the great mercies of God gently chaſtiſing him, and not ſuffering his enemies to triumph againſt him, hee giueth moſt hearty thankes to God.



3 And in his bed when he lies ſick, the Lord will him reſtore:
and thou, O Lord, wilt turne to health, his ſickneſſe and his ſore.
4 Then in my ſickneſſe thus ſaid I, haue mercy Lord on me:
and heale my ſoule which is full woe, that I offended thee.

5 Mine enemies wiſht me ill in heart, and thus of me did ſay:
when ſhall he die, that all his name may vaniſh quite away?
6 And when they come to viſit me, they aske if I doe well:
but in their hearts miſchiefe they hatch, and to their mates it tell.

7 They bite their lips and whiſper ſo, as though they would me charme:
and caſt their ketches how to trap me with ſome deadly harme.
8 Some grieuous ſin hath brought him to this ſickneſſe, ſay they plaine:
he is ſo low, that without doubt riſe can he not againe.

9 The man alſo that I did truſt, with me did vſe deceit:
who at my table eat my bread, the ſame for me laid wait.
10 Haue mercy Lord on me therefore, and let me be preſerud:
that I may render vnto them, the things they haue deſerud.

11 By this I know aſſuredly, to be belou'd of thee:
when that mine enemies haue no cauſe to triumph ouer me.
12 But in my right thou haſt me kept, and maintained alway:
and in thy preſence place aſſign'd, where I ſhall dwell for aye.

13 The

13 The Lord the God of Iſrael, be praiſed euermore:
euen ſo be it Lord will I ſay, euen ſo be it therefore.

Quemadmodum deſiderat. Pſal. xlii. T. S.

The Prophet grieuouſly complaineth that being letted by his perſecutors, he could not be preſent in the Congregation of Gods people, proteſting that although he was ſeparate from them in body, yet his heart was thither affected. And laſt of all, he ſheweth that he was not ſo far ouercome with thoſe ſorrowes and thoughts, but that he continually put confidence in the Lord.

Sing this as the 45. Pſalme.

LIke as the Hart doth breath and bray, the wel-ſprings to obtaine:
ſo doth my ſoule deſire alway, with thee Lord to remaine.
2 My ſoule doth thirſt, and would draw neere the liuing God of might:
oh when ſhall I come and appeare in preſence of his light?
3 The teares all times are my repaſt, which from mine eies doe ſlide:
when wicked men cry out ſo faſt, where now is God thy guide?
4 Alas what griefe is it to thinke, what freedome once I had?
therefore my ſoule, as at pits brink, moſt heauy is and ſad.
When I did march in good array, furniſhed with my traine:
vnto the Temple was our way, with ſongs and hearts moſt faine.
5 My ſoule, why art thou ſad alwayes, and fretſt thus in my breſt?
truſt ſtill in God, for him to praiſe, I hold it euer beſt.
By him I haue ſuccour at need, againſt all paine and griefe:
he is my God which with all ſpeed, will haſte to ſend reliefe.
6 And thus my ſoule with in me Lord, doth faint to thinke vpon
the land of Iordan, and record the little hill Hermon.

The ſecond part.

7 One gricke another in doth call, as clouds burſt out their voice:
the ſlouds of euill that doe fall, run ouer me with noiſe.
8 Yet I by day felt his goodneſſe, and helpe at all aſſaies:
likewiſe by night I did not ceaſe, the liuing God to praiſe.
9 I am perſwaded thus to ſay to him with pure pretence:
O Lord thou art my guide and ſtay, my rock and ſure defence.
Why doe I then in penſiuenelle, hanging the head thus walke:
while that mine enemies me oppreſſe, and ver me with their talke?
10 For why? they pierce my inward parts, with pangs to be abhord:
when they cry out with ſtubborne hearts, where is thy God thy Lord?
11 So ſoone why doſt thou faint and quaile, my ſoule with pain oppreſt?
with thoughts why doſt thy ſelfe aſſaile, ſo ſore within my breſt?
12 Truſt in the Lord thy God alwayes, and thou the time ſhalt ſee
to giue him thankes with laud and praiſe, for health reſtor'd to thee.

Iudica me Domine. Pſalme xliii. T. S.

He praieth to be deliuered from them which conſpire with Abſolom, to the end that he might ioyfully praiſe God in his holy Congregation.

Sing this as the 21. Pſalme.

IVdge and reuenge my cauſe, O Lord, from them that euill be:
from wicked and deceitfull men, O Lord, deliuer me.

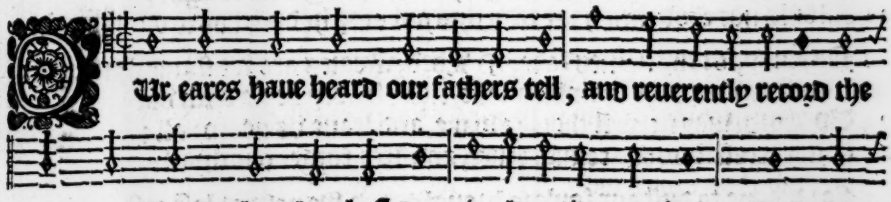
2 For of my ſtrength thou art the God, why putſt thou me thee fro;
and why walke I ſo heauily, oppreſſed with my foe?

3 Send out thy light and eke thy truth, and lead me with thy grace:
which may conduct me to thy hill, and to thy dwelling place.
4 Then ſhall I to the altar goe, of God my ioy and cheare:
and on my harpe giue thanks to thee, O God my God moſt deare.

5 Why art thou then ſo ſad my ſoule, and freſt thus in my breſt?
ſtill truſt in God, for him to praiſe, I hold it alwaies beſt.
6 By him I haue deliuerance, againſt all paine and griefe:
he is my God which doth alwaies, at need ſend me reliefe.

Deus auribus noſtris. Pſal. xliv. T. S.

A moſt earneſt prayer made in the name of the faithfull which were afflicted by the enemies, for ſuſtaining the quarrell of Gods word, according to the expoſition of Saint Paul, Rom. 8.



3 They conquered not by ſword nor ſtrength, the Land of thy beheſt:
but by thy hand, thy arme, and grace, becauſe thou lou'dſt them beſt.
4 Thou art my King, O God, that holp Jacob in ſundry wiſe:
5 Led with thy power we threw down ſuch, as did againſt vs riſe.

6 I truſted not in bow nor ſword, they could not ſaue me ſound:
7 Thou keptſt vs from our enemies rage, thou didſt our foes confound.
8 And ſtill we boaſt of thee our God, and praiſe thy holy name:
9 Yet now thou goeſt not with our hoaſt, but leaueſt vs to ſhame.

10 Thou mad'ſt vs flie before our foes, and ſo were ouer-tron:
our enemies rob'd and ſpoil'd our goods, when we were ſperſt abroad:
11 Thou haſt vs giuen to our foes, as ſheepe for to be ſlaine:
amongſt the heathen euery where, ſcattered we doe remaine.

12 Thy

12 Thy people thou haſt ſold like ſlaues, and as a thing of nought:
for profit none thou hadſt thereby, no game at all was ſought.
13 And to our neighbours thou haſt made, of vs a mocking ſtocke:
and thoſe that round about vs dwell, at vs doe grin and mocke.

The ſecond part.

14 Thus we ſerue for none other vſe, but for a common talke:
they mock, they ſcorne, and nod their heads, where ere they goe or walke.
15 I am aſham'd continually, to heare theſe wicked men:
yea ſo I bluſh that all my face, with red is couered then.
16 For why? we heare ſuch ſlanderous words, ſuch falſe reports and lies:
that death it is to ſee their wrongs, their threatnings and their cries.
17 For all this we forgot not thee, nor yet thy couenant brake.
18 We turne not backe our hearts from thee, nor yet thy paths forſake.
19 Yet thou haſt trod vs downe to duſt, where dens of Dragons be:
and couered vs with ſhade of death, and great aduerſitie:
20 If we had our Gods name forgot, and help of Idols ſought:
21 Would not God then haue try'd this out? for he doth know our thought.
22 Nay, nay, for thy names ſake, O Lord, alwaies are we ſlaine thus:
as ſheep vnto the ſhambles ſent, right ſo they deale with vs.
23 Vp Lord, why ſleepeſt thou? awake, and leaue vs not for all:
24 Why hideſt thou thy countenance, and doſt forget our thrall?
25 For downe to duſt our ſoule is brought, and we now at laſt caſt:
our belly like as it were glu'd, vnto the ground cleaues faſt.
26 Riſe vp therefore for our defence, and helpe vs Lord at need:
we thee beſeech for thy goodneſſe, to reſcue vs with ſpeed.

Eructauit cor meum. Pſal. xlv. I.H.

The Maieſty of Salomon, his honour, ſtrength, riches and power are praiſed, and alſo his mariage with the Egyptian an Heathen woman is bleſſed, if ſhee can renounce her people and loue of her country, and giue her ſelfe wholly to her husband. Vnder which figure, the wonderfull Maieſty, and increaſe of the Kingdome of Chriſt, and the Church his ſpouſe, now taken of the Gentiles, is deſcribed.

Sing this as the 35. Pſalme.

MY heart doth take in hand, ſome goodly ſong to ſing:
the praiſe that I ſhall shew therein, pertaineth to the King.
2 My tongue ſhall be as quicke, his honour to indite:
as is the pen of any ſcribe, that vſeth faſt to write.
3 O faireſt of all men, thy ſpeech is pleaſant pure:
for God hath bleſſed thee with gifts, for euer to endure.
4 About thee gird thy ſword, O Prince of might elect:
with honour, glory, and renowme, thy perſon pure is deckt.
5 Goe forth with godly ſpeed, with meekneſſe, truth, and right:
and thy right hand ſhall thee inſtruct, in workes of dreadfull might.
6 Thine arrowes ſharpe and keene, their hearts ſo ſore ſhall ſting:
that folke ſhall fall and kneele to thee, yea all thy foes, O King.

7 Thy

7 Thy royall ſeat, O Lord, for euer ſhall remaine:
because the Scepter of thy Realme, doth righteouſneſſe maintaine.
8 Because thou lou'ſt the right, and doſt the ill deteſt:
God euen thy God hath nointed thee with ioy aboue the reſt.

9 With myrrhe and ſauours ſweet, thy clothes are all beſpread:
when thou doſt from thy palace paſſe, therein to make thee glad.
10 Kings daughters doe attend, in fine and rich array:
at thy right hand the Queene doth ſtand in gold and garments gay.

The ſecond part.

11 O daughter take good heed, incline and giue good eare:
thou muſt forget thy kindred all, and fathers houſe moſt deare.
12 Then ſhall the King deſire thy beauty faire and trim:
for why? he is the Lord thy God, and thou muſt worſhip him.

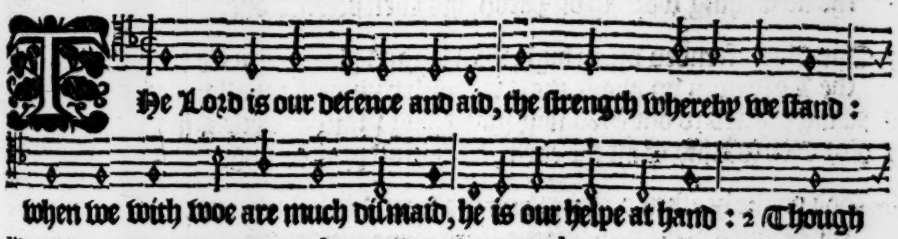
13 The daughters then of Tyre, with gifts full rich to ſee:
and all the wealthy of the land ſhall make their ſuit to thee.
14 The daughter of the King is glorious to behold:
within her cloſet ſhe doth ſit, all deckt in beaten gold.

15 In robes well wrought with needle, and many a pleaſant thing;
with Virgins faire on her to wait, ſhe commeth to the King.
16 Thus are they brought with ioy, and mirth on euery ſide:
into the palace of the King, and there they doe abide.

17 In ſtead of parents left, (O Queene the caſe ſo ſtands:)
thou ſhalt haue ſonnes, whom thou maiſt ſet as Princes in all lands.
18 Wherefore thy holy Name, all ages ſhall record:
the people ſhall giue thankes to thee, for euermore O Lord.

Deus noſter refugium. Pſal. xlvi. I.H.

A ſong of thankſgiuing for the deliuerance of Jeruſalem after Senacherib with his Army was driuen away, or ſome other like ſudden and maruellous deliuerance by the hand of God, whereby the Prophet commending this great benefit, doth exhort the faithfull to giue themſelues wholly into the hands of God, doubting nothing but that vnder his protection they ſhall be ſafe againſt all the aſſaults of their enemies.



3 No though the waues doe rage ſo ſore, that all the banks it ſpils:
and though it ouerflow the ſhore, and beat down mighty hils.
4 For one faire floud doth ſend abroad his pleaſant ſtreames apace:
to freſh the City of our God, and waſh his holy place.

5 In midſt of her the Lord doth dwell, ſhe can no whit decay:
all things againſt her that rebell, the Lord will truly ſlay.
6 The heathen folke the kingdomes feare, the people make a noiſe:
the earth doth melt and not appeare, when God puts forth his voice.

7 The Lord of hoſts doth take our part, to vs he hath an eye:
our hope of health with all our heart on Iacobs God doth lie.
8 Come heare and ſee with mind and thought the working of our God:
what wonders he himſelfe hath wrought in all the world abroad.

9 By him all warres are husht and gone, which countries did conſpire:
their bowes he brake, and ſpeares each one, their charipts burnt with fire
10 Leaue off therefore (ſaith he) and know I am a God moſt ſtout:
among the heathen high and low, and all the earth throughout.

11 The Lord of Hoaſts doth vs defend, he is our ſtrength and towre:
on Iacobs God we doe depend, and on his mighty power.

Omnes gentes. Pſal. xlvii. I. H.

The Prophet exhorteth all people to the worſhip of the true and euerlaſting God, commendeth the mercies of God towards the poſterity of Iacob, and propheſieth of the Kingdome of Chriſt in the time of the Goſpell.

Sing this as the 35. Pſalme.

YE people all with one accord, clap hands and eke reioyce:
be glad and ſing vnto the Lord, with ſweet and pleaſant voice.
2 For high the Lord and dreadfull is, with wonders manifold:
a mighty King he is truly, in all the earth extold.

3 The people ſhall he make to be vnto our bondage thrall:
and vnderneath our feet he ſhall the nations make to fall.
4 For vs the heritage he choſe, which we poſſeſſe alone:
the flouriſhing worſhip of Iacob, his well beloued one.

5 Our God aſcended vp on high, with ioy and pleaſant noiſe:
the Lord goes vp aboue the ſkie, with trumpets royall voyce.
6 Sing praiſes to our God, ſing praiſe, ſing praiſes to our King:
7 For God is King of all the earth, all skilfull praiſes ſing.

8 God on the heathen reignes, and ſits vpon his holy throne:
the Princes of the people haue them ioyned euery one
9 To Abrahams people: for our God which is exalted high,
as with a buckler doth defend the earth continually.

Magnus Dominus. Pſalme xlviii. I. H.

A notable deliuerance of Ieruſalem from the hands of many Kings is mentioned, for the which thanks are giuen to God, and the eſtate of that City is praiſed, for God is preſent at all times ready to defend it. This Pſalme ſeemeth to be made in the time of Achaz, Iosaphat, Aſa, or Ezechias, for in their times chiefly was the City by forraigne Princes aſſaulted,

Sing

Sing this as the 46. Pſalme.

GReat is the Lord, and with great praiſe to be aduanced ſtill:
within the City of our God, vpon his holy hill.
2 Mount Sion is a pleaſant place, it gladdeth all the land:
the City of the mighty King, on her northſide doth ſtand.

3 Within the palaces thereof, God is a refuge knowne:
for lo the Kings are gathered, and together they are gone.
4 But when they did behold it ſo, they wondred and they were
aſtonied much, and ſuddenly were driuen backe with feare.

5 Great terror there on them did fall, for very woe thy cry,
as doth a woman when ſhe ſhall goe trauell by and by:
6 As thou with eaſterne wind the ſhips vpon the Sea doſt breake:
ſo they were ſtor'd, and euen as we heard our fathers ſpeake.

7 So in the City of the Lord, we ſaw as it was told:
yea in the City which our God, for euer will vphold.
8 O Lord, we wait and doe attend on thy good helpe and grace:
for which we doe all times attend within thy holy place.

9 O Lord according to thy Name for euer is thy praiſe:
and thy right hand, O Lord, is full of righteouſneſſe alwaies.
10 Let for thy iudgements Sion Mount fulfilled be with ioies:
and eke of Juda grant, O Lord, the daughters to reioyce.

11 Goe walke about all Sion hill, yea round about her goe:
and tell the towers that thereupon are builded on a row.
12 And marke ye well her bulwarkes all: behold her towers there:
that ye may tell thereof to them that after ſhall be here.

13 For this God is our God, our God for euermore is he:
yea and vnto the death alſo our guider ſhall he be.

Audite hæc omnes. Pſal. xlix. I.H.

The holy Ghoſt calleth all men to conſideration of mans life, ſhewing them not to bee moſt happy that are moſt wealthy, and therefore not to be feared: but contrariwiſe he lifteth vp our minds to conſider how all things are ruled by Gods prouidence: who as he iudgeth theſe worldly maſters to euerlaſting torments, ſo doth he preſerue his, and will reward them in the day of the reſurrection. 1 Theſ. 1.

Sing this as the 25. Pſalme.

ALL people hearken and giue eare to that that I ſhall tell:
2 Both high and low, both rich and poore that in the world doe dwell.
3 For why? my mouth ſhall make diſcourſe of many things right wiſe:
in vnderſtanding ſhall my heart his ſtudy exerciſe.

4 I will incline mine eares to know the parable ſo darke:
and open all my doubtfull ſpeech in meeter on my Harpe.
5 Why ſhould I feare affliction, or any carefull toile:
or elſe my foes which at my heeles are preſt my life to ſpoile?

6 For as for ſuch as riches haue, wherein their truſt is moſt:
and they which of their treaſures great, themſelues doe brag and boaſt.

7 There is not one of them that can his brothers death redeeme:
or that can giue a price to God, ſufficient for him.

8 It is too great a price to pay, none can thereto attaine:
or that he might his life prolong, or not in graue remaine.
9 They ſee wiſe men as well as fooles, ſubiect vnto deaths bands:
and being dead, ſtrangers poſſeſſe their goods, their rents, their lands.

10 Their care is to build houſes faire, and ſo determine ſure,
to make their name right great on earth, for euer to endure.
11 Yet ſhall no man alwayes enioy high honour, wealth, and reſt:
12 But ſhall at length taſte of deaths cup as well as the braut beaſt.

The ſecond part.

13 And though they try their foolish thoughts to be moſt ſtoud and baine:
their children yet approue their talke, and in like ſinne remaine.
14 As ſheep into the fold are brought, ſo ſhall they into graue:
death ſhall them eat, and in that day, the iuſt ſhall Lordſhip haue.

Their image and their royall port ſhall fade and quite decay:
when as from houſe to pit they paſſe, with woe and weale away.
15 But God will ſurely preſerue me from death and endleſſe paine:
becauſe he will of his good grace, my ſoule receiue againe.

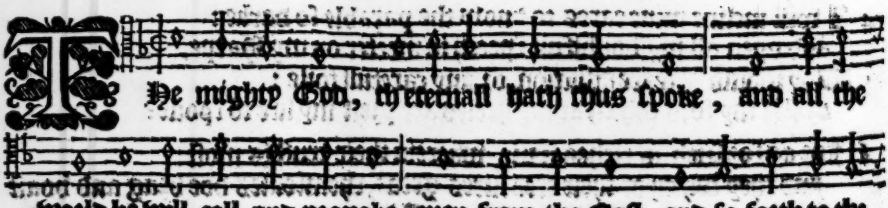
16 If any man wax wondrous rich, feare not I ſay therefore:
although the glory of his houſe increaſeth more and more.
17 For when he dies of all theſe things nothing ſhall be receiue:
his glory will not follow him, his pomp will take her leaue.

18 Yet in this life he takes himſelfe the happieſt vnder Sun:
and others likewiſe flatter him, ſaying all is well done.
19 And preſuppoſe he liue as long, as did his fathers old:
yet muſt he needs at length giue place, and be brought to deaths fold.

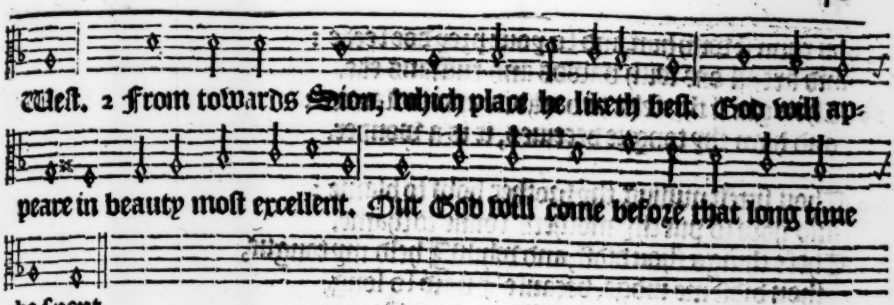
20 Thus man to honour God hath brought, yet doth he not conſider:
but like braut beaſts to doth he liue, which turne to duſt and powder.

Deus Deorum. Pſal. L. W. W.

The prophet doth ſhew, God will call all nations by the Goſpel, and require no other ſacrifices of his people, but confeſſion of his benefites and thankſgiuing, and how he deteſteth all ſuch as ſeeme zealous of ceremonies, and not of the pure Word of God only.



THe mighty God, the eternall hath thus ſpoke, and all the
world he will call and prouoke, euen from the Eaſt, and ſo forth to the
weſt,



Weſt. 2 From towards Sion, which place he liketh beſt. God will ap-

peare in beauty moſt excellent. Our God will come before that long time

be ſpent.

3 Deuouring fire ſhall goe before his face,
a great tempeſt ſhall round about him trace.
4 Then ſhall he call the earth and heauens bright,
to iudge his folke with equitie and right.
5 Saying goe to, and now my Saints aſſemble:
my pact they keep, their gifts doe not diſſemble.

6 The heauens ſhall declare his righteouſneſſe:
for God is Iudge of all things more and leſſe.
7 Heare my people, for I will now reueale:
iſt Iſrael, I will thee nought conceale:
Thy God, thy God am I, and will not blame thee,
8 For giuing not all manner offrings to me.

9 I haue no need to take of thee at all,
Goats of thy fold, or Calf out of thy ſtall.
10 For all the beaſts are mine within the woods:
on thouſand hils cattell are mine owne goods.
11 I know for mine all birds that are on mountaines:
all beaſts are mine, which haunt the fields and fountaines.

12 Hungry if I were, I would not thee it tell:
for all is mine that in the world doth dwell.
13 Eat I the fleſh of great Buls or Bullocks?
or drinke the blood of Goats, and of the flocks?
14 Offer to God praiſe and hearty thankſgiuing:
and pay thy vowes vnto God euer-liuing.

15 Call vpon me, when troubled thou ſhalt be:
then will I help, and thou ſhalt honour me.
16 To the wicked, thus ſaith th'eternall God:
why doſt thou preach my lawes and heſts abroad?
17 Seeing thou haſt them with thy mouth abuſed:
and hat'ſt to be by diſcipline reformed.

My words I ſay, thou doſt reiect and hate.
18 If that thou ſee a theefe, as with thy mate,

Thou runn'ſt with him, and ſo your prey doe ſeeke:
and art all one with bawds and ruffians eke.
19 Thou gin'ſt thy ſelfe to backbite and to ſlander:
and how thy tongue deceiues, it is a wonder.

20 Thou ſitteſt muſing, thy brother how to blame:
and how to put thy mothers ſonne to ſhame.
21 Theſe things thou didſt, and whilſt I held my tongue,
thou didſt me iudge, becauſe I ſtaid ſo long,
Like to thy ſelfe: yet though I kept long ſilence:
once ſhalt thou feele of thy wrongs iuſt recompence.

22 Conſider this, ye that forget the Lord,
and feare not when he threatneth with his word:
Leſt without help I ſpoile you as a prey:
23 But he that thankes offreth praiſeth me aye,
Saith the Lord God, and he that walketh this trace,
I will him teach Gods ſauing health to imbrace.

Another of the ſame by I.H.

THe God of Gods, the Lord, hath call'd the earth by name,
from whence the Sunne doth riſe, vnto the ſetting
of the ſame.
2 From Sion his faire place, his glory bright and cleare:
the perfect beauty of his grace, from thence it did appeare.

3 Our God ſhall come in haſte, to ſpeake he ſhall not doubt:
before him ſhall the fire waſte, and tempeſt round about.
4 The heauens from on high, the earth below likewiſe:
he will call forth to iudge and try, his folke he doth deuiſe.

5 Bring forth my Saints, ſaith he, my faithfull flocke ſo deare:
which are in band and league with me, my law to loue and feare.
6 And when theſe things are tri'd, the heauens ſhall record:
that God is iuſt, and all muſt bide the iudgement of the Lord.

7 My people, O giue heed, Iſrael to thee I cry:
I am thy God, thy helpe at need, thou canſt it not deny.
8 I doe not ſay to thee, thy ſacrifice is ſlacke:
thou offereſt daily vnto me much more than I doe lacke.

9 Thinkſt

9 Think'ſt thou that I doe need thy cattell young or old:
or elſe ſo much delight to feed on Goats out of thy ſold?
10 May all the beaſts are mine, in woods that eat their fils:
and thouſands more of neat and kine, that run wild on the hils.

The ſecond part.

11 The birds that build on high, in hils and out of ſight:
and beaſts that in the fields doe lie, are ſubiect to my might.
12 Then though I hungred ſore, what need I ought of thine?
ſith that the earth with her great ſtore, and all therein is mine?

13 To Buls fleſh haue I mind, to eat it doſt thou thinke?
or ſuch a ſweetneſſe doe I find the blood of Goats to drinke?
14 Giue to the Lord his praiſe, with thankes to him apply:
and ſee thou pay thy vowes alwayes vnto the God moſt high.

15 Then ſeeke and call to me, when ought would worke thee blame:
and I will ſure deliuer thee, that thou maiſt praiſe my Name.
16 But to the wicked traine, which talke of God each day:
and yet their workes are foule and vaine, to them the Lord will ſay.

17 With what face dareſt thou my Lord once ſpeak or name:
why doth thy talke my law allow? thy deeds deny the ſame.
18 Whereas for to amend thy life thou art ſo ſlacke:
my Lord the which thou doſt pretend, is caſt behind thy backe.

The third part.

19 When thou a theefe doſt ſee, by theft to liue in wealth:
with him thou runſt, and doſt agree likewiſe to thriue by ſtealth.
20 When thou doſt them behold, that wiues and maids defile:
thou lik'ſt it well and waxeſt bold, to vſe that life moſt vile.

21 Thy lips thou doſt apply, to ſlander and defame:
thy tongue is taught to craft and lie, and ſtill doſt vſe the ſame.
22 Thou ſtudieſt to reuile thy friends to thee ſo neere:
with ſlander thou wouldſt needs defile thy mothers ſonne moſt deare.

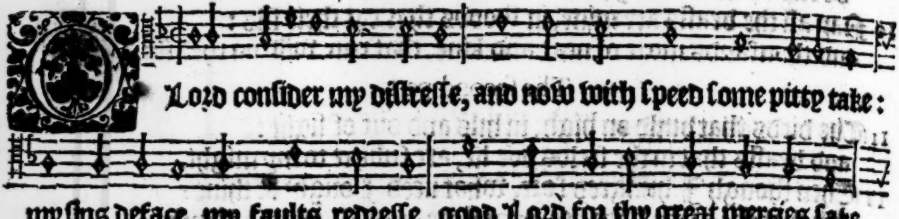
23 Hereat while I doe winke, as though I did not ſee:
thou go'ſt on ſtill, and ſo doſt thinke, that I am like to thee.
24 But ſure I will not let to ſtrike when I begin:
thy faults in order I will ſet, and open all thy ſinne.

25 Marke this I you require, that haue not God in mind:
leſt when I plague you in mine ire, your helpe be farre to finde.
26 He that doth giue to me the ſacrifice of praiſe,
doth pleaſe me well: and he ſhall ſee to walke in godly wayes.

Miſerere mei Deus. Pſal. Li. W. W.

When Dauid was rebuked by the Prophet Nathan for his great offences, he did not only acknowledge the ſame to God, with proteſtation of his naturall corruption and iniquity, but alſo left a memoriall thereof to his poſterity. Therefore, firſt he deſireth God to forgiue his ſins, and to renew in him his holy Spirit, with

with promiſe that he will not be vnmindfull of thoſe great graces. Finally, fearing leſt God ſhould punish the whole Church for his fault, he requireth that he would rather increaſe his graces towards the ſame.



O Lord conſider my diſtreſſe, and now with ſpeed ſome pitty take:
my ſins deface, my faults redreſſe, good Lord for thy great mercies ſake.

2 Waſh me, O Lord, and make me cleane, from this vnmuſt and ſinfull act:
and purifie yet once againe, my hainous crime and bloody fact.

3 Remorſe and ſorrow doe conſtraine me to acknowledge mine exceſſe:
my ſin alas doth ſtill remaine before my face without releaſe.
4 For thee alone I haue offended, committing euill in thy ſight:
and if I were therefore condemned, yet were thy iudgements iuſt and right.

5 It is too manifeſt alas, that firſt I was conceiu'd in ſinne:
yea of my mother ſo borne was, and yet vile wretch remaine therein.
6 Alſo behold Lord thou doſt loue, the inward truth of a pure heart:
therefore thy wiſdome from aboue, thou haſt reueal'd me to conuert.

7 If thou with hyſope purge this blot, I ſhall be cleaner than the glaſſe:
and if thou waſh away my ſpot, the ſnow in whiteneſſe ſhall I paſſe.
8 Therefore, O Lord, ſuch ioy me ſend, that inwardly I may finde grace:
& that my ſtrength may now amend, which thou haſt ſwag'd for my treſpaſſe.

9 Turn back thy face and frowning ire, for I haue felt enough thy hand:
and purge my ſins I thee deſire, which doe in number paſſe the ſand.
10 Make new my heart within my breſt, and frame it to thy holy will:
thy conſtant ſpirit in me let reſt, which may theſe raging enemies kill.

The ſecond part.

11 Caſt me not Lord out from thy face, but ſpeedily my torments end:
take not from me thy ſpirit of grace, which may from dangers me defend.
12 Reſtore me to thoſe ioyes againe, which I was wont in thee to find:
and let me thy free ſpirit retaine, which vnto thee may ſtire my mind.

13 Thus when I ſhall thy mercies know, I ſhall inſtruct others therein:
and men that are likewiſe brought low, by mine example ſhall flie ſin.
14 O God that of my health art Lord, forgiue me this my bloody vice:
my heart and tongue ſhall then accord to ſing thy mercies and iuſtice.

15 O Lord

15 Touch thou my lips, my tongue vntie, O Lord, which art the only key:
and then my mouth shall testifie thy wondrous works and praise alway.
16 And as for outward sacrifice, I would haue offered many a one:
but thou esteem'st them of no price, and therein pleasure tak'st thou none.

17 The heauy heart, the mind opprest, O Lord, thou neuer dost reiect:
and to speake truth, it is the best, and of all sacrifice the effect.
18 Lord vnto Sion turne thy face, powre out thy mercies on thy hill:
and on Ierusalem thy grace, build vp the wals and loue it still.

19 Thou shalt accept then our offrings of peace and righteousnesse I say:
yea calues and many other things, vpon thine altar will we lay.

Another of the same by L. H.

Sing this as the Lamentation.

HAue mercy on me Lord after thy great abounding grace:
after thy mercies multitude doe thou my sinnes deface.
2 Yea, wash me more from mine offence, and cleanse me from my sinne:
for I doe know my faults, and still my sinne is in mine eyne.

3 Against thee, thee alone I haue offended in this case:
and euill haue I done before the presence of thy face.
4 That in the things that thou hast done, vpright thou maist be tri'd;
and eke in iudging that the doome may passe vpon thy side.

5 Behold in wickednesse my kind and shape I did receiue:
and lo my sinfull mother eke in sin did me conceiue.
6 But lo the truth in inward parts is pleasant vnto thee:
and secrets of thy wisdome thou reuealed hast to me.

7 With hysope Lord besprinkle me, I shall be cleansed so:
yea wash thou me, and so I shall be whiter than the snow.
8 Of ioy and gladnesse make thou me to heare the pleasant voyce:
that so the bruised bones which thou hast broken may reioyce.

9 From the beholding of my sinnes, Lord turne away thy face:
and all my deeds of wickednesse doe vtterly deface.
10 O God create in me a heart vnspotted in thy sight:
and eke within my bowels Lord renew a stable spirit.

11 Ne cast me from thy sight, nor take thy holy Spirit away:
the comfort of thy sauing health giue me againe I pray.
12 With thy free spirit establish me, and I will teach therefore
sinners thy waies, and wicked shall be turned to thy lore.

The second part.

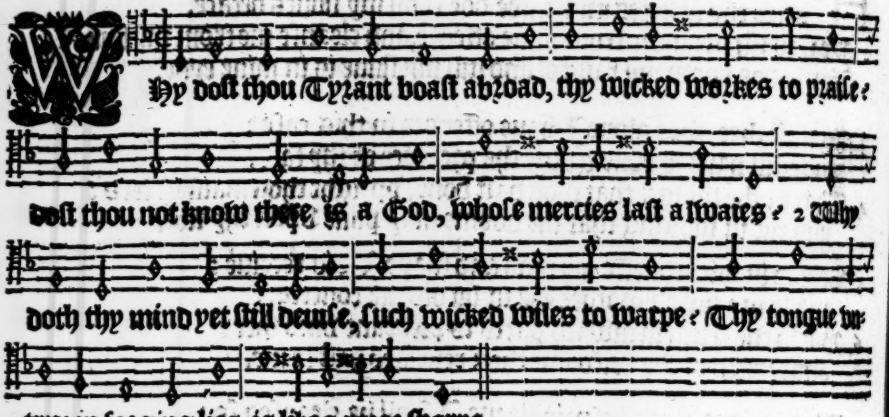
13 O God that art God of my health, from blood deliuer me:
that praises of thy righteousnesse my tongue may sing to thee.
14 My lips that yet fast closed be, doe thou O Lord vnclose:
the praises of thy Maiesty my mouth shall so disclose.

15 I would haue offered sacrifice if that had pleased thee:
but pleased with burnt offerings, I know thou wilt not be.
16 A troubled spirit is sacrifice delightfull in Gods eyes:
a broken and an humble heart God thou wilt not despise.

17 In thy good will deale gently Lord, to Sion, and withall,
grant that of thy Jerusalem vp-reared may be the wall.
18 Burnt offerings, gifts and sacrifice of iustice in that day
thou shalt accept, and calues they shall vpon thine altar lay.

Quid gloriaris? Psal. Lii. I. H.

Dauid describeth the arrogant tyranny of his aduersary Doeg, Sauls chief shepheard, who by false surmises caused Abimelech with the rest of the Priests to be slaine. Dauid prophesieth his destruction, and encourageth the faithfull to put their confidence in God, whose iudgements are most sharpe against his aduersaries. And finally, he rendreth thanks to God for his deliuerance. In this Psalme is liuely set forth the kingdome of Antichrist.



3 On mischiefe why setst thou thy minde, and wilt not walke vpright:
thou hast more lust false tales to finde, than bring the truth to light.
4 Thou dost delight in fraud and guile, in mischiefe, blood and wrong:
thy lips haue learn'd the flattering stile, O false deceitfull tongue.

5 Therefore shall God for aye confound, and pluck thee from thy place:
thy seed root out from off the ground, and so shall thee deface.
6 The iust when they behold thy fall, with feare will praise the Lord:
and in reproach of thee withall, cry out with one accord:

7 Behold the man that would not take the Lord for his defence:
but of his goods his God did make, and trust his corrupt sence.
8 But I as Oliue fresh and greene, shall spring and spread abroad:
for why? my trust all times hath beene vpon the liuing God.

9 For this therefore will I giue praise, to thee with heart and voyce:
I will set forth thy Name alwaies, wherein thy Saints reioyce.

Dixi

Dixit inſipiens. Pſal. Liii. T.S.

The Prophet deſcribeth the crooked nature, cruelty, and puniſhment of the wicked, when they looked not for it, and deſireth the deliuerance of the godly, that they may reioyce together.

Sing this as the 46. Pſalme.

The fooliſh man in that which he within his heart hath ſaid:
that there is any God at all, hath vtterly denaid.
2 They are corrupt and they alſo a heinous worke haue wrought:
among them all there is not one of good that worketh ought.

3 The Lord look'd downe on ſonnes of men from heauen all abroad:
to ſee if any were that would be wiſe and ſeeke for God.
4 They are all gone out of the way, they are corrupted all:
there is not one doth any good, there is not one at all.

5 Doe not all wicked workers know, that they doe feed vpon
my people, as they feed on bread? the Lord they call not on.
6 Euen there they were afraid, and ſtood with trembling all diſmaid:
whereas there was no cauſe at all, why they ſhould be afraid.

7 For God his bones that thee beſieg'd, hath ſcattered all abroad:
thou haſt confounded them, for they reiected are of God.
8 O Lord, giue thou thy people health, and thou, O Lord, fulfill
thy promiſe made to Iſrael, from out of Sion hill.

9 When God his people ſhall reſtore, that erſt were captiue lad:
then Iacob ſhall therein reioyce, and Iſrael ſhall be glad.

Deus in nomine. Pſal. Liv. I. H.

Dauid brought into great danger by reaſon of the Ziphims, calleth vpon the name of God to deſtroy his enimies, promiſing ſacrifice and free offerings for ſo great deliuerance.

Sing this as the 46. Pſalme.

God ſaue me for thy holy Name, and for thy goodneſſe ſake:
vnto the ſtrength (Lord) of the ſame, I doe my cauſe betake.
2 Regard, O Lord, and giue an eare to me when I doe pray:
bow downe thy eeke to me, and heare the words that I doe ſay.

3 For ſtrangers vp againſt me riſe, and tyrants vex me ſtill:
which haue not God before their eyes, they ſeeke my ſoule to ſpill.
4 But lo, my God doth giue me aid, the Lord is ſtraight at hand:
with them by whom my ſoule is ſtaid, the Lord doth euer ſtand.

5 With plagues repay againe all thoſe, for me that lye in wait:
and in thy truth deſtroy my foes, with their owne ſnare and bait.
6 An offring of free heart and will, then I to thee ſhall make:
and praiſe thy Name, for therein ſtill great comfort I doe take.

7 O Lord at length doe ſet me free from them that craft conſpire:
and now mine eye with ioy doth ſee on them my hearts deſire.

Exaudi Deus. Pſalme Lv. I. H.

Dauid being in great heauineſſe and diſtreſſe, complaineth of the cruelty of Saul, and of the falſhood of his

his familiar acquaintance, vttering moſt ardent affections to moue the Lord to pitty him. After being aſſured of deliuerance, he ſetteth forth the grace of God, as though he had already obtained his requeſt.

Sing this as the 35. Pſalme.

O God giue eare and doe apply, to heare me when I pray:
and when to thee I call and cry, hide not thy ſelfe away.
2 Take heed to me, grant my requeſt, and anſwer me againe:
with plaints I pray full ſore oppreſt, great griefe doth me conſtraine.

3 Becauſe my foes with threats and cries, oppreſſe me through deſpight:
and ſo the wicked ſort likewiſe to vex me haue delight.
4 For they in councell doe conſpire, to charge me with ſome ill:
ſo in their haſty wrath and ire they doe purſue me ſtill.

5 My heart doth faint for want of breath, it panteth in my breſt:
the terrours and the dread of death, doe worke me much vnreſt.
6 Such dreadfull feare on me doth fall, that I therewith doe quake:
ſuch horrour whelmeth me withall, that I no ſhift can make.

7 But I did ſay, who will giue me the ſwift and pleaſant wings
of ſome faire Doue, that I may flee and reſt me from theſe things.
8 Lo then I would goe farre away, to flee I would not ceaſe:
and I would hide my ſelfe, and ſtay in ſome great wilderneſſe.

9 I would be gone in all the haſte, and not abide behind:
that I were quit and ouer-paſt theſe blaſts of boiſterous wind.
10 Diuide them Lord, and from them pull, their diueliſh double tongue:
for I haue ſpi'd their City full of rapine, ſtrife, and wrong.

11 Which things both night and day throughout doe cloſe her as a wall:
in midſt of her is miſchiefe ſtout, and ſorrow eke withall.
12 Her inward parts are wicked plaine, her deeds are much too vile:
and in her ſtreets there doth remaine all crafty fraud and guile.

The ſecond part.

13 If that my foes did ſeeke my ſhame, I might it well abide:
from open enemies checke and blame, ſome where I could me hide.
14 But thou that waſt my fellow deare, which friendſhip didſt pretend:
and didſt my ſecret counſell heare, as my familiar friend.

15 With whom I had delight to talke, in ſecret and abroad:
and we together oft did walke within the houſe of God.
16 Let death in haſte vpon them fall, and ſend them quicke to hell:
for miſchiefe reigneth in the hall, and parlour where they dwell.

17 But I vnto my God will cry, to him for helpe I flee:
the Lord will helpe me by and by, and he will ſuccour me.
18 At morning, noone, and euening tide, vnto the Lord I pray:
when I ſo inſtantly haue cri'd, he doth not ſay me nay.

19 To peace he ſhall reſtore me yet, though warre be now at hand:
although the number be full great, that would againſt me ſtand.

20 The Lord that firſt and laſt doth reigne, both now and euermore:
will heare when I to him complaine, and puniſh them full ſore.

21 For ſure there is no hope that they to turne will once accord:
for why? they will not God obey, nor yet doe feare the Lord.
22 Upon their friends they laid their hands, which were in couenant knit:
of friendſhip to neglect the bands, they paſſe or care no whit.

23 While they haue warre within their hearts, as butter are their words:
although their words were ſmooth as oyle, they cut as ſharp as ſwords.
24 Caſt thou thy care vpon the Lord, and he ſhall nouriſh thee:
for in no wiſe will he accord, the iuſt in thrall to ſee.

25 But God ſhall caſt them deep in pit, that thirſt for blood alwayes:
he will no guilefull man permit, to liue out halfe his dayes.
26 Though ſuch be quite deſtroi'd and gone, in thee, O Lord, I truſt:
I ſhall depend thy grace vpon, with all my heart and luſt.

Miſerere mei. Pſal. Lvi. T. S.

Dauid brought to Achis King of Gath, 1 Sam. 21. 10. complaineth of his enemies, demanding ſuccour putteth his truſt in God and in his promiſes, and promiſeth to performe the vowes which he had taken vpon him, whereof this was the effect, to praiſe God in his Church.

Sing this as the Lamentation.

HAue mercy Lord on me, I pray, for man would me deuoure:
he fighteth with me day by day, and troubleth me each houre.
2 Mine enemies daily enterpriſe to ſwallow me outright:
to fight againſt me many riſe, O thou moſt high of might.

3 When they would make me moſt afraid with boaſts and brags of pride:
I truſt in thee alone for aid, by thee I will abide.
4 Gods promiſe I doe mind and praiſe, O Lord, I ſtick to thee:
I doe not care at all aſſaies, what fleſh can doe to me.

5 What things I either did or ſpake, they wreſt them at their will:
and all the counſell that they take, is how to worke me ill.
6 They all conſent themſelues to hide, cloſe watch for me to lay:
they ſpie my paths, and ſnares haue trí'd, to take my life away.

7 Shall they thus ſcape on miſchiefe ſet? thou God on them wilt frowne:
for in his wrath he doth not let to throw whole kingdomes downe.
8 Thou ſeeſt how oft they made me flee, and on my teares doſt looke:
reſerue them in a glaſſe by thee, and write them in thy booke.

9 When I doe call vpon thy Name, my foes away doe ſtart:
I well perceiue it by the ſame that God doth take my part.
10 I glory in the Word of God, to praiſe it I accord:
with ioy I will declare abroad the promiſe of the Lord.
11 I truſt in God, and yet I ſay, as I before began:
the Lord he is my helpe and ſtay, I doe not care for man.
12 I will performe with heart ſo free, to God my vowes alwaies:
and I, O Lord, all times to thee, will offer thankes and praiſe.

13 MY ſoule from death thou doſt defend, and keep'ſt my feet vpright:
that I before thee may aſcend, with ſuch as liue in light.

Miſerere mei. Pſalme Lvii. I. H.

Dauid being in the deſart of Ziph, where the inhabitants did betray him, and at length in the ſame caue with Saul, calleth moſt earneſtly vnto God, with full confidence, that he will performe his promiſe, and take his cauſe in hand: alſo that he will ſhew his glory in the heauens and earth againſt his cruell enemies, therefore doth he render laud and praiſe.

Sing this as the 44. Pſalme.

TAke pitty for thy promiſe ſake, haue mercy, Lord, on me:
for why? my ſoule doth her betake vnto the helpe of thee.
2 Within the ſhadow of thy wings, I ſet my ſelfe full faſt:
till miſchiefe, malice, and like things be gone and ouer-paſt.
3 I call vpon the God moſt high, to whom I ſticke and ſtand:
I meane the God that will ſtand by the cauſe I haue in hand.
4 From heauen he hath ſent his aid, to ſaue me from their ſpight:
that to deuoure me haue aſſai'd, his mercy, truth, and might.
5 I lead my life with Lyons fell, all ſet on wrath and ire:
and with ſuch wicked men I dwell, that fret like flames of fire.
6 Their teeth are ſpeares and arrowes long, as ſharp as I haue ſeene:
they wound and cut with their quick tongue like ſwords & weapons keen.
7 Set vp and ſhew thy ſelfe, O God, aboue the heauens bright:
exalt thy praiſe on earth abroad, thy maieſty and might.
8 They lay their net, and doe prepare a priuy caue and pit:
wherein they thinke my ſoule to ſnare, but they are faine in it.
9 My heart is ſet to laud the Lord, in him to ioy alwaies:
my heart I ſay doth well accord, to ſing his laud and praiſe.
10 Awake my ioy, awake I ſay, my Lute, my Harpe and ſtring:
for I my ſelfe before the day will riſe, reioyce and ſing.
11 Among the people I will tell the goodneſſe of my God:
and ſhew his praiſe that doth excell in heathen landsabroad.
12 His mercy doth extend as farre, as heauens all are high:
his truth as high as any ſtarre, that ſhineth in the ſkie.
13 Set forth and ſhew thy ſelfe, O God, aboue the heauens bright:
extoll thy praiſe on earth abroad, thy maieſty and might.

Si verè vtique. Pſal. Lviii. I.H.

He deſcribeth the malice of his enemies, the flatterers of Saul, who both ſecretly and openly ſought his deſtruction, from whom he appealeth to Gods iudgement, ſhewing that the iuſt ſhall reioyce when they ſee the puniſhment of the wicked to Gods glory.

Sing this as the 48. Pſalme.

YE Rulers that are put in truſt, to iudge of wrong and right:
be all your iudgements true and iuſt, not knowing meed or might?
2 Nay, in your hearts ye marke and muſe in miſchiefe to conſent:
and where you ſhould true iuſtice vſe, your hands to bribes are bent.
3 The wicked ſort from their birth day, haue erred on this wiſe:
and from their mothers Wombe alway, haue vſed craft and lies.

4 In them the poyſon and the breath of Serpents doe appeare:
yea like the Adder that is deafe, and faſt doth ſtop her eare.

5 Becauſe ſhe will not heare the voyce of one that charmeth well:
no though he were the chiefe of choiſe, and did therein excell.
6 O God breake thou their teeth at once within their mouthes throughout:
the tuſkes that in their great iaw-bones, like Lyons whelps hang out.

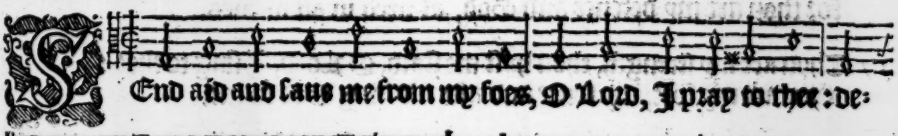
7 Let them conſume away and waſte, as water runs forth right:
the ſhafts that they doe ſhoot in haſte, let them be broke in flight.
8 As ſnailes doe waſte within the ſhell, and into ſlime doe run:
as one before his time that fell, and neuer ſaw the Sun.

9 Before the thornes that now are young to buſhes big ſhall grow:
the ſtormes of anger waxing ſtrong, ſhall take them ere they know.
10 The iuſt ſhall ioy, it doth them good, that God doth vengeance take:
and they ſhall waſh their feet in blood of them that him forſake.

11 Then ſhall the world ſhew forth and tell, that good men haue reward:
and that a God on earth doth dwell, that iuſtice doth regard.

Eripe me. Pſal. Lix. I. H.

Dauid being in great danger of Saul, who ſent to ſlay him in his bed, prayeth vnto God, declareth his innocencie and their fury, deſiring God to deſtroy all thoſe that ſeeke of malitious wickednesse: whom though hee keepe aliue for a time to exerciſe his people, yet in the end he will conſume them in his wrath, that he may be knowen to be the God of Jacob, to the worlds end: for this he ſingeth praiſes to God aſſured of his mercies.



3 For loe thy wait my ſoule to take, they rage againſt me ſtill:
yea for no fault that I did make, I neuer did them ill.
4 They run and doe themſelues prepare, when I no whit offend:
ariſe and ſaue me from their ſnare, and ſee what they intend.

5 O Lord of hoſts of Iſrael, ariſe and ſtrike all lands:
and pitty none that doe rebell, and in their miſchiefe ſtands.

6 At night they ſtirre and ſeeke about, as hounds they howle and grin:
and all the City cleane throughout, from place to place they run.

7 They ſpeake of me with mouth alway, but in their lips were ſwords:
they greed my death, and then would ſay, what none doth heare our words.
8 But Lord thou haſt their wayes eſpi'd, and laught thereat apace:
the heathen folke thou doſt deride, and mocke them to their face.

9 The ſtrength that doth our foes withſtand, O Lord, doth come from thee:
my God he is, my helpe at hand, a fort of fence to me.
10 The Lord to me doth ſhew his grace, in great abundance ſtill:
that I may ſee my foes in caſe, ſuch as my heart doth will.

The ſecond part.

11 Deſtroy them not at once, O Lord, leſt it from mind doe fall:
but with thy ſtrength driue them abroad, and ſo conſume them all.
12 For their ill words and truthleſſe tongue conſume them in their pride:
their wicked oathes with lies and wrong, let all the world deride.

13 Conſume them in thy wrath, O Lord, that nought of them remaine:
that men may know throughout the world, that Jacobs God doth raigne.
14 At euening they run apace, as dogs they grin and cry:
throughout the ſtreets in euery place, they run about and ſpie.

15 They ſeeke about for meat I ſay, but let them not be fed:
nor find a houſe wherein they may be bold to put their head.
16 But I will ſhew thy ſtrength abroad, thy goodneſſe I will praiſe:
for thou art my defence and God, at need in all aſſaies.

17 Thou art my ſtrength, thou haſt me ſtaid, O Lord, I ſing to thee:
thou art my fort, my fence and aid, a louing God to me.

Deus repuliſti. Pſal. Lx. I. H.

Dauid being now King ouer Juda, and hauing had many victories, ſheweth by euident ſignes, that God elected him King, aſſuring the people that God will proſper them, if they approue the ſame. After he praieth vnto God, to finiſh that he had begun.

Sing this as the 46. Pſalme.

O Lord thou didſt vs cleane forſake, and ſcatteredſt vs abroad:
ſuch great diſpleaſure thou didſt take, returne to vs, O God.
2 Thy might did moue the earth ſo ſore, that it in ſunder brake:
the hurt thereof, O Lord reſtore, for it doth bow and quake.

3 With heauy chance thou plagueſt thus, the people that are thine:
and thou haſt guen unto vs a drinke of deadly wine.
4 But yet to ſuch as feare thy Name, a banner thou didſt ſhew:
that they may triumph in the ſame, becauſe thy Word is true.

5 So that thy might may keepe and ſaue thy folke that fauour thee:
that they thy helpe at hand may haue, O Lord, grant this to me.
6 The Lord did ſpeake from his owne place, this was his ioyfull tale:
I will diuide Sichem by pace, and mete out Succoths vale.

7 Gilead

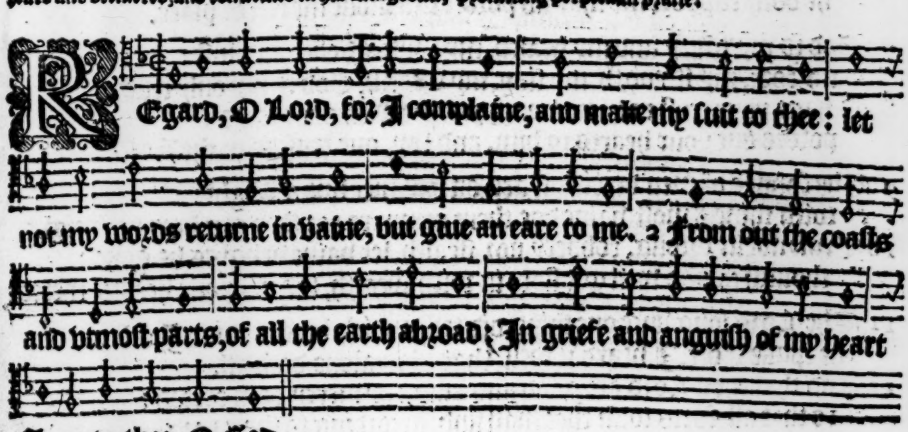
7 Gilead is giuen to mine hand, Manaſſes mine beſide:
Ephraim the ſtrength of all my land, my Law doth Iuda guide.
8 In Moab I will waſh my feet, ouer Edom throw my ſhoe:
and thou Paleſtine ought'ſt to ſeeke, for fauour me vnto.

9 But who will bring me at this tide vnto the City ſtrong:
or who to Edom will me guide, ſo that I goe not wrong?
10 Wilt thou not God, which didſt forſake thy folke, their land and coaſts?
our wars in hand thou wouldſt not take, nor walke among our hoaſts.

11 Giue aid, O Lord, and vs relieue, from them that vs diſdaine:
the help that hoſts of men can giue, it is but all in vaine.
12 But through our God we ſhall haue might to take great things in hand:
he will tread down and put to flight, all thoſe that vs withſtand.

Exaudi Deus. Pſalme Lxi. I. H.

Whether that he were in danger of the Ammonites, or being putted of Abſolon, here hee cryeth to bee heard and deliuered, and confirmed in his Kingdome, promiſing perpetuall praiſe.



3 Vpon the rocke of thy great power, my wofull mind repoſe:
thou art my hope, my fort, and tower, my fence againſt my foes.
4 Within thy tent I luſt to dwell, for euer to endure:
vnder thy wings I know right well, I ſhall be ſafe and ſure.

5 The Lord doth my deſire regard, and doth fulfill the ſame:
with goodly gifts will he reward all thoſe that feare his Name.
6 The King ſhall he in health maintaine, and ſo prolong his dayes:
that he from age to age ſhall raigne, in royall ſtate alwayes.

7 That he may haue a dwelling place, before the Lord for aye:
O let thy mercy, truth and grace defend him from decay.
8 Then ſhall I ſing for euer ſtill, with praiſe vnto thy Name:
that all my vowes I may fulfill, and daily pay the ſame.

Nonne Deo ſubiecta. Pſal. Lxii. L.H.

Dauid declareth by his example, and by the nature of God, that he muſt truſt in God alone, and thereto exhorteth all people, ſeeing that all is vanity, and without God all goeth to nought: and we are allwayes taught that God only is of power to ſaue, and that he rewarded man according to his workes.

Sing this as the 61. Pſalme.

My ſoule to God ſhall giue good heed, and him alone attend:
for why? my health and hope to ſpeed, doth whole on him depend.
2 For he alone is my defence, my rocke, my health, and aid:
he is my ſtay, that no pretence ſhall make me much diſmaid.

3 O wicked folke how long will ye vſe craft? ſure ye muſt fall:
for as a rotten hedge ye be, and like a tottering wall.
4 Whom God doth loue ye ſeek allwayes to put him to the worſe:
ye loue to lie, with mouth ye praiſe, and yet your heart doth curſe.

5 Yet ſtill my ſoule doth whole depend on God my chiefe deſire:
from all falſe feats me to defend, none but him I require.
6 He is my rock, my fort and tower, my health is of his grace:
he doth ſupport me that no power can moue me out of place.

7 God is my glory and my health, my ſoules deſire and luſt:
my fort, my ſtrength, my ſtay, my wealth, God is my only truſt.
8 O haue your truſt in him allway, ye folke with one accord:
powre out your hearts to him, and ſay, our truſt is in the Lord.

9 The ſonnes of men deceitfull are, on ballance but a ſleight:
with things moſt vaine doe them compare, for they can keep no weight.
10 Truſt not in wrong, robbery nor ſtealth, let vaine delights be gone:
though goods well got flow in with wealth, ſet not your hearts thereon.

11 The Lord long ſince one thing did tell, which here to mind I call:
he ſpake it oft, I heard it well, that God alone doth all.
12 And that thou Lord art good and kind, thy mercy doth exceed:
ſo that all ſorts with thee ſhall find, according to their deed.

Deus, Deus meus. Pſal. Lxiii. T.S.

Dauid after he had been in great danger by Saul in the deſart of Ziph made this Pſalme, wherein he giueth thanks to God for his wonderfull deliuerance, in whoſe mercies he truſted euen in the midſt of his miſeries, prophe'ſying the deſtruction of Gods enemies, and contrariwiſe happineſſe to all them that truſt in the Lord, 1 Sam. 3.

Sing this as the 44. Pſalme.

O God my God, I watch betime, to come to thee in haſte:
for why? my ſoule and body both doe thirſt of thee to taſte.
And in this barren wilderneſſe, where waters there are none:
my fleſh is parch'd for thought of thee, for thee I wiſh alone.

2 That I might ſee yet once againe, thy glory, ſtrength and might:
as I was wont it to behold, within thy Temple bright.
3 For why? thy mercies farre ſurmount this life and wretched dayes:
my lips therefore ſhall giue to thee, due honour, laud and praiſe.

4 And

4 And whilſt I liue I will not faile to worſhip thee alway:
and in thy Name I ſhall lift vp my hands when I doe pray.
5 My ſoule is fill'd as with marrow, which is both fat and ſweet:
my mouth therefore ſhall ſing ſuch ſongs, as are for thee moſt meet.

6 When as in bed I thinke on thee, and eke all the night tide:
7 For vnder couert of thy wings, thou art my ioyfull guide.
8 My ſoule doth ſurely ſticke to thee, thy right hand is my power:
9 And thoſe that ſeeke my ſoule to ſtroy, them death ſhall ſoone deuoure.

10 The ſword ſhall them deuour each one, their carcaſſes ſhall feed
the hungry foxes, which doe run, their prey to ſeeke at need.
11 The King and all men ſhall reioyce, that doe profeſſe Gods word:
for lyers mouthes ſhall then be ſtopt, which haue the truth diſturb'd.

Exaudi Deus vocem meam. Pſal. Lxiv. I. H.

Dauid praieth againſt the fury and falſe reports of his enemies: he declareth their puniſhment and deſtruction, to the comfort of the iuſt, and the glory of God.

Sing this as the 30. Pſalme.

O Lord vnto my voyce giue eare, with plaint when I doe pray:
and rid my life and ſoule from feare of foes that threat to ſlay.
2 Defend me from that ſort of men, that in deceit doe lurke:
and from the frowning face of them that all ill feats doe worke.

3 Who whet their tongues as we haue ſeen men whet and ſharp their ſwords:
and ſhoot abroad their arrowes keen, I meane moſt bitter words.
4 With priuy ſleights ſhoot they their ſhafts, the vpright man to hit:
the iuſt vnwares to ſtrike by craft, they care or feare no whit.

5 A wicked worke they haue decreed, in councell thus they cry:
to vſe deceit let vs not dread, what? who can it eſpie?
6 What way to hurt they talke and muſe, all times within their heart:
they all conſult what feats to vſe, each doth inuent his part.

7 But yet all this ſhall not preuaile, when they think leaſt vpon:
God with his dart ſhall ſure aſſaile, and wound them euery one.
8 Their crafts and their ill tongues withall ſhall work themſelues ſuch blame:
that they which then behold their fall, ſhall wonder at the ſame.

9 Then all that ſee ſhall know right well, that God the thing hath wrought:
and praiſe his mighty workes, and tell what he to paſſe hath brought.
10 Yet ſhall the iuſt in God reioyce, ſtill truſting in his might:
ſo ſhall they ioy with mind and voyce, whoſe hearts are pure and right.

Te decet hymnus. Pſal. Lxv. I. H.

A Prayer and thankſgiuing vnto God by the faithfull, who are ſignified by Sion and Ieruſalem, for the chuſing, preſeruation, and gouernance of them, and for the plentifull bleſſings powred forth vpon all the earth.

Sing this as the 30. Pſalme.

Thy praiſe alone, O Lord, doth raigne, in Sion thine owne hill:
their vowes to thee they doe maintaine, and their beheſts fulfill.

2 For that thou doſt their prayers heare, and doſt thereto agree:
the people all both farre and neere with truſt ſhall come to thee.

3 Our wicked life ſo farre excedes, that we ſhall fall therein:
but Lord forgiue our great miſdeeds, and purge vs from our ſinne.

4 The man is bleſt whom thou doſt chuſe within thy Courts to dwell:
thy houſe and Temple he ſhall vſe, with pleaſures that excell.

5 Of thy great iuſtice heare vs God, our health of thee doth riſe:
the hope of all the earth abroad, and the ſea coaſts likewiſe.

6 With ſtrength thou art beſet about, and compaſt with thy power:
thou mak'ſt the mountaines ſtrong and ſtout, to ſtand in euery ſhower.

7 The ſwelling ſeas thou doſt aſſwage, and make their ſtreames full ſtill:
thou doſt reſtraine the peoples rage, and rule them at thy will.

8 The folke that dwell full farre on earth, ſhall dread thy ſignes to ſee:
which morne and euen in great mirth, doe paſſe with praiſe to thee.

9 When that the earth is chapt and dry, and thirſteth more and more:
then with thy drops thou doſt apply, and much increaſe her ſtore.

10 The cloud of God doth ouerflow, and ſo doth cauſe to ſpring,
the ſeed and corne which men doe ſow, for he doth guide the thing.

11 With wet thou doſt her furrowes fill, wher by her clods doe fall:
thy drops on her thou doſt diſtill, and bleſſe her fruit withall.

12 Thou deck'ſt the earth of thy good grace, with faire and pleaſant crop:
thy clouds diſtill their deaw apace, great plenty they doe drop.

13 Whereby the deſart ſhall begin, full great increaſe to bring:
the little hils ſhall ioy therein, much fruit in them ſhall ſpring.

14 In places plaine the flocke ſhall feed, and couer all the earth:
the vales with corn ſhall ſo exceed, that men ſhall ſing for mirth.

Iubilate Deo omnes. Pſal. Lxvi. I.H.

He prouoketh all men to praiſe the Lord, and to conſider his workes. He ſetteth forth the power of God to affray the rebels, and ſheweth how God had deliuered Iſrael from great bondage and afflictions, & promiſeth to giue ſacrifice, and prouoketh all men to heare what God hath done for them and to praiſe his Name.

Sing this as the 48. Pſalme.

YE men on earth in God reioyce, with praiſe ſet forth his Name:
extoll his might with heart and voyce, giue glory to the ſame.

2 How wonderfull, O Lord, ſay ye, in all thy works thou art:
thy foes for feare ſhall ſeeke to thee, full ſore againſt their heart.

3 All men that dwell the earth throughout, ſhall praiſe the Name of God:
the laud thereof the world about, is ſhewed and ſet abroad.

4 All folke come forth, behold and ſee, what things the Lord hath wrought:
marke well the wondrous works that he for man to paſſe hath brought.

5 He laid the ſea like heaps on high, therein a way they had:
on foot to paſſe both faire and dry, whereof their hearts were glad.

6 His might doth rule the world alway, his eyes all things behold:
all ſuch as would him diſobey, by him ſhall be controld.

7 Ye people giue vnto our God, due laud and thankes alwayes:
with ioyfull voyce declare abroad, and ſing vnto his prayſe.
8 Which doth endue our ſoule with life, and it preſerue withall:
he ſtayes our feet, ſo that no ſtrife can make vs ſlip or fall.

9 The Lord doth proue our deeds with fire, if that they will abide:
as workmen doe when they deſire to haue their metals tri'd.
10 Although thou ſuffer vs ſo long in priſon to be caſt:
and there with chaines and fetters ſtrong to lye in bondage faſt.

The ſecond part.

11 Although (I ſay) thou ſuffer men on vs to ride and raigne:
though we through fire and water run of very griefe and paine.
12 Yet ſure thou doſt of thy good grace diſpoſe it to the beſt:
and bring vs out into a place, to liue in wealth and reſt.

13 Vnto thy houſe reſort will I to offer and to pray:
and there I will my ſelfe apply, my vowes to thee to pay.
14 The vowes that with my mouth I ſpake, in all my griefe and ſmart:
the vowes (I ſay) which I did make, in dolour of my heart.

15 Burnt offerings I will giue to thee, of Oxen fat and Rams:
yea this my ſacrifice ſhall be of Bullocks, Goats and Lambes.
16 Come forth and hearken here full ſoone, all ye that feare the Lord:
what he for my poore ſoule hath done, to you I will record.

17 Full oft I call to mind his grace, this mouth to him doth cry:
and thou my tongue make ſpeed apace, to praiſe him by and by.
18 But if I feele my heart within, in wicked workes reioyce:
or if I haue delight to ſinne, God will not heare my voyce.

19 But ſurely God my voyce hath heard, and what I doe require:
my prayer he doth well regard, and granteth my deſire.
20 All praiſe to him that hath not put, nor caſt me out of mind:
nor yet his mercy from me ſhut, which I doe euer find.

Deus miſereatur noſtri. Pſalme Lxvii. I. H.

A ſweet Prayer for all the faithfull, to obtaine the fauour of God, and to be enlightned with his countenance, to the end that his way and iudgements may bee knowne throughout the earth. A reioycing that God is the Gouernour ouer all Nations.

Sing this as the 25. Pſalme.

HAue mercy on vs Lord, and grant to vs thy grace:
to ſhew to vs doe thou accord the brightneſſe of thy face.
2 That all the earth may know the way to godly wealth:
and all the Nations on a row, may ſee thy ſauing health.

3 Let all the world, O God, giue praiſe vnto thy Name:
O let the people all abroad extoll and laud the ſame.
4 Throughout the world ſo wide, let all reioyce with mirth:
for thou with truth and right doſt guide the nations of the earth.

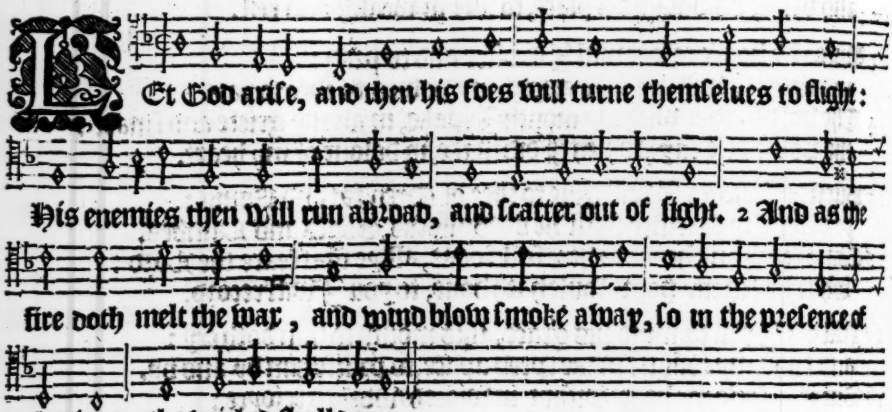
5 Let

5 Let all the world, O God, giue praiſe vnto thy Name:
O let the people all abroad, extoll and laud the ſame.
6 Then ſhall the earth increaſe, great ſtore of fruit ſhall fall:
and then our God the God of peace ſhall bleſſe vs eke withall.

7 God ſhall vs bleſſe I ſay, and then both farre and neere,
the folke throughout the earth alway, of him ſhall ſtand in feare.

Exurgat Deus. Pſalme Lxviii. I. H.

In this Pſalme Dauid ſetteth forth as in a glaſſe the wonderfull mercies of God towards his people, who by all meanes and moſt ſtrange ſorts, declareth himſelfe to them. And therefore Gods Church by reaſon of his promiſes, graces, and benefites, doth excell without compariſon all worldly thinges: hee exhorteth therefore all men to praiſe God for euer.



3 But righteous men before the Lord ſhall heartily reioyce:
they ſhall be glad and merry all, and chearfull in their voyce.
4 Sing praiſe, ſing praiſe vnto the Lord, who rideth on the ſkie:
extoll the Name of Jah our God, and him doe magnifie.

5 The ſame is he that is aboue, within his holy place:
that Father is of fatherleſſe, and iudge of widowes caſe.
6 Houſes he giues and iſſue both, vnto the comfortleſſe:
he bringeth bondmen out of thrall, and rebels to diſtreſſe.

7 When thou didſt march before thy folk, th'Egyptians from among:
and broughteſt them through the wilderneſſe, which was both wide & long.
8 The earth did quake, the rain powr'd down, heard were great claps of thũder:
the mount Sinai ſhooke in ſuch ſort, as it would cleaue in ſunder.

9 Thine heritage with drops of raine abundantly was waſht:
and if ſo be it barren wart, by thee it was refreſht.
10 Thy choſen flocke doth there remaine, thou haſt prepar'd that place:
and for the poore thou doſt prouide, of thine eſpeciall grace.

The

The ſecond part.

11 God will giue women cauſes iuſt, to magnifie his Name:
when as his people triumphs make, and purchaſe bruit and fame.
12 For puiſſant Kings for all their power, ſhall flee and take the foile:
and women which remaine at home ſhall help to part the ſpoile.

13 And though you were as black as pots, your hue ſhall paſſe the Doue:
whoſe wings and feathers ſeeme to haue ſiluer and gold aboue.
14 When in this land God ſhall triumph ore Kings both high and low:
then ſhall it be like Salmon hill, as white as any ſnow.

15 Though Bacan be a fruitfull hill, and in height others paſſe:
yet Sion Gods moſt holy hill doth farre excell in grace.
16 Why brag ye thus ye hils moſt high, and leap for pride together?
the hill of Sion God doth loue, and there will dwell for euer.

17 Gods army is two millions of warriers good and ſtrong:
the Lord alſo in Sinai, is preſent them among.
18 Thou didſt (O Lord) aſcend on high, and captiue ledſt them all:
which in times paſt thy choſen flocke in bondage kept and thrall.

Thou mad'ſt them tribute for to pay, and ſuch as did repine
thou didſt ſubdue, that they might dwell in thy Temple diuine.
19 Now praiſed be the Lord for that he powres on vs ſuch grace:
from day to day he is the God of our health and ſolace.

The third part.

20 He is the God from whom alone ſaluation commeth plaine:
he is the God by whom we ſcape all dangers, death and paine.
21 Thus God will wound his enemies head, and break the hairy ſcalpe
of thoſe that in their wickedneſſe continually doe walke.

22 From Bacan will I bring, ſaid he, my people and my ſheepe:
and all mine owne, as I haue done, from dangers of the deepe.
23 And make them dip their feet in bloud of thoſe that hate my Name:
and dogs ſhall haue their tongues imbru'd with licking of the ſame.

24 All men may ſee how thou O God, thine enemies doſt deface:
and how thou go'ſt as God and King into thine holy place.
25 The ſingers goe before with ioy, the minſtrels follow after:
and in the midſt the damſels play, with timbrell and with taber.

26 Now in the congregation, O Iſrael praiſe the Lord:
and Iacobs whole poſterity, giue thankes with one accord.
27 Their chiefe was little Beniamin, but Iuda made their hoſt:
with Zabulon and Nepthalim, which dwelt about their coaſt.

28 As God hath giuen power to thee, ſo Lord make firme and ſure
the thing that thou haſt wrought in vs, for euer to endure.
29 And in thy Temple gifts will we giue vnto thee, O Lord:
for thine vnto Ieruſalem, ſure promiſe made by word.

The

The fourth part.

Yea and ſtrange Kings to vs ſubdu'd ſhall doe like in thoſe dayes:
I meane to thee they ſhall preſent their gifts of laud and praiſe.
30 He ſhall deſtroy the ſpeare-mens rankes, the calues and buls of might:
and cauſe them tribute pay, and daunt all ſuch as loue to fight.

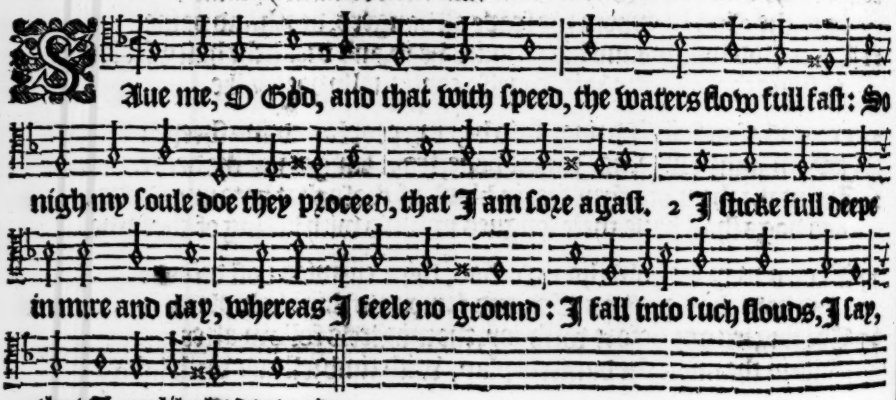
31 Then ſhall the Lords of Egypt come, and preſents with them bring:
the Moors moſt black ſhall ſtretch their hands vnto their Lord and King.
32 Therefore ye kingdomes of the earth giue praiſe vnto the Lord:
ſing Pſalmes to God with one conſent, thereto let all accord.

33 Who though he ride and euer hath aboue the heauens bright:
yet by his fearfull thunder-claps, men may know well his might.
34 Therefore the ſtrength of Iſrael aſcribe to God on high:
whoſe might and power doth farre extend aboue the cloudy ſkie.

35 O God thy holineſſe and power, is dread for euermore:
the God of Iſrael giues vs ſtrength, praiſed be God therefore.

Saluum me fac. Pſal. Lxix. I.H.

The complaints, prayers, feruent zeale, and great anguiſh of Dauid, is ſet forth as a figure of Chriſt and all his members: the malicious cruelty of the enemies, and their puniſhment alſo, where Iudas and ſuch traitors are accurſed: Then gathereth he courage in his affliction, and offereth praiſes vnto God, more acceptable than all ſacrifices, whereof all the afflicted may take comfort. Finally, he doth prouoke all creatures to praiſe, prophelying of the kingdome of Chriſt, and the preſeruation of the Church, where all the faithfull and their ſeed ſhall dwell for euer.



Saue me, O God, and that with ſpeed, the waters flow full faſt: So nigh my ſoule doe they proceed, that I am ſore agaſt. 2 I ſticke full deepe in mire and clay, whereas I feele no ground: I fall into ſuch flouds, I ſay, that I am like be drown'd.

3 With crying oft I faint and quaile, my throat is hoarſe and dry:
with looking vp my ſight doth faile, for helpe to God on high.
4 My foes that guiltleſſe doe oppreſſe my ſoule, with hate are led:
in number ſure they are no leſſe than haires are on my head.

5 Though for no cauſe they ber me ſore, they proſper and are glad:
they doe compell me to reſtore, the things I neuer had.

6 What

6 What I haue done for want of wit, thou Lord all times canst tell:
and all the faults that I commit, to thee are knowen full well.
7 O God of hoasts defend and stay all those that trust in thee:
let no man doubt or shrinke away, for ought that chanceth me.
8 It is for thee and for thy sake, that I doe beare this blame:
in spite of thee they would me make, to hide my face for shame.
9 My mothers sonnes my brethren all, forsake me on a row:
and as a stranger they me call, my face they will not know.
10 Unto thy house such zeale I beare, that it doth pine me much:
their checks and taunts at thee to heare, my very heart doth grutch.

The second part.

11 Though I doe fast my flesh to chaste, yea if I weepe and mone:
yet in my teeth this thing is cast, they passe not thereupon.
12 If I for griefe and paine of heart, in sack-cloth bee to walk:
then they anon will it peruert, thereof they iest and talke.
13 Both high and low and all the throng, that sit within the gate:
they haue me euer in their tongue, of me they talk and prate.
14 The drunkards which in wine delight, it is their chiefe pastime,
to seek which way to worke me spight, of me they sing and rime.
15 But thee the while, O Lord I pray, that when it pleaseth thee,
for thy great truth thou wilt alway send downe thy aid to me.
16 Pluck thou my feet out of the mire, from drowning do me keep:
from such as owe me wrath and ire, and from the waters deepe.
17 Lest with the waues I should be drown'd, and depth my soule deuoure:
and that the pit should me confound, and shut me in her power.
18 O Lord of hoasts to me giue eare, as thou art good and kinde:
and as thy mercy is most deare, Lord haue me in thy minde.
19 And do not from thy seruant hide, nor turne thy face away:
I am oppressed on euery side, in haste giue eare I say.
20 O Lord vnto my soule draw nigh, the same with aid repose:
because of their great tyranny, acquit me from my foes.

The third part.

21 That I abide rebuke and shame, thou know'st, and thou canst tell:
for those that seek and worke the same, thou seest them all full well.
22 When they with brags do breake my heart, I seek for helpe anon:
but finde no friends to ease my smart, to comfort me not one.
23 But in my meat they gaue me gall, too cruell for to think:
and gaue me in my thirst withall, strong Vinegar to drink.
24 Lord turne their table to a snare, to take themselues therein:
and when they think full well to fare, then trap them in the gin.
25 And let their eyes be dark and blind, that they may nothing see:
bow downe their backs, and do them binde in thraldome for to be.
26 Poure out thy wrath as hot as fire, that it on them may fall:
let thy displeasure in thine ire take hold vpon them all.

27 As declarts drie their houſe diſgrace, their of-ſpring eke expell:
that none thereof poſſeſſe their place, nor in their tents doe dwell.
28 If thou doſt ſtrike the man to tame, on him they lay full ſore:
and if that thou doe wound the ſame, they ſeek to hurt him more.

29 Then let them heap vp miſchiefe ſtill (ſith they are all peruert)
that of thy fauour and good will, they neuer haue a part.
30 And raze them cleane out of the book of life, of hope, of truſt:
that for their name they neuer looke in number of the iuſt.

The fourth part.

31 Though I (O Lord) with woe and griefe, haue been full ſore oppreſt:
thy help ſhall giue me ſuch reliefe, that all ſhall be redreſt.
32 That I may giue thy Name the praiſe, and ſhew it with a ſong:
I will extoll the ſame alwayes, with hearty thankes among.

33 Which is more pleaſant vnto thee (ſuch mind thy grace hath borne)
than either Ox or Calfe can be, that hath both hoofe and horne.
34 When ſimple folke doe this behold, it ſhall reioyce them ſure.
all ye that ſeeke the Lord, behold, your life for aye ſhall dure.

35 For why? the Lord of hoſts ſhall heare the poore when they complaine:
his priſoners are to him full deare, he doth them not diſdaine.
36 Wherefore the ſkie and earth below, the ſea with floud and ſtreame:
his praiſe they ſhall declare and ſhew, with all that liue in them.

37 For ſure our God will Sion ſaue, and Iudaes Cities build:
much folke poſſeſſion there ſhall haue, her ſtreets ſhall all be fild.
38 His ſeruants ſeed ſhall keep the ſame, all ages out of mind:
39 And there all they that loue his Name, a dwelling place ſhall find.

Deus in adiutorium. Pſal. Lxx. I.H.

He prayeth to be right ſpeedily deliuered, as in the xl. Pſalme. Then hee deſireth the ſhame of his enemies and the comfort of all thoſe that ſeeke the Lord.

Sing this as the 30. Pſalme.

O God to me take heed, of help I thee require:
O Lord of hoaſts with haſte and ſpeed, help, help, I thee deſire.
2 With ſhame confound them all, that ſeek my ſoule to ſpill:
rebuke them back with blame to fall, that think and wiſh me ill.

3 Confound them that apply, and ſeek to worke me ſhame:
and at my harme doe laugh and cry, ſo, ſo, there goes the game.
4 But let them ioyfull be, in thee with ioy and wealth:
which only truſt and ſeeke to thee, and to thy ſauing health.

5 That they may ſay alwayes, in mirth and one accord:
all glory, honour, laud and praiſe, be giuen to thee, O Lord.
6 But I am weake and poore, come Lord thine aid I lack:
thou art my ſtay, and help, therefore make ſpeed and be not ſlack.

In te Domine ſperaui. Pſal. Lxxi. I. H.

The praieth in faith, eſtabliſhed by the word of promiſe, and confirmed by the work of God from his youth: he deſireth now to be deliuered from the euill and wicked man (meaning his ſon Abſalon and his confederacie) promiſing to be mindfull and thankfull for the ſame.

Sing this as the 69. Pſalme.

My Lord my God in all diſtreſſe, my hope is whole in thee:
then let no ſhame my ſoule oppreſſe, nor once take hold on me.
2 As thou art iuſt, defend me Lord, and rid me out of dread:
giue eare and to my ſuit accord, and ſend me help at need.

3 Be thou my rock, to whom I may for aid all times reſort:
thy promiſe is to help alway, thou art my fence and fort.
4 Saue me my God from wicked men, and from their ſtrength and power:
from folke vniuſt, and eke from them that cruelly deuoure.

5 Thou art the ſtay wherein I truſt, thou Lord of hoſts art he:
yea from my youth I had a luſt, ſtill to depend on thee.
6 Thou haſt me kept euen from my birth, and I through thee was borne:
wherefore I will thee praiſe with mirth, both euening and at morne.

7 As to a monſter ſeldome ſeene, much folke about me throng:
but thou art now and ſtill haſt beene my fence and aid ſo ſtrong.
8 Wherefore my mouth no time ſhall lacke, thy glory and thy praiſe:
and eke my tongue ſhall not be ſlacke, to honour thee alwaies.

9 Refuſe me not, O Lord, I ſay, when age my limbs doth take:
and when my ſtrength doth waſt away, doe not my ſoule forſake.
10 Among themſelues my foes enquire, to take me through deceit:
and they againſt me doe conſpire, that for my ſoule laid wait.

The ſecond part.

11 Lay hand and take him now, they ſaid, for God from him is gone:
diſpatch him quite, for to his aid, (I wis) there commeth none:
12 Doe not abſent thy ſelfe away, O Lord, when need ſhall be:
But that in time of griefe thou mayſt in haſte giue help to me.

13 With ſhame confound and ouerthrow all thoſe that ſeeke my life:
oppreſſe them with rebuke alſo, that faine would worke me ſtrife.
14 But I will patiently abide, thy help at all aſſaies:
ſtill more and more each time and tide, I will ſet forth thy praiſe.

15 My mouth thy iuſtice ſhall record, that daily help doth ſend:
but of thy benefits, O Lord, I know no count nor end.
16 Yet will I goe and ſeeke forth one, with thy good help (O God)
the ſauing health of thee alone, to ſhew and ſet abroad.

17 For of my youth thou took'ſt the care, and doſt inſtruct me ſtill:
therefore thy wonders to declare, I haue great mind and will.
18 And as in youth from wanton rage, thou didſt me keep and ſtay:
forſake me not vnto my age, and till my head be gray.

The third part.

19 That I thy ſtrength and might may ſhow, to them that now be here:
and that our ſeed thy power may know, hereafter many a yeare.
20 O Lord thy iuſtice doth exceed, thy doings all may ſee:
thy workes are wonderfull indeed, oh who is like to thee?

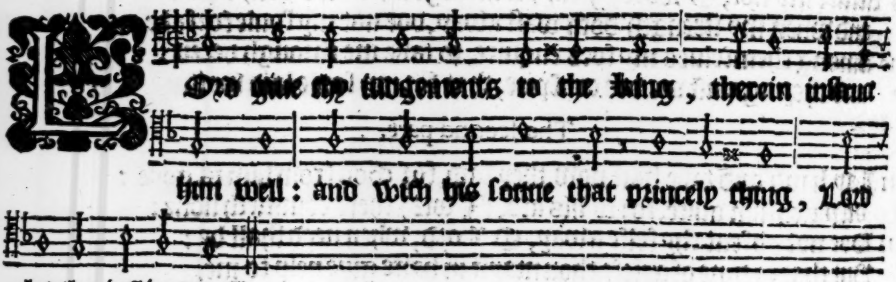
21 Thou mad'ſt me feele affliction ſore, and yet thou didſt me ſaue:
yea thou didſt helpe and me reſtore, and took'ſt me from the graue.
22 And thou mine honour doſt increaſe, my dignity maintaine:
yea thou doſt make all griefe to ceaſe, and comfort'ſt me againe.

23 Therefore thy faithfulneſſe to praiſe, I will with viol ſing:
my Harpe ſhall ſound thy praiſe alwaies, O Iſraels holy King.
24 My mouth will ioy with pleaſant voice, when I ſhall ſing to thee:
and eke my ſoule will much reioyce, for thou haſt made me free.

25 My tongue thy vprightneſſe ſhall ſound, and ſpeak it daily ſtill:
for griefe and ſhame doe them confound, that ſeeke to work me ill.

Deus iudicium tuum. Pſalme Lxxii. I. H.

He prayeth that the Kingdome of God by Chriſt may come, vnder the perſon of Salomon, vnder whom ſhall be righteouſneſſe, peace, charity, vnto whom all Kings and nations ſhall doe homage, whoſe name and power ſhall endure for euer.



2 That he may gouerne vprightly, and rule thy folke aright:
and ſo defend through equity, the poore that haue no might.

3 And let the mountaines that are high, vnto thy folke giue peace:
and eke let little hils apply, in iuſtice to increaſe.
4 That he may help the weak and poore, with aid and make them ſtrong:
and eke deſtroy for euermore, all thoſe that doe them wrong.

5 And then from age to age ſhall they regard and feare thy might:
ſo long as Sunne doth ſhine by day, or elſe the Moon by night.
6 Lord make the King vnto the hill, like raine to fields new mowne:
and like to drops that lay the ill, and freſh the land new ſowne.

7 The

7 The iuſt ſhall flouriſh in his time, and all ſhall be at peace:
vntill the Moon ſhall leaue to prime, waſte, change, and to increaſe.
8 He ſhall be Lord of ſea and land, from ſhore to ſhore throughout:
and from the flouds within the land, through all the earth about.

9 The people that in deſarts dwell, ſhall kneele to him full thick:
and all his enemies that rebell, the earth and duſt ſhall lick.
10 The Lords of all the Iles thereby, great gifts to him ſhall bring:
the Kings of Saba and Arabie, giue many a coſtly thing.

The ſecond part.

11 All Kings ſhall ſeeke with one accord, in his good grace to ſtand:
and all the people of the world, ſhall ſerue him at his hand.
12 For he the needy ſort doth ſaue, that vnto him doe call:
and eke the ſimple folke that haue no help of man at all.

13 He taketh pitty on the poore, that are with need oppreſt:
he doth preſerue them euermore, and bring their ſoules to reſt.
14 He ſhall redeem their liues from dread, from fraud, from wrong, from might,
and eke the bloud that they ſhall bleed, is precious in his ſight.

15 But he ſhall liue, and they ſhall bring to him of Sabaes gold:
he ſhall be honoured as a King, and daily be extold.
16 The mighty mountaines of his land, of corn ſhall beare ſuch throng:
that it like Cedar trees ſhall ſtand, in Libanus full long.

17 Their Cities eke full well ſhall ſpeed, the fruits thereof ſhall paſſe:
in plenty it ſhall far exceed, and ſpring as green as graſſe.
18 For euer they ſhall praiſe his Name, while that the Sun is light:
and think them happy through the ſame, all folk ſhall bleſſe his might.

19 Praiſe ye the Lord of hoſts, and ſing to Iſraels God each one:
for he doth euery wondrous thing, yea he himſelfe alone.
20 And bleſſed be his holy Name, all times eternally.
that all the earth may praiſe the ſame, Amen, Amen, ſay I.

Quàm bonus Deus? Pſal. Lxxiii. T.S.

The Prophet teacheth by his example that neither the worldly proſperity of the vngodly, nor yet affliction of the good, ought to daunt Gods children, but rather ought to moue vs to conſider our fathers prouidence, and to cauſe vs to reuerence Gods iudgements; foraſmuch as the wicked vaniſh away like ſmoke, and the godly enter into life euerlaſting, in hope whereof he reſigneth himſelfe into Gods hands.

Sing this as the 44. Pſalme.

HOw euer it be, yet God is good, and kind to Iſrael:
and to all ſuch as ſafely keep their conſcience pure and well.
2 Yet like a foole I almoſt ſlipt, my feet began to ſlide:
and ere I wiſt, euen at a pinch, my ſteps away gan glide.

3 For when I ſaw ſuch fooliſh men, I grudg'd and did diſdaine:
that wicked men all things ſhould haue without turmoile or paine.
4 They neuer ſuffer pangs nor griefe, as if death ſhould them smite:
their bodies are both ſtout and ſtrong, and euer in good plight.

5 And free from all aduerſity, when other men be ſhent:
and with the reſt they take no part of plague or puniſhment.
6 Therefore preſumption doth imbrace their necks, as doth a chaine:
and are euen wrapt as in a robe, with rapine and diſdaine.

7 They are ſo fed, that euen for fat, their eyes oft times out ſtart:
and as for worldly goods, they haue more than can with their heart.
8 Their life is moſt licentious, boaſting much of the wrong
which they haue done to ſimple men, and euer pry'd among.

9 The heauens and the liuing Lord, they ſpare not to blaſpheme:
and prate they doe of worldly things, no wight they doe eſteeme.
10 The people of God oft-times turne back, to ſee their proſperous ſtate:
and almoſt drink the ſelf-ſame cup, and follow the ſame rate.

The ſecond part.

11 How can it be that God (ſay they) ſhould know or vnderſtand
theſe worldly things, ſith wicked men be Lords of ſea and land?
12 For we may ſee how wicked men, in riches ſtill increaſe:
rewarded well with worldly goods, and liue in reſt and peace.

13 Then why doe I from wickednes, my fantaſie refraine:
and waſh my hands with innocents, and cleanſe my heart in vaine?
14 And ſuffer ſcourges euery day, as ſubiect to all blame:
and euery morning from my youth, ſuſtaine rebuke and ſhame.

15 And I had almoſt ſaid as they, miſliking mine eſtate:
but that I ſhould thy children iudge, as folke vnfortunate.
16 Then I bethought me how I might, this matter vnderſtand:
but yet the labour was too great for me to take in hand.

17 Vntill the time I went into thy holy place, and then
I vnderſtood right perfectly, the end of all theſe men.
18 And namely, how thou ſetteſt them, vppon a ſlippery place:
and at thy pleaſure and thy will, thou doſt them all deface.

19 Then all men muſe at that ſtrange ſight, to ſee how ſuddenly
they are deſtroy'd, diſpatcht, conſum'd, and dead ſo horribly.
20 Much like a dreame when one awakes, ſo ſhall their wealth decay:
their famous names in all mens ſight, ſhall ebbe and paſſe away.

The third part.

21 Yet thus my heart was grieued then, my mind was much oppreſt:
22 So fond was I and ignorant, and in this point a beaſt.
23 Yet neuertheleſſe by my right hand, thou holdſt me alwaies faſt:
24 And with thy counſell doſt me guide, to glory at the laſt.
25 What thing is there that I can wiſh, but thee in heauen aboue?
and in the earth there is nothing, like thee that I can loue.
26 My fleſh and eke my heart doth faile, but God doth faile me neuer:
for of my health God is the ſtrength, my portion eke for euer.
27 And loe, all ſuch as thee forſake, thou ſhalt deſtroy each one:
and thoſe that truſt in any thing, ſauing in thee alone.

28 There

28 Therefore I will draw neere to God, and euer with him dwell:
in God alone I put my truſt, thy wonders I will tell.

Ut quid Deus. Pſal. Lxxiv. I. H.

The faithfull complaine of the deſtruction of the Church and true Religion, vnder the name of Sion and the Altars deſtroyed: But truſting in the might and free mercy of God, by his couenant they require help and ſuccour for the glory of Gods holy Name, the ſaluation of his poore afflicted ſeruants, and the confuſion of his proud enemies.

Sing this as the 69. Pſalme.

WHy art thou (Lord) ſo long from vs, in all theſe dangers deep?
why doth thine anger kindle thus, at thine own paſture ſheep?
2 Lord call thy people to thy thought, which haue been thine ſo long:
the which thou haſt redeem'd and brought from bondage ſore and ſtrong.

3 Haue mind therefore, and think vpon, remember it full well:
thy pleaſant place, thy Mount Sion, where thou waſt wont to dwell.
4 Lift vp thy feet and come in haſte, and all thy foes deface:
which now at pleaſure rob and waſte within thy holy place.

5 Amid thy congregations all, thine enemies roare, O God:
they ſet as ſignes on euery wall, banners diſplaid abroad.
6 As men with Axes hew down trees, that on the hils doe grow:
ſo ſhine the bils and ſwords of theſe, within thy Temple now.

7 The ſeeling ſaw'd, the carued boards, the goodly grauen ſtones:
with axes, hammers, bils and ſwords, they beat them down at once.
8 Thy places they conſume with flame, and eke in all this toile:
the houſe appointed to thy Name, they raze down to the ſoile.

9 And thus they ſaid within their heart, diſpatch them out of hand:
then burnt they vp in euery part, Gods houſes through the land.
10 Yet thou no ſigne of help doſt ſend, our Prophets all are gone:
to tell when this our plague ſhall end, among vs there is none.

11 When wilt thou (Lord) once end this ſhame and ceaſe thine enemies ſtrong?
ſhall they alwaies blaſpheme thy Name, and raile on thee ſo long?
12 Why doſt thou draw thy hand aback, and hide it in thy lap?
oh pluck it out, and be not ſlacke to giue thy foes a rap.

The ſecond part.

13 O God, thou art our King and Lord, and euermore haſt been:
yea thy good grace throughout the world, for our good helpe hath ſeen.
14 The ſeas that are ſo deep and dead, thy might did make them drie:
and thou didſt breake the Serpents head, that he therein did die.

15 Yea thou didſt breake the heads ſo great of Whales that are ſo fell:
and gau'ſt them to the folk to eat, that in the deſarts dwell.
16 Thou mad'ſt a ſpring with ſtreames to riſe from rocke both hard and hie:
and eke thy hand hath made likewiſe, deep riuers to be drie.

17 Both day and eke the night are thine, by thee they were begun:
thou ſetſt to ſerue vs with their ſhine, the Moon and eke the Sun.

18 Thou

18 Thou dioſt appoint the ends and coaſts of all the earth about:
both ſummer-heats and winter-froſts, thy hand hath found them out.

19 Thinke on (O Lord) no time forget thy foes that thée defame,
and how the foolish ſolke are ſet to raile vpon thy Name,
20 Oh let no cruell beasts deuoure, the turtle that is true:
forget not allwayes in thy power, the poore that much doe rue.

21 Regard thy covenant and behold thy foes poſſeſſe the land:
all ſad and darke, forworne and old, our Realme as now doth ſtand.
22 Let not the ſimple goe away, nor yet returne with ſhame:
but let the poore and needy aye, giue praiſe vnto thy Name.

23 Riſe (Lord) let be by thee maintain'd the cauſe that is thine owne:
remember how that thou blaſphem'd art by the fooliſh one.
24 The voyce forget not of thy foes, for the preſumption hie,
is more and more increaſt of thoſe, that hate thee ſpightfully.

Confitebimur tibi Deus. Pſal. Lxxv. I. H.

The faithfull doe praiſe the Name of the Lord, which ſhall come to iudge at the time appointed, when the wicked ſhall be put to confuſion, & drinke the cup of his wrath, their pride ſhall be abated and the righteous ſhall be exalted to honour.

Sing this as the 44. Pſalme.

VNto thee God will we giue thankes, we will giue thankes to thee,
ſith thy Name is ſo neere, declare thy wondrous workes will we.
2 I will vprightly iudge when get conuenient time I may:
the earth is weake and all therein, but I her pillars ſtay.

3 I did to the mad people ſay, deale not ſo furiouſly:
and vnto the vngodly ones, ſet not your hornes on hie.
4 I ſaid vnto them, ſet not vp, your raiſed hornes on hie:
and ſee that you doe with ſtiffe neck, not ſpeake preſumptuouſly.

5 For neither from the Eaſterne parts, nor from the Weſterne ſide:
nor from forſaken wilderneſſe, promotion doth proceed.
6 For why? the Lord our God he is the righteous iudge alone;
he putteth down the one, and ſets another in the throne.

7 For why? a cup of mighty wine, is in the hand of God:
and all the mighty wine therein, himſelfe doth powre abroad.
8 As for the lees and filthy dregs that doe remaine of it:
the wicked of the world ſhall drinke, and ſuck them euery whit.

9 But I will talke of God, I ſay, of Iacobs God therefore:
and will not ceaſe to celebrate his praiſe for euermore.
10 In ſunder breake the hornes of all vngodly men will I,
but then the hornes of righteous men, ſhall be exalted hie.

Gloria Patri.

To Father, Sonne, and holy Ghoſt, all glory be therefore:
As in beginning was is now, and ſhall be euermore.

In Iudæa. Psal. Lxxvi. I. H.

This Psalme setteth forth the power of God and care for the defence of his people in Jerusalem in the destruction of the army of Senacherib, and exhorteth the faithfull to be thankfull for the same.

Sing this as the 69. Psalme.

TO all that now in Jewry dwell, the Lord is clearely knowne:
his Name is great in Israel, a people of his owne.
2 At Salem he his tents hath pight, to tarry there a space:
in Sion eke he hath delight to make his dwelling place.

3 And there he brake both shaft and bow, the sword, the speare, and shield:
and brake the ray to ouerthrow, in battell on the field.
4 Thou art more worthy honour Lord, more might in thee doth lie:
than in the strongest of the world, that rob on mountaines high.

5 But now the proud are spoil'd through thee, and they are faln on sleep:
through men of war no help can be, themselues they could not keep.
6 At thy rebuke, O Jacobs God, when thou didst them reproue:
as halfe on sléep their chariots stood, no horsemen once did moue.

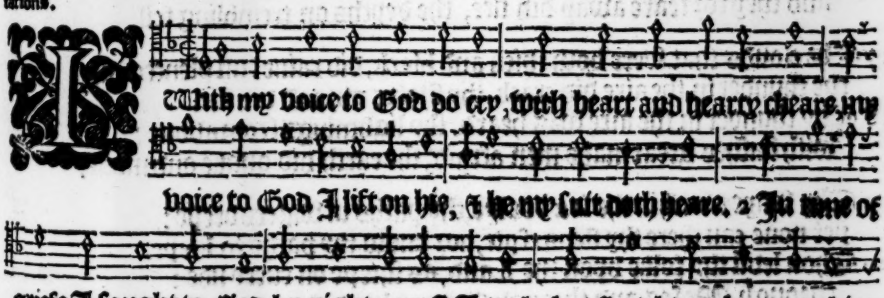
7 For thou art dreadfull, Lord, indéed, what man the courage hath
to bide thy sight, and doth not dread when thou art in thy wrath?
8 When thou dost make thy iudgments heard from heauē through the ground:
then all the earth full sore afraid, in silence shall be found.

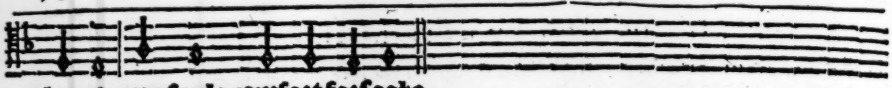
9 And that when thou, O God, dost stand, in iudgement for to speake:
to saue th'afflicted of the land, on earth that are full weake.
10 The fury that in man doth raigne, shall turne vnto thy praise:
hereafter (Lord) doe thou restraine their wrath and threats alwayes.

11 Make vowes, and pay them to our God, ye folke that nigh him be:
bring gifts all ye that dwell abroad, for dreadfull sure is he.
12 For he doth take both life and might from Princes great of birth:
and full of terrour is his sight, to all the Kings on earth.

Voce mea ad Dominum. Psal. Lxxvii. T. S.

The Prophet in the name of the Church rehearseth the greatnesse of his affliction, and the grieuous temptations, whereby he was driuen to this end to consider his former consideration and the continuall course of Gods works in the preseruation of his seruants, and so confirmeth his faith against these temptations.


I With my voice to God do cry, with heart and hearty cheare, my
voice to God I lift on hie, & he my suit doth heare. 2 In time of
griefe I sought to God, by night no rest I took: but stretcht my hands to him
abroad



abroad, my ſoule comfort forſooke.

3 When I to thinke on God intend, my trouble then is more:
I ſpake, but could not make an end, my breath was ſtopt ſo ſore.
4 Thou heldſt mine eyes alwaies from reſt, that I there with did wake:
with feare I am ſo ſore oppreſt, my ſpeech doth me forſake.

5 The dayes of old in mind I caſt, and oft did thinke vpon
the times and ages that are paſt, full many yeeres agone.
6 By night my ſongs I call to mind, once made thy praiſe to ſhow:
and with my heart much talke I find, my ſpirits doe ſearch to know.

7 Will God, ſaid I, at once for all caſt off his people thus:
ſo that henceforth no time he ſhall be friendly vnto vs?
8 What? is his goodneſſe cleane decay'd for euer and a day?
or is his promiſe now delay'd, and doth his truth decay?

9 And will the Lord our God forget his mercies manifold?
or ſhall his wrath increaſe ſo hot, his mercies to with-hold?
10 At laſt, I ſaid, my weakneſſe is the cauſe of this miſtruſt:
Gods mighty hand can help all this, and change it when he luſt.

The ſecond part.

11 I will regard and thinke vpon the working of the Lord:
of all his wonders paſt and gone, I gladly will record.
12 Yea all his workes I will declare, and what he did deuiſe:
to tell his facts I will not ſpare, and eke his counſell wiſe.

13 Thy workes (O Lord) are all vpright, and holy all abroad:
what one hath ſtrength to match the might of thee, O Lord our God?
14 Thou art a God that doſt forth ſhow, thy wonders euery houre:
and ſo doſt make the people know, thy vertue and thy power.

15 And thine owne folke thou doſt defend, with ſtrength and ſtretched arme:
the ſonnes of Jacob that deſcend, and Joſephs ſeed from harme.
16 The waters Lord perceiued thee, the waters ſaw thee well:
and they for feare away did flee, the depths on trembling fell.

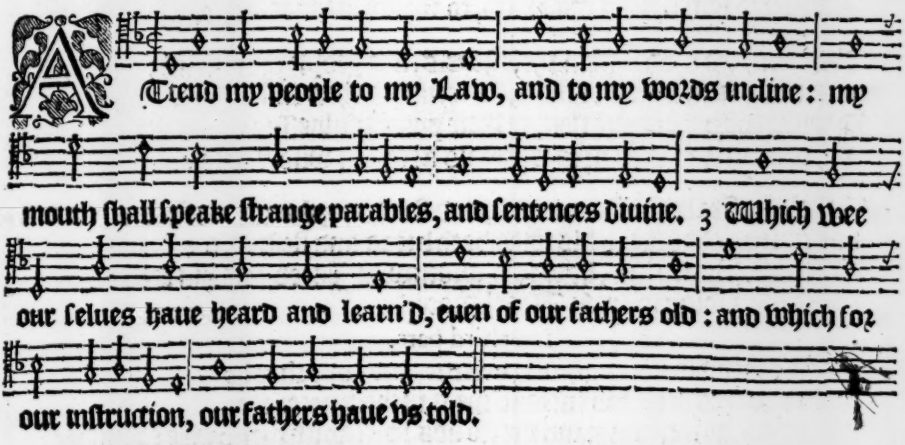
17 The clouds that were both thick and black, did raine full plenteouſly:
the thunder in the aire did crack, thy ſhafts abroad did flie.
18 Thy thunder in the aire was heard, thy lightnings from aboue:
with flaſhes great made men afraid, the earth did quake and moue.

19 Thy wayes within the ſea doe lye, thy paths in waters deepe:
yet none can there thy ſteps eſpie, nor know thy paths to keepe.
20 Thou leadſt thy folke vpon the Land, as ſheepe on euery ſide:
through Moſes and through Aarons hand thou didſt them ſafely guide.

Attendite

Attendite populi. Pſal. Lxxviii. T. S.

He sheweth how God of his mercy chose his Church of the posterity of Abraham, casting in their teeth the stubborne rebellion of their fathers, that their children might not only understand that God of his free mercies made his couenant with their Ancestors, but also seeing them malicious and peruerse, might be ashamed, and so turne wholly to God. In this Psalme the holy Ghost hath comprehended, as it were, the summe of all Gods benefites, to the intent that the ignorant and grosse people might see in a few words the effect of the whole History.



ATtend my people to my Law, and to my words incline: my mouth shall speake strange parables, and sentences diuine. 3 Which wee our selues haue heard and learn'd, euen of our fathers old: and which for our instruction, our fathers haue vs told.

4 Because we should not keep it close from them that should come after:
who should Gods power to their race praise, and all his works of wonder.
5 To Jacob he commandement gaue, how Israel should liue:
willing our fathers should the same vnto their children giue.

6 That they and their posterity, that were not sprung vp tho:
should haue the knowledge of the law, and teach their seed also.
7 That they might haue the better hope in God that is aboue:
and not forget to keepe his lawes, and his precepts in loue.

8 Not being as their fathers were, rebelling in Gods sight:
and would not frame their wicked hearts to know their God aright.
9 How went the people of Ephraim, their neighbours for to spoile:
shooting their shafts in day of warre, and yet they tooke the foile?

10 For why? they did not keepe with God, the couenant that was made:
nor yet would walke or lead their liues according to his trade.
11 But put vnto oblivion, his counsell and his will:
and all his workes most magnifique, which he declared still.

The second part.

12 What wonders to our fore-fathers, did he himselfe disclose:
in Egypt land, within the field that call'd is Thaneos?
13 He did diuide and cut the sea, that they might passe at once:
and made the waters stand as still as doth an heap of stones.

14 He

14 He led them secret in a cloud, by day when it was bright:
and in the night when dark it was, with fire he gaue them light.
15 He brake the rocks in wildernesse, and gaue the people drink:
as plentifull as when the deeps do flow vp to the brink.

16 He drew out Riuers out of Rocks that were both dry and hard:
of such abundance, that no flouds to them might be compar'd.
17 Yet for all this against the Lord their sinne they did increase:
and stirred him that is most high, to wrath in wildernesse.

18 They tempted God within their hearts, like people of mistrust:
requiring such a kind of meat, as serued to their lust.
19 Saying with murmuration, in their vnfaithfulnesse:
what? can this God prepare for vs a feast in wildernesse?

20 Behold he strake the stony rocks, and flouds forthwith did flow:
but can he now giue to his folke, both bread and flesh also?
21 When God heard this, he waxed wroth with Jacob and his seed:
so did his indignation on Israel proceed.

The third part.

22 Because they did not faithfully beleeue, and hope that he
could alwayes help and succour them in their necessity.
23 Wherefore he did command the clouds, forth with they brake in sunder:
24 And rain'd down Manna for them to eat, a food of meckle wonder.

25 When earthly men with Angels food, were fed at their request:
26 He bade the East-wind blow away, and brought in the South-west.
27 He rain'd down flesh as thick as dust, and fowle as thick as sand:
28 Which he did cast amid the place, where all their tents did stand.

29 Then did they eat exceedingly, and all men had their fils:
yet more and more they did desire, to serue their lusts and wils.
30 But as the meat was in their mouths, his wrath vpon them fell:
31 And slew the flower of all their youth, and choice of Israel.

32 Yet fell they to their wonted sinne, and still they did him grieue:
for all the wonders that he wrought, they would him not beleeue.
33 Their dayes therefore he shortened, and made their honour daine:
their yeares did waste and passe away, with terrour and with paine.

34 But euer when he plagued them, they sought him by and by:
35 Remembring that he was their strength, their help and God most high.
36 Though in their mouths they did but glose, and flatter with the Lord:
and with their tongues and in their hearts dissembled euery word.

The fourth part.

37 For why? their hearts were nothing bent to him nor to his trade:
nor yet to keep or to performe the couenant that was made.
38 Yet was he still so mercifull, when they deseru'd to dye:
that he forgaue them their mis deeds, and would not them destroy.

Yea

yea many a time he turn'd his wrath, and did himſelfe aduiſe:
and would not ſuffer all his whole diſpleaſure to ariſe.
39 Conſiderung that they were but fleſh, and euen as a wind,
paſſing away, and cannot well returne by his own kind.

40 How often times in wilderneſſe did they the Lord prouoke?
how did they moue and ſtir the Lord to plague them with his ſtroke?
41 Yet did they turn again to ſin, and tempted God eftſoon:
preſcribing to the holy Lord, what things they would haue done.

42 Not thinking of his hand and power, nor of the day when he
deliuered them out of the hands of their fierce enemy.
43 Nor how he wrought his miracles, (as they themſelues beheld)
in Egypt, and the wonders that he did in Zoan field.

44 Nor how he turned by his power their waters into bloud:
that no man might receiue his drink at riuer nor at floud.
45 Nor how he ſent them ſwarmes of flies, which did them ſore annoy:
and fill'd their countrey full of frogs, which did their land deſtroy.

The fift part.

46 Nor how he did commit their fruits vnto the Caterpiller:
and all the labour of their hands he gaue to the Graſhopper.
47 With haile-ſtones he deſtroyd their vines, ſo that they were all loſt:
and not ſo much as wild fig-trees, but he conſum'd with froſt.

48 And yet with haile-ſtones once againe the Lord their cattell ſmote:
and all their flocks and herds likewiſe, with thunder-bolts full hot.
49 He caſt vpon them in his ire, and in his fury ſtrong,
diſpleaſure, wrath, and euill ſpirits to trouble them among.

50 Then to his wrath he made a way, and ſpared not the beſt:
but gaue vnto the peſtilence the man and eke the beaſt.
51 He ſtrake alſo the firſt-borne all, that vp in Egypt came:
and all the chiefe of men and beaſts within the tents of Ham.

52 But as for all his own deare folk, he did preſerue and keep:
and carried them through wilderneſſe, euen like a flock of ſheep.
53 Without all feare both ſafe and ſound he brought them out of thrall:
whereas their foes with rage of ſeas were ouer-whelmed all.

54 And brought them out into the coaſts of his own holy land:
euen to the mount which he had got by his ſtrong arme and hand.
55 And there caſt out the heathen folk, and did their land diuide:
and in their tents he ſet the Tribes of Iſraell to abide.

56 Yet for all this their God moſt high they ſtird and tempted ſtill;
and would not keep his Teſtament, nor yet obey his will.
57 But as their fathers turned back, euen ſo they went aſtray:
much like a bow that would not bend, but ſlip and ſtart away.

The ſixt part.

58 And grieu'd him with their hill-altars, with offrings and with fire:
and with their Idols vehemently prouoked him to ire.
59 Therewith his wrath began againe to kindle in his breſt:
the naughtineſſe of Iſrael he did ſo much deteſt.

60 Then he forſook the Tabernacle of Shilo, where he was
right conuerſant with earthly men, euen as his dwelling place.
61 Then ſuffered he his might and power in bondage for to ſtand:
and gaue the honour of his Arke into his enemies hand.

62 And did commit them to the ſword, wroth with his heritage:
63 Their young men were deuour'd with fire, maids had no mariage.
64 And with the ſword the Prieſts alſo did periſh euery one:
and not a widow left alue, their death for to bemone.

65 And then the Lord began to wake, like one that ſlept a time:
and like a valiant man of war, refreſhed after wine.
66 With Emrods in the hinder parts he ſtrake his enemies all:
and put them then vnto a ſhame that was perpetuall.

67 Then he the tent and Tabernacle of Joſeph did refuſe:
as for the tribe of Ephraim, he would in no wiſe chuſe.
68 But choſe the tribe of Iehuda, whereas he thought to dwell:
euen the noble mount Sion, which he did loue ſo well.

69 Whereas he did his Temple build, both ſumptuouſly and ſure:
like as the earth which he hath made for euer to endure.
70 Then choſe he Dauid him to ſerue, his people for to keep:
whom he took vp and brought away, euen from the folds of ſheep.

71 As he did follow th'Ewes with young, the Lord did him aduance,
to feed his people Iſrael, and his inheritance.
72 Thus Dauid with a faithfull heart his flock and charge did feed:
and prudently with all his power, did gouerne them indeed.

Deus venerunt gentes. Pſalme Lxxix. I. H.

The Iſraelites complaine to God for the great calamity and oppreſſion that they ſuffered when Antiochus deſtroyed their Temple and City of Jeruſalem, deſiring Gods aid againſt his raging tyranny, leaſt Gods Name and Religion ſhould be contemned among the heathen, which ſhould ſee them thus forſaken and periſh.

Sing this as the 77. Pſalme.

O God the Gentiles doe inuade thine heritage to ſpoile:
Jeruſalem an heap is made, thy Temple they defile.
2 The bodies of thy Saints moſt deare abroad to birds they caſt:
the fleſh of them that doe thee feare, the beaſts deuoure and waſt.

3 Their bloud throughout Jeruſalem, as water ſpilt they haue:
ſo that there is not one of them to lay their dead in graue.

4 Thus

4 Thus are we made a laughing ſtocke, almoſt the worlde throughout:
the enemies at vs ieſt and mocke, which dwell our coaſts about.

5 Wilt thou (O Lord) thus in thine ire, againſt vs euer fume:
and ſhew thy wrath as hot as fire, thy folke for to conſume?
6 Vpon thoſe people powre the ſame, which did thee neuer knowe:
all realmes which call not on thy Name, conſume and ouerthrowe.

7 For they haue got the vpper hand, and Jacobs ſeed deſtroyd:
his habitation and his land they haue left waſt and void.
8 Beare not in mind our former faults, with ſpeed ſome pity ſhow:
and aid vs, Lord, in all aſſaults, for we are weake and low.

The ſecond part.

9 O God that giu'ſt all health and grace, on vs declare the ſame:
weigh not our workes, our ſinnes deface for honour of thy Name.
10 Why ſhall the wicked ſtill alway, to vs as people dumbe,
in thy reproach reioyce, and ſay, where is their God become?

Require, O Lord, as thou ſeeſt good, before our eyes in ſight:
of all theſe folke thy ſeruants bloud which they ſpilt in deſpight.
11 Receiue into thy ſight in haſt the clamours griefe and wrong,
of ſuch as are in priſon caſt, ſuſtaining yrons ſtrong.

Thy force and ſtrength to celebrate, Lord, ſet them out of bond,
which vnto death are deſtinate, and in their enemies hand.
12 The nations which haue been ſo bold as to blaſpheme thy Name,
into their laps with ſeuenfold repay againe the ſame.

13 So we thy flocke and paſture sheep will praiſe thee euermore,
and teach all ages for to keep for thee like praiſe in ſtore.

Quis regis Iſrael. Pſal. Lxxx. I. H.

Lamentable praier to God to helpe the miſeries of his Church, deſiring him to conſider their firſt eſtate when his fauour ſhined towards them, to the intent he might finiſh that worke which he had begun.

Sing this as the 77. Pſalme.

THou Herd that Iſrael doſt keepe, giue eare and take good heed:
which leadeſt Joſeph like a sheepe, and doſt him watch and feed.
2 Thou Lord, I ſay, whoſe ſeat is ſet on Cherubins moſt bright,
ſhew both thy ſelfe and doe not let, ſend downe thy beames of light.

3 Before Ephraim and Beniamin, Manaſſes eke likewiſe:
to ſhew thy power doe thou begin, come help vs Lord, ariſe.
4 Direct our hearts vnto thy grace, conuert vs Lord, to thee:
ſhew vs the brightneſſe of thy face, and then full ſafe are we.

5 Lord God of hoſts of Iſrael, how long wilt thou (I ſay)
againſt thy folke in anger ſwell, and wilt not heare them pray?

6 Thou doſt them feed with ſorrows deep, their bread with teares they eat:
and drink the teares that they doe weep, in meaſure full and great.

7 Thou haſt vs made a very ſtrife, to thoſe that dwell about:
and that our foes doe loue alike, they laugh and ieſt it out.
8 O take vs (Lord) vnto thy grace, conuert our hearts to thee:
ſhew forth to vs thy ioyfull face, and we full ſafe ſhall be.

9 From Egypt where it grew not well, thou brought'ſt a vine full deare:
the heathen folk thou didſt expell, and thou didſt plant it there.
10 Thou didſt prepare for it a place, and let her roots full faſt:
that it did grow and ſpring apace, and field the land at laſt.

The ſecond part.

11 The hils were couered round about, with ſhade that from it came:
and eke the Cedars ſtrong and ſtout, with branches of the ſame.
12 Why then didſt thou her walls deſtroy, her hedge pluckt vp thou haſt:
that all the folk that paſſe thereby, thy Vine may ſpoile and waſt.

13 The Bore out of the wood ſo wild, doth dig and root it out:
the furious beaſts out of the field deuoure it all about.
14 O Lord of hoſts returne againe, from heauen look betime:
behold, and with thy help ſuſtaine this poore vineyard of thine.

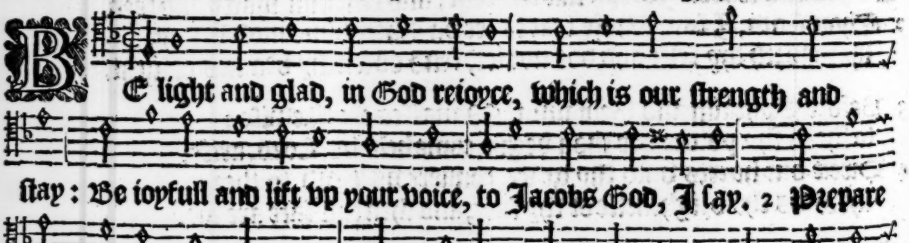
15 Thy plant, I ſay, thine Iſrael, whom thy right hand hath ſet:
the ſame which thou didſt loue ſo well, O Lord, doe not forget.
16 They lop and cut it down apace, they burne it eke with fire:
and through the frowning of thy face, we periſh in thine ire.

17 Let thy right hand be with them now, whom thou haſt kept ſo long:
and with the ſon of man, whom thou to thee haſt made ſo ſtrong.
18 And ſo when thou haſt ſet vs free, and ſaued vs from ſhame:
then will we neuer fall from thee, but call vpon thy Name.

19 O Lord of hoſts through thy good grace, conuert vs vnto thee,
behold vs with a pleaſant face, and then full ſafe are we.

Deo exultate. Pſalme Lxxxi. I. H.

An exhortation to praiſe God both in heart and voice for his benefits, and to worſhip him only. God condemneth their ingratitude, and ſheweth what great benefits they haue loſt through their owne malice.



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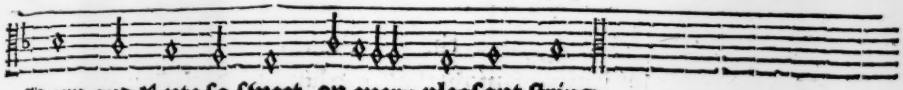


Harp and Lute ſo ſweet, on euery pleaſant ſtring.

3 Blow as it were in the new Moone, with trumpets of the beſt:
as it is bled to be done at any ſolemne feaſt.
4 For this is vnto Iſrael a ſtatute and a trade:
a law that muſt be kept full well, which Iacobs God hath made.

5 This clauſe with Ioſeph was decreed, when he from Egypt came:
that as a witneſſe all his ſeed ſhould ſtill obſerue the ſame.
6 When God, I ſay, had ſo prepar'd to bring him from that land:
whereas the ſpeech which he had heard, he did not vnderſtand.

7 I from his ſhoulders took (ſaith he) the burden cleane away:
and from the furnace quit him free from burning brick of clay.
8 When thou in griefe didſt cry and call, I holpe thee by and by:
and I did anſwer thee withall, in thunder ſecretly.

9 Yea at the waters of diſcord I did thee tempt and proue:
whereas the goodneſſe of the Lord, with muttering thou didſt moue.
10 Heare O my folk, O Iſrael, and I aſſure it thee:
regard and marke my words full well, if thou wilt cleaue to me.

The ſecond part.

11 Thou ſhalt no God in thee reſerue, of any land abroad:
nor in no wiſe bow or to ſerue a ſtrange or forrein god.
12 I am the Lord thy God, and I from Egypt let thee free:
then aske of me abundantly, and I will giue it thee.

13 And yet my people would not heare my voyce when that I ſpake:
and Iſrael would not obey, but did me quite forſake.
14 Then did I leaue them to their will, in hardneſſe of their heart:
to walke in their owne counſels ſtill, themſelues they might peruert.

15 O that my people would haue heard the words that I did ſay:
and eke that Iſraell would regard to walke within my way!
16 How ſoon would I confound their foes, and bring them down full low:
and turn my hand vpon all thoſe that would them ouerthrow?

17 And they that at the Lord doe rage, as ſlaues ſhould ſeeke him till:
but of his folk the time and age ſhould flouriſh euer ſtill.
18 I would haue fed them with the crop, and fineſt of the wheat:
and made the rock with honey drop, that they their fills ſhould eat.

Deus ſtetit. Pſal. Lxxxii. I. H.

The Prophet declaring God to be preſent among the Iudges and Magiſtrates, reproueth their partiality and vnrighteouſneſſe, and exhorteth them to doe iuſtice: but ſeeing no amendment, he deſireth God to vndertake the matter, and execute iuſtice himſelfe.

Sing this as the 77. Pſalme.

AMid the preſſe with men of might the Lord himſelfe doth ſtand
to plead the cauſe of truth and right, with Iudges of the land.
2 How long (ſaid he) will you proceed, falſe iudgement to award:
and haue reſpect for loue of meed, the wicked to regard?

3 Whereas of due you ſhould defend the fatherleſſe and weake:
and when the poore man doth contend, in iudgement iuſtly ſpeake.
4 If ye be wiſe, defend the cauſe of poore men in their right:
and rid the needy from the clawes of tyrants force and might.

5 But nothing will they know or learne, in vaine to them I talk:
they will not ſee, or ought diſcerne, but ſtill in darkneſſe walk.
6 For lo, euen now the time is come, that all things fall to nought:
and likewiſe lawes both all and ſome, for gaine are ſold and bought.

I had decreed it in my ſight, as gods to take you all:
and children to the moſt of might, for loue I did you call.
7 But notwithſtanding ye ſhall die as men, and ſo decay:
O tyrants I ſhall you deſtroy, and pluck you quite away.

8 Vp Lord, and let thy ſtrength be knowne, and iudge the world with might:
for why? all nations are thine own, to take them as thy right.

Deus quid. Pſal. Lxxxiii. I. H.

The people of Iſrael pray vnto the Lord to deliuer them from their enemies, both at home and farre off, which imagined nothing but their deſtruction: they deſire that all ſuch wicked people may according as God was accuſtomed, bee ſtriken with the ſtormy tempeſts of Gods wrath, that they may know that thy Lord is moſt high vpon the earth.

Sing this as the 77. Pſalme.

DO not (O God) refraine thy tongue, in ſilence doe not ſtay:
with-hold not Lord, thy ſelfe ſo long, and make no more delay.
2 For why? behold thy foes, and ſee how they doe rage and cry:
and thoſe that beare an hate to thée, hold vp their heads on hie.

3 Againſt thy folk they vſe deceit, and craftily they enquire:
for thine elect to lye in wait, their counſell doth conſpire.
4 Come on, ſay they, let vs expell, and pluck theſe folk away:
ſo that the name of Iſrael may vtterly decay.

5 They all conſpire within their heart, how they may thee withſtand:
againſt the Lord to take a part, they are in league and band.
6 The tents of all the Edomites, the Iſhmaelites alſo:
the Hagarens and Moabites, with diuers other mo.

7 Gebal with Ammon, and likewiſe doth Amalek conſpire:
the Philiſtims againſt thee riſe, with them that dwell at Tyre.
8 And Aſhur eke is well apaid, with them in league to be:
and doth become a fence and aid to Lots poſterity.

9 As thou didſt to the Midianites, ſo ſerue them Lord each one:
as to Siſer and to Iabin, beſide the brook Riſon.

10 Whom

10 Whom thou in Endor didſt deſtroy, and waſte them through thy might:
that they like dung on earth did lie, and that in open ſight.

The ſecond part.

11 Make them now and their Lords appeare, like Zeb and Oreb than:
as Zeba and Zalmana were, the kings of Midian.
12 Which ſaid, let vs throughout the land in all the coaſts abroad
poſſeſſe and take into our hand the faire houſes of God.

13 Turn them, O God, with ſtormes as faſt as wheels that haue no ſtay:
or like the chaffe, which men doe caſt, with winds to flie away.
14 Like as the fire with rage and fume, the mighty forreſts ſpils:
and as the flame doth quite conſume the mountains and the hils.

15 So let the tempeſt of thy wrath vpon their necks be laid:
and of thy ſtormy wind and ſhowre, Lord make them all afraid.
16 Lord bring them all, I thee deſire, to ſuch rebuke and ſhame,
that it may cauſe them to enquire, and learn to ſeek thy Name.

17 And let them euermore daily to ſhame and ſlander fall:
and in rebuke and obloquie, periſh alſo withall.
18 That they may know and feel full well, that thou art called Lord:
and that alone thou doſt excell, and raign throughout the world.

Quam dilecta. Pſal. Lxxxiv. I. H.

Dauid driuen forth his Country, deſireth moſt ardently to come againe to the Tabernacle of the Lord, and the aſſembly of the Saints, to praiſe God, pronouncing them bleſſed that may ſo do. Then he praiſeth the courage of the people, that paſſe through the wildernes to aſſemble themſelues in Sion. Finally, with praiſe of this matter, and confidence of Gods goodneſſe, he endeth the Pſalme.

Sing this as the 77. Pſalme.

HOw pleaſant is thy dwelling place, O Lord of hoſts to me!
the Tabernacles of thy grace, how pleaſant Lord they be!
2 My ſoule doth long full ſore to go into thy Courts abroad:
my heart doth luſt, my fleſh alſo, in thee the liuing God.

3 The ſparrowes find a room to reſt, and ſaue themſelues from wrong:
and eke the ſwallow hath a neſt, wherein to keepe her young.
4 Theſe birds full nigh thine Altar may haue place to ſit and ſing:
O Lord of hoſts thou art, I ſay, my God and eke my King.

5 O they be bleſſed that may dwell within thy houſe alwaies:
for they all times thy facts doe tell, and euer giue thee praiſe.
6 Yea happy ſure likewiſe are they, whoſe ſtay and ſtrength thou art:
which to thy houſe doe mind the way, and ſeek it in their heart.

7 As they go through the vale of teares, they dig vp fountaines ſtill:
that as a ſpring it all appeares, and thou their pits doſt fill.
8 From ſtrength to ſtrength they walk full faſt, no faintnes there ſhall be:
and ſo the God of Gods at laſt in Sion they doe ſee.

9 O Lord of hoſts to me giue heed, and heare when I doe pray:
and let it through thine eares proceed, O Jacobs God, I ſay.
10 O Lord our ſhield, of thy good grace, regard, and ſo draw neare:
regard, I ſay, behold the face of thine annointed deare.

11 For why? within thy Courts one day is better to abide,
than other-where to keep or ſtay a thouſand daies beſide.
12 Much rather would I keep a doore within the houſe of God:
than in the tents of wickednesſe to ſettle mine abode.

13 For God the Lord light and defence, will grace and worſhip giue:
and no good thing will he with-hold from them that purely liue.
14 O Lord of hoſts that man is bleſt, and happy ſure is he,
that is perſwaded in his breſt, to truſt all times in thee.

Benedixiſti. Pſal. Lxxxv. I.H.

Becauſe God withdrew not his rods from his Church after their returne from Babylon, firſt they put him in mind of their deliuerance, to the intent that he ſhould not leaue the worke of his grace vnperfect: next they complaine of their long afflictions: and thirdly, they reioyce in hope of felicity promiſed: for their deliuerance was a figure of Chriſts kingdome, vnder the which ſhould be perfect felicity.

Sing this as the 67. Pſalme.

THou haſt been mercifull indéed, O Lord, vnto thy land:
for thou reſtoredſt Jacobs ſeed, from thraldome out of band.
2 The wicked wayes that they were in, thou didſt them cleane remit:
and thou didſt hide the peoples ſin, full cloſe thou couereds̄t it.

3 Thine anger eke thou didſt aſſwage, that all thy wrath was gone:
and ſo didſt turne thee from thy rage, with them to be at one.
4 O God our health, doe now conuert thy people vnto thee:
put all thy wrath from vs a part, and angry ceaſe to be.

5 Why ſhalt thine anger neuer end, but ſtill proceed on vs?
and ſhall thy wrath it ſelfe extend vpon all ages thus?
6 Wilt thou not rather turne therefore, and quicken vs, that we
and all thy folk may euermore be glad and ioy in thee?

7 O Lord on vs doe thou declare thy goodneſſe to our wealth:
ſhew forth to vs, and doe not ſpare, thine aid and ſauing health.
8 I will hearke what God ſaith, for he ſpeaks to his people peace:
and to his Saints, that neuer they return to fooliſhneſſe.

9 For why? his help is ſtill at hand, to ſuch as doe him feare:
whereby great glory in our land ſhall dwell and flouriſh there.
10 For truth and mercy there ſhall meet, in one to take their place:
and peace ſhall iuſtice with kiſſe greet, and there they ſhall embrace.

11 As truth from earth ſhall ſpring apace, and flouriſh pleaſantly:
ſo righteouſneſſe ſhall ſhew her face, and look from heauen high.
12 Yea God himſelfe doth take in hand to giue vs each good thing:
and through the coaſts of all the land, the earth her fruit ſhall bring.

13 Before

13 Before his face ſhall iuſtice go much like a guide or ſtay:
he ſhall direct his ſteps alſo, and keepe them in the way.

Inclina Domine. Pſalme Lxxxvi. I. H.

Dauid ſore afflicted and forſaken of all, prayeth frequently for deliuerance, ſometimes rehearſing his miſeries, ſometimes the mercies receiued, deſiring alſo to be inſtructed of the Lord, that he may feare him and glorifie his Name. He complaineth alſo of his aduerſaries, and requireth to be deliuered from them.

Sing this as the 81. Pſalme.

LOrd bow thine eare to my requeſt, and heare me by and by:
with grieuous paine and griefe oppreſt, full poore and weake am I.
2 Preſerue my ſoule, becauſe my wayes and doings holy be:
and ſaue thy ſeruant, O my Lord, that puts his truſt in thee.

3 Thy mercy, Lord, on me expreſſe, defend me eke withall:
for through the day I doe not ceaſe on thee to cry and call.
4 Comfort (O Lord) thy ſeruants ſoule that now with paine is pin'd:
for vnto thee (Lord) I extoll and lift my ſoule and mind.

5 For thou art good and bountifull, thy gifts of grace are free:
and eke thy mercy plentifull to all that call on thee.
6 O Lord likewiſe when I doe pray, regard and giue an eare:
marke well the words that I doe ſay, and all my prayers heare.

7 In time when trouble doth me moue, to thee I doe complaine:
for why? I know and well doe proue thou anſwereſt me againe.
8 Among the gods, O Lord, is none, with thee to be compar'd:
and none can doe as thou alone, the like hath not been heard.

The ſecond part.

9 The Gentiles and the people all which thou didſt make and frame,
before thy face on knees ſhall fall and glorifie thy Name.
10 For why? thou art ſo much of might, all power is thine owne:
thou worke ſt wonders ſtill in ſight, for thou art God alone.

11 O teach me (Lord) thy way, and I ſhall in thy truth proceed:
O ioyne my heart to thee ſo nigh that I thy Name may dread.
12 To thee my God will I giue praiſe with all my heart, O Lord:
and glorifie thy Name alwaies for euer through the world.

13 For why? thy mercy ſhew'd to me is great and doth excell:
thou ſetſt my ſoule at liberty out from the lower hell.
14 O Lord, the proud againſt me riſe, and heaps of men of might:
they ſeeke my ſoule, and in no wiſe will haue thee in their ſight.

15 Thou Lord art mercifull and meeke, full ſlacke and ſlow to wrath:
thy goodneſſe is full great, and eke thy truth no meaſure hath.
16 O turne to me, and mercy grant, thy ſtrength to me apply:
O helpe and ſaue thine own ſeruant, thy handmaids ſonne am I.

17 On me ſome ſigne of fauour ſhew, that all my foes may ſee
and be aſham'd, becauſe (Lord) thou doſt helpe and comfort me.

Funda-

Fundamenta eius. Pſal. Lxxxvii. I. H.

The holy Ghoſt promiſeth that the condition of the Church, which was in miſery after the captiuity of Babylon, ſhould be reſtored to great excellency, ſo that there ſhould be nothing more comfortable then to be numbred among the number thereof.

Sing this as the 81. Pſalme.

THat city ſhall full well endure, her ground-worke ſtill doth ſtay
vpon the holy hils full ſure, it can no time decay.
2 God loues the gates of Sion beſt, his grace doth there abide:
he loues them more then all the reſt of Iacobs tents beſide.

3 Full glorious things reported be in Sion and abroad:
great things I ſay are ſaid of thee, thou City of our God.
4 On Rahab I will caſt an eye, and beare in mind the ſame:
and Babylon ſhall eke apply, and learn to know my Name.

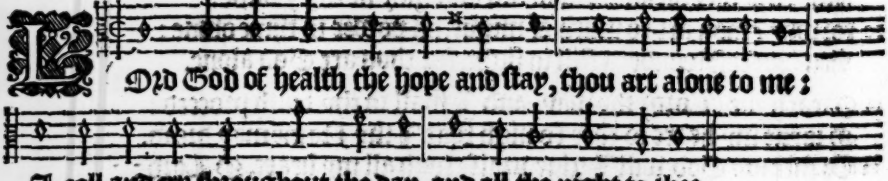
5 Lo, Paleſtine and Tyre alſo, with Ethiope likewiſe:
a people old full long ago were borne, and there did riſe.
6 Of Sion they ſhall ſay abroad, that diuerſe men of fame
haue there ſprung vp, and the high God hath founded faſt the ſame.

7 In their records to them it ſhall through Gods deuice appeare:
of Sion that the chiefe of all had his beginning there.
8 The trumpeters with ſuch as ſing, therein great plenty be:
my fountaines and my pleaſant ſprings are compaſt all in thee.

Domine Deus, Pſalme Lxxxviii. I. H.

A grieuous complaint of the faithfull ſore afflicted by ſickneſſe, perſecution, and aduerſity, being as it were left of God without any conſolation, yet he calleth vpon God by faith, and ſtriueth againſt deſperation, complaining himſelfe to be forſaken of all earthly helpe.

Glaſſenbury Tune.



LOrd God of health the hope and ſtay, thou art alone to me:
I call and cry throughout the day, and all the night to thee.
2 O let my prayer ſoone aſcend vnto thy ſight on high:
incline thine eare, O Lord attend, and hearken to my cry.

3 For why? with woe my heart is fild, and doth in trouble dwell:
my life and breath almoſt doth yeeld, and draweth nigh to hell.
4 I am eſteem'd as one of them that in the pit doe fall:
and made as one among thoſe men, that haue no ſtrength at all.

5 As one among the dead, and free from things that here remaine:
it were more eaſe for me to be with them the which are ſlaine.
6 As thoſe that lie in graue, I ſay, whom thou haſt cleane forgot:
the which thy hand hath cut away, and thou regard'ſt them not.

7 Yea

7 Yea like to one ſhut vp full ſure within the lower pit:
in places darke and all obſcure, and in the depth of it.
8 Thine anger and thy wrath likewiſe full ſore on me doe lie:
and all thy ſtormes againſt me riſe, my ſoule to vex and trie.

9 Thou putſt my friends far off from me, and mak'ſt them hate me ſore:
I am ſhut vp in priſon faſt, and can come forth no more.
10 My ſight doth faile through griefe and woe, I call to thee, O God:
throughout the day my hands alſo to thée I ſtretch abroad.

The ſecond part.

11 Doſt thou vnto the dead declare thy wondrous works of fame?
ſhall dead to life againe repaire, and praiſe thée for the ſame?
12 Or ſhall thy louing kindneſſe Lord, be preached in the graue?
or ſhall with them that are deſtroy'd, thy truth her honour haue?

13 Shall they that lye in darke full low, of all thy wonders wot?
or there ſhall they thy iuſtice know, where all things are forgot?
14 But I, O Lord, to thée alwayes doe cry and call apace:
my prayer eke ere it be day, ſhall come before thy face.

15 Why doſt thou Lord, abhorre my ſoule, in griefe that ſeeketh thée?
and now, O Lord, why doſt thou hide thy face away from mee?
16 I am afflicted dying ſtill, from youth this many a yeere:
the terrors which doe vex mee ill, with troubled mind I beare.

17 The furies of thy wrathfull rage full ſore vpon me fall:
thy terrors eke doe not aſſwage, but me oppreſſe withall.
18 All day they compaſſe me about, as waters at the tide:
and all at once with ſtreames full ſtout, beſet me on each ſide.

19 Thou ſetteſt far from me my friends, and louers euery one:
yea and mine old acquaintance all out of my ſight are gone.

Miſericordias Domini. Pſal. Lxxxix. I. H.

With many words the Prophet praiſeth the Name of God for his Teſtament, and couenant that hee made betweene him and his Elect by Jeſus Chriſt the Son of Dauid. Then doth he complaine of the great ruine and deſolation of the Kingdome of Dauid, ſo that to the outward appearance the promiſe was broken. Finally, he prayeth to be deliuered from his afflictions, maketh mention of the ſhortneſſe of mans life, and confirmeth him by Gods promiſes.

Sing this as the 77. Pſalme.

TO ſing the mercies of the Lord, my tongue ſhall neuer ſpare:
and with my mouth from age to age, thy truth I will declare.
2 For I haue ſaid that mercy ſhall for euermore remaine:
in that thou doſt the heauens ſtay, thy truth appeareth plaine.

3 To mine elect, ſaith God, I made a couenant and beheſt:
my ſeruant Dauid to perſwade, I ſwore and did proteſt.
4 Thy ſeed for euer I will ſtay, and ſtabliſh it full faſt:
and ſtill vphold thy throne alway, from age to age to laſt.

5 The

5 The heauens ſhew with ioy and mirth, thy wondrous workes, O Lord:
thy Saints within thy Church on earth thy faith and truth record.
6 Who with the Lord is equall then, in all the clouds abroad?
among the ſons of all the gods, what one is like our God?

7 God in aſſembly of his Saints is greatly to be dread:
and ouer all that dwell about, in terrour to be had.
8 Lord God of hoſts, in all the world, what one is like to thee?
on euery ſide moſt mighty Lord, thy truth is ſeen to be.

9 The raging ſea by thine aduice, thou ruleſt at thy will:
and when the waues thereof ariſe, thou mak'ſt them calme and ſtill.
10 And Egypt (Lord) thou haſt ſubdu'd, and thou haſt it deſtroy'd:
yea thou thy foes with mighty arme haſt ſcattered all abroad.

The ſecond part.

11 The heauens are thine, and ſtill haue been, likewiſe the earth and land:
the world and all that is therein, thou foundedſt with thy hand.
12 Both North & South with Eaſt and Weſt, thy ſelfe didſt make & frame:
both Tabor mount, and eke Hermon, reioyce and prayſe thy Name.

13 Thine arme is ſtrong and full of power, all might therein doth lie:
the ſtrength of thy right hand each houre thou liftest vp on hie.
14 In righteouſneſſe and equity thou haſt thy ſeat and place:
mercy and truth are ſtill with thee, and goe before thy face.

15 That folk is bleſt that knowes aright thy preſent power, O God:
for in the fauour of thy ſight they walke full ſafe abroad.
16 For in thy Name throughout the day they ioy and much reioyce:
and through thy righteouſneſſe haue they a pleaſant fame and noiſe.

17 For why? their glory ſtrength and aid, in thee alone doth lye:
thy goodneſſe eke that hath vs ſtaid, ſhall lift our horne on hye.
18 Our ſtrength that doth defend vs well, the Lord to vs doth bring:
the holy One of Iſrael, he is our guide and King.

19 Sometimes thy will vnto thy Saints in viſion thou didſt ſhow:
and thus then didſt thou ſay to them, thy mind to make them know.
20 A man of might I haue erect, your King and guide to be:
and ſet him vp whom I elect, among the folk to me.

The third part.

21 My ſeruant Dauid I appoint, whom I haue ſearched out:
and with my holy oyle annoynt him King of all the rout.
22 For why? my hand is ready ſtill with him for to remaine:
and with my arme alſo I will him ſtrengthen and ſuſtaine.

23 The enemies ſhall not him oppreſſe, they ſhall him not deuoure:
ne yet the ſons of wickednеſſe on him haue any power.
24 His foes likewiſe I will deſtroy before his face in ſight:
and thoſe that hate him I will plague, and ſtrike them with my might.

25 My

25 My truth and mercy eke withall, shall still vpon him lie:
and in my Name his horne eke shall be lifted vp on high.
26 His kingdome I will set to be vpon the sea and land:
and eke the running floods shall he embrace with his right hand.

27 He shall depend with all his heart, on me, and thus shall say:
my Father and my God thou art, my rock of health, and stay.
28 As my first borne I will him take, of all on earth that springs:
his might and honour I will make aboue all earthly kings.

29 My mercy shall be with him still, as I my selfe haue told:
my faithfull couenant to fulfill, my mercy I will hold.
30 And eke his seed I will sustaine, for euer strong and sure:
so that his seat shall still remaine, while heauen doth endure.

The fourth part.

31 If that his sons forsake my law, and so begin to swerue:
and of my iudgements haue none awe, nor will not them obserue.
32 Or if they will not vse aright, my statutes to them made:
and set all my commandments light, and will not keep my trade:

33 Then with the rod will I begin, their doings to amend:
and so will scourge them for their sin, if that they doe offend.
34 My mercy yet and my goodnesse, I will not take him fro:
nor handle him with craftinesse, and so my truth forgoe.

35 But sure my couenant I will hold, with all that I haue spoke:
no word the which my lips haue told, shall alter or be broke.
36 Once sware I by my holinesse, and that performe will I:
with Dauid I shall keep promise, to him I will not lie.

37 His seed for euermore shall raigne, and eke his throne of might,
as doth the Sun, it shall remain, for euer in my sight.
38 And as the Moon within the skie, for euer standeth fast:
a faithfull witnesse from on high, so shall his kingdome last.

39 But now Lord vs thou dost reiect, and now thou changest cheare:
yea, thou art wroth with thine elect, thine owne annointed deare.
40 The couenant with thy seruant made, Lord thou hast quite vndone:
and down vpon the ground also, hast cast his royall crown.

The fift part.

41 Thou pluck'st his hedges vp with might, his Wals thou dost confound:
thou beatest eke his bulwarks down, and breakst them to the ground.
42 That he is sore destroid and torne, of commers by throughout:
and so is made a mock and scorne, to all that dwell about.

43 Thou their right hand hast lifted vp, that him so sore annoy:
and all his foes that him deuoure, so thou hast made to ioy.
44 His swords edge thou dost take away, that should his foes withstand:
to him in warre no victory thou giu'st, nor vpper hand.

45 His glory thou doſt alſo waſt, his throne, his ioy, and mirth,
by thee are ouerthrowne, and caſt full low vpon the earth.
46 Thou haſt cut off and made full ſhort, his youth and luſty daies:
and rail'd of him an ill report, With ſhame and great diſpraiſe.

47 How long away from me, O Lord, for euer Wilt thou turne?
and ſhall thine anger ſtill alway, as fire conſume and burne?
48 O call to mind, remember then, my time conſumeth faſt:
why haſt thou made the ſonnes of men, as things in vaine to waſte?

49 What man is he that liueth here, and death ſhall neuer ſee?
or from the hand of hell his ſoule ſhall he deliuer free?
50 Where is (O Lord) thine old goodneſſe, ſo oft declar'd before,
which by thy truth and vprightneſſe to Dauid thou haſt ſworne?

51 The great rebukes to mind I call, that on thy ſeruants lie:
the railings of the people all borne in my breaſt haue I:
52 Wherewith (O Lord) thine enemies, blaſphemed haue thy Name:
the ſteps of thine annointed one, they ceaſe not to defame.

53 All praiſe to thee, O Lord of hoſts, both now and eke for aye:
through skie and earth, and all the coaſts, Amen, Amen, I ſay.

Domine refugium. Pſalme XC. I. H.

Moſes in his prayer ſetteth before vs the eternall fauour of God towards his, who are neither admoniſhed by the vew ry of their life, nor by plagues, to be thankfull. Therefore Moſes prayeth God to turn their hearts, and to continue his mercy towards them and their poſterity for euer.

Sing this as the 77 Pſalme.

THou Lord haſt been our ſure defence, our place of eaſe and reſt:
in all times paſt, yea ſo long ſince, as cannot be expreſt.
2 Ere there was made mountaine or hill, the earth and world abroad:
from age to age, and alwaies ſtill, for euer thou art God.

3 Thou grindeſt man through griefe and paine, to duſt, or clay, and then,
and then thou ſaiſt againe returne, againe ye ſonnes of men.
4 The laſting of a thouſand yeares, what is it in thy ſight?
as yeſterday it doth appeare, or as a watch by night.

5 So ſoone as thou doſt ſcatter them, then is their life and trade
all as a ſleep, and like the graſſe, Whoſe beauty ſoone doth fade.
6 Which in the morning ſhines full bright, but fadeth by and by:
and is cut downe ere it be night, all withered, dead and drie.

7 For through thine anger We conſume, our might is much decaid:
and of thy feruent wrath and fume, We are full ſore afraid.
8 The wicked works that We haue wrought, thou ſetſt before thine eye:
our priuy faults, yea eke our thoughts, thy countenance doth ſpie.

9 For through thy Wrath our daies do waſte, thereof doth nought remain:
our yeares conſume as words or blaſts, and are not call'd againe.
10 Our time is threeſcore yeares and ten, that We doe liue on mold:
if one ſee foureſcore, ſurely then We count him wondrous old.

The

The ſecond part.

11 Yet of this time the ſtrength and cheſe the which we count vpon,
is nothing elſe but painefull griefe, and we as blaſts are gone.
12 Who once doth know what ſtrength is there, what might thine anger
or in his heart who doth thee feare, according to thy Wrath: (hath:

13 Inſtruct vs (Lord) to know and try how long our daies remaine:
that then we may our hearts apply, true wiſdome to attaine.
14 Returne, O Lord, how long will thou forth on in wrath proceed?
ſhew ſauour to thy ſeruants now, and help them at their need.

15 Refreſh vs with thy mercy ſoone, and then our ioy ſhall be,
all times ſo long as life doth laſt, in heart reioyce will we.
16 As thou haſt plagued vs before, now alſo make vs glad:
and for the yeares wherein full ſore affliction we haue had.

17 O let thy worke and power appeare, and on thy ſeruants light:
and ſhew vnto thy children deare, thy glory and thy might.
18 Lord let thy grace and glory ſtand on vs thy ſeruants thus:
confirme the workes we take in hand, Lord proſper them to vs.

Qui habitat. Pſal. XCi. I. H.

Here is deſcribed in what aſſurance he liueth that putteth his whole truſt in God, and committeth himſelf wholy to his protection in all temptations. A promiſe of God to thoſe that loue him, know him, and truſt in him, to deliuer them and giue them immortall glory.

Sing this as the 31. Pſalme.

HE that within the ſecret place of God moſt high doth dwell,
in ſhadow of the mightieſt grace, at reſt ſhall keep him well.
2 Thou art my hope and my ſtrong hold, I to the Lord will ſay:
my God is he, in him will I my whole affiance ſtay.

3 He ſhall defend thee from the ſnare, the which the hunter laid:
and from the deadly plague and care, whereof thou art afraid.
4 And with his wings ſhall couer thee, and keep thee ſafely there:
his faith and truth thy fence ſhall be, as ſure as ſhield and ſpeare.

5 So that thou ſhalt not need I ſay, to feare or be affright
of all the ſhafts that flye by day, nor terrors of the night.
6 Nor of the plague that priuily, doth walk in dark ſo faſt:
nor yet of that which doth deſtroy, and at noone day doth waſte.

7 Yea at thy ſide as thou doſt ſtand, a thouſand dead ſhall be,
ten thouſand eke at thy right hand, and yet thou ſhalt be free.
8 But thou ſhalt ſee it for thy part, thine eyes ſhall well regard,
that euen like to their deſerts the wicked haue reward.

9 For why? O Lord, I onely truſt, to ſtay my hope on thee:
and in the Higheſt I put my truſt, my ſure defence is he.
10 Thou ſhalt not need the ill to feare, with thee it ſhall be well:
nor yet the plague ſhall once come near, the houſe where thou doſt dwell.

11 For why? vnto his Angels all, With charge commanded he,
that ſtill in all thy waies they ſhall preſerue and proſper thee.
12 And in their hands ſhall beare thee vp, ſtill waiting thee vpon:
ſo that thy foot ſhall neuer chance, to ſpurne at any ſtone.

13 Vpon the Lions thou ſhalt goe, the Adder fell and long:
and tread vpon the Lions young, with Dragons ſtout and ſtrong.
14 For he that truſteth vnto me, I will acquit him quite:
and him defend becauſe that he, doth know my Name aright.

15 When he for help on me doth cry, an anſwer I will giue:
and from his griefe take him will I, in glory for to liue.
16 With length of yeares, and daies of wealth, I will fulfill his time:
the goodneſſe of my ſauing health, I will declare to him.

Bonum eſt. Pſal. XCii. I. H.

This Pſalme was made to be ſung on the Sabbath, to ſtir vp the people to acknowledge God, & to praiſe him in his workes. The Prophet reioyceth therein, but the wicked is not able to conſider that the vngodly when he is moſt flouriſhing, ſhall moſt ſpeedily periſh: in the end is deſcribed the felicity of the iuſt, planted in the houſe of God to praiſe the Lord.

Sing this as the 81 Pſalme.

IT is a thing both good and meet, to praiſe the higheſt Lord:
and to thy Name, O thou moſt High, to ſing with one accord.
2 To ſhew the kindneſſe of the Lord, betime ere day be light:
and eke declare his truth abroad, when it doth draw to night.

3 Vpon ten ſtringed inſtruments, on Lute and Harp ſo ſweet,
with all the mirth you can inuent, of inſtruments moſt meet.
4 For thou haſt made me to reioyce, in things ſo wrought by thee:
and I haue ioy in heart and voice, thy handy works to ſee.

5 O Lord how glorious and how great, are all thy works ſo ſtout?
ſo deeply are thy counſels ſet, that none can trie them out.
6 The man vnwiſe hath not the wit, theſe things to paſſe to bring:
and all ſuch fooles are nothing fit, to vnderſtand this thing.

7 When ſo the wicked at their will, as graſſe doe ſpring full faſt:
they when they flouriſh in their ill, for euer ſhall be waſt.
8 But thou art mighty Lord moſt High, yea thou doſt raigne therefore:
in euery time eternally, both now and euermore.

9 For why? O Lord behold and ſee, behold thy foes I ſay:
how all that worke iniquity, ſhall periſh and decay.
10 But thou like as an Vnicorne, ſhall lift mine horne on hie:
with freſh and new prepared oyle, thine ointed king am I.

11 And of my foes before mine eyes, ſhall ſee the fall and ſhame
of all that vp againſt me riſe, mine eares ſhall heare the ſame.
12 The iuſt ſhall flouriſh vp on high, as Date-trees bud and blow:
and as the Cedars multiply, in Libanus that grow.

13 For

13 For they are planted in the place, and dwelling of our God:
within his courts they ſpring apace, and flouriſh all abroad.
14 And in their age much fruit ſhall bring, both fat and well beſeen:
and pleaſantly both bud and ſpring, with boughs and branches green.

15 To ſhew that God is good and iuſt, and vpright in his will:
he is my rock, my hope and truſt, in him there is none ill.

Dominus regnavit. Pſal. XCiii. I. H.

He praiſeth the power of God in the creation of the world, and beateth downe all people which lift themſelues vp againſt his Maieſty, and prouoketh to conſider his promiſes.

Sing this as the 77 Pſalme.

THe Lord as King aloft doth raigne, with glory goodly dight:
and he to ſhew his ſtrength and main, hath girt himſelf with might.
2 The Lord likewiſe the earth hath made, and ſhaped it ſo ſure,
no might can make it moue or fade, at ſtay it doth endure.

3 Ere that the world was made or wrought, thy ſeat was ſet before:
beyond all time that can be thought, thou haſt beene euermore.
4 The floods O Lord, the floods doe riſe, they roare and make a noiſe:
the floods (I ſay) did enterpriſe, and lifted vp their voice.

5 Yea though the ſtormes ariſe in ſight, though ſeas doe rage and ſwell:
the Lord is ſtrong and more of might, for he on high doth dwell.
6 And look what promiſe he doth make, his houſhold to defend,
for iuſt and true they ſhall it take, all times without an end.

Deus ultionum. Pſal. XCiii. I. H.

He prayeth vnto God againſt the violence and arrogancy of Tyrants, warning them of Gods iudgments. Then doth he comfort the afflicted by the good iſſue of their afflictions, as he felt in himſelfe, and did ſee in others, and by the ruine of the wicked, whom the Lord will deſtroy.

Sing this as the 68 Pſalme.

O Lord, thou doſt reuenge all wrong, that office longs to thee:
ſith vengeance doth to thee belong, declare that all may ſee.
2 Set forth thy ſelfe, for thou of right the earth doſt iudge and guide:
reward the proud and men of might, according to their pride.

3 How long ſhall wicked men beare ſway, with lifting vp their voyce?
how long ſhall wicked men, I ſay, thus triumph and reioyce?
4 How long ſhall they with brags burſt out, and proudly prate their fill?
ſhall they reioyce that be ſo ſtout, whoſe works are euer ill?

5 Thy flock, O Lord, thine heritage, they ſpoile and vexe full ſore:
againſt thy people they do rage, ſtill daily more and more.
6 The widowes which are comfortleſſe, and ſtrangers they deſtroy:
they ſlay the children fatherleſſe, and none doth put them by.

7 And when they take theſe things in hand, this talk they haue of thee:
can Iacobs God thus vnderſtand? tuſh, no, he cannot ſee.
8 O folk vnwiſe, and people rude, ſome knowledge now diſcerne:
ye fooles among the multitude, at length begin to learne.

9 The Lord which made the eare of man, he needs of right muſt heare:
he made the eye, all things muſt then before his ſight appeare.
10 The Lord doth all the world correct, and make them vnderſtand:
ſhall he not then your deeds detect? how can ye ſcape his hand?

The ſecond part.

11 The Lord doth know the thoughts of man, his heart he ſees full plain:
the Lord I ſay mans thoughts doth ſcan, and findeth them but vain.
12 But Lord, that man is happy ſure, whom thou doſt keep in awe,
and through correction doſt procure to teach him in thy law.

13 Whereby he ſhall in quiet reſt in time of trouble ſit:
when Wicked men ſhall be ſuppreſt, and fall into the pit.
14 For ſure the Lord will not refuſe, his people for to take:
his heritage whom he did chooſe, he will no time forſake.

15 Untill that iudgement be decreed, to iuſtice to conuert:
that all may follow her with ſpeed, that are of vpright heart.
16 But who vpon my part ſhall ſtand againſt the curſed traine?
or who ſhall rid me from their hand, that wicked workes maintaine?

17 Except the Lord had been mine ayd, mine enemies to repell:
my ſoule and life had now beene laid almoſt as low as hell.
18 When I did ſay, my foot did ſlide, I now am like to fall,
thy goodneſſe, Lord, did ſo prouide to ſtay me vp withall.

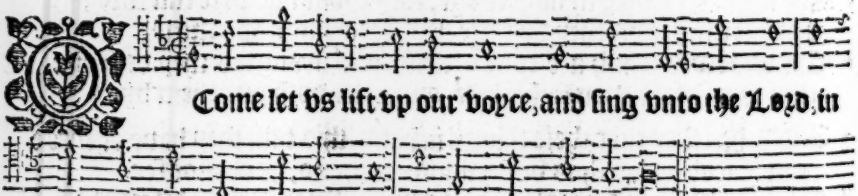
19 When with my ſelfe I muſed much, and could no comfort find,
then Lord thy goodneſſe did me touch, and that did eaſe my mind.
20 Wilt thou inhaunt thy ſelfe, and draw with wicked men to ſit:
which with pretence in ſtead of law, much miſchiefe doe commit?

21 For they conſult againſt the life of righteous men and good:
and in their counſels they are rife to ſhed the guiltleſſe blood.
22 But yet the Lord he is to me a ſtrong defence, or lock:
he is my God, to whom I flee, he is my ſtrength and rock.

23 And he ſhall cauſe their miſchiefes all themſelues for to annoy:
and in their malice they ſhall fall, our God ſhall them deſtroy.

Venite exultemus. Pſal. XCv. I. H.

An earneſt exhortation to praiſe God for the gouernment of the world, and the election of his Church. An admonition not to follow the rebellion of the old Fathers, that tempted God in the wilderneſſe, for the which they might not enter into the Land of Promiſe.



him our rock of health reioyce, let vs with one accord.

2 Yea let vs come before his face, to giue him thanks and praiſe:
in ſinging Pſalmes vnto his grace, let vs be glad alwayes.

3 For why? the Lord he is no doubt a great and mighty God:
a King aboue all gods throughout, in all the World abroad.
4 The ſecrets of the earth ſo deep, and corners of the land:
the tops of hils that are ſo ſteep, he hath them in his hand.

5 The ſea and waters all are his, for he the ſame hath wrought:
the earth and all that therein is, his hand hath made of nought.
6 Come let vs bow and praiſe the Lord, before him let vs fall:
and kneele to him with one accord, the which hath made vs all.

7 For why? he is the Lord our God, for vs he doth prouide:
we are his flock, he doth vs feed, his ſheep, and he our guide.
8 To day if ye his voice will heare, then harden not your heart:
as ye with grudging many a yeare prouok'd me in deſart.

9 Whereas your fathers tempted me, my power for to proue:
my wondrous works when they did ſee, yet ſtill they would me moue.
10 Twice twenty yeares they did me grieue, and I to them did ſay,
they erre in heart and not beleeue, they haue not known my way.

11 Wherefore I ſware, when that my wrath was kindled in my breſt:
that they ſhould neuer tread the path to enter in my reſt.

Cantate Domino. Pſalme XCvi. I. H.

An exhortation both to the Iewes and Gentiles, to praiſe God for his mercy. And this ſpecially ought to be referred to the kingdome of Chriſt.

Sing this as the 77 Pſalme.

SIng ye with praiſe vnto the Lord, new ſongs with ioy and mirth:
ſing vnto him with one accord, all people on the earth.
2 Yea ſing vnto the Lord, I ſay, praiſe ye his holy Name:
declare and ſhew from day to day ſaluation by the ſame.

3 Among the heathen eke declare his honour round about:
to ſhew his wonders doe not ſpare, in all the World throughout.
4 For why? the Lord is much of might, and worthy praiſe alway:
and he is to be dread of right, aboue all gods, I ſay.

5 For all the gods of heathen folke, are idols that will fade:
but yet our God he is the Lord, that hath the heauens made.
6 All praiſe and honour eke doe dwell for aye before his face:
both power and might likewiſe excell, within his holy place.

7 Aſcribe vnto the Lord alway, ye people of the world,
all might and worſhip eke I ſay, aſcribe vnto the Lord.

8 Aſcribe

8 Aſcribe vnto the Lord alway, the glory of his Name:
and eke vnto his courts do go, with gifts vnto the ſame.

The ſecond part.

9 Fall downe and worſhip ye the Lord, within his Temple bright:
let all the people of the world be fearfull at his ſight.
10 Tell all the world, be not agaſt, the Lord doth raigne aboue:
yea he hath ſet the earth ſo faſt, that it can neuer moue.

11 And that it is the Lord alone, that rules with princely might:
to iudge the Nations euery one, with equity and right.
12 The heauens ſhall great ioy begin, the earth eke ſhall reioyce:
the ſea and all that is therein ſhall ſhout and make a noyſe.

13 The field ſhall ioy, and euery thing, that ſpringeth on the earth:
the Wood and euery tree ſhall ſing, with gladneſſe and with mirth.
14 Before the preſence of the Lord, and comming of his might:
When he ſhall iuſtly iudge the world, and rule his folke with right.

Dominus regnavit. Pſal. XCvii. I. H.

The Prophet exhorteth all to reioyce for the cõming of the kingdome of Chriſt, dreadful to the rebels & Idolaters, & ioyful to the iuſt, whom he exhorteth to innocency, reioycing, & thankſgiuing.

Sing this as the 77 Pſalme.

THe Lord doth raigne, whereat the earth may ioy with pleaſant voice:
and eke the Iſles with ioyfull mirth may triumph and reioyce.
2 Both clouds and darkneſſe eke doe dwell, and round about him beat:
yea right and iuſtice euer dwell, and bide about his ſeat.

3 Yea fire and heat at once doe run, and goe before his face:
Which ſhall his foes and enemies burn abroad in euery place.
4 His lightnings eke full bright did blaze, and to the world appeare:
Whereat the earth did looke and gaze, with dread and deadly feare.

5 The hils like Waxe did melt in ſight and preſence of the Lord:
they fled before that rulers might, Which guideth all the world.
6 The heauens eke declare and ſhow, his iuſtice all abroad:
that all the world may ſee and know, the glory of our God.

7 Confuſion ſure will come to ſuch, as worſhip idols vaine:
and eke to thoſe that glory much, dumbe pictures to maintaine.
8 For all the idols of the world, which they as Gods doe call,
ſhall feele the power of the Lord, and downe to him ſhall fall.

9 With ioy ſhall Sion heare this thing, and Juda ſhall reioyce:
for at thy iudgements they ſhall ſing, and make a pleaſant noyſe:
10 That thou O Lord art ſet on high, in all the earth abroad:
and art exalted wondrouſly, aboue each other God.

11 All ye that feare the Lord doe this, hate all things that are ill,
for he doth ſaue the ſoules of his, from ſuch as would them ſpill.
12 And light doth ſpring vp to the iuſt, with pleaſure for his part:
great ioy With gladneſſe, mirth and luſt, to them of vpright heart.

13 Ye

13 Ye righteous in the Lord reioyce, his holineſſe proclaime:
be thankfull eke with heart and voice, and mindfull of the ſame.

Cantate Domino. Pſal. XCviii. I. H.

In earneſt exhortation to all creatures to praiſe the Lord for his power, mercy, and fidelity in his promiſe by Chriſt, by whom he hath communicated his ſaluation to all Nations.

Sing this as the 77 Pſalme.

O Sing ye now vnto the Lord, a new and pleaſant ſong:
for he hath wrought throughout the world, his wonders great and
2 With his right hand full worthily, he doth his foes deuoure: (ſtrong
and get himſelfe the victory, with his owne arme and power.

3 The Lord doth make his people know, his ſauing health and might:
the Lord doth eke his iuſtice ſhow, in all the heathens ſight.
4 His grace and truth to Iſrael, in mind he doth record:
that all the earth hath ſeene right well, the goodneſſe of the Lord.

5 Be glad in him with ioyfull voice, all people of the earth:
giue thanks to God, ſing and reioyce, to him with ioy and mirth.
6 Vpon the Harpe vnto him ſing, giue thanks to him with Pſalmes:
reioyce before the Lord our King, with Trumpets and with ſhalmes.

7 Yea let the ſea with all therein, for ioy both roare and ſwell:
the earth likewiſe let it begin, with all that therein dwell.
8 And let the floods reioyce their ſills, and clap their hands apace:
and eke the mountaines and the hils before the Lord his face.

9 For he ſhall come to iudge and try the world and euery wight:
and rule the people mightily, with iuſtice and with right.

Dominus regnavit. Pſal. XCix. I. H.

He commendeth the power, equity, and excellency of the Kingdome of God by Chriſt, ouer the Iewes and Gentiles, and prouoketh them to magnifie the ſame, and to ſerue the Lord, following the example of the ancient Fathers, Moſes, Aaron, and Samuel, who calling vpon God, were heard in their prayers.

Sing this as the 77 Pſalme.

THe Lord doth raigne, although at it, the people rage full ſore:
yea he on Cherubins doth ſit, though all the world doe roare.
2 The Lord that doth in Sion dwell, is high and wondrous great:
aboue all folke he doth excell, and he aloft is ſet.

3 Let all men praiſe thy mighty Name, for it is fearfull ſure:
and let them magnifie the ſame, that holy is and pure.
4 The Princely power of our King, doth loue iudgement and right:
thou rightly ruleſt euery thing in Iacob through thy might.

5 To praiſe the Lord our God deuiſe, all honour to him doe:
before his foot ſtoole worſhip him, for he is holy too.
6 Moſes, Aaron, and Samuel, as Prieſts on him did call:
When they did pray, he heard them well, and gaue them anſwer all.

7 Within

7 Within a cloud to them he ſpake, then did they labour ſtill,
to keepe ſuch lawes as he did make, and pointed them vntill.
8 O Lord our God thou didſt them heare, and anſwer'dſt them againe:
thy mercy did on them appeare, their deeds didſt not maintain.
9 O laud and praiſe our God and Lord, within his holy hill:
for why? our God throughout the world, is holy euer ſtill.

Jubilate Deo. Pſal. C. I. H.

He exhorteth all to ſerue the Lord, who hath choſen and preſerued vs: and enter into his Aſſemblies to praiſe his Name.

All people that on earth do dwell, ſing to the Lord with chearful voice: him ſerue with fear, his praiſe forth tel, come ye before him & reioice.

2 The Lord, ye know, is God indeed, without our aid he did vs make:
We are his flock, he doth vs feed, and for his sheep he doth vs take.
3 O enter then his gates with praiſe, approach with ioy his courts vnto:
praiſe, laud, and bleſſe his Name alwayes, for it is ſeemly ſo to doe.
4 For why? the Lord our God is good, his mercy is for euer ſure:
his truth at all times firmly ſtood, and ſhall from age to age endure.

Another of the ſame, by I. H.

Sing this as the 68 Pſalme.

IN God the Lord be glad and light, praiſe him throughout the earth:
ſerue him and come before his ſight, with ſinging and with mirth.
2 Know that the Lord our God he is, he did vs make and keep:
not we our ſelues, for we are his own flock and paſture sheep.
3 O goe into his gates alwayes, giue thankes within the ſame:
within his courts ſet forth his praiſe, and laud his holy Name.
4 For why? the goodneſſe of the Lord, for euermore doth raigne:
from age to age throughout the world, his truth doth ſtill remaine.

Miſericordiam. Pſal. Cj. N.

Dauid deſcribeth what gouernment he will obſerue in his houſe, and kingdome: He will punish and correct, by rooting out the wicked, and cherishing the godly perſons.

Sing this as the 18. Pſalme.

I Mercy will and iudgement ſing, O Lord God vnto thee:
2 And wiſely doe in perfect way, vntill thou come to mee.
And in the midſt of my houſe walke, in pureneſſe of my ſpirit:
3 And I no kinde of wicked thing will ſet before my ſight.
4 I hate their workes that fall away, it ſhall not cleaue to mee:
from me ſhall part the froward heart, none euill will I ſee.

5 Him will I ſtroy that ſlandereth his neighbour priuily:
the lofty heart I cannot beare, nor him that looketh hie.

6 Mine eyes ſhall be on them within the land that faithfull be:
in perfect Way who walketh, ſhall be ſeruant vnto me.
7 I will no guilefull perſon haue, within my houſe to dwell:
and in my preſence he ſhall not remaine that lies doth tell.

8 Betimes I will deſtroy euen all the wicked of the land:
that I may from Gods City cut the wicked workers hand.

Domine exaudi. Pſal. Cii. N.

It ſeemeth that this prayer was oppointed to the faithfull to pray in the captiuity of Babylon. A conſolation for the building of the Church: whereof followeth the praiſe of God, to be publiſhed vnto all poſterity. The conuerſion of the Gentiles, and the ſtability of the Church.

Sing this as the 81. Pſalme.

O Heare my prayer Lord, and let my cry come vnto thee:
2 In time of trouble doe not hide thy face away from me.
3 Incline thine eare to me, make haſte to heare me when I call:
for as the ſmoke doth fade, ſo doe my daies conſume and fall.

4 And as an harth my bones are burnt, my heart is ſmitten dead:
and withers like the graſſe, that I forget to eat my bread.
5 By reaſon of my groaning voice, my bones cleaue to my skinne:
6 As Pellican in Wilderneſſe, ſuch caſe now am I in.

7 And as an Owle in deſert is, loe I am ſuch a one:
I watch, and as a ſparrow on the houſe top am alone.
8 All daily in reproachfull wiſe, mine enemies doe me ſcorne:
and they that doe againſt me rage, againſt me they haue ſworne.

9 Surely with aſhes as with bread, my hunger I haue fild:
and mingled haue my drink with tears, that from mine eies haue ſtild.
10 Becauſe of thy diſpleaſure Lord, thy wrath and thy diſdaine:
for thou haſt lifted me aloft, and caſt me downe againe.

11 The daies wherein I paſſe my life, are like the fleeting ſhade:
and I am withered like the graſſe, which ſoone away doth fade.
12 But thou O Lord for euer doſt remaine in ſteady place:
and thy remembrance euer doth abide from race to race.

The ſecond part.

13 Thou wilt ariſe, and mercy thou to Sion wilt extend:
the time of mercy, now the time foreſet is come to end.
14 For euen in the ſtones thereof, thy ſeruants doe delight:
and on the duſt thereof they haue compaſſion in their ſprite.

15 Then ſhall the heathen people feare the Lords moſt holy Name:
and all the kings on earth ſhall dread, thy glory and thy fame.
16 Then when the Lord the mighty God, againe ſhall Sion reare:
and then when he moſt nobly in his glory ſhall appeare.

17 To

17 To prayer of the desolate, When he himselfe doth bend:
When he shall not disdaine vnto their prayers to attend.
18 This shall be written for the age, that after shall succeed:
the people yet vncreated, the Lords renowne shall spread.

19 For he from his high Sanctuary, hath looked downe below:
and out of heauen hath the Lord, beheld the earth also.
20 That of the mourning captiue he might heare the wofull cry:
and that he might deliuer those that damned are to die.

21 That they in Sion may declare, the Lords most holy Name:
and in Jerusalem set forth, the praises of the same.
22 Then when the people of the lands, and kingdomes with accord,
shall be assembled for to doe their seruice to the Lord.

The third part.

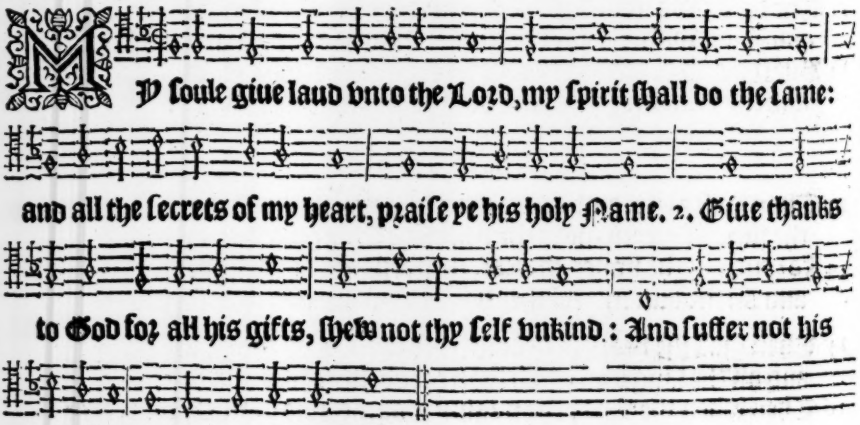
23 My former force of strength he hath abated in the way:
and shorter he hath cut my dayes, thus I therefore did say.
24 My God in midst of all my dayes, now take me not away:
thy yeares endure eternally, from age to age I say.

25 Thou the foundations of the earth, before all times hast laid:
& Lord the heauens are the worke which thine own hands haue made.
26 Yea they shall perish and decay, but thou shalt tarry still:
and they shall all in time waxe old, euen as a garment will.

27 Thou as a garment shalt them change, and changed they shall be:
but thou dost still abide the same, thy yeares doe neuer flee.
28 The children of thy seruants shall, continually endure:
and in thy sight their happy seed, for euer shall stand sure.

Benedic anima. Psal. Ciii. T. S.

This is a Psalme most excellent, wherein the Prophet doth exhort men & Angels, and all creatures to praise the Lord for his fatherly mercies, and deliuerance of his people from all euils, for his prouidence ouer all things, and the preseruation of the faithfull.



3 That

3 That gaue thee pardon for thy faults, and thee reſtor'd againe:
for all thy weak and fraile diſeaſe, and heal'd thee of thy paine.
4 That did redeem thy life from death, from which thou couldſt not flee:
his mercie and compaſſion both, he did extend to thee.

5 That fild with goodneſſe thy deſire, and did prolong thy youth:
like as the Eagle caſts her bill, whereby her age renew'th.
6 The Lord with iuſtice doth repay, all ſuch as be oppreſt:
ſo that their ſufferings and their wrongs, are turned to the beſt.

7 His waies and his commandements, to Moſes he did ſhew:
his counſels and his valiant acts, the Iſraelites did know.
8 The Lord is kind and mercifull, when ſinners doe him grieue:
the ſloweſt to conceiue a wrath, and readieſt to forgiue.

9 He chides not vs continually, though we be full of ſtrife:
nor keeps our faults in memory, for all our ſinfull life.
10 Nor yet according to our ſins, the Lord doth vs regard:
nor after our iniquities, he doth not vs reward.

11 But as the ſpace is wondrous great, 'twixt earth and heauen aboue:
ſo is his goodneſſe much more large, to them that doe him loue.
12 God doth remoue our ſins from vs, and our offences all:
as farre as is the Sun-riſing, full diſtant from his fall.

The ſecond part.

13 And look what pitty parents deare, vnto their children beare:
like pitty beareth God to ſuch, as worſhip him in feare.
14 The Lord that made vs knowes our ſhape, our mold and faſhion iuſt:
how weak and fraile our nature is, and how we are but duſt.

15 And how the time of mortall men, is like the withering hay:
or like the flower right faire in field, that fades full ſoone away.
16 Whoſe gloſſe and beauty ſtormie winds, doe vtterly diſgrace:
and make that after their aſſaults, ſuch bloſſomes haue no place.

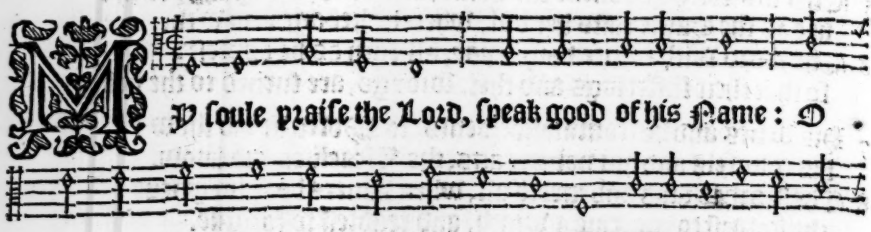
17 But yet the goodneſſe of the Lord, with his ſhall euer ſtand:
their childrens children doe receiue, his righteouſneſſe at hand.
18 I meane which keep his couenant, with all their whole deſire:
and not forget to doe the thing, that he doth them require.

19 The heauens high are made the ſeat, and footſtoole of the Lord:
and by his power imperiall, he gouernes all the world.
20 Ye Angels which are great in power, praiſe ye and bleſſe the Lord:
which to obey and doe his will, immediately accord.

21 Ye noble hoaſts and miniſters, ceaſe not to laud him ſtill:
which ready are to execute, his pleaſure and his will.
22 Yea all his works in euery place, praiſe ye his holy Name:
my heart, my mind, and eke my ſoule, praiſe ye alſo the ſame.

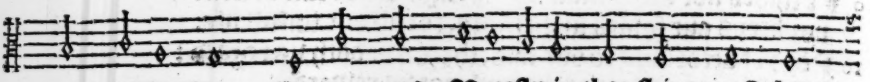
Benedic anima. Pſal. Ciiii. W. K.

An excellent Pſalm to praiſe God for the creation of the world, and the gouernance of the ſame, by his maruellous prouidence: wherein the Prophet prayeth againſt the wicked, who are occaſion that God diminiſheth his bleſſings.

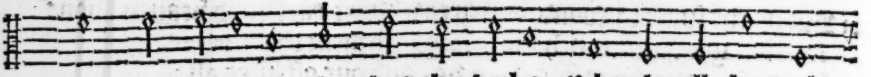


My ſoule praiſe the Lord, ſpeak good of his Name: O

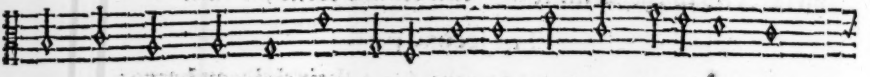
Lord our great God, how doſt thou appeare? ſo paſſing in glory that



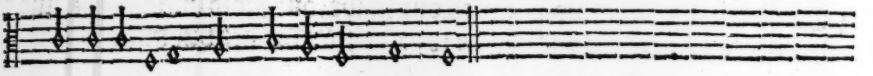
great is thy fame. Honour and Maieſty in thee ſhine moſt cleere.



With light as a robe thou haſt thee beclad: Whereby all the earth



thy greatneſſe may ſee: The heauen in ſuch ſort thou alſo haſt ſpread:



that it to a curtaine compared may be.

3 His chamber-beams lie in the clouds full ſure,
which as his chariot are made him to beare:
And there with much ſwiftneſſe his courſe doth endure:
vpon the wings riding of winds in the aire.
4 He maketh his ſpirits as heralds to goe,
and lightnings to ſerue, we ſee alſo preſt:
His will to accompliſh they run to and fro,
to ſaue or conſume things, as ſeemeth him beſt.

5 He groundeth the earth ſo firmely and faſt,
that it once to moue none ſhall haue ſuch power.
6 The deep a faire couering for it made thou haſt:
which by his owne nature the hils would deuoure.
7 But at thy rebuke the waters doe flie:
and ſo giue due place thy word to obey.
At thy voice of thunder ſo fearfull they be,
that in their great raging they haſte ſoone away.

8 The

8 The mountaines full high, they then vp aſcend:
if thou doſt but ſpeake, thy woꝛd they fulfill:
So likewiſe the vallies moſt quickly deſcend:
where thou them appointeſt, remain they doe ſtill.
9 Their bounds thou haſt ſet, how farre they ſhall runne:
ſo that in their rage, not that paſſe they can:
Foꝛ God hath appointed they ſhall not returne,
the earth to deſtroy moꝛe, which made was foꝛ man.

The ſecond part.

10 He ſendeth the ſpꝛings to ſtrong ſtreames oꝛ lakes,
which run do full ſwift, among the huge hills.
11 Where both the wild Aſſes, their thirſt oft times ſlakes,
and beaſts of the mountaines, thereof dꝛink their fills.
12 By theſe pleaſant ſpꝛings oꝛ fountaines full faire,
the fowles of the aire abide ſhall and dwell:
Who moued by nature, to hop here and there:
among the green bꝛanches their ſongs ſhall excell.
13 The mountaines to moiſt, the clouds he doth vſe:
the earth with his woꝛks is wholy repleat.
14 So as the bꝛuit cattell, he doth not refuſe:
but graſſe doth pꝛouide them, and herb foꝛ mans meat.
15 Yea bꝛead, wine and oile, he made foꝛ mans ſake,
his face to refreſh, and heart to make ſtrong.
16 The Cedars of Liban this great Loꝛd did make:
which trees he doth nouriſh, that gꝛow vp ſo long.
17 In theſe may birds build, and make there their neſt:
in firre trees the Stoꝛks remain and abide:
18 The high hils are ſuccour foꝛ wild goats to reſt:
and eke the rocks ſtony foꝛ Conies to hide.
19 The Moon then is ſet, her ſeaſon to run:
the dayes from the nights thereby to diſcerne:
And by the deſcending alſo of the Sunne,
the cold from heat alway thereby we doe learne.
20 When darkneſſe doth come by Gods will and power,
then creep foꝛth doe all the beaſts of the wood:
21 The Lyons range roaring, their pꝛey to deuoure:
but yet it is thou Loꝛd, which giueſt them food,
22 As ſoon as the Sunne is vp, they retyꝛe:
to couch into their dens, then are they full faine:
23 That man to his woꝛke may, as right doth require:
till night come and call him, to take reſt againe.

The third part.

24 How ſundꝛy, O Loꝛd, are all thy woꝛks found?
With wiſedome full great they are indeed wꝛought:

So that the whole world, of thy praiſe doth ſound:
and as for thy riches, they paſſe all mens thought.
25 So is the great ſea, which large is and broad:
Where things that creepe ſwarme, and beaſts of each ſort.
26 There both mighty ſhips saile, and ſome lie at road;
the Whale huge and monſtrous there alſo doth ſport.

27 All things on thee wait, thou doſt them relieue:
and thou in due time full well doſt them feed.
28 Now when it doth pleaſe thee the ſame for to giue:
they gather full gladly thoſe things which they need.
Thou openeſt thy hand, and they find ſuch grace,
that they with good things are filled we ſee.
29 But ſore are they troubled, if thou turne thy face:
for if thou their breath take, vile duſt then they be.

30 Againe, when thy Spirit from thee doth proceed:
all things to appoint, and what ſhall enſue:
Then are they created, as thou haſt decreed:
and doſt by thy goodneſſe the dry earth renew.
31 The praiſe of the Lord for euer ſhall laſt:
Who may in his workes by right well reioyce.
32 His looks can the earth make to tremble full faſt:
and likewiſe the mountains to ſmoak at his voyce.

33 To this Lord and God, ſing will I alwayes:
ſo long as I liue, my God praiſe will I:
34 Then am I moſt certaine my words ſhall him pleaſe:
I will reioyce in him, to him will I cry.
35 The ſinners, O Lord, conſume in thine ire:
and eke the peruerſe, them root out with ſhame.
But as for my ſoule now, let it ſtill deſire,
and ſay with the faithfull, praiſe ye the Lords Name.

Confitemini Dom. Pſal. Cv. N.

He praiſeth the ſingular goodnes of God, who hath of all people of the world, choſen a peculiar people to himſelf, and hauing choſen them, neuer ceaſeth to doe them good, euen for his promiſe ſake.

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GIue praiſes vnto God the Lord, and call vpon his Name:
among the people eke declare his workes, to ſpread his fame.
2 Sing ye vnto the Lord I ſay, and ſing vnto his praiſe:
and talk of all his wondrous workes, that he hath wrought alwayes.

3 In honour of his holy Name, reioyce with one accord:
and let the heart alſo reioyce, of them that ſeek the Lord.
4 Seek ye the Lord, and ſeek the ſtrength of his eternall might:
and ſeek his face continually, and preſence of his ſight.

5 The

5 The wondrous works that he hath done, keep ſtill in mindfull heart:
ne let the iudgements of his mouth, out of your mind depart.
6 Ye that of faithfull Abraham, his ſeruant, are the ſeed:
ye his elect, the children that of Iacob doe proceed.

7 For he, he onely is, I ſay, the mighty Lord our God:
and his moſt rightfull iudgements are, through all the world abroad.
8 His promiſe and his couenant, which he hath made to his,
he hath remembred euermore, to thouſands of degrees.

The ſecond part.

9 The couenant which he hath made, with Abraham long agoe:
and faithfull oath which he had ſworne, to Iſaac alſo.
10 And did confirme the ſame for law, that Iacob ſhould obey:
and for eternall couenant, to Iſrael for aye.

11 When thus he ſaid, to I to you, all Canaan land will giue:
the lot of your inheritance, wherein your ſeed ſhall liue.
12 Although the number at that time, did very ſmall appeare,
yea very ſmall, and in the land, they then but ſtrangers were.

13 While yet they walk'd from land to land, without a ſure abode:
and while from ſundry kingdomes they did wander all abroad.
14 And wrong at no oppreſſors hand, he ſuffered them to take:
but euen the great and mighty kings reproued for their ſake.

15 And thus he ſaid, Touch ye not thoſe that mine annointed be:
ne doe the Prophets any harm, that doe pertain to me.
16 He call'd a dearth vpon the land, of bread he ſtroy'd the ſtore:
but he againſt the time of need, had ſent a man before.

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17 Euen Ioſeph which had once been ſold, to liue a ſlaue in woe:
whoſe feet they hurt in ſtocks, whoſe ſoule the irons pierc'd alſo.
18 Untill the time came when his cauſe, was known apparently:
the mighty word of God the Lord, his faultleſſe truth did trie.

19 The King ſent and deliuered him, from priſon where he was:
20 The ruler of the people then, did freely let him paſſe.
21 And ouer all his houſe he made him lord to beare the ſway:
and of his ſubſtance made him haue the rule and all the ſtay.

22 That he might to his will inſtruct, the Princes of the Land:
and Wiſdomes lore his ancient men, might cauſe to vnderſtand.
23 Then into the Egyptian land, came Iſrael alſo:
and Iacob in the land of Ham, did liue a ſtranger tho.

24 His people he exceedingly, in number made to grow,
and ouer all their enemies, in ſtrength he made them grow.
25 Whoſe heart he turn'd, that they which hate his people did intreat:
and did his ſeruants wrongfully, abuſe with falſe deceit.

So that the whole world, of thy praiſe doth ſound:
and as for thy riches, they paſſe all mens thought.
25 So is the great ſea, which large is and broad:
where things that creepe ſwarme, and beaſts of each ſort.
26 There both mighty ſhips saile, and some lie at road;
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25 Whoſe heart he turn'd, that they which hate his people did intreat:
and did his ſeruants wrongfully, abuſe with falſe deceit.

The fourth part.

26 His faithfull ſeruant Moſes then, and Aaron whom he choſe,
he did command to goe to them, his meſſage to diſcloſe.
27 The wondrous meſſage of his ſignes, among them he did ſhow:
and Wonders in the land of Ham, then did they worke alſo.

28 Darkneſſe he ſent, and made it dark, in ſtead of brighter day:
and vnto his commiſſion, they did not diſobey.
29 He turn'd their waters into blood, he did their fiſhes ſlay: (lay.
30 Their land brought frogs euen in the place, where their King Pharaoh

31 He ſpake, and at his voice there came, great ſwarmes of noyſome flies,
and all the quarters of the land, were fild with crawling lice.
32 He gaue them cold and ſtony haile, in ſtead of milder raine:
and fiery flames within their land, he ſent vnto their paine.

33 He ſmote their vines and all their trees, whereon their figs did grow:
and all their trees within their coaſts, downe did he ouerthrow.
34 He ſpake, then Caterpillars did, and Graſhoppers abound:
35 Which ate the graſſe in all their land, and fruit of all their ground.

The fift part.

36 The firſt begotten in their land, eke deadly he did ſmite:
yea the beginning and firſt fruit of all their force and might.
37 With gold and ſiluer he them brought from Egypt land to paſſe:
and in the number of their tribes, no feeble one there was.

38 Egypt was glad and ioyfull then, when they did thence depart:
for terrour and the feare of them was falne vpon their heart.
39 To ſhroud them from the parching heat, a cloud he did diſplay:
and fire he ſent to giue them light, when night had hid the day.

40 They asked, and he cauſed Quailes, to raine at their requeſt:
and fully with the bread of heauen, their hunger he repreſt.
41 He opened the ſtony rocke, and waters guſhed out:
and in the dry and parched ground, like riuers ranne about.

42 For of his holy couenant, aye mindfull was he tho:
which to his ſeruant Abraham, he plighted long agoe.
43 He brought his people forth with mirth, and his elect with ioy,
out of the cruell land, where they had liu'd in great annoy.

44 And of the heathen men he gaue, to them the fruitfull lands:
the labours of the people eke, they tooke into their hands.
45 That they his holy ſtatutes might, obſerue for euermore:
and faithfully obey his lawes, praiſe ye the Lord therefore.

Confitemini Dom. Pſal. Cvi. W. K.

The people diſperſed vnder Antiochus, doe magnifie the goodneſſe of God among the iuſt and repentant: deſiring to be brought againe into the land by Gods mercifull viſitation: and after the manifold maruels of God wrought in their deliuerance forth of Egypt, and the great ingratitude of the people rehearſed, they doe pray and deſire to be gathered from among the heathen, to the intent they may praiſe the Name of the God of Iſrael.

Sing

Sing this as the 103. Pſalme.

PRaiſe ye the Lord, for he is good, his mercy dures for aye:
2 Who can expreſſe his noble acts, or all his praiſe diſplay?
3 They bleſſed are that iudgment keep, and iuſtly doe alway:
With fauour of thy people (Lord) remember me I pray.

4 And with thy ſauing health (O Lord) vouchſafe to viſit me:
that I the great felicity, of thine elect may ſee.
5 And with thy peoples ioy I may a ioyfull mind poſſeſſe:
and may with thine inheritance, a glorying heart expreſſe.

6 Both we and eke our Fathers all, haue ſinned euery one:
we haue committed Wickednelle, and lewdly we haue done.
7 The wonders great which thou (O Lord) haſt done in Egypt land:
our fathers though they ſaw them all, yet did not vnderſtand.

Nor yet thy mercies multitude, did keep in thankfull mind:
but at the ſea, yea the red ſea, rebelled moſt vnkind.
8 Neuertheleſſe he ſaued them, for honour of his Name:
that he might make his power knowen, and ſpread abroad his fame.

9 The red ſea he did then rebuke, and forthwith it was dry'd:
and as in wilderneſſe, ſo through the deep he did them guide.
10 He ſau'd them from the cruell hand, of their deſpitefull foe:
and from the enemies hand he did, deliuer them alſo.

The ſecond part.

11 The waters their oppreſſours whelm'd, not one was left aliue:
12 Then they beleeu'd his word and praiſe in ſong they did him giue.
13 But by and by vnthankfully, his workes they cleane forgat:
and for his counſell and his Will, they did neglect to wait.

14 But luſted in the wildernelle, with fond and greedy luſt:
and in the deſert tempted God, the ſtay of all their truſt.
15 And then their wanton minds deſire, he ſuffred them to haue:
but waſting leanenelle therewithall vnto their ſoules he gaue.

16 Then when they lodged in their tents, at Moſes they did grutch:
Aaron the holy of the Lord, ſo did they enuie much.
17 Therefore the earth did open wide, and Dathan did deuoure:
and all Abirams company did couer in that houre.

18 In their aſſembly kindled was, the hot conſuming fire:
and waſting flame did then burne vp, the Wicked in his ire.
19 Vpon the hill of Horeb they, an idoll calfe did frame:
and there the molten image they, did worſhip of the ſame.

20 Into the likenelle of a calfe, which feedeth on the graſſe,
thus they their glory turn'd, and all their honour did deface.
21 And God their only Sauiour vnkindly they forgot:
which many great and mighty things, in Egypt land had wrought.

The

The third part.

22 And in the land of Ham for them, moſt wondrous works had done:
and by the red ſea dreadfull things, performed long agone.
23 Therefore for their ſo ſhewing them, forgetfull and vnkind,
to bring deſtruction on them all, he purpoſ'd in his mind.

Had not his choſen Moſes ſtood before him in the break,
to turne his wrath, leſt he on them with ſlaughter ſhould him wreak.
24 They did deſpiſe the pleaſant land, that he behight to giue:
yea and the words that he had ſpoke, they did no whit beleeue.

25 But in their tents with grudging heart, they wickedly repin'd:
nor to the voyce of God the Lord, they gaue an harkning mind.
26 Therefore againſt them lifted he, his ſtrong reuenging hand:
them to deſtroy in wilderneſſe, ere they ſhould ſee the land.

27 And to deſtroy their ſeed among the nations with his rod:
and through the countries of the world, to ſcatter them abroad.
28 To Baal Peor then they did, adioyne themſelues alſo:
and ate the offerings of the dead, ſo they forſooke him tho.

29 Thus with their owne inuentions, his wrath they did prouoke:
and in his ſore inkindled wrath, the plague vpon them broke.
30 But Phineas ſtood vp with zeale, the ſinners vile to ſlay:
and iudgement he did execute, and then the plague did ſtay.

The fourth part.

31 It was imputed vnto him, for righteouſneſſe that day:
and from thenceforth ſo counted is, from race to race I ſay.
32 At waters eke of Meribah, they did him angry make:
yea ſo far forth, that Moſes was then puniſh'd for their ſake.

33 Becauſe they vex'd his ſpirit ſo ſore, that in impatient heat
his lips ſpake vnaduiſedly, his feruour was ſo great.
34 Nor as the Lord commanded them, they ſlew the people tho:
35 But were among the heathen mix'd, and learn'd their works alſo.

36 And did their idols ſerue, which were their ruine and decay:
37 To fiends their ſonnes and daughters they did offer vp and ſlay.
38 Yea with vnkindly murdering knife the guiltleſſe blood they ſpilt:
yea their owne ſons and daughters blood, without all cauſe of guilt.

Whom they to Canaan Idols then, offerd with wicked hand:
and ſo with blood of innocents, defiled was the land.
39 Thus were they ſtained with the works of their owne filthy way:
and with their owne inuentions, a whoring they did stray.

40 Therefore againſt his people was the Lords wrath kindled ſore:
and euen his owne inheritance, he did abhor therefore.
41 Into the hands of heathen men, he gaue them for a prey:
and made their foes their lords, whom they were forced to obey.

The

The fift part.

42 Yea and their hatefull enemies, oppreſt them in the land:
and they were humbly made to ſtoop, as ſubiects to their hand.
43 Full oftentimes from thrall had he, deliuered them before:
but with their counſels they to wrath prouok'd him euermore.

44 Therefore they by their wickednelle, were brought full low to lie:
yet when he ſaw them in diſtreſſe, he hearkned to their cry.
45 He call'd to mind his Couenant, which he to them had ſworn:
and by his mercies multitude, repented him therefore.

46 And fauour he them made to find, before the ſight of thoſe
that led them captiue from their land, when erſt they were their foes.
47 Saue vs O Lord that art our God, ſaue vs (O Lord) we pray:
and from among the heathen folk, Lord gather vs away.

48 That we may ſpread the noble praiſe, of thy moſt holy Name:
that we may glory in thy praiſe, and ſounding of thy fame.
49 The Lord the God of Iſrael, be bleſt for euermore:
let all the people ſay, Amen: praiſe ye the Lord therefore.

Confitemini Dom. Pſal. Cvii. W. K.

Dauid exhorteth all that are redeemed by the Lord, and gathered vnto him, to giue thanks therfore, who by ſending proſperity and aduerſity, bringeth men vnto him. Therefore as the righteous thereat reioyce, ſo ſhall the wicked haue their mouthes ſtopped.

Sing this as the 77 Pſalme.

GIue thanks vnto the Lord our God, for gracious is he:
and that his mercy hath no end, all mortall men may ſee.
2 Such as the Lord redeemed hath, with thanks ſhall praiſe his Name:
and ſhew how they from foes were freed, & how he wrought the ſame.

3 He gathered them forth of the lands, that lay ſo farre about:
from Eaſt to Weſt, from North to South, his hand did find them out.
4 They wandred in the Wilderneſſe, and ſtraied from the way:
and found no city where to dwell, that ſeruе might for their ſtay.

5 Whoſe thirſt and hunger was ſo great, in theſe deſerts ſo void:
that faintneſſe did them ſore aſſault, and eke their ſoules annoid.
6 Then did they cry in their diſtreſſe, vnto the Lord for ayd:
Who did remoue their troublous ſtate, according as they praid.

7 And by that way which was moſt right, he led them like a guide:
that they might to a city goe, and there alſo abide.
8 Let men therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſons of men.

9 For he the empty ſoule ſuſtain'd, whom thirſt had made to faint:
the hungry ſoule with goodneſſe fed, and did them eke acquaint.
10 Such as doe dwell in darkneſſe deep, where they on death doe wait:
faſt bound to taſte ſuch troublous ſtormes, as iron chaines doe threat.

The

The ſecond part.

11 For that againſt the Lords owne words they ſought ſo to rebell:
eſteeming light his counſells high, which do ſo far excell.
12 But when he humbled them full low, they then fell downe with griefe:
and none was found ſo much to help, whereby to get reliefe.

13 Then did they cry in their diſtreſſe, vnto the Lord for aid:
Who did remoue their troublous ſtate, according as they prayd.
14 For he from darknes out them brought, & from deaths dreadfull ſhade:
burſting with force the iron bands, which them before did lade.

15 Let men therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders that he doth, before the ſonnes of men.
16 For he threw down the gates of braſſe, & brake them with ſtrong hand:
the iron bars he ſmote in two, nothing could him withſtand.

17 The fooliſh folk great plagues doe feel, and cannot from them wend:
but heap on more to thoſe they haue, becauſe they doe offend.
18 Their ſoules ſo much did loath all meat, that none they could abide:
whereby death had them almoſt caught, as they full truly try'd.

19 Then did they cry in their diſtreſſe, vnto the Lord for aid:
Who did remoue their troublous ſtate, according as they prayd.
20 For then he ſent to them his word, which health did ſoone reſtore:
and brought them from thoſe dangers deep, wherin they were before.

The third part.

21 Let men therefore before the Lord, confeſſe his kindneſſe then:
and ſhew the wonders of that he doth, before the ſonnes of men.
22 And let them offer ſacrifice with thanks, and alſo feare:
and ſpeake of all his wondrous works, with glad and ioyfull cheare.

23 Such as in ſhips and brittle barks, into the ſeas deſcend:
their merchandize through fearefull floods, to compaſſe and to end:
24 Thoſe men are forced to behold, the Lords works what they be:
and in the dangerous deep the ſame, moſt maruellous they ſee.

25 For at his word the ſtormy wind, ariſeth in a rage:
and ſtirreth vp the ſurges ſo, that nought can them aſſwage.
26 Then are they lifted vp ſo high, the clouds they ſeem to gaine:
and plunging down the depth vntill, their ſoules conſume with paine.

27 And like a drunkard, to and fro, now here now there they reele,
as men with feare of wit bereft, or had of ſenſe no feele.
28 Then did they cry in their diſtreſſe vnto the Lord for aide:
who did remoue their troublous ſtate, according as they praid.

29 For with his word the Lord doth make, the ſturdy ſtormes to ceaſe:
ſo that the great waues from their rage, are brought to reſt and peace.
30 Then are men glad when reſt is come, which they ſo much did craue:
and are by him in haven brought, which they ſo faine would haue.

The

The fourth part.

31 Let men therefore before the Lord, confeſſe his kindneſſe then,
and ſhew the wonders that he doth, before the ſonnes of men.
32 Let them in preſence of the folke, with praiſe extoll his Name:
and where the elders doe conuent, there let them doe the ſame.

33 For running floods to dry deſarts, he doth oft change and turne:
and drieth vp as it were duſt, the ſpringing well and bourn.
34 A fruitfull land with pleaſures deckt, full barren doth he make:
When on their ſinnes that dwell therein, he doth iuſt vengeance take.

35 Againe, the Wilderneſſe full rude, he maketh fruit to beare:
With pleaſant ſprings of waters cleare, though none before were there.
36 Wherein ſuch hungry ſoules are ſet, as he doth freely chooſe:
that they a city might them build, to dwell in for their vſe.

37 That they may ſow their pleaſant land, and vineyards alſo plant:
to yeeld them fruit of ſuch increaſe, as none may ſeeme to want.
38 They multiply exceedingly, the Lord doth bleſſe them ſo:
who doth alſo the bruit beaſts make, by numbers great to grow.

39 But when the faithfull are low brought, by the oppreſſors ſtout:
and miniſh doe through many plagues, that compaſſe them about.
40 Then doth he princes bring to ſhame, which did them ſore oppreſſe,
and likewiſe cauſed them to erre, within the Wilderneſſe.

41 But yet the poore he raiſeth vp, out of their troubles deepe:
and oft times doth their traine augment, much like a flock of ſheep.
42 The righteous ſhall behold this ſight, and alſo much reioyce:
Whereas the Wicked and peruerſe, with griefe ſhall ſtop their voice.

43 But who is wiſe that now full well, he may theſe things record?
for certainly ſuch ſhall perceiue the kindneſſe of the Lord.

Paratum cor. Pſal. Cviii. I. H.

Dauid with heart and voice praiſeth the Lord, & aſſureth himſelf of the promiſe of God, concerning the kingdome ouer Iſrael, and his power againſt other Nations, who though he ſeemeth to forſake vs for a time, yet he alone in the end will caſt downe our enemies.

Sing this as the 88 Pſalme.

O God my heart prepared is, and eke my tongue is ſo:
I will aduance my voice in ſong, and giuing thanks alſo.
2 Awake my Viol and my Harpe, ſweet melodie to make,
and in the morning I my ſelfe, right early will awake.

3 By me among the people, Lord, ſtill praiſed ſhalt thou be:
and I among the heathen folke, will ſing, O Lord, to thee.
4 Becauſe thy mercie Lord is great, aboue the heauens high:
and eke thy truth doth reach the clouds, within the lofty ſkie.

5 Aboue the ſtarrie heauens high, exalt thy ſelfe, O God;
and Lord, diſplay vpon the earth, thy glory all abroad.

6 That

6 That thy dearly beloued may be ſet at liberty:
help, O my God, with thy right hand, and hearken vnto me.

7 God in his holineſſe hath ſpoke, wherefore my ioyes abound:
Sichem I will diuide, and mete the vale of Succoth ground.
8 And Gilead ſhall be mine owne, Manaſſes mine ſhall be:
my head ſtrength, Ephraim, and law ſhall Iudah giue for me.

9 Moab my waſhpot, and my ſhooe on Edom will I throw:
vpon the land of Paleſtine, in triumph will I goe.
10 Who ſhall into the citie ſtrong, be guide to conduct me?
or how by whom to Edom land, conuaied ſhall I be?

11 Is it not thou, O God, which late hadſt vs forſaken quite?
and thou, O Lord, which with our hoſt didſt not goe forth to fight?
12 Giue vs, O Lord, thy ſauing aid, when troubles doe aſſaile:
for all the help of man is vaine, and can no whit auaile.

13 Through God we ſhall doe valiant acts, and worthy of renowne:
he ſhall ſubdue our enemies, yea, he ſhall tread them downe.

Deus laudem tuam. Pſal. Cix. N.

Dauid being falſly accuſed by Saul's flatterers, prayeth God to help him to deſtroy his enemies, who repreſent Iudas the traitor vnto Jeſus Chriſt, and all like enemies of the children of God.

Sing this as the 95. Pſalme.

IN ſpeechleſſe ſilence doe not hold, O God thy tongue alwaies:
O God euen thou, I ſay, that art the God of all my praiſe.
2 The wicked and the guileſull mouth, on me diſcloſed be:
and they with falſe and lying tongues, haue ſpoken vnto me.

3 They did beſet me round about, with words of hateſull ſpight:
without all cauſe of my deſert, againſt me they did fight.
4 For my good will they were my foes, but then gan I to pray:
5 My good with ill, my friendlineſſe with hate they did repay.

6 Set thou the wicked ouer him, to haue the vpper hand:
at his right hand eke ſuffer thou, his hateſull foe to ſtand.
7 When he is iudged, let him then, condemned be therein:
and let the prayer that he makes, be turned into ſinne.

8 Few be his daies, his charge alſo, let thou another take:
9 His children let be fatherleſſe, his wife a widow make.
10 Let his off ſpring be vagabonds, to beg and ſeek their bread:
wandring out of the waſted place, where erſt they haue been ſed.

11 Let couetous extortioners, catch all his goods and ſtore:
and let the ſtranger ſpoile the fruit, of all his toile before.
12 Let there be none to pittie him, let there be none at all
that on his children fatherleſſe, will let their mercie fall.

The

The ſecond part.

13 And ſo let his poſterity for euer be deſtroid:
their naine out blotted in the age that after ſhall ſucceed.
14 Let not his fathers wickednelle from Gods remembrance fall;
and let not thou his mothers ſin, be done away at all.

15 But in the preſence of the Lord, let them remaine for aye:
that from the earth their memory he may cut cleane away.
16 Sith mercy he forgot to ſhew, but did purſue with ſpight
the troubled man, and ſought to ſlay the woefull hearted wight.

17 As he did curſing loue it ſhall betide vnto him ſo:
and as he did not bleſſing loue, it ſhall be farre him fro.
18 As he with curſing clad himſelfe, ſo it like water ſhall
into his bowells, and like oyle into his bones befall.

19 As garment let it be to him, to couer him for aye:
and as a girdle, where with he ſhall girded be alway.
20 Lo let the ſame be from the Lord, the guerdon of my foe:
yea, and of thoſe that euill ſpeake, againſt my ſoule alſo.

21 But thou O Lord which art my God, deale thou (I ſay) with me
after thy Name, deliuer me, for great thy mercies be.
22 Becauſe in depth of great diſtreſſe, I needy am and poore:
and eke within my pained breaſt, my heart is wounded ſore.

The third part.

23 Euen ſo doe I depart away, as doth declining ſhade:
and as the graſhopper ſo I am ſhaken off and fade.
24 With faſting long from needfull food enfeebled are my knees:
and all her fatneſſe hath my fleſh enforced been to leeſe.

25 And I alſo a vile reproach to them am made to be:
and they that did vpon me looke, did ſhake their heads at me.
26 But thou, O Lord, that art my God, mine aid and ſuccour be:
according to thy mercy Lord, ſaue and deliuer me.

27 And they ſhall know thereby that this (Lord) is thy mighty hand:
and that thou, thou haſt done it Lord, ſo ſhall they vnderſtand.
28 Although they curſe with ſpite, yet thou ſhalt bleſſe with louing voice:
they ſhall ariſe and come to ſhame, thy ſeruant ſhall reioice.

29 Let them be cloathed all with ſhame, that enemies are to me:
and with confuſion as a cloake eke couered let them be.
30 But greatly I will with my mouth giue thanks vnto the Lord:
and I among the multitude his praiſes will record.

31 For he with help at his right hand, will ſtand the poore man by:
to ſaue him from the man that would condemne his ſoule to die.

Dixit Dominus. Pſal. Cx. N.

Dauid propheſieth of the power and euerlaſting kingdome of Chriſt, and of the Prieſthood, which ſhould put an end to the Prieſthood of Leuie.

THe Lord did ſay vnto my Lord, ſit thou at my right hand,
till I haue made thy foes a ſtoole, whereon thy feet ſhall ſtand.
2 The Lord ſhall out of Sion ſend the ſcepter of thy might:

amid thy mortall foes be thou, the ruler in their ſight.

3 And in the day on which thy raigne, and power they ſhall ſee,
then hereby free-will offerings, ſhall the people offer thee.
Yea with an holy worſhipping, then ſhall they offer all:
thy births dew is the dew that doth, from womb of morning fall.

4 The Lord hath ſworne and neuer will repent what he doth ſay:
by th'order of Melchiſedech, thou art a Prieſt for aye.

5 The Lord thy God on thy right hand, that ſtandeth for thy ſtay,
ſhall wound for thee the ſtately kings, vpon his wrathfull day.

6 The heathen he ſhall iudge and fill, the place with bodies dead:
and ouer diuers countries ſhall, in ſunder ſmite the head.

7 And he ſhall drink out of the brooke, that runneth in the way:
wherefore he ſhall lift vp on high, his royall head that day.

Confitebor tibi. Pſal. Cxi. N.

He giueth thankes to the Lord for his mercifull works towards his Church, and declareth wherein true wiſdome and right knowledge conſiſteth.

Sing this as the 120 Pſalme.

WIth heart I doe accord, to praiſe and laud the Lord
in preſence of the iuſt. 2. For great his Workes are found:
To learch them ſuch are bound, as doe him loue and truſt.

3 His Workes are glorious, alſo his righteouſneſſe
It doth endure for euer. 4 His wondrous Workes he Would
We ſtill remember ſhould, his mercie faileth neuer.

5 Such as to him loue beare, a portion full faire
He hath vp for them laid: for this they ſhall find,
he will them haue in mind, and keep them as he ſaid.

6 For he did not diſdaine, his Worke to ſhew them plaine,
By lightnings and by thunders: when he the heathens land
did giue into their hand, where they beheld his Wonders.

7 Of all his works enſu'th both iudgement, right, and truth,
8 Whereto his ſtatutes tend: they are decreed ſure
for euer to endure, which equity doth end.
Redemption he gaue, his people for to ſaue:

9 And hath alſo required, his promiſe not to faile,
but alwaies to preuaile, his holy Name be feared.

10 Who ſo with heart full faine, true wiſedome would attaine,
The Lord feare and obey: ſuch as his lawes doe keep,
ſhall knowledge haue full deep, his praiſe ſhal laſt for aye.

Beatus vir. Pſal. Cxii. W. K.

He praiſeth the felicity of thē that fear God, & condemneth the curſed ſtate of the cōtemners of God.

Sing this as the Pater noſter.

THe man is bleſt that God doth fear, and that his law doth loue indeed:
2 His ſeed on earth God wil vprear, & bleſſe ſuch as from him proceed.
3 His houſe with good he will fulfill, his righteouſneſſe endure ſhall ſtill.
4 Unto the righteous doth ariſe, in trouble ioy, in darknes light:
Compaſſion is in his eies, and mercy alwaies in his ſight.
5 Yea pitty moueth ſuch to lend, he doth by iudgement things expend.

6 And

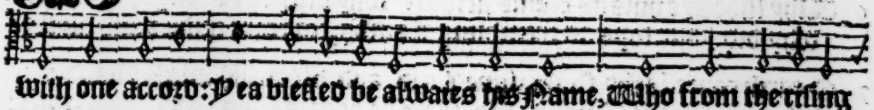
6 And ſurely ſuch ſhall neuer faile,
For in remembrance had is he:
7 No tidings ill can make him quaile,
Who in the Lord ſure hope doth ſee.
8 His heart is firme, his feare is paſt,
For he ſhall ſee his foes downe caſt.

9 He did well for the poore prouide,
His righteouſneſſe ſhall ſtill remaine:
And his eſtate with praiſe abide,
Though that the wicked man diſdaine.
10 Yea gnaſh his teeth thereat ſhall he,
And ſo conſume his ſtate to ſee.

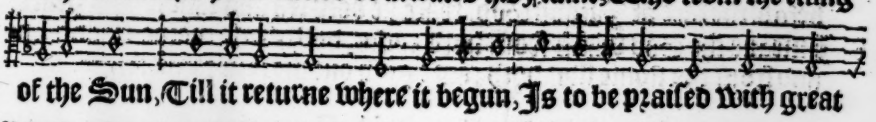
Laudate pueri. Pſal. Cxiii. W. K.

An exhortation to praiſe the Lord for his prouidence, in that, contrary to the courſe of nature, he worketh in his Church.

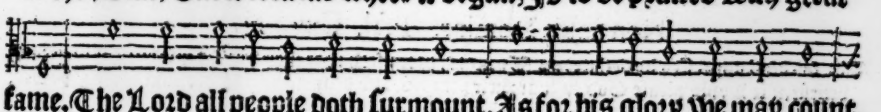
YE Children which doe ſerue the Lord, praiſe ye his Name



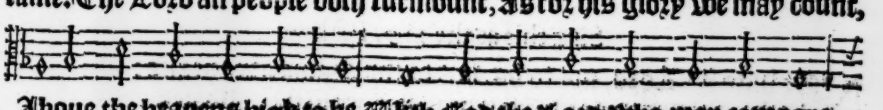
with one accord: Yea bleſſed be alwaies his Name, Who from the riſing



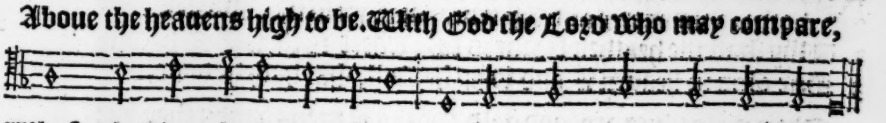
of the Sun, Till it returne where it begun, Is to be praiſed With great



fame. The Lord all people doth ſurmount, As for his glory We may count,



Aboue the heauens high to be. With God the Lord Who may compare,



Whoſe dwellings in the heauēs are: Of ſuch great power and force is he.

6 He doth abaſe himſelfe (we know)
Things to behold both here below,
And alſo in heauen aboue.
7 The needy out of duſt to draw,
And eke the poore which helpe none ſaw,
His onely mercy did him moue.

8 And ſo him ſet in high degree,
With Princes of great dignity,
That rule his people with great fame.
9 The barren he doth make to beare,
And with great ioy her fruit to reare;
Therefore praiſe ye his holy Name.

In exitu Iſrael. Pſal. Cxiiii. W. W.

Iſraels deliuery out of Egypt, putteth vs in remembrance of Gods great mercy towards his children, and of our vnthankfulneſſe for the ſame.

Sing this as the 95 Pſalme.

WHen Iſrael by Gods addreſſe, from Pharaohs land was bent:
and Jacobs houſe the ſtrangers left, and in the ſame traine went:
2 In Juda God his glory ſhew'd, his holineſſe moſt bright:
ſo did the Iſraelites declare, his kingdome, power, and might.

3 The ſea it ſaw, and ſuddenly, as all amaz'd did flie:
the roaring ſtreames of Jordans floud, recoiled backwardly.
4 As rams afraid the mountains skip'd, their ſtrength did them forſake:
and as the ſilly trembling Lambs, their tops did beat and ſhake.

5 What aild thee ſea as all amas'd, ſo ſuddenly to flie?
ye rolling waues of Jordans flood, why ran ye backwardly?
6 Why ſhook ye hills as Rams afraid? why did your ſtrength ſo ſhake?
why did your tops as trembling Lambs, for feare quiuer and quake?

7 O earth confeſſe thy ſoueraigne Lord, and dread his mighty hand:
before the face of Jacobs God, feare ye both ſea and land.
8 I meane the God which from hard rocks, doth cauſe maine floods appeare:
and from the ſtonie flint doth cauſe guſh out the fountains cleare.

Non nobis Domine. Pſal. Cxv. N.

The faithfull oppreſſed by violatrous Tyrants, promiſeth that they will be mindfull of ſo great a benefit, if it would pleaſe God to hear their prayers, and deliuer them by his omnipotent power.

Sing this as the 119. Pſalme.

NOt vnto vs Lord, not to vs, but to thy Name giue praiſe:
both for thy mercy and thy truth, that are in thee alwaies.
2 Why ſhall the heathen ſcorners ſay, where is their God become?
3 Our God in heauen is, and what he will, that hath he done.

4 Their idols ſiluer are, and gold, works of mens hands they be:
5 They haue a mouth, and doe not ſpeak, and eies and doe not ſee.
6 And they haue eares ioyn'd to their heads, and doe not heare at all:
and noſes eke they formed haue, and doe not ſmell withall.

7 And hands they haue and handle not, and feet and doe not goe:
a throat they haue, yet through the ſame, they make no ſound to blow.
8 Thoſe that make them are like to them, and they whoſe truſt they be:
O Iſrael truſt in the Lord, their help and ſhield is he.

10 O Aarons houſe truſt in the Lord, their help and ſhield is he:
11 Truſt ye the Lord that feare the Lord, their help and ſhield is he.
12 The Lord hath mindfull been of vs, and will vs bleſſe alſo:
on Iſrael and on Aarons houſe, his bleſſings he will ſhow.

13 Them that be fearers of the Lord, the Lord will bleſſe them all:
euen he will bleſſe them euery one, the great and eke the ſmall.
14 To you (I ſay) the liuing Lord, will multiply his grace:
to you, and to the children that ſhall follow of your race.

15 Ye are the bleſſed of the Lord, euen of the Lord, I ſay:
which both the heauens and the earth hath made and ſet in ſtay.
16 The heauens, yea the heauens high, belong vnto the Lord:
the earth vnto the ſons of men, he gaue of free accord.

17 They that be dead doe not with praiſe, ſet forth the Lords renowne:
nor any that into the place of ſilence doe goe downe.
18 But We will praiſe the Lord our God, from henceforth and for aye:
ſound ye the praiſes of the Lord, praiſe ye the Lord I ſay.

Dilexi quoniam. Pſal. Cxvi. N.

Dauid being in great danger of Saul in the deſert of Maon, perceiuing the great and inestimable loue of God towards him, magnifieth ſuch great mercies, and proteſteth he will be thankfull for the ſame.

Sing this as the 103 Pſalme.

I Loue the Lord, becauſe my voice, and prayer heard hath he:
2 When in my daies I call'd on him, he bow'd his eare to me.
3 Eu'n When the ſnares of cruell death, about beſet me round:
When paines of hell me caught, and when I woe and ſorrow found.

4 Upon the Name of God my Lord, then did I call and ſay,
deliuer thou my ſoule O Lord, I doe thee humbly pray.
5 The Lord is very mercifull, and iuſt he is alſo:
and in our God compaſſion doth plentifully flow.

6 The Lord in ſafety doth preſerue, all thoſe that ſimple be:
I was in wofull miſery, and he deliuered me.
7 And now my ſoule ſith thou art ſafe, return vnto thy reſt:
for largely, loe the Lord to thee his bounty hath expreſt.

8 Becauſe thou haſt deliuered my ſoule from deadly thrall:
my moiſtned eyes from mournfull teares, my ſliding feet from fall:
9 Before the Lord I in the land of life will walk therefore:
10 I did beleeue, therefore I ſpake, for I was troubled ſore.

The ſecond part.

11 I ſaid in my diſtreſſe and feare, that all men liars be:
12 What ſhall I pay the Lord for all his benefits to me?
13 The wholſome cup of ſauing health, I thankfully will take:
and on the Lords Name I will call, when I my prayers make.

14 I to the Lord will pay the vowes, that I to him behight:
yea euen at this preſent time, in all his peoples ſight.
15 Right deare and precious in his ſight, the Lord doth aye eſteeme
the death of all his holy ones, what euer men doe deeme.

16 Thy ſeruant Lord, thy ſeruant lo, I doe my ſelfe confeſſe,
ſon of thy hand maid: thou haſt broke the bonds of my diſtreſſe.
17 And I will offer vp to thee, a ſacrifice of praiſe:
and I will call vpon the Name of God the Lord alwayes.

18 I to the Lord will pay the vowes, that I haue him behight:
yea euen at this preſent time, in all his peoples ſight.
19 Yea in the courts of Gods owne houſe, and in the midſt of thee,
O thou Ieruſalem I ſay: wherefore the Lord praiſe ye.

Laudate Dominum. Pſal. Cxvii. N.

He exhorteth the Gentiles to praiſe God, becauſe he hath accompliſhed, as well to them as to the Iewes, the promiſe of life euerlaſting by Ieſus Chriſt.

Sing this as the 29 Pſalme.

O All ye Nations of the world, praiſe ye the Lord alwaies:
and all ye people euery where, ſet forth his noble praiſe:
2 For great his kindneſſe is to vs, his truth endures for aye:
wherefore praiſe ye the Lord our God, praiſe ye the Lord I ſay.

Confitemini Dom. Pſal. Cxviii. N.

Dauid reiected of Saul and of the people, at the time appointed obtained the kingdome, for which he biddeth all that feare the Lord to be thankfull: vnder whoſe perſon Chriſt is liuely ſet forth, who ſhould be of all his people reiected.

Sing this as the 95. Pſalme.

O Giue ye thanks vnto the Lord, for gracious is he:
becauſe his mercy doth endure for euer towards thee.
2 Let Iſrael confeſſe and ſay, his mercy dures for aye:
3 Now let the houſe of Aaron ſay, his mercy dures for aye.

4 Let all that feare the Lord our God, euen now confeſſe and ſay:
the mercy of the Lord our God, endureth ſtill for aye.
5 In trouble and in heauineſſe, vnto the Lord I cry'd:
which louingly heard me at large, my ſuit was not deny'd.

6 The Lord himſelfe is on my ſide, I will not ſtand in doubt:
nor feare what man can doe to me, when God ſtands me about.
7 The Lord doth take my part with them that help to ſuccour me:
therefore I ſhall ſee my deſire vpon mine enemie.

8 Better it is to truſt in God, than in mans mortall ſeed:
9 Or to put confidence in Kings, or Princes in our need.
10 All nations haue incloſed me, and compaſſed me round:
but in the Name of God ſhall I mine enemies confound.

11 They kept me in on euery ſide, they kept me in, I ſay:
but in the Lords moſt mighty Name, I ſhall worke their decay.

12 They

12 They came about me all like Bees, but yet in the Lords Name
I quench'd their thornes that were on fire, and will deſtroy the ſame.

The ſecond part.

13 Thou haſt with force thruſt ſore at me, that I indeed might fall:
but through the Lord I found ſuch help, that they were vanquiſht all.
14 The Lord is my defence and ſtrength, my ioy, my mirth, my ſong:
he is become for me indeed, a Sauiour moſt ſtrong.

15 The right hand of the Lord our God, doth bring to paſſe great things:
he cauſeth voice of ioy and health, in righteous mens dwellings.
16 The right hand of the Lord doth bring moſt mighty things to paſſe:
his hand hath the preheminence, his force is as it was.

17 I ſhall not die, but euer liue to vtter and declare
the Lord his might and Wondrous power, his works, and what they
18 The Lord himſelfe hath chaſtened, and hath corrected me: (are.
but hath not giu'n me ouer yet to death, as ye may ſee.

19 Set open vnto me the gates of truth and righteouſneſſe:
that I may enter into them, the Lords praiſe to expreſſe.
20 This is the gate euen of the Lord, which ſhall not ſo be ſhut:
but good and righteous men alway ſhall enter into it.

The third part.

21 I will giue thanks to thee, O Lord, becauſe thou haſt heard me,
and art become moſt louingly, a Sauiour vnto me.
22 The ſtone which ere this time among the builders was refuſed:
is now become the corner ſtone, and chiefely to be vſed.

23 This was the mighty work of God, this was the Lords owne fact:
and it is maruellous to behold with eyes that noble act.
24 This is the ioyfull day indeed, which God himſelfe hath wrought:
let vs be glad and ioy therein, in heart, in mind, and thought.

25 Now help vs Lord and proſper vs, we with with one accord:
26 Bleſſed is he that comes to vs in the Name of the Lord.
27 God is the Lord that ſhewes vs light, bind ye therefore with cord
your ſacrifice to the altar, and giue thanks to the Lord.

28 Thou art my God, I will confeſſe, and render thanks to thee:
[thou art my God, and I will praiſe thy mercy towards me.
29 O giue ye thanks vnto the Lord, for gracious is he:
becauſe his mercy doth endure for euer towards thee.

Beati immaculati. Pſal. Cxix. W. W.

In this Pſalme is contained an exquiſite art and wonderfull vehemency in ſetting forth the praiſes of Gods Law: wherein the Prophet cannot ſatisfie himſelfe, nor ſufficiently expreſſe the affection which he beareth thereunto: adding moreouer many notable complaints and conſolations. Wherefore it is meet that all the faithfull haue it alway both in heart and mouth. And in the Hebrew euery eight verſes begin with one letter of the Alphabet.

Bleſſed

BLeſſed are they that perfect are, and pure in mind and heart,
whoſe liues and conuerſations, from Gods lawes neuer ſtart. 2. Bleſſed
are they that giue themſelues his ſtatutes to obſerue: ſeeking the Lord
with all their heart, and neuer from him ſwerue.

3 Doubtleſſe ſuch men goe not aſtray, nor doe no wicked thing:
Which ſtedfaſtly walk in his way without any wandring.
4 It is thy will and commandment; that with attentiue heed
thy noble and diuine precepts, we learne and keep indeed.

5 O would to God it might thee pleaſe, my waies ſo to addreſſe,
that I might both in heart and voice, thy lawes keep and confeſſe.
6 So ſhould no ſhame my life attaint, whilſt I thus ſet mine eies,
and bend my mind alwaies to muſe on thy ſacred decrees.

7 Then will I praiſe with vpright heart, and magnifie thy Name,
when I ſhall learne thy iudgements iuſt, and likewiſe proue the ſame.
8 And wholly will I giue my ſelfe, to keep thy lawes moſt right:
forſake me not for euer Lord, but ſhew thy grace and might.

BETH. The ſecond part.

BY what meanes may a young man beſt, his life learne to amend?
if that he mark and keep thy word, and therein his time ſpend.
10 Vnfainedly I haue thee ſought, and thus ſeeking abide:
O neuer ſuffer me O Lord, from thy precepts to ſlide.

11 Within my heart and ſecret thoughts, thy words I haue hid ſtill:
that I might not at any time, offend thy godly will.
12 We magnifie thy Name O Lord, and praiſe thee euermore:
thy ſtatutes of moſt worthy fame, O Lord teach me therefore.

13 My lips haue neuer ceas'd to preach, and publiſh day and night,
the iudgements all, which did proceed from thy mouth full of might.
14 Thy teſtimonies and thy waies, pleaſe me no leſſe indeed,
than all the treaſures of the earth, which worldlings make their meed.

15 Of

15 Of thy precepts I will ſtill muſe, and thereto frame my talk:
as at a marke ſo will I aime, thy waies how I may walke.
16 My onely ioy ſhall be ſo ſtir'd, and on thy lawes ſo ſet:
that nothing can me ſo farre blind, that I thy words forget.

GIMEL. The third part.

GRant to thy ſeruant now ſuch grace, as may my life prolong:
thy holy word then will I keep, both in my heart and tongue.
18 Mine eyes which were dim and ſhut vp, ſo open and make bright,
that of thy law and maruellous works, I may haue the cleare ſight.

19 I am a ſtranger in this earth, wandring now here, now there:
thy word therefore to me diſcloſe, my foot-ſteps for to cleare.
20 My ſoule is rauiſh'd with deſire, and neuer is at reſt,
but ſeeks to know thy iudgments high, and what may pleaſe thee beſt.

21 The proud men and malicious, thou haſt deſtroyd each one:
and curſed are ſuch as doe not thy heſts attend vpon.
22 Lord turne from me rebuke and ſhame, which wicked men conſpire:
for I haue kept thy couenants, with zeale as hot as fire.

23 The Princes great in counſell ſate, and did againſt me ſpeak:
but then thy ſeruant thought how he thy ſtatutes might not break.
24 For why thy couenants are my ioy, and my hearts great ſolace:
they ſerue in ſtead of counſellers, my matters for to paſſe.

DALETH. The fourth part.

I Am alas as brought to graue, and almoſt turn'd to duſt:
reſtore therefore my life againe, as thy promiſe is iuſt.
26 My waies when I acknowledged, with mercie thou didſt heare:
heare now eft-ſoone, and me inſtruct, thy lawes to loue and feare.

27 Teach me once throughly for to know, thy precepts and thy lore:
thy works then will I meditate, and lay them vp in ſtore.
28 My ſoule I feele ſo ſore oppreſt, that it melteth for griefe:
according to thy word therefore, haſte Lord to ſend reliefe.

29 From lying and deceitfull lips, let thy grace me defend:
and that I may learne thee to loue, thy holy law me ſend.
30 The way of truth both ſtraight and ſure, I haue choſen and found:
I ſet thy iudgements me before, which kept me ſafe and ſound.

31 Since then (O Lord) I fore'd my ſelfe, thy couenants to embrace:
let me therefore haue no rebuke, nor check in any caſe.
32 Then will I run with ioyfull cheare, where thy word doth me call:
when thou haſt ſet my heart at large, and rid me out of thrall.

HE. The fift part.

INſtruct me Lord in the right trade, of thy precepts diuine:
and it to keep euen to the end, my heart will I incline.

34 Grant me the knowledge of thy law, and I shall it obey:
With heart, and mind, and all my might, I will it keepe I say:

35 In the right paths of thy precepts, guide me Lord I require:
none other pleasure doe I wish, nor greater thing desire.
36 Incline my heart thy lawes to keep, and couenants to imbrace,
and from all filthy auarice, Lord shield me with thy grace.

37 From vaine desires and worldly lusts, turn back mine eies and sight:
giue me the spirit of life and power, to walk thy wayes aright.
38 Confirme thy gracious promise Lord, which thou hast made to me:
which am thy seruant, and doe loue, and feare nothing but thee.

39 Reproach and shame which I so feare, from me O Lord expell:
for thou dost iudge with equity, and therein dost excell.
40 Behold, my hearts desire is bent, thy lawes to keep for aye:
Lord strengthen me so with thy grace, that it performe I may.

VAV. The sixt part.

THy mercies great and manifold, let me obtaine O Lord:
Thy sauing health let me enioy, according to thy word,
42 So shall I stop the slanderous mouthes, of lewd men and vniust:
for in thy faithfull promises, stands my comfort and trust.

43 The word of truth within my mouth, let euer still be prest:
for in thy iudgements wonderfull, my hope doth stand and rest.
44 And whilst that breath within my breast, doth naturall life preserue:
yea till this world shall be dissolu'd, thy law will I obserue.

45 So walke will I as set at large, and made free from all dread:
because I sought how for to keep thy precepts and thy read.
46 Thy noble acts I will describe, as things of most great fame:
euen before kings I will them blaze, and shrinke no whit for shame.

47 I will reioyce then to obey, thy worthy hests and will:
which euermore I haue lou'd best, and so will loue them still.
48 My hands I will lift to thy lawes, which I haue dearly sought:
and practice thy commandements, in will, in deed, in thought.

ZAIN. The seuenth part.

THy promise which thou mad'st to me, thy seruant, Lord remember:
for therein doe I put my trust, and confidence for euer.
50 It is my comfort and my ioy, when troubles me assaile:
for were my life not by thy word, my life would soone me faile.

51 The proud and such as God contemne, still made of me a scorne:
yet would I not thy law forsake, as he that were forlorne:
52 But call'd to mind Lord thy great works, shew'd to our fathers old:
whereby I felt the ioy surmount my griefe an hundred fold.

53 But

53 But yet alas, for feare I quake, ſeeing how wicked men
thy law forſook, and did procure thy iudgements vpon them.
54 And as for me, I fram'd my ſongs, thy ſtatutes to exalt:
when I among the ſtrangers dwelt, and thoughts gan me aſſault.

55 I thought vpon thy Name, O Lord, by night when others ſleep:
as for thy Law, alſo I kept, and euer will it keep.
56 This grace I did obtaine becauſe thy couenants ſweet and deare
I did embrace, and alſo keep, with reuerence and with feare.

HETH. The eight part.

O God which art my part and lot, my comfort and my ſtay:
I haue decreed and promiſed, thy law to keep alway.
58 Mine earneſt heart did humbly ſue, in preſence of thy face:
as thou therefore haſt promiſed, Lord grant me of thy grace.

59 My life I haue examined, and tri'd my ſecret heart:
which to thy ſtatutes cauſed me my feet ſtraight to conuert.
60 I did not ſtay nor linger long, as they that ſlothfull are:
but haſtily thy lawes to keep, I did my ſelfe prepare.

61 The cruell bands of wicked men, haue made of me their prey:
yet would I not thy law forget, nor from thee goe aſtray.
62 Thy righteous iudgements towards me, ſo great are and ſo hie:
that euen at midnight will I riſe, thy Name to magnifie.

63 Companion am I to all them, which feare thee in their heart:
and neuer will for loue nor dread from thy Commandements ſtart.
64 Thy mercies Lord moſt plenteouſly, doe all the world fulfill:
O teach me how I may obey thy ſtatutes and thy will.

TETH. The ninth part.

65 According to thy promiſe Lord, ſo haſt thou with me dealt:
for of thy grace in ſundry ſorts, haue I thy ſeruant felt.
66 Teach me to iudge alwaies aright, and giue me knowledge ſure:
for certainly beleeue I doe, that thy precepts are pure.

67 Ere thou didſt touch me with thy rod, I err'd and went aſtray:
but now I keepe thy holy word, and make it all my ſtay.
68 Thou art both good and gracious, and giu'ſt moſt liberally:
thine ordinances how to keep, therefore O Lord teach me.

69 The proud and wicked men haue forg'd, againſt me many a lie:
yet thy Commandements ſtill obſerue, with all my heart will I.
70 Their hearts are ſwolne with worldly wealth, as greaſe ſo are they fat:
but in thy law doe I delight, and nothing ſeeke but that.

71 O happy time may I well ſay, when thou didſt me correct:
for as a guide to learne thy law, thy rod did me direct.
72 So that to me thy word and law, is dearer manifold:
then thouſands of ſiluer and gold, or ought that can be told.

IOD.

IOD. The tenth part.

SEing thy hands haue made me Lord, to be thy creature:
grant knowledge likewiſe how to learne to put thy lawes in vre.
74 So they that feare thee ſhall reioyce, when euer they me ſee:
becauſe I haue learnd by thy word, to put my truſt in thee.

75 When with thy rods the world is plagu'd, I know the cauſe is iuſt:
ſo when thou doſt correct me Lord, the cauſe iuſt needs be muſt.
76 Now of thy goodnes I thee pray, ſome comfort to me ſend:
as thou to me haſt promiſed, ſo from all ill me ſhend.

77 Thy tender mercies poure on mē, and I ſhall ſurely liue:
for ioy and conſolation both, thy law to me doth giue.
78 Confound the proud, whoſe falſe pretence, is me for to deſtroy:
but as for me thy heſts to know, I will my ſelfe employ.

79 Who ſo with reuerence doe thee feare, to me let them retyre:
and ſuch as doe thy couenants know, and them alone deſire.
80 My heart without all wauering, let on thy lawes be bent:
that no confuſion come to me, whereby I ſhould be ſhent.

CAPH. The eleventh part.

MY ſoule doth faint and ceaſeth not, thy ſauing health to craue:
and for thy words ſake ſtill I truſt, my hearts deſire to haue.
82 Mine eyes doe faile with looking for thy word, and thus I ſay:
oh when wilt thou me comfort, Lord, why doſt thou thus delay?

83 As a skin-bottle in the ſmoke, ſo am I parcht and dri'd:
yet will I not out of my heart, let thy Commandements ſlide.
84 Alas how long ſhall I yet liue, before I ſee the houre,
that on my foes which me torment, thy vengeance thou wilt poure.

85 Preſumptuous men haue digged pits, thinking to make me ſure:
thus contrary againſt thy law, my hurt they doe procure.
86 But thy Commandements are all true, and cauſleſſe they me grieue:
to thee therfore I doe complaine, that thou mightſt me relieue.

87 Almoſt they had me cleane deſtroid, and brought me quite to ground:
yet by thy ſtatutes I abode, and therein ſuccour found.
88 Reſtore me Lord againe to life, for thy mercies excell:
and ſo ſhall I thy couenants keep, till death my life expell.

LAMED. The twelfth part.

IN heauen Lord where thou doſt dwell, thy word is ſtabliſht ſure:
and ſhall for all eternity, faſt grauen there endure.
90 From age to age thy truth abides, as doth the earth witneſſe:
whoſe ground-work thou haſt laid ſo ſure, as no tongue can expreſſe.

91 Euen to this day we may well ſee, how all things perſeuere
according to thine ordinance, for all things thee doe feare.
92 Had it not been that in thy law my ſoule had comfort ſought:
long time ere now in my diſtreſſe, I had been brought to nought.

93 There-

93 Therefore will I thy precepts aye, in memory keep faſt:
by them thou haſt my life reſtor'd, when I was at laſt caſt.
94 No wight to me can title make, for I am onely thine:
ſaue me therefore, for to thy lawes, mine eares and heart incline.

95 The wicked men doe ſeek my bane, and thereto lie in wait:
but I the while conſidered thy noble works and great.
96 I ſee nothing in this wide world, at length which hath not end:
but thy commandements and thy word, beyond all bounds extend.

MEM. The xiii. part.

WHat great deſire and feruent loue, doe I beare to thy law?
all the day long I meditate on it with reuerent awe.
98 Thy word hath taught me far to paſſe, my foes in policie:
for ſtill I hold it as a thing of moſt excellencie.

99 My teachers which did me inſtruct, in knowledge I excell:
becauſe I doe thy couenants keep, and them to others tell.
100 In wiſedome I doe paſſe alſo, the ancient men indeed:
and all becauſe to keep thy lawes, I held it aye beſt reed.

101 My feet I haue refrained eke, from euery euill way:
becauſe that I continually, thy word might keep, I ſay,
102 I haue not ſwerued from thy iudgements, nor yet ſhrunk any dell:
for why? thou haſt me taught thereby, to liue godly and well.

103 O Lord, how ſweet vnto my taſte, find I thy words alway:
doubtleſſe no honey in my mouth, feele ought ſo ſweet I may.
104 Thy lawes haue me ſuch wiſdome learn'd, that vtterly I hate
all wicked and vngodly wayes, in euery kind or rate.

NVN. The xiiii. part.

EVen as a lantern to my feet, ſo doth thy word ſhine bright:
and to my paths where euer I goe, it is a flaming light.
106 I haue both ſworne and will performe, my promiſes doubtleſſe:
that I will keep thy iudgements iuſt, and them in life expreſſe.

107 Affliction hath me ſore oppreſt, and brought me to deaths doore:
O Lord, as thou haſt promiſed, ſo me to life reſtore.
108 The offrings which with heart and voice, moſt frankly I thee giue,
accept, and teach me how I may after thy iudgements liue.

109 My ſoule is aye ſo in my hand, that dangers me aſſaile:
yet doe I not thy law forget, nor it to keep will faile.
110 Although the wicked laid their nets, to catch me at a bay:
yet did I not from thy precepts, once ſwerue or goe aſtray.

111 Thy law I haue ſo claim'd alway, as mine owne heritage:
and why? for therein I delight, and ſet my whole courage.
112 For euermore I haue beene bent, thy ſtatutes to fulfill:
euen ſo likewiſe vnto the end, I will continue ſtill.

SAMECH. The xv. part.

THe craftie thoughts and double hearts, I doe alwaies deteſt:
but as for thy lawes and precepts I loue them euer beſt.
114 Thou art my hid and ſecret place, my ſhield of ſtrong defence:
therefore haue I thy promiſes, lookt for with patience.

115 Go to therefore ye wicked men, depart from me anon:
for the commandements will I keep, of God my Lord alone.
116 As thou haſt promiſed ſo performe, that death me not aſſaile:
nor let my hope abuſe me ſo, that through diſtruſt I quaile.

117 Uphold me, and I ſhall be ſafe, for ought they doe or ſay:
and in thy ſtatutes pleaſure take, will I both night and day.
118 Thou haſt trod ſuch vnder thy feet, as doe thy ſtatutes breake:
for nought auailes their ſubtilty, their counſell is but weake.

119 Like droſſe thou caſts the wicked out, where ere they goe or dwell:
therefore can I as thy ſtatutes, loue nothing halfe ſo well.
120 My fleſh (alas) is taken with feare, as though it were benumd:
for when I ſee thy iudgements, ſtraight I am as one aſton'd.

AIN. The xvi. part.

I Doe the thing that lawfull is, and giue to all men right:
reſigne me not to them that would, oppreſſe me with their might,
122 But for thy ſeruant ſurety be, in that thing that is good:
that proud men giue me not the foile, which rage as they were wood.

123 Mine eyes with waiting are now blinde, thy health ſo much I craue:
and eke thy righteous promiſe, Lord, whereby thou wilt me ſaue.
124 Intreat thy ſeruant louingly, and fauour to him ſhow:
thy ſtatues of moſt excellency, teach me alſo to know.

125 Thy humble ſeruant Lord, I am, grant me to vnderſtand
how by thy ſtatutes I may know, beſt what to take in hand.
126 It is now time, Lord, to begin, for truth is quite decaid:
thy law likewiſe they haue tranſgreſt, and none againſt them ſaid.

127 This is the cauſe wherefore I loue, thy lawes better than gold,
or iewels fine which are eſteem'd moſt coſtly to be ſold.
128 I thought thy precepts all moſt iuſt, and ſo them laid in ſtore:
all crafty and malicious waies, I doe abhorre therefore.

PE. The xvii. part.

THy couenants are moſt wonderfull, and full of things profound:
my ſoule therefore doth keep them ſure, when they are tride & found.
130 When men firſt enter into thy word, they finde a light moſt cleare:
and very ideots vnderſtand, when they it read or heare.

131 For ioy I haue both gap'd and breath'd, to know thy commandement:
that I might guide my ſelfe thereby, I ſought what thing it meant.
132 With mercy and compaſſion Lord, behold me from aboue,
as thou art wont to behold ſuch, as thy name feare and loue.

133 Direct

133 Direct my foot-ſteps by thy Word, that I thy Will may know:
and neuer let iniquity thy ſeruant ouerthrow. (ſure:
134 From ſlanderous tongues and deadly harmes, preſerue and keepe me
thy precepts then will I obſerue, and put them eke in vre.

135 Thy countenance which doth ſurmount, the Sun in his bright hue:
let ſhine on me, and by thy law, teach me what to eſchew.
136 Out of mine eies great flouds guſh out, of dreary teares that fall:
when I behold how wicked men thy lawes keep not at all.

ZADE. The xviii. part.

IN euery point Lord thou art iuſt, the wicked though they grudge:
and when thou doſt ſentence pronounce, thou art a righteous Iudge.
138 To render right, and flie from guile, are two chiefe points moſt high:
and ſuch as thou haſt in thy law, commanded vs ſtraitly.

139 With zeale and wrath I am conſum'd, and euen pin'd away:
to ſee my foes thy Word forget, for ought that I doe may.
140 So pure and perfect is thy Word, as any heart can deeme:
and I thy ſeruant nothing more, doe loue or yet eſteeme.

141 And though I be nothing ſet by, as one of baſe degree:
yet doe I not thy lawes forget, nor ſhrinke away from thee.
142 Thy righteouſneſſe (Lord) is moſt iuſt, for euer to endure:
alſo thy law is truth it ſelfe, moſt conſtant and moſt pure.

143 Trouble and griefe haue ſeiz'd on me, and brought me wondrous low:
yet doe I ſtill all thy precepts, delight to heare and know.
144 The righteouſneſſe of thy iudgements doth laſt for euermore:
then teach them me, for euen in them my life lies vp in ſtore.

KOPH. The xix. part.

145 With feruent heart I call'd and cri'd, now anſwer me O Lord:
that thy commandements to obſerue, I may fully accord.
146 To thee my God I make my ſuit, with moſt humble requeſts,
ſaue me therefore, and I will keep thy precepts and thy heſts.

147 To thee I cry euen in the morne, before the day ware light:
becauſe that I haue in thy Word, my confidence whole pight.
148 Mine eies preuent the watch by night, and ere they call I wake:
that by deuiſing on thy Word, I might ſome comfort take.

149 Incline thine eares to heare my voice, and pitie on me take:
as thou waſt wont to iudge me Lord, leſt life ſhould me forſake.
150 My foes draw neare, and doe procure, my death maliciouſly:
which from thy law are farre gone back, and ſtraid from it lewdly.

151 Therefore O Lord approach thou neare, for need doth ſo require:
for all thy precepts true they are, then help I thee deſire.
152 But thy commandments haue I learn'd, not now, but long agoe:
that they remain for euermore, thou haſt them grounded ſo.

RESH. The xx. part.

MY trouble and affliction, consider and behold:
deliuer me, for of thy law, I euer take fast hold.
154 Defend my good and righteous cause, with speed some succour send:
from death (as thou hast promised) Lord keep me and defend.

155 As for the wicked, far they are, from hauing health and grace:
whereby they might thy statutes know, they enter not the trace.
156 Great are thy mercies Lord I grant, what tongue can them attaine?
and as thou hast me iudg'd ere now, so let me life obtaine.

157 Though many men did trouble me, and persecute me sore:
yet from thy lawes I neuer shrunk, nor went awry therefore.
158 And truth it is for griefe I die, when I these traitors see:
because they keep no whit thy word, nor yet seek to know thee.

159 Behold, for I doe loue thy lawes, with heart most glad and faine:
as thou art good and gracious Lord, restore my life againe.
160 What thy word doth decree must be, and so it hath been euer:
thy righteous iudgements are also, most true, and decay neuer.

SCHIN. The xxi. part.

PRinces haue sought by cruelty, causelesse to make me crouch:
but all in vaine, for of thy word, the feare did my heart touch.
162 And certainely euen of thy word, I was more merry and glad,
than he that of rich spoiles and prey, great store and plentie had.

163 As for all lies and falsities, I hate most and detest:
for why? thy holy law doe I, aboue all things loue best.
164 Seuen times a day I praise the Lord, singing with heart and voice:
thy righteous acts and wonderfull, so cause me to reioyce.

165 Great peace and rest shall all such haue, as doe thy statutes loue:
no danger shall their quiet state, empaire or once remoue.
166 My onely health and comfort Lord, I look for at thy hand:
& therefore haue I done those things, which thou didst me command.

167 Thy lawes haue been mine exercise, which my soule most desir'd:
so much to them my loue was bent, that nought else I requir'd.
168 Thy statutes and commandements, I kept (thou know'st) aright:
for all the things that I haue done, are present in thy sight.

TAV. The xxii. part.

O Lord let my complaint and crie, before thy face appeare:
and as thou hast me promise made, so teach me thee to feare.
170 Mine humble supplication, toward thee let find accesse:
and grant me Lord deliuerance, for so is thy promise.

171 Then shall my lips thy praises speak, after most ample sort:
when thou thy statutes hast me taught, wherein stands my comfort.
172 My tongue shall sing and preach thy word, and in this wise say shall:
Gods famous acts and noble lawes, are iust and perfect all.

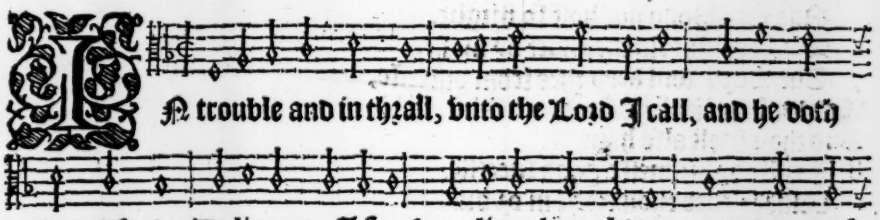
173 Stretch

173 Stretch out thy hand, I thee beſeech, and ſpeedily me ſaue:
for thy Commandements to obſerue, choſen O Lord I haue.
174 Of thee alone Lord I craue health, for other I know none:
and in thy law and nothing elſe, I doe delight alone.

175 Grant me therefore long daies to liue, thy Name to magnifie:
and of thy iudgements mercifull, let me the fauour try.
176 For I was loſt and went aſtray, much like a wandring ſheep:
oh ſeeke me, for I haue not fail'd, thy Commandments to keep.

Ad Dominum. Pſal. Cxx. T. S.

The prayer of Dauid, now baniſhed among the barbarous people of Arabia by the falſe reports of enuious flatterers. And therefore he lamenteth his long abode among the Infidels, who were giuen to all kinde of wickednesſe and contention.



IN trouble and in thrall, vnto the Lord I call, and he doth me comfort. 2 Deliuer me I ſay, from liars lips alway, and tongues of falſe report.

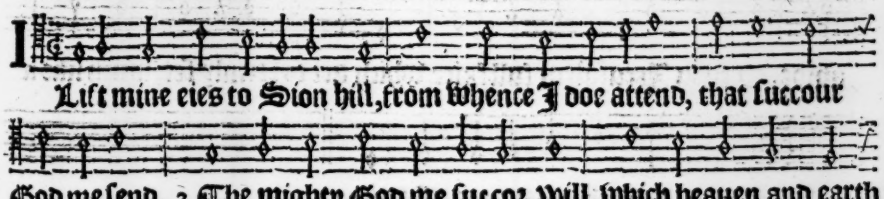
3 What vantage or what thing
Getſt thou thus for to ſting,
Thou falſe and flattering lyar?
4 Thy tongue doth hurt I ween,
No leſſe then arrowes keen
Or hot conſuming fire.

5 Alas too long I ſlack
Within theſe tents ſo blacke,
Which Kedars are by name.
By whom the flocke elect,
And all of Iſaacs ſect
Are put to open ſhame.

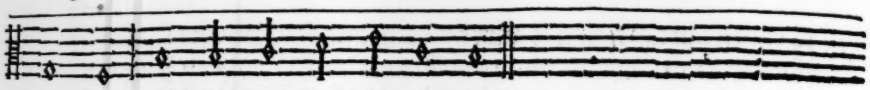
6 With them that peace did hate,
I came a peace to make,
And ſet a quiet life.
7 But when my tale was told,
Cauſleſſe I was controld
By them that would haue ſtrife.

Levavi oculos. Pſal. Cxxi. W. W.

The Prophet ſheweth by his owne example, that the faithfull ought to look for all their ſuccour of God alone, who will gouerne and giue good ſucceſſe to all their godly enterpriſes.



LIft mine eies to Sion hill, from whence I doe attend, that ſuccour God me ſend. 2 The mighty God me ſuccor will, which heauen and earth framed,

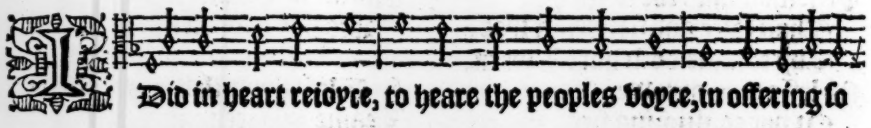


framed, and all things therein named.

3 Thy foot from ſlip he will preſerue,
And will thee ſafely keep,
For he will neuer ſleep:
4 Lo he that doth Iſrael conſerue,
No ſleep at all can him catch,
But his eyes ſhall euer watch.
5 The Lord is thy warrant al way,
The Lord eke doth thee couer,
As at thy right hand euer.
6 The Sun ſhall not thee parch by day,
Nor the Moon not half ſo bright,
Shall with cold thee hurt by night.
7 The Lord will keep thee from diſtreſſe,
And will thy life ſure ſaue,
And thou ſhalt alſo haue
8 In all thy buſineſſe good ſucceſſe.
Where euer thou goeſt in or out,
God will thy things bring about.

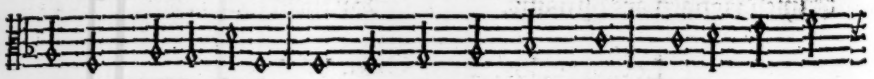
Lætatus ſum. Pſal. Cxxii. W. K.

Dauid reioyceth in the Name of the faithfull, that God hath accompliſhed his promiſe, and placed his Arke in Sion, for the which he giueth thanks, and prayeth for the Church.



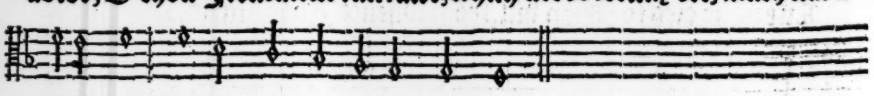
LIid in heart reioyce, to heare the peoples voyce, in offering ſo

willingly. For let vs vp ſay they, and in the Lords houſe pray, thus ſpake



the folke full louingly: Our feet that wandred wide, ſhall in thy gates

abide, O thou Ieruſalem full faire, which art ſo ſeemly ſet, much like a



City neat, the like whereof is not elſewhere.

4 The Tribes with one accord,
The Tribes of God the Lord
Are thither bent their way to take.
So God before did tell,
That there his Iſrael
Their prayers ſhould together make.
5 For there are thrones erect,
And that for this reſpect,
To ſet forth iuſtice orderly:
Which thrones right to maintaine,
To Dauids houſe pertaine,
His folk to iudge accordingly.

6 To pray let vs not ceaſe,
For Ieruſalems peace,
Thy friends God proſper mightily:
7 Peace be thy walls about,
And proſper thee throughout
Thy palaces continually.
8 I wiſh thy proſperous ſtate,
For my poore brethrens ſake,
That comfort haue by meanes of thee:
9 Gods houſe doth me allure,
Thy wealth for to procure,
So much alwaies as lies in me.

Ad te levavi. Pſal. Cxxiii. T. S.

A prayer of the faithfull, which are afflicted by the wicked worldlings, and contemners of God.

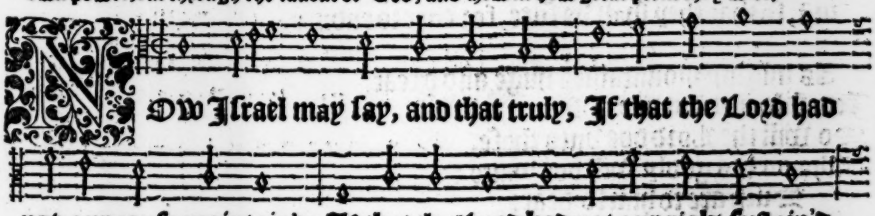
Sing this as the 73 Pſalme.

O Lord that heauen doſt poſſeſſe, I lift mine eyes to thee:
euen as the ſeruant lifteth his, his maſters hands to ſee.
2 As handmaids watch their miſtreſſe hands, ſome grace for to atchieue:
ſo We behold the Lord our God, till he doe vs forgiue.

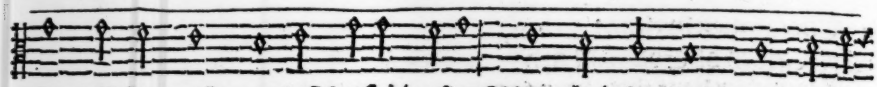
3 Lord grant vs thy compaſſion, and mercie in thy ſight:
for we are fill'd and ouercome, With hatred and deſpight.
4 Our minds be ſtuft with great rebuke, the rich and worldly wiſe
doe make of vs their mocking ſtocks, the proud doe vs deſpiſe,

Niſi quia Dom. Pſal. Cxxiiii. W. W.

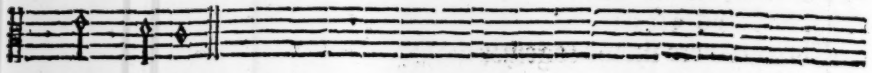
The people of God being deliuered out of great danger, acknowledge, not to haue eſcaped by their own power, but through the fauour of God, and ſhew in how great perill they were.



NOw Iſrael may ſay, and that truly, If that the Lord had
not our cauſe maintain'd: If that the Lord had not our right ſuſtain'd,
when



When all the world againſt vs furiouſly, Made their vproares, and ſaid we



ſhould all die.

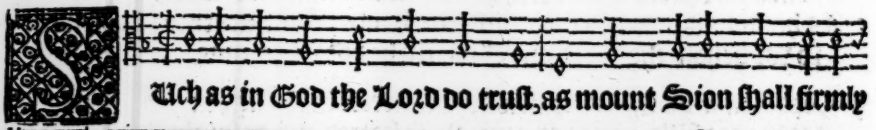
3 Now long agoe they had deuour'd vs all:
And ſwallowed quick, for ought that we could deeme:
Such was their rage, as we might well eſteeme.
4 And as the floods with mighty force doe fall:
So had they now our liues euen brought to thrall.

5 The raging ſtreames, moſt proud in roaring noiſe,
Had long agoe ore-whelm'd vs in the deep.
6 But loued be God, which doth vs ſafely keep
From bloody teeth, and their moſt cruell voice,
Which as a prey, to eate vs would reioice.

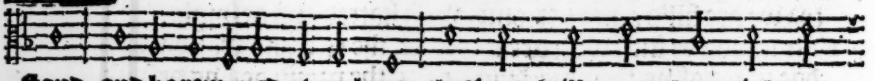
7 Euen as a bird out of the Fowlers grin
Eſcapes away, right ſo it fares with vs:
Broke are their nets, and we haue ſcaped thus.
8 God that made heauen and earth, is our help then:
His name hath ſau'd vs from theſe wicked men.

Qui confidunt. Pſal. Cxxv. W. K.

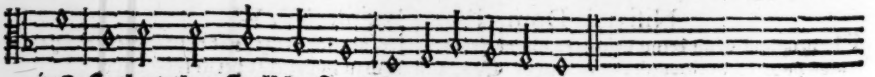
He deſcribeth the aſſurance of the faithfull in their afflictions, and deſireth their wealth, and the deſtruction of the wicked.



Uch as in God the Lord do truſt, as mount Sion ſhall firmly



ſtand, and be remoued at no hand, the Lord will count them right and



iuſt, ſo that they ſhall be ſure, for euer to endure.

2 As mighty mountaines huge and great,
Ieruſalem about doe cloſe:
So will the Lord doe vnto thoſe,
Who on his godly Will doe waite:
Such are to him ſo deare,
They neuer need to feare.

3 For though the righteous try doth he,
By making wicked men his rod:
Leſt they through grief forſake their God,
It ſhall not as their lot ſtill be.
4 Giue Lord to vs thy light,
Whoſe hearts are true and right.

5 But as for ſuch as turne aſide
By crooked waies which they out-ſought,
The Lord will ſurely bring to nought:
With workers vile they ſhall abide:
But peace with Iſrael
For euermore ſhall dwell.

Another of the ſame, by R. W.

Sing this as the ten Commandements.

THoſe that doe put their confidence, vpon the Lord our God onely,
and flie to him for their defence, in all their need and miſerie:
Their faith is ſure ſtill to endure, grounded on Chriſt the corner-ſtone:
mou'd with none ill, but ſtandeth ſtill, ſtedfaſt like to the mount Sion.

And as about Jeruſalem, the mighty hils doe it compaſſe,
ſo that no enemies come to them, to hurt that towne in any caſe:
So God indeed in euery need, his faithfull people doth defend,
ſtanding them by aſſuredly, from this time forth world without end.

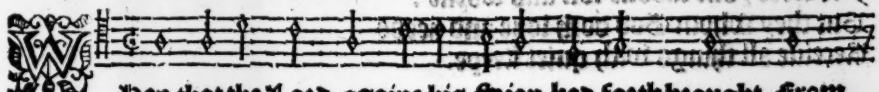
Right wiſe and good is our Lord God, and will not ſuffer certainly,
the ſinners and vngodlies rod, to tarry vpon his family.
Leſt they alſo from God ſhould goe, falling to ſin and wickednelſe: (nes.
O Lord defend world without end, thy chriſtian flock through thy good-

O Lord doe good to Chriſtians all, that ſtedfaſt in thy word abide:
ſuch as willingly from God fall, and to falſe doctrine daily ſlide:
Such will the Lord ſcatter abroad, with hypocrites throwen downe to hell:
God will them ſend pains without end: but Lord grant peace to Iſrael.

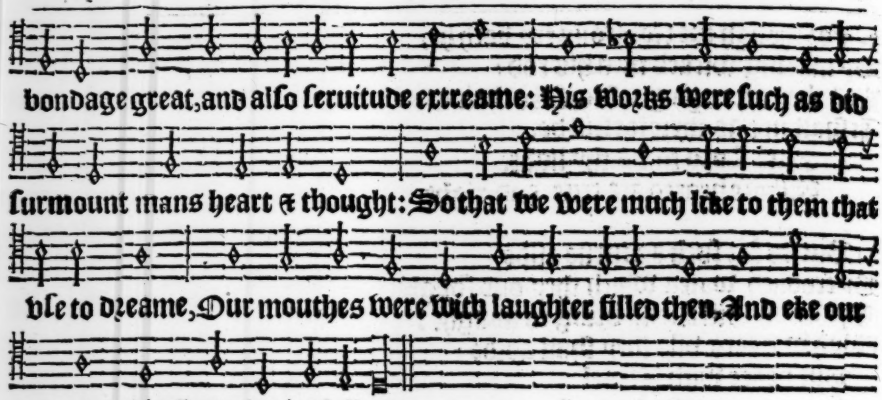
Glory to God the Father of might, and to the Sonne our Saviour:
And to the holy Ghoſt, whoſe light ſhine in our hearts, and us ſuccour:
That the right way from day to day, we may walke, and him glorifie,
With hearts deſire all that are here, worſhip the Lord, and Amen crie.

In conuertendo. Pſal. Cxxvi. W. W.

This pſalme was made after the return of the people from Babylon, ſhewing that the meanes of their deliuerance was wonderful after the 70 yeats of captiuity foretelled by Jer. 25. 12. & 29. 10.



WHen that the Lord, againe his Sion had forth brought, From bon-



bondage great, and alſo ſeruitude extreame: His woꝛkes were ſuch as did ſurmount mans heart & thought: So that we were much like to them that vſe to dꝛeame, Our mouthes were with laughter filled then, And eke our tongues did ſhew vs ioyfull men.

2 The heathen folke were foꝛced then this to confeſſe,
How that the Lord foꝛ them alſo great things had done.
3 But much moꝛe We, and theꝛefoꝛe can confeſſe no leſſe:
Wherefoꝛe to ioy We haue good cauſe as We begun.
4 O Lord goe foꝛth, thou canſt our bondage end:
As to deſerts the flowing riuers ſend.

5 Full true it is that they which ſow in teares indeed,
A time will come When they ſhall reap in mirth and ioy.
6 They Went and Wept in bearing of their pꝛecious ſeed:
Foꝛ that their foes full oftentimes did them annoy:
But their returne With ioy they ſhall ſure ſee,
Their ſheaues home bꝛing, and not impaired be.

Niſi Dominus. Pſal. Cxxvii. W.W.

It is not mans wit, power, and labour, but the free goodneſſe of God that giueth riches, preſerueth Townes and Countries, graunteth nouriſhment and Children.

Sing this as the Lords Prayer.

EXcept the Lord the houſe doth make,
And thereunto doth ſet his hand:
What men doe build it cannot ſtand.
Likewiſe in vaine men vndertake
Cities and holds to watch and ward,
Except the Lord be their ſafegard.

2 Though ye riſe early in the moꝛne
And ſo at night goe late to bed,
Feeding full hardly With bꝛowne bꝛead,
Yet were your labour loſt and woꝛne:
But they Whom God doth loue and keepe
Receiue all things With quiet ſleepe.

3 There-

3 Therefore mark well when euer ye ſee,
That men haue heires to enioy their land,
It is the gift of Gods owne hand.
For God himſelfe doth multiply
Of his great liberality
The bleſſing of poſterity.

4 And when their children come to age
They grow in ſtrength and actiuenеſſe,
In perſon and in comelineſſe.
So that a ſhaft ſhot with courage
Of one that hath a moſt ſtrong arme,
Flies not ſo ſwift, nor doth like harme.

5 Oh well is he that hath his quiuer
Furniſht with ſuch artillerie:
For when in perill he ſhall be,
Such one ſhall neuer ſhake nor ſhiuer:
When that he pleads before the iudge,
Againſt his foes that beare him grudge.

Beati omnes. Pſal. Cxxviii. T. S.

He deſcribes the proſperous eſtate of them that be maried in the fear of God, ioining with all the promiſes of Gods bleſſings to all them that liue in this honorable eſtate, according to his cõmandement.

Sing this as the 137. Pſalme.

BLeſſed art thou that feareſt God, and walkeſt in his way:
2 For of of thy labour thou ſhalt eate, happy art thou I ſay.
3 Like fruitfull vines on thy houſe ſide, ſo doth thy Wife ſpring out:
thy children ſtand like oliue plants, thy table round about.

4 Thus art thou bleſt that feareſt God, and he ſhall let thee ſee
the promiſed Jeruſalem, and her felicity.
5 Thou ſhalt thy childrens children ſee, to thy great ioyes encreaſe:
and likewiſe grace on Iſrael, proſperity and peace.

Sæpe expugnaverunt. Pſal. Cxxix. N.

He admoniſheth the Church to reioyce, though it had been afflicted in all ages: for God will deliuer it: and the enemies for all their glorious ſhew, ſhall ſuddenly be deſtroyed.

Sing this as the 137 Pſalme.

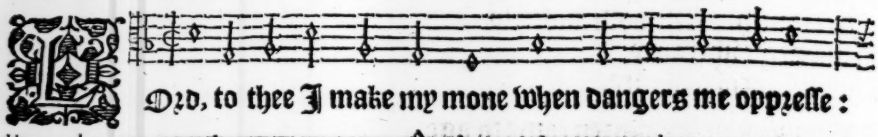
OFt they (now Iſrael may ſay) me from my youth aſſaild:
oft they aſſaild me from my youth, yet neuer they preuaild.
2 Upon my back the plowers plowd, and furrowes long did caſt:
3 The righteous God hath cut the cords, of wicked foes at laſt.

4 They that hate me ſhall be aſham'd, and turned back alſo:
5 And made as graſſe vpon the houſe, which withereth ere it grow.
6 Whereof the mower cannot finde, enough to fill his hand:
nor can he fill his lap that goeth, to gleane vpon the land.

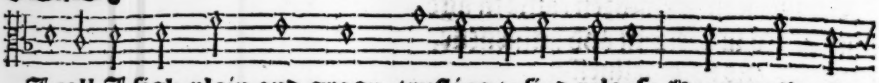
7 Nor paſſers by pray God on them, to let his bleſſing fall:
nor ſay, we bleſſe you in the name of God the Lord at all.

De profundis. Pſal. Cxxx. W. W.

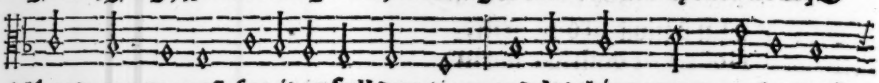
An effectuous prayer of him that for his ſins had ſuſtained great afflictions, & notwithſtanding he fully truſteth and aſſureth himſelfe to obtaine mercy and forgiuenelle of his ſins, and at length deliuerance from all euils.



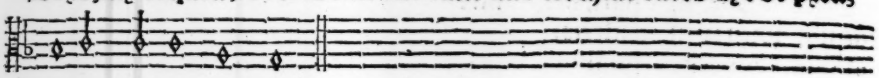
LOrd, to thee I make my mone when dangers me oppreſſe:



I call, I ſigh, plain and groan, truſting to find releaſe. Heare now, O



Lord, my requeſt, for it is full due time and let thine eares aye be preſt,



vnto this prayer mine.

3 O Lord our God, if thou weigh our ſinnes and them peruſe:
who then ſhall eſcape, and ſay, I can my ſelfe excuſe?
4 But Lord thou art mercifull, and turn'ſt to vs thy grace,
that we with hearts moſt carefull ſhould feare before thy face.

5 In God I put my whole truſt, my ſoule waits on his Will:
for his promiſe is moſt tuſt, and I hope therein ſtill.
6 My ſoule to God hath regard, waiting for him alway,
more than they that watch and ward, to ſee the dawning day.

7 Let Iſrael then boldly in the Lord put his truſt:
he is that God of mercy, that his deliuer muſt.
8 For he it is that muſt ſaue Iſrael from his ſinne,
and all ſuch as ſurely haue their confidence in him.

Domine non eſt. Pſal. Cxxxi. M.

Dauid charged with ambition, and greedy deſire to raigne, proteſteth his humility and modeſty before God, and teacheth all men what they ſhould doe.

Sing this as the Lamentation.

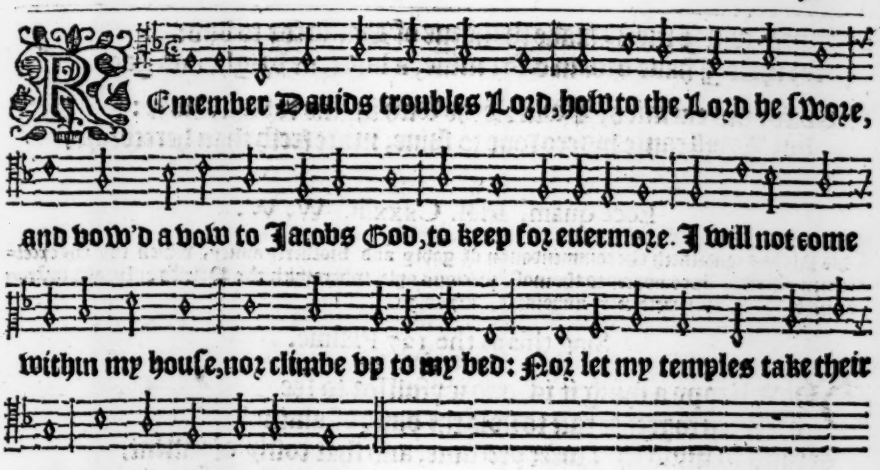
O Lord I am not puft in mind, I haue no ſcornfull eye:
I doe not exerciſe my ſelfe, in things that be too high.
2 But as the child that weaned is, euen from his mothers breaſt:
ſo haue I Lord, behau'd my ſelfe, in ſilence and in reſt.

3 O Iſrael truſt in the Lord, let him be all thy ſtay,
from this time forth for euermore, from age to age, I ſay.

Memento Domine. Pſal. Cxxxii. M.

The faithful, grounding on Gods promiſe made vnto Dauid, deſire that he would eſtabliſh the ſame, both as touching his poſterity, and the building of the Temple, to pray there as was foreſpoken.

Remember



REmember Dauids troubles Lord, how to the Lord he ſwore,
and vow'd a vow to Jacobs God, to keep for euermore. I will not come
within my houſe, nor climbe vp to my bed: Nor let my temples take their
reſt, nor the eyes in my head.

5 Till I haue found out for the Lord a place to ſit thereon:
an houſe for Jacobs God to be an habitation.
6 We heard of it at Ephrata, there did we heare this ſound:
and in the fields and forreſts there, theſe voices firſt we found.

7 We will aſſay and goe in now, his tabernacle there:
before his foot-ſtoole to fall downe, and worſhip him in feare.
8 Ariſe, O Lord ariſe, I ſay, into thy reſting place:
both thou and the arke of thy ſtrength, the preſence of thy grace.

9 Let all thy Prieſts be cloathed Lord, with truth and righteouſneſſe:
let all thy Saints and holy men, ſing all with ioyfulneſſe.
10 And for thy ſeruant Dauids ſake refuſe not, Lord, I ſay,
the face of thine anointed, Lord, nor turne thy face away.

The ſecond part.

11 The Lord to Dauid ſwore in truth, and will not ſhrinke from it:
ſaying the fruit of thy body vpon thy ſeat ſhall ſit.
12 And if thy ſons my couenant keep, that I ſhall learne each one:
then ſhall thy ſons for euer ſit, vpon thy Princely throne.

13 The Lord himſelfe hath choſe Sion, and loues therein to dwell:
ſaying this is my reſting place, I loue and like it well.
14 And I will bleſſe with great increaſe, her victualls euery where:
and I will ſatisfie with bread, the needy that be there.

15 Yea I will decke and cloathe her Prieſts with my ſaluation:
and all her Saints ſhall ſing for ioy of my protection.

16 There

16 There will I ſurely make the horne of Dauid for to bud:
for there I haue ordain'd for mine, a lanterne bright and good.

17 As for his enemies, I will clothe with ſhame for euermore:
but I will cauſe his crowne to ſhine, more freſh than heretofore.

Ecce quam. Pſal. Cxxxiii. W. W.

This Pſalme containeth the commendation of godly and brotherly amity, which for the excellencies thereof, is compared to the moſt precious oyle, wherewith the Prieſts only, and inſtruments of the Tabernacle were annointed, Exod. 30.

Sing this as the 137 Pſalme.

O How happy a thing it is, and ioyfull for to ſee
brethren together faſt to hold the band of amity!

2 It calls to mind the ſweet perfume, and that coſtly ointment,
which on the ſacrificers head, by Gods precept was ſpent.

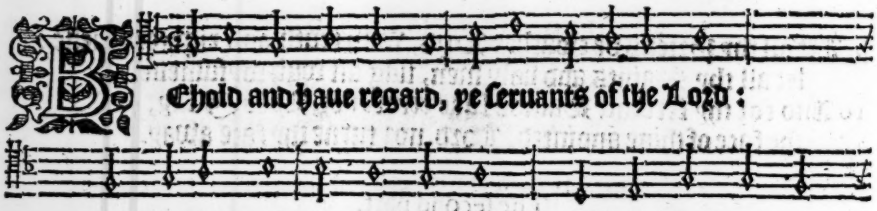
It wet not Aarons head alone, but drencht his beard throughout:
and finally it did run downe, his rich attire about.

3 And as the lower ground doth drink, the dew of Hermon hill,
and Sion with his ſiluer drops, the fields with fruit doth fill:

4 Euen ſo the Lord doth poure on them, his bleſſings manifold:
whoſe hearts and minds without all guile, this knot do keep and hold.

Ecce nunc. Pſal. Cxxxiiii. W. W.

He exhorteth the Leuites that watch in the Temple to praiſe the Lord.

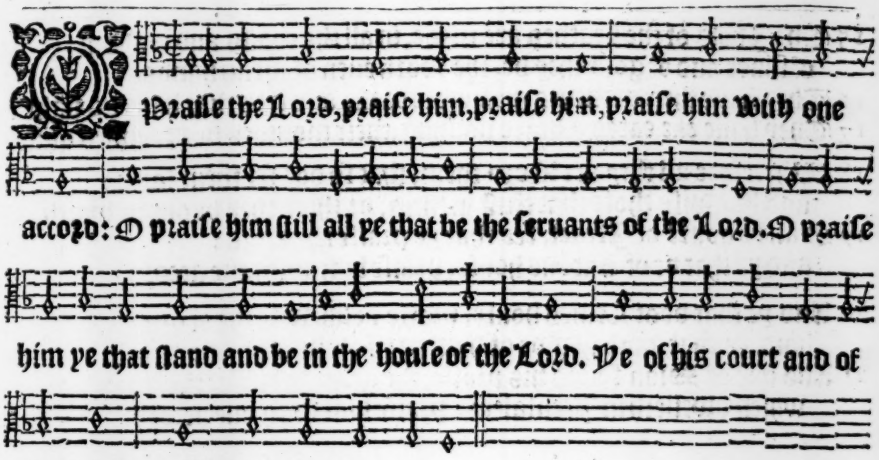


2 Lift vp your hands on high, vnto his holy place:
and giue the Lord his praiſes due, his benefits embrace.

3 For why, the Lord who did, both earth and heauen frame,
doth Sion bleſſe, and will conſerue for euermore the ſame.

Laudate nomen. Pſal. Cxxxv. N.

He exhorteth all the faithfull, of what eſtate ſoeuer they be, to praiſe God for his marueilous workes, and ſpecially for his graces towards his people, wherein he hath declared his maieſty, to the confuſion of all Idolaters and their Idols.



3 Praiſe ye the Lord, for he is good, ſing praiſes to his Name:
it is a comely and good thing, alwaies to doe the ſame.
4 For why? the Lord hath Jacob choſe, to be his owne ye ſee:
and he hath choſen Iſrael, his treaſure for to be.

5 For this I know, and am right ſure, the Lord is very great:
he is indeed aboue all gods, moſt eaſie to intreat.
6 For whatſoeuer pleaſed him, all that full well he wrought
in heauen, in earth, and in the ſea, which he hath made of nought.

7 He lifts vp clouds eu'n from the earth, he makes lightnings and raine:
he bringeth forth the winds alſo, he made nothing in vaine.
8 He ſmote the firſt borne of each thing, in Egypt great and leaſt:
he ſpared there no liuing thing, the man nor yet the beaſt.

9 He hath in thee ſhew'd wonders great, O Egypt void of vaunts:
on Pharaoh thy curſed King, and his ſeuere ſeruants.
10 He ſmote then many nations, and did moſt wondrous things:
he ſlew the great, the mightieſt, and chiefeſt of their Kings.

11 Sehon King of the Amorites, and Og King of Baſan:
he ſlew alſo the kingdomes all that were of Canaan.
12 And gaue their land to Iſrael, an heritage to be,
to Iſrael his owne people an heritage gaue he.

The ſecond part.

13 Thy name (O Lord) ſhall ſtill endure, and thy memoriall
throughout all generations that are or ere be ſhall.
14 The Lord will ſurely now auenge, his people all indeed:
and to his ſeruants he will ſhew, fauour in time of need.

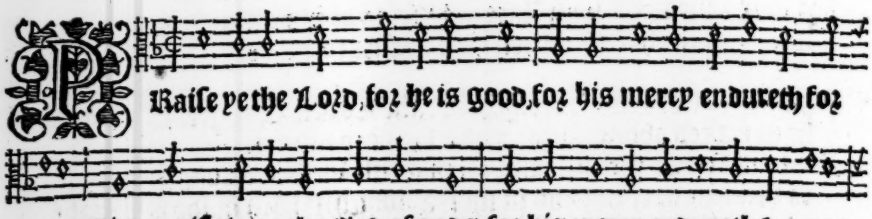
15 The Idols of the heathen are made, in all the coasts and lands:
of siluer and of gold they be, the worke euen of mens hands.
16 They haue their mouthes & cannot speak, and eies that haue no sight:
17 They haue eke eares & heare nothing, their mouthes be breathles quite.

18 Wherefore all they are like to them, that so doe set them forth:
and likewise those that trust in them, or think they be ought worth.
19 O all ye house of Israel, see that ye praise the Lord:
and ye that be of Aarons house, praise him with one accord.

20 And ye that be of Leuies house, praise ye likewise the Lord:
and ye that stand in awe of him, praise him with one accord.
21 And out of Sion sound his praise, the great praise of the Lord,
which dwelleth in Jerusalem: praise him with one accord.

Confitemini Dom. Psal. Cxxxvi. N.

A most earnest exhortation to giue thanks vnto God for the creation and gouernment of all things, which standeth in confessing, that he giueth vs all of his meere liberality.



5 Which by his wisedome made the heauens, for his mercy, &c.
6 Which on the Waters stretch'd the earth, for his mercy, &c.
7 Which made great lights to shine abroad, for his mercy, &c.
8 As Sunne to rule the lightsome day, for his mercy, &c.

9 The Moon and Starres to guide the night, for his mercy, &c.
10 Which smote Egypt with their first-borne, for his merey, &c.
11 And Israel brought out from thence, for his mercy, &c.
12 With mighty hand and stretched arme, for his mercy, &c.

13 Which cut the red sea in two parts, for his mercy, &c.
14 And Israel made passe there-through, for his mercy, &c.

15 And

15 And drowned Pharaoh and his hoſt, for his mercy, &c.
16 Through Wilderneſſe his people led, for his mercy, &c.

17 He which did ſmite great noble Kings, for his mercy, &c.
18 And which hath ſlaine the mighty Kings, for his mercy, &c.
19 As Sehon King of Amorites, for his mercy, &c.
20 And Og the King of Balan land, for his mercy, &c.

21 And gaue their land for heritage, for his mercy, &c.
22 Euen to his ſeruant Iſrael, for his mercy, &c.
23 Remembring vs in baſe eſtate, for his mercy, &c.
24 And from oppreſſors reſcued vs, for his mercy, &c.

25 Which giueth food vnto all fleſh, for his mercy, &c.
26 Praiſe ye the Lord of heauen aboue, for his mercy, &c.
27 Giue thanks vnto the Lord of lords, for his mercy, &c.

Another of the ſame, by T. C.

Sing this as the 148 Pſalme.

O Laud the Lord benigne,
Whoſe mercies laſt for aye:
Giue thanks and praiſes ſing
To God of gods I ſay.
2 For certainly,
His mercies dure,
Both firme and ſure
Eternally.

3 The Lord of lords praiſe ye,
Whoſe mercies aye doe dure:
4 Great wonders only he
Doth worke by his great power.
For certainly,
His mercies dure,
Both firme and ſure,
Eternally.

5 Which God omnipotent,
By his great Wiſedome hie,
The heauenly firmament
Did frame, as we may ſee,
For certainly, &c.

6 Yea he the heauy charge
Of all the earth did ſtretch,
And on the waters large
The ſame he did out reach.
For certainly, &c.

7 Great lights he made to be,
For why? his loue is aye:
8 Such as the Sun we ſee,
To rule the lightſome day.
For certainly, &c.

9 And eke the Moone ſo cleare,
Which ſhineth in our ſight,
And ſtarres that doe appeare,
To guide the darkſome night.
For certainly, &c.

10 With grieuous plagues & ſore,
All Egypt ſmote he than:
The firſt-borne leſſe and more,
He ſlew of beaſt and man,
For certainly, &c.

11 And from amidſt their land
His Iſrael forth brought:
12 Which he with mighty hand,
And ſtretched arme hath wrought.
For certainly, &c.

13 The ſea he cut in two,
Which ſtood vp like a wall:
14 And made through it to goe
His choſen children all.
For certainly, &c.

15 But there he whelmed then
The proud king Pharaoh,
With his huge hoſt of men,
And chariots eke alſo.
For certainly, &c.

16 Who led through wilderneſſe
His people ſafe and ſound:
And for his loue endleſſe,
17 Great kings he brought to ground.
For certainly, &c.

18 And ſlew with puiſſant hand
Kings mighty and of fame,
19 As of Amorites land,
Sehon the king by name.
For certainly, &c.

20 And Og (the Gyant large)
Of Balan king alſo:
21 Whoſe land for heritage
He gaue his people tho.
For certainly, &c.

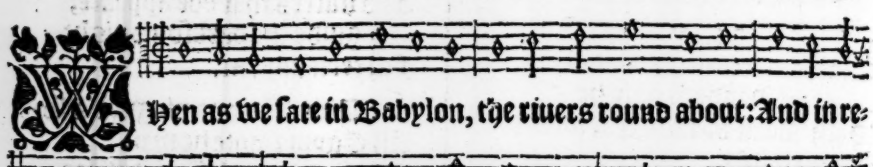
22 Euen vnto Iſrael,
His ſeruant deare, I ſay,
He gaue the ſame to dwell,
And there abide for aye.
For certainly, &c.

23 To mind he did vs call,
In our moſt baſe degree:
24 And from oppreſſors all
In ſafety ſet vs free.
For certainly, &c.

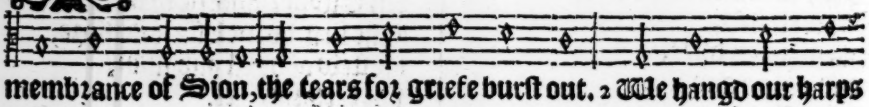
25 All fleſh in earth abroad
With food he doth fulfill:
26 Wherefore of heauen the God
To laud be it your will.
For certainly, &c.

Super flumina. Pſal. Cxxxvii. W. W.

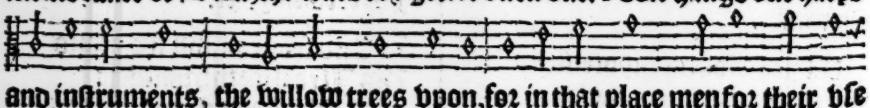
The people of God in their baniſhment, ſeeing Gods true Religion decay, liued in great anguiſh & ſorrow of heart: the which grietes the Caldeans did ſo lightly pitty, that they rather increaſed the ſame daily with taunts, reproaches, and blaſphemies againſt God: wherefore the Iſraelites deſire God to puniſh the Edomites, who prouoked the Babylonians againſt them, and (moued by the ſpirit of God) prophecied the deſtruction of Babylon, where they were vſed ſo tyrannouſly.



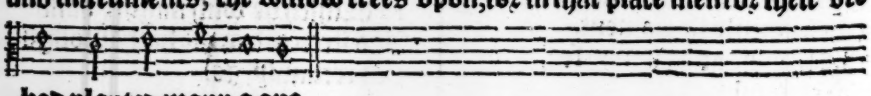
When as we ſate in Babylon, the riuers round about: And in re-



membrance of Sion, the tears for griefe burſt out. 2 We hangd our harps



and inſtruments, the willow trees vpon, for in that place men for their vſe



had planted many a one.

3 Then they to whom we priſoners were, ſaid to vs tauntingly:
now let vs heare your Hebrew ſongs, and pleaſant melody.
4 Alas ſaid we, who can once frame his ſorrowfull heart to ſing
the praiſes of our louing God, thus vnder a ſtrange king.

5 But

5 But yet if I Jeruſalem, out of my heart let ſlide:
then let my fingers quite forget, the warbling harp to guide.
6 And let my tongue within my mouth be ti'de for euer faſt:
if that I ioy before I ſee thy full deliuerance paſt.

7 Therefore (O Lord) remember now the curſed noiſe and crie,
that Edoms ſons againſt vs made, when they raz'd our Citie.
Remember Lord their cruell words, when as with one accord
they cri'd, On, ſacke and raze the Walls, in deſpight of the Lord.

8 Euen ſo ſhalt thou O Babylon, at length to duſt be brought:
and happy ſhall that man be call'd, that our reuenge hath wrought.
9 Yea bleſſed ſhall that man be call'd, that takes thy children young,
to daſh their bones againſt hard ſtones, that lie the ſtreets among.

Confitebor tibi. Pſal. Cxxxviii. N.

Dauid with great courage prayſeth the goodneſſe of God towards him, which is ſo great, that it is knowne to forreine Princes, who ſhall praiſe the Lord together with him, and he is aſſured to haue comfort of God in the time following, as he hath had before.

Sing this as the 111 Pſalme.

THee will I praiſe with my whole heart, my Lord my God alwaies:
euen in the preſence of the gods I will aduance thy praiſe.
2 Toward thy holy Temple I will look and worſhip thee:
and praiſed in my thankfull mouth thy holy Name ſhall be,

Euen for thy louing kindneſſe ſake, and for thy truth withall:
for thou thy Name haſt by thy word aduanced ouer all.
3 When I did call, thou heardeſt me and thou haſt made alſo
the power of increaſed ſtrength within my ſoule to grow.

4 Yea all the kings on earth they ſhall giue praiſe to thee O Lord:
for they of thy moſt holy mouth haue heard the mighty word.
5 They of the waies of God the Lord, in ſinging ſhall intreat:
becauſe the glory of the Lord, it is exceeding great.

6 The Lord is high, and yet he doth behold the lowlie ſpirite:
but he (contemning) knowes afarre, the proud and lofty wight.
7 Although in midſt of trouble I doe walke, yet ſhall I ſtand,
renewed by thee, O my Lord, thou wilt ſtretch out thy hand

Upon the wrath of all my foes, and ſaued ſhall I be
by thy right hand: the Lord God will performe his worke to me.
8 Thy mercie Lord indures for aye, Lord doe me not forſake:
forſake me not that am the worke, which thine owne hand did make.

Domine probaſti. Pſal. Cxxxix. N.

Dauid to cleanſe his heart from all hypocriſie, ſheweth that there is nothing ſo hid, which God ſeeth not, which he confirmeth by the creation of man. After declaring his zeale and feare to God, he proteſteth to be an enemy to all that contemne God.

Sing this as the 137. Pſalme.

O Lord thou haſt me tri'd and knowne: my ſitting thou doſt know,
2 And riſing eke, my thoughts afarre thou vnderſtand'ſt alſo.

3 My

3 My paths yea and my lying downe thou compaſſeſt alwaies:
and by familiar cuſtome art, acquainted with my waies.

4 No word is in my tongue, O Lord, but knowne it is to thee:
5 Thou me behind hold'ſt, and before, thou lay'ſt thine hand on me.
6 Too wonderfull aboue my reach, Lord is thy cunning skill:
it is ſo high, that I the ſame cannot attaine vntill.

7 From ſight of the all-ſeeing Spirit, Lord, whither ſhall I goe?
or whither ſhall I flee away, thy preſence to ſcape fro?
8 To heauen if I mount aloft, loe thou art preſent there:
in hell if I lie downe below, euen there thou doſt appeare.

9 Yea let me take the morning-wings, and let me goe and hide,
euen there where are the fartheſt parts, where flowing ſea doth ſlide.
10 Yea euen thither alſo ſhall, thy reaching hand me guide:
and thy right hand ſhall hold me faſt, and make me to abide.

11 Yea, if I ſay, the darkneſſe ſhall, yet ſhrowd me from thy ſight:
loe euen alſo the darkeſt night about me ſhall be light.
12 Yea darkneſſe hideth not from thee, but night doth ſhine as day:
to thee the darkneſſe and the light, are both alike al way.

The ſecond part.

13 For thou poſſeſſed haſt my reines, and thou haſt couered me,
when I within my mothers wombe, incloſed was by thee.
14 Thee will I praiſe, made fearefully, and wondrouſly I am:
thy works are maruellous, right well my ſoule doth know the ſame.

15 My bones they are not hid from thee, although in ſecret place
I haue been made, and in the earth beneath I ſhaped was.
16 When I was formleſſe, then thine eye ſaw me, for in thy booke
were written all, nought was before, that after faſhion tooke.

17 The thoughts therefore of thee O God, how deare are they to me?
and of them all how paſſing great, the endleſſe number be.
18 If I ſhould count them, loe their ſumme more than the ſand I ſee:
and whenſoeuer I awake, yet am I ſtill with thee.

19 The wicked and the bloody men, O that thou wouldeſt ſlay:
euen thoſe O God, to whom depart, depart from me I ſay.
20 Euen thoſe of thee (O Lord my God) that ſpeake full wickedly:
thoſe that are lifted vp in vaine, being enemies to thee.

21 Hate I not them that hate thee Lord, and in that earneſt wiſe?
contend I not againſt them all, againſt thee that ariſe?
22 I hate them with vnfained hate, euen as my vtter foes:
23 Try me (O God) and know my heart, my thoughts proue and diſcloſe.

24 Conſider Lord if wickednelle, in me there any be:
and in thy way (O God my guide) for euer lead thou me.

Eripe

Eripe me. Pſal. Cxl. N.

Dauid complaines of the cruelty, falſhood, and iniuries of his enemies, againſt which he praies to the Lord, and aſſures himſelfe of his help and ſuccour, wherefore he prouokes the iuſt to praiſe him, and to aſſure themſelues of his tuition.

Sing this as the Lamentation.

LOrd ſaue me from the euill man, and from the cruell wight
deliuer me, which euill doe imagine in their ſpite.
2 Which make on me continuall warre, their tongues loe they haue whet
3 Like ſerpents, vnderneath their lips, is Adders poyſon ſet.

4 Keep me (O Lord) from wicked hands, preſerue me to abide
free from the cruell man, that meanes to cauſe my ſteps to ſlide.
5 The proud haue laid a ſnare for me, and they haue ſpread a net
with cords in my path-way, and gins for me eke haue they ſet.

6 Therefore I ſaid vnto the Lord, thou art my God alone:
heare me O Lord, O heare the voice wherewith I pray and mone.
7 O Lord my God thou only art, the ſtrength that ſaueth me:
my head in day of battell hath been couered ſtill by thee.

8 Let not (O Lord) the wicked haue, the end of his deſire:
perform not his ill thoughts, leſt he with pride be ſet on fire.
9 Of them that compaſſe me about, the chiefeſt of them all:
Lord let the miſchiefe of their lips, vpon themſelues befall.

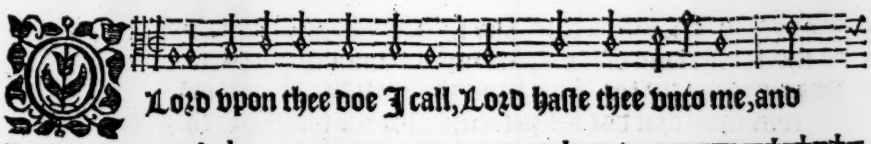
10 Let coales fall on them, let him caſt them in conſuming flame,
and in deep pits, ſo as they may not riſe out of the ſame.
11 For no back-biter ſhall in the earth be ſet in ſtable plight:
and euill to deſtruction ſtill, ſhall haunt the cruell wight.

12 I know the Lord th'afflicted will reuenge, and iudge the poore:
13 The iuſt ſhall praiſe thy Name, and ſhall dwell with thee euermore.

Domine clamavi. Pſal. Cxli. N.

Dauid being grieuouſly perſecuted vnder Saul, onely flyeth to God to haue ſuccour, deſireth him to bridle his affections, that he may patiently abide till God take vengeance vpon his enemies.

Cheſhire Tune.



3 My Lord for guiding of my mouth, ſet thou a watch before:
and alſo of my mouing lips, O Lord keep thou the doore.
4 That I ſhould wicked workes commit, incline thou not my heart:
With ill men of their delicates, Lord let me eat no part.

5 But let the righteous ſmite me Lord, for that is good for me:
let him reproue me, and the ſame a precious oile ſhould be.
Such ſmiting ſhall not breake my head, the time ſhall ſhortly fall,
when I ſhall in their miſery, make prayers for them all.

6 Then when in ſtony places downe, their Iudges ſhall be caſt:
then ſhall they heare my words, for then they haue a pleaſant taſte.
7 Our bones about the graues mouth, loe ſcattered are they found:
as he that heweth wood, or he that diggeth vp the ground.

8 But O my Lord my God, mine eies doe looke vp vnto thee:
in thee is all my truſt, let not my ſoule forſaken be.
9 Which they haue laid to catch me in, Lord keep me from the ſnare:
and from the ſubtill grins of them that wicked workers are.

10 The wicked into their owne net, together let them fall:
While I doe by thy help eſcape, the danger of them all.

Voce mea. Pſal. Cxlii. N.

Dauid neither aſtonyed with feare, nor carried away with anger, nor forced by deſperation, would kill Saul, but with a quiet mind directed his earneſt prayer vnto God, who did preſerue him.

Sing this as the 145 Pſalme.

BEfore the Lord God with my voice, I did ſend out my crie:
and with my ſtrained voice vnto the Lord God prayed I.
2 My meditation in his ſight, to poure I did not ſpare:
and in the preſence of the Lord, my trouble did declare.

3 Although perplexed was my ſpirit, my path was knowne to thee:
in way where I did walke, a ſnare they ſlily laid for me.
4 I look'd and vieW'd on my right hand, but none there would me know:
all refuge failed me, and for my ſoule none care did ſhow.

5 Then cri'd I Lord to thee, and ſaid, my hope thou only art:
thou in the land of liuing art my portion and my part.
6 Hearke to my cry for I am brought full low: deliuer me
from them that doe me perſecute, for me too ſtrong they be.

7 That I may praiſe thy Name, my ſoule from priſon Lord bring out:
When thou art good to me, the iuſt ſhall preſſe me round about.

Domine exaudi. Pſal. Cxliii. N.

In earneſt prayer for the remiſſion of ſins: acknowledging, that the enemies did cruelly perſecute him by Gods iuſt iudgement. He deſireth to be reſtored to grace, to be gouerned by his holy ſpirit, that he may ſpend the reſt of his life in the true feare and ſeruice of God.

Sing this as the 145 Pſalme.

LOrd heare my praier, hearke the plaint that I doe make to thee;
Lord, in thy natiue truth, and in thy iuſtice anſwer me.

2 In iudgement with thy ſeruant, Lord, oh enter not at all:
for iuſtified be in thy ſight, not one that liueth ſhall.

3 The enemy hath purſu'd my ſoule, my life to ground hath throwne:
and laid me in the darke, like them that dead are long agone.
4 Within me in perplexity was mine accumbred ſpirit:
and in me was my troubled heart, amazed and affright.

5 Yet I record time paſt, in all thy workes I meditate:
yea in thy workes I meditate, that thy hands haue create.
6 To thee, O Lord, my God, loe I doe ſtretch my crauing hands:
my ſoule deſireth after thee, as doe the thirſtie lands.

7 Heare me with ſpeed, my ſpirit doth faile, hide not thy face me fro:
elſe ſhall I be like them that downe into the pit doe goe.
8 Let me thy louing kindneſſe in the morning heare and know:
for in thee is my truſt, ſhew me the way where I ſhall goe.

9 For I lift vp my ſoule to thee, O Lord deliuer me
from all mine enemies: for I haue hidden me with thee.
10 Teach me to doe thy will, for thou, thou art my God, I ſay:
let thy good ſpirit into the land of mercy me conuay.

11 For thy Names ſake with quickning grace aliue doe thou me make:
and out of trouble bring my ſoule, euen for thy iuſtice ſake.
12 And for thy mercie ſlay my foes, O Lord deſtroy them all
that doe oppreſſe my ſoule: for I thy ſeruant am and ſhall.

Benedictus Dominus. Pſal. Cxliiii. N.

Dauid praiſeth the Lord with great affection and humility, for his kingdome reſtored, and for his victories obtained, yet calleth for help, and the deſtruction of the wicked, promiſing to acknowledge the ſame with a ſong of prayſes, and declareth wherein the felicity of any people conſiſteth.

Sing this as the 145. Pſalme.

BLeſt be the Lord my ſtrength, that doth inſtruct my hands to fight:
the Lord that doth my fingers frame, to battell by his might.
2 He is my goodneſſe, fort and tower, deliuerer and ſhield:
in him I truſt, my people he ſubdues to me to yeeld.

3 O Lord, what thing is man, that him thou holdeſt ſo in prize:
or ſonne of man, that vpon him, thou thinkeſt in ſuch wiſe?
4 Man is but like to vanity, ſo paſſe his daies to end,
5 As fleeting ſhade. Bow downe O Lord the heauens and deſcend.

6 The mountains touch & they ſhall ſmoke, caſt forth thy lightning flame,
and ſcatter them: thine arrowes ſhoot, conſume them with the ſame.
7 Send downe thine hand eu'n from aboue, O Lord deliuer me:
take me from waters great, from hand of ſtrangers make me free.

8 Whoſe ſubtill mouth of vanity and falſhood doth intreat:
and their right hand is a right hand, of falſhood and deceit.

9 A new ſong will I ſing O God, and ſinging will I be
on viol, and on inſtrument, ten-ſtringed vnto thee.

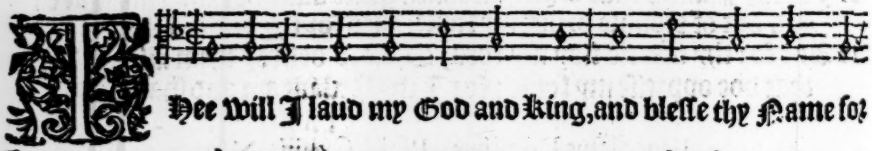
10 Euen he it is that onely giues deliuerance to Kings:
vnto his ſeruant Dauid help from hurtfull ſword he brings.
11 From ſtrangers hand me ſaue and ſhield, whoſe mouth talkes vanity:
and their right hand is a right hand, of guile and ſubtiltie.

12 That our ſons may be as the plants, whom growing youth doth reare:
our daughters as caru'd corner-ſtones, like to a pallace faire.
13 Our garners full, and plenty may with ſundry ſorts be found:
our sheep bring thouſands in our ſtreets, ten thouſands may abound.

14 Our Oxen be to labour ſtrong, that none do vs inuade:
there be no goings out, nor cries within our ſtreets be made.
15 The people bleſſed are that with ſuch bleſſings are ſo ſtor'd:
yea, bleſſed all the people are, whoſe God is God the Lord.

Exaltabote. Pſal. Cxlv. N.

This Pſalme was made when the kingdome of Dauid flouriſhed, wherein he deſcribeth the wonderfull prouidence of God, as well in gouerning man, as in preſeruing the reſt of his Creatures. He prayſeth God for his iuſtice and mercy, but eſpecially for his louing kindneſſe toward thoſe that call vpon him, that feare him and loue him.



THee will I laud my God and King, and bleſſe thy Name for
aye: For euer will I praiſe thy Name, and bleſſe thee day by day. Great
is the Lord, moſt worthy praiſe, his greatneſſe none can reach. From
race to race they ſhall thy works praiſe, and thy power preach.

5 I of thy glorious maieſty the beauty will record,
and meditate vpon thy works, moſt wonderfull O Lord.
6 And they ſhall of thy power, and of thy fearefull acts declare:
and I to publiſh all abroad, thy greatneſſe will not ſpare.

7 And they into the mention ſhall breake of thy goodneſſe great:
and I aloud thy righteouſneſſe in ſinging ſhall repeat.
8 The Lord our God is gracious, and mercifull alſo:
of great abounding mercy, and to anger he is ſlow.

9 Yea good to all, and all his workes his mercie doth exceed:
10 Loe all thy workes doe praiſe thee Lord, and doe thy honour ſpread.
11 Thy Saints doe bleſſe thee, and they doe thy kingdomes glory ſhow:
12 And blaze thy power, to cauſe the ſons of men thy power to know.

The ſecond part.

13 And of his mighty kingdome doe to ſpread the glorious praiſe:
thy kingdome Lord a kingdome is, that doth endure alwaies:
And thy dominion through each age endures without decay:
14 The Lord vpholdeth them that fall, their liding he doth ſtay.

15 The eies of all doe wait on thee, thou doſt them all releeue:
and thou to each ſufficing food, in ſeaſon due doſt giue.
16 Thou openeſt thy plenteous hand, and bounteouſly doſt fill
all things whatſoeuer doe liue, with gifts of thy good will.

17 The Lord is iuſt in all his waies, his workes are holy all:
18 Neere all he is that call on him, in truth that on him call.
19 He the deſires which they require, that feare him will fulfill:
and he will heare them when they cry, and ſaue them all he will.

20 The Lord preſerues all thoſe, to him that beare a louing heart:
but he them all that wicked are, will vtterly ſubuert.
21 My thankfull mouth ſhall gladly ſpeake the praiſes of the Lord:
all fleſh to praiſe his holy Name, for euer ſhall accord.

Lauda anima. Pſal. Cxlvi. I. H.

Dauid the wing his great deſire he had to praiſe God, teacheth that none ſhould put their truſt in men, but in God alone, who is almighty, and deliuereth the afflicted, nouriſheth the poore, ſetteth priſoners at liberty, comforteth the fatherleſſe, and raigneth for euer.

Sing this as the 137 Pſalme.

MY ſoule praiſe thou the Lord alwaies, my God I will confeſſe:
2 While breath & life prolong my daies, my tongue no time ſhall ceaſe.
3 Truſt not in worldly Princes then, though they abound in wealth:
nor in the ſons of mortall men, in whom there is no health.

4 For why: their breath doth ſoone depart, to earth anon they fall:
and then the counſels of their heart, decay and periſh all.
5 O happy is that man I ſay, whom Jacobs God doth aid:
and he whoſe hope doth not decay, but on the Lord is ſtaid.

6 Which made the earth and waters deep, the heauens high withall:
which doth his word and promiſe keep in truth, and euer ſhall.
7 With right alwaies doth he proceed, for ſuch as ſuffer wrong:
the poore and hungry he doth feed, and looſe the fetters ſtrong.

8 The Lord doth ſend the blind their ſight, the lame to limbs reſtore:
the Lord (I ſay) doth loue the right, and iuſt man euermore.
9 He doth defend the fatherleſſe, and ſtranger ſad in heart:
and quit the widow from diſtreſſe, and ill mens waies ſubuert.

10 Thy Lord and God eternally, O Sion ſtill ſhall raigne:
in time of all poſterity, for euer to remaine.

Laudate Dominum. Pſal. Cxlvii. N.

The Prophet prayſeth the bounty, wiſdome, power, iuſtice, and prouidence of God vpon all his creatures, eſpecially vpon his Church, which he gathered together after their diſperſion: declaring his word and iudgement ſo vnto them, as he hath done to no other people.

Sing this as the 137 Pſalme.

PRaiſe ye the Lord, for it is good, vnto our God to ſing:
for it is pleaſant, and to praiſe, it is a comely thing.
2 The Lord his owne Ieruſalem, he buildeth vp alone:
and the diſperſt of Iſrael, doth gather into one.

3 He heales the broken in their heart, their ſores vp doth he bind:
4 He counts the number of the ſtarres, and names them in their kind.
5 Great is the Lord, great is his power, his wiſedome infinite:
6 The Lord relieues the meek, and throwes to ground the wicked wight.

7 Sing vnto God the Lord with praiſe, vnto the Lord reioyce:
and to our God vpon the harpe, aduance your ſinging voyce.
8 He couers heauen with clouds, and for the earth prepareth raine:
and on the mountaines he doth make the graſſe to grow againe.

9 He giues to beaſts their food, and to young Rauens when they cry:
10 His pleaſure not in ſtrength of horſe, nor in mans legs doth lie.
11 But in all thoſe that feare the Lord, the Lord hath his delight:
and ſuch as doe attend vpon his mercies ſhining light.

12 O praiſe the Lord Ieruſalem, thy God O Sion praiſe;
13 For he the barres hath forged ſtrong, wherewith thy gates he ſtaies.
14 Thy children he hath bleſt in thee, and in thy borders he
doth ſettle peace, and with the flower of wheat he filleth thee.

15 And his commandement vpon the earth he ſendeth out;
and eke his word with ſpeedy courſe doth ſwiftly run about.
16 He giueth ſnow like wooll, hoar-froſt like aſhes he doth ſpread;
17 Like morſels caſts his yce, thereof the cold who can abide?

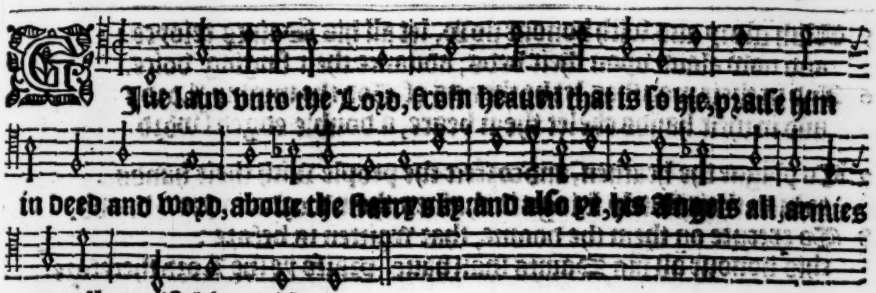
18 He ſendeth forth his mighty word, and melteth them againe;
his wind he makes to blow, and then the waters flow amaine.
19 The doctrine of his holy word to Jacob he doth ſhow;
his ſtatutes and his iudgements, he giues Iſrael to know.

20 With euery Nation hath he not ſo dealt, nor haue they knowne
his ſecret iudgements, ye therefore praiſe ye the Lord alone.

Landate Dominum. Pſal. Cxlviii. I. H.

He exhorteth all creatures to praiſe the Lord, in heauen, and in all places, eſpecially for the power that he hath giuen to his people Iſrael, whom he hath taken ſo neere vnto him.

Giue



royall, praise him with glee.

3 Praise him both Moon and Sun,
Which are so cleare and bright:
The same of you be done,
Ye glistering stars of light:
4 And eke no lesse,
Ye heauens faire,
5 And clouds of the aire,
His laud expresse.
6 For at his word they were,
All formed as we see:
At his voyce did appeare
All things in their degree,
Which he set fast,
To them he made a law and trade,
For aye to last.
7 Extoll and praise Gods Name,
On earth ye dragons fell:
All deeps doe ye the same,
For it becomes you well.
8 Him magnifie, fire, haile, yce, snow,
And storms that blow at his decree.
9 The hils and mountaines all,
And trees that fruitfull are:
The Cedars great and tall,
His worthy praise declare.
10 Beasts and cattell,
Yea birds flying,
And wormes creeping,
That on earth dwell,
11 All kings both more and lesse,
With all their pompous traine:
Princes and all Iudges
That in the world remaine,
Exalt his Name.
12 Young men and maids,
Old men & babes doe ye the same.
13 For his Name shall we proue
To be most excellent,
Whole praise is set aboue
The earth and firmament.
14 For sure he shall
Exalt with blisse the horne of his,
and help them all.
15 His Saints all shall forth tell
His praise and worthinesse:
The children of Israel,
Each one both more and lesse.
16 And also they,
That with good will
His words fulfill, and him obey.

Cantate Domino. Psal. Cxlix. N.

An exhortation to the Church to praise the Lord for his victory and conquest that he giueth to his Saints against all mens power.

Sing this as the 145 Psalme.

SIng ye vnto the Lord our God, a new reioycing song:
and let the praise of him be heard, his holy Saints among.
2 Let Israel reioyce in him, that made of him nothing:
and let the seed of Sion elect be ioyfull in their King.
3 Let them sound praise with voice of flute, vnto his holy Name:
and with the Timbrell and the Harp, sing praises of the same.
4 For why? the Lord his pleasure all hath in his people set:
and by deliuerance he will raise the meek to glory great.

5 With glory and with honour now, let all his Saints reioyce:
and now aloud vpon their beds, aduance their singing voice.
6 And in their mouthes let be the acts of God the mighty Lord:
and in their hands eke let them beare, a double-edged sword.

7 To plague the heathen, and correct the people with their hands:
to bind their stately kings in chaines, their Lords in yron bands.
8 To execute on them the doome, that written is before:
this honour all his Saints shall haue, praise ye the Lord therefore.

Laudate Dominum. Pſal. CL.

An exhortation to praise the Lord without ceasing by all maner of waies, for all his mighty and wonderfull works.

Sing this as the 147 Pſalme.

YEeld vnto God the mighty Lord, praise in his Sanctuarie:
and praise him in the firmament, that shewes his power on hie.
2 Aduance his Name, and praise him in his mighty acts alwaies:
according to his excellency of greatnesse giue him praise.

3 His praises with the princely noise of sounding trumpets blow:
praise him vpon the Viol, and vpon the Harp also.
4 Praise him with Timbrell and with Flute, Organs and Virginals.
5 With sounding Cimbals praise ye him, praise him with loud Cimbals.

6 What euer hath the benefit of breathing, praise the Lord:
to praise the Name of God the Lord, agree with one accord.

The end of the Pſalmes of David in meeter.

A song to be sung before Morning prayer. T. B.

Sing this as the 100 Pſalme.

PRaise ye the Lord ye Gentiles all, which hath brought you into his light,
O praise him all people mortall, as it is most worthy and right.
For he is full determined, on vs to poure out his mercy:
and the Lords truth be ye assur'd, abides perpetually.

Glory be to God the Father, and vnto Jesus Christ his Sonne:
With the holy Ghost in like manner, now and at euery season.

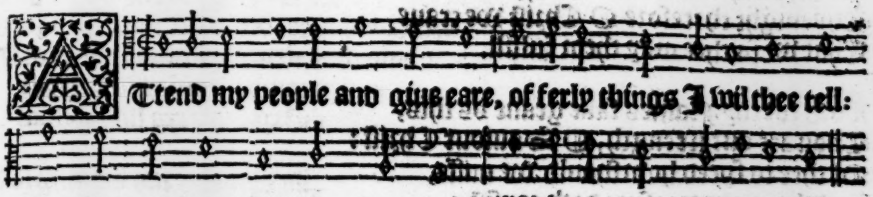
A song to be sung before Euening prayer. T. B.

BEhold now giue heed such as be the Lords seruants faithfull and true:
come praise the Lord euery degree, With such songs as to him are due.
O ye that stand in the Lords house, euen in our owne Gods mansion:
praise ye the Lord so bounteous, Which worketh our saluation.

Lift vp your hands in his holy place, yea and that in the time of night:
praise ye the Lord which giues all grace, for he is a Lord of great might.
Then shal the Lord out of Sion, which made heauē & earth by his power,
giue to you and your Nation, his blessing, mercy, and fauour.
Glory be to the Father, &c.

The

The X. Commandements of Almighty God. Exod. 20. W. W.



Attend my people and giue eare, of ferly things I will thee tell:
See that my word in mind thou beare, And to my precepts liken well.

1 I am thy soueraigne Lord and God,
Which haue thee brought from carefull thrall:
And eke reclaim'd from Pharaohs rod,
Make thee no gods on them to call.

2 Nor fashioned forme of any thing
In heauen or earth to worship it:
For I thy God by reuenging
With grieuous plagues this sin will smite.

3 Take not in vaine his holy Name,
Abuse it not after thy will,
For so thou mightst soone purchase blame,
And in his wrath he would thee spill.

4 The Lord from worke the seuenth day ceast,
And brought all things to perfect end:
So thou and thine that day take rest,
That to Gods hests ye may attend.

5 Unto thy parents honour giue,
As Gods commandements do intend:
That thou long dayes and good maist liue
In earth, where God a place doth lend.

6 Beware of murther and cruell hate.
7 All filthie fornication feare.
8 See thou steale not in any rate.
9 False witnesse against no man beare.

10 Thy neighbours house wish not to haue,
His wife, or ought that he calls mine:
His field, his ore, his asse, his slaue,
Or any thing which is not thine.

A Prayer.

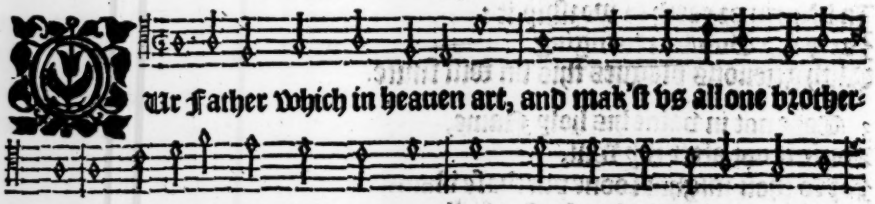
The spirit of grace grant vs O Lord,
To keepe these lawes our hearts restore:
And cause vs all with one accord,
To magnifie thy Name therefore.

For of our ſelues no ſtrength we haue
To keepe theſe lawes after thy will:
Thy might therefore O Chriſt we craue,
That we in thee may them fulfill.

Lord for thy Names ſake grant vs this,
Thou art our ſtrength, O Sauiour Chriſt:
Of thee to ſpeed how ſhould we miſſe,
In whom our treaſure doth conſiſt?

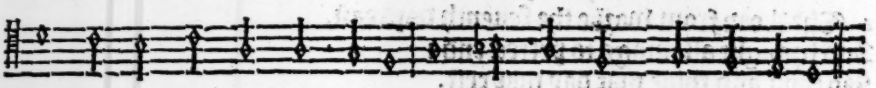
To thee for euermore be praiſe,
With the Father in each reſpect,
And with the holy Spirit alwayes,
The comforter of thine elect.

The Lords Prayer. D. Cox.



Ur Father which in heauen art, and mak'ſt vs all one brother-

hood, to call vpon thee with one heart, our heauenly Father and our God,



grant we pray not with lips alone, but with our hearts deep ſigh & grone.

Thy bleſſed Name be ſanctified,
Thy holy Word might vs inflame
In holy life for to abide,
To magnifie thy holy Name.
From all errors defend and keepe
The little flock of thy poore ſheepe.

Thy kingdome come euen at this houre,
And henceforth euerlaſtingly:
Thine holy Ghoſt into vs poure,
With all his gifts moſt plenteouſly.
From Sathans rage and filthy band,
Defend vs with thy mighty hand.

Thy Will be done with diligence,
Like as in heauen, in earth alſo.
In trouble grant vs patience,
Thee to obey in wealth and woe:
Let not fleſh, blood, or any ill,
Preuaile againſt thy holy will.

Giue

Giue vs this day our daily bread,
And all other good gifts of thine:
Keepe vs from War and from bloodshed,
Also from sickneſſe, dearth, and pine:
that we may liue in quietneſſe,
without all greedy carefulneſſe.

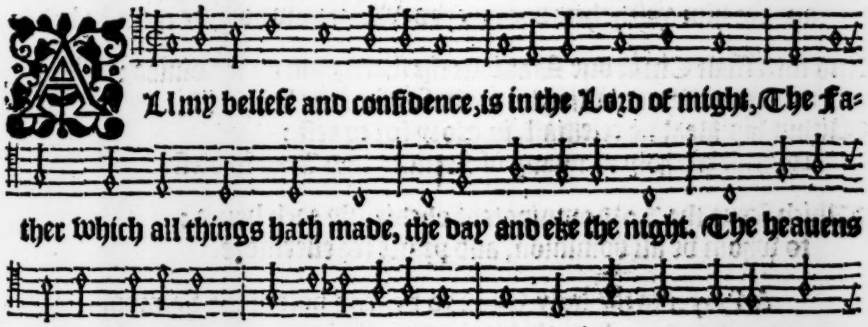
Forgiue vs our offences all,
Relieue our carefull conſcience:
As we forgiue both great and ſmall,
Which vnto vs haue done offence.
Prepare vs Lord for to ſerue thee,
in perfect loue and vnity.

O Lord into temptation
Lead vs not when the fiend doth rage,
To withſtand his inuaſion,
Giue power and ſtrength to euery age.
Arme and make ſtrong thy feeble hoſt
with faith, and with the holy Ghoſt.

O Lord from euill deliuer vs:
The dayes and times are dangerous:
From euerlaſting death ſaue vs,
And in our laſt need comfort vs.
A bleſſed end to vs bequeath,
into thy hands our ſoules receiue.

For thou O Lord art King of kings,
And thou haſt power ouer all:
Thy glory ſhineth in all things,
In the wide world vniuerſall.
Amen, let it be done O Lord,
that we haue prayd with one accord.

The xij. Articles of the Chriſtian Faith.



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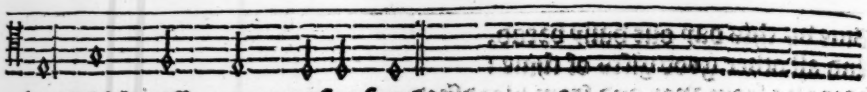


in, which passe mans reason farre.

And in like manner I beleeue in Christ our Lord his Sonne:
coequall with the Deitie, and man in flesh and bone.
Conceiued by the holy Ghost, his Word doth me assure:
and of his mother Mary borne, yet she a Virgin pure.

Because mankind to Satan was for sinne in bond and thrall:
he came and offered up himselfe to death to saue vs all.
And suffering most grieuous paine, then Pilate being Iudge:
was crucified on the crosse, and thereat did not grudge.

And so he died in the flesh, but quickned in the spirite:
his body then was buried, as is our vse and rite.
His soule did after this descend into the lower parts:
a dread vnto the wicked spirits, but ioy to faithfull hearts.

And in the third day of his death he rose to life againe:
to th'end he might be glorifi'd, out of all griefe and paine.
Ascending to the heauens high, to sit in glory still,
on Gods right hand his Father deare, according to his will.

Untill the day of iudgement come, when he shall come againe
with Angels power (yet of that day we all be uncertaine)
To iudge all people righteously, whom he hath dearly bought:
the liuing and the dead also, which he hath made of nought.

And in the holy Spirit of God, (my faith to satisfie)
the third person in Trinity, beleeue I stedfastly.
The holy and Catholike Church, that Gods Word doth maintaine:
and holy Scripture doth allow, which Satan doth disdaine.

And also I doe trust to haue by Iesus Christ his death:
release and pardon of my sinnes, and that onely by faith.
What time all flesh shall rise againe before the Lord of might:
and see him with their bodily eyes, which now do giue them light.

And then shall Christ our Sauiour the shreepe and goats diuide:
and giue life euerlastingly, to those whom he hath tri'd.
Within his Realme celestiall, in glory for to rest:
with all his holy company of Saints and Angels blest.

Which serue the Lord omnipotent obediently each houre:
to whom be all dominion, and praise for euermore.

A Prayer to the holy Ghost to be sung before the Sermon.
Sing this as the 119. Psalme.

Come

COme holy Spirit the God of might, comforter of vs all:
teach vs to know thy word aright, that we doe neuer fall.
O Holy Ghost visit our coast, defend vs with thy shield:
against all sinne and wickednesse, Lord help vs win the field.

Lord keep our King and his Councell, and giue them will and might
to perseuere in thy Gospel, which can put sin to flight.
O Lord that giu'st thy holy word, send Preachers plentifully:
that in the same we may accord, and therein liue and die.

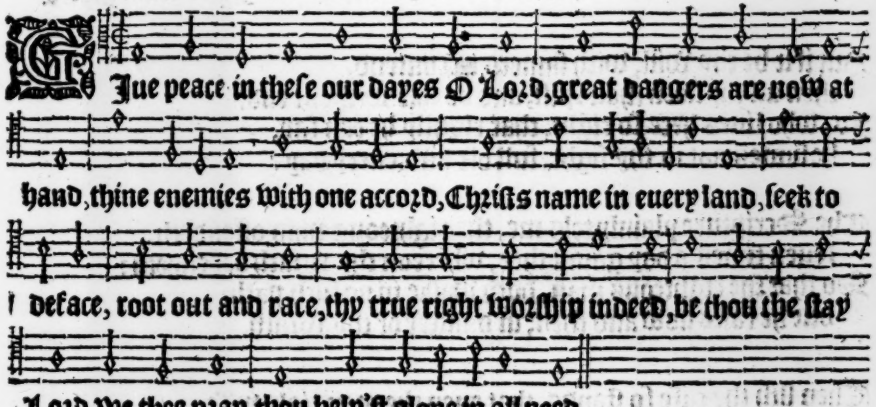
O holy Spirit direct aright, the Preachers of thy word:
that thou by them maist cut downe sin, as it were with a sword.
Depart not from thy Pastors pure, but aid them at their need:
which breake to vs the bread of life, whereon our soules doe feed.

O blessed Spirit of truth keep vs in peace and vnity:
keep vs from sects and errors all, and from all Papistry.
Conuert all those that are our foes, and bring them to thy light,
that they and we may well agree, and praise thee day and night.

O Lord increase our faith in vs, and loue so to abound,
that man and wife be void of strife, and neighbours about vs round.
In our time giue thy peace O Lord, to Nations farre and nigh:
and teach them all thy holy word, that we may sing to thee.

All glory to the Trinity, that is of mighties most:
The liuing Father and the Son, and eke the holy Ghost.
As it hath been in all the time, that hath been heretofore,
As it is now, and so shall be, henceforth for euermore.

Da pacem Domine.



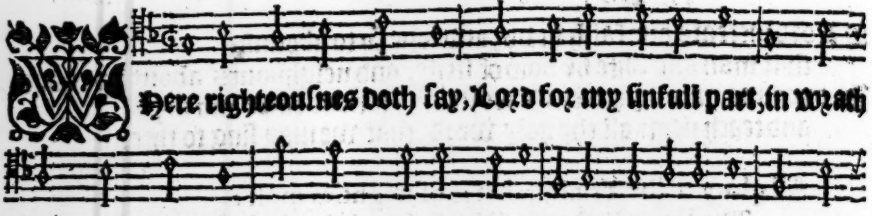
Giue vs that peace that we doe lack,
Through mis-belieue and ill life:

Thy

Thy Word to offer, thou didſt not ſlack.
Which we vnkindly gaine-ſtriue:
With fire and ſword, this healthfull word,
Some perſecute and oppreſſe.
Some with the mouth confeſſe the truth,
Without ſincere godlineſſe.

Giue peace, and vs thy ſpirit bedene ſend,
With griefe and repentance true
To pierce our hearts, our liues to amend,
And by faith Chriſt renew.
That fear and dread, war and blood-ſhed,
Through thy ſweet mercy and grace,
May from vs ſlide, thy truth may abide,
And ſhine in euery place.

The complaint of a ſinner, who craveth of Chriſt to be kept under his mercy.



Where righteouſnes doth ſay, Lord for my ſinfull part, in wrath thou ſhouldſt me pay, vengeance for my deſert, I can it not deny, but needs I muſt confeſſe, how that continually, Thy lawes I doe tranſgreſſe.

But if it be thy will, with ſinners to contend,
then all thy flock ſhall ſpill, and be loſt without end.
For who liues here ſo right, that rightly he can ſay,
he ſinnes not in thy ſight, full oft and euery day?

The Scripture plainly tels me, the righteous man offendeth,
ſeuen times a day gainſt thee, whereon thy Wrath dependeth:
So that the righteous man, doth walke in no ſuch path,
but he falls now and then, in danger of thy Wrath.

Then ſith the caſe ſo ſtands, that euen the man right wiſe
falls oft in ſinfull bands, whereby thy Wrath may riſe:
Lord, I that am vniuſt, and righteouſneſſe none haue:
whereto then ſhall I truſt, my ſinfull ſoule to ſaue?

But truly to that poſt, whereto I cleaue and ſhall,
which is thy mercy moſt, Lord let thy mercy fall.
And mitigate thy mood, or elſe we periſh all:
the price of this thy bloud, wherein mercy I call.

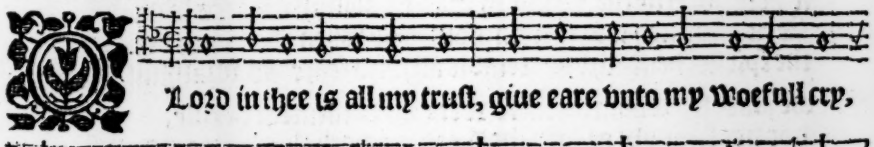
The ſcripture doth declare, no drop of bloud in thee:
but that thou didſt not ſpare, to ſhed each drop for me.
Now let thoſe drops moſt ſweet, ſo moiſt my heart ſo dry,
that I with ſin repleat, may liue, and ſin may dye.

That ſinne being mortified, this ſinne of mine in me,
I may be ſanctified, by grace of thine in thee.
So that I neuer fall, into ſuch mortall ſin,
that my foes infernall, reioyce my death therein.

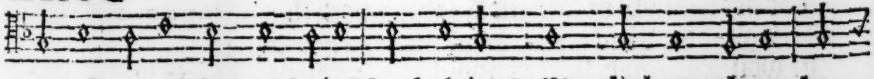
But vouchſafe me to keep, from thoſe infernall foes,
and from that lake ſo deepe, whereas no mercy growes:
And I ſhall ſing the ſongs, confirmed with the iuſt,
that vnto thee belongs, Which art mine only truſt.

The Lamentation.

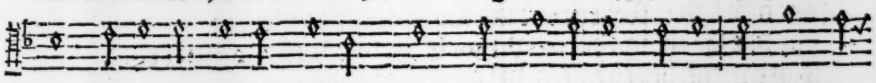
Through perfect repentance, the ſinner hath a ſure truſt in God, that his ſinnes ſhall be waſhed away in Chriſts bloud.



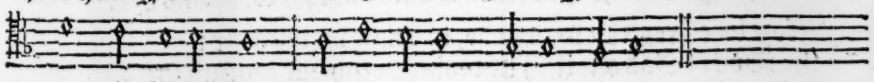
Lord in thee is all my truſt, giue eare vnto my woefull cry,



refuſe me not that am vniuſt, but bowing downe thy heauenly eye, be-



hold how I do ſtill lament my ſinnes wherein I doe offend, O Lord for



them ſhall I be ſhent, ſith thee to pleaſe I doe intend?

No, no, not ſo, thy will is bent, to deale with ſinners in thine ire:
But when in heart they ſhall repent, thou grantſt with ſpeed their iuſt deſire.
To thee therefore ſtill ſhall I cry, to waſh away my ſinfull crime:
Thy bloud O Lord is not yet dry, but that it may help me in time.

Haſte thee O Lord, haſte thee, I ſay, to poure on me thy gifts of grace:
That when this life ſhall flit away, in heauen with thee I may haue place:
Where thou doſt raign eternally, with God which once did down thee ſend,
Where Angells ſing continually, to thee be praiſe world without end.

A thanks-giving after the receiving of the Lords Supper.

Sing this as the 137 Pſalme.

The Lord be thanked for his gifts, and mercies euermore,
that he doth ſhew vnto his Saints, to him be laud therefore.
Our tongues cannot ſo praiſe the Lord, as he of right deſerues:
our hearts cannot of him ſo think, as he vs all preſerues.

His benefits they be ſo great to vs that be but ſinne:
that at our hands for recompence, there is no hope to win.
O ſinfull fleſh that thou ſhouldſt haue ſuch mercies of the Lord:
thou doſt deſerue more worthily of him to be abhord.

Nought elſe but ſinne and wretchednelle doth reſt within our hearts:
and ſtubbornly againſt the Lord we daily play our parts.
The Sun aboue in firmament, that is to vs a light:
doth ſhew it ſelfe more cleare and pure, than we be in his ſight.

The heauens aboue and all therein more holy are than we:
they ſerue the Lord in their eſtate, each one in his degree.
They doe not ſtriue for maſterſhip, nor ſlack their office ſet:
but ſerue the Lord and doe his will, hate is to them no let.

Alſo the earth and all therein, of God it is in awe:
it doth obſerue the Formers Will, by skilfull natures law.
The Sea and all that is therein, doth bend when God doth beck:
the ſpirits beneath doe tremble all, and feare his wrathfull check.

But we alas, for whom all theſe were made them for to rule,
doe not ſo know or loue the Lord, as doth the Ore or Mule.
A law he gaue for vs to know, what was his holy will:
he would vs good, but we would not auoid the thing is ill.

Not one of vs that ſeeketh out the Lord of life to pleaſe:
nor doe the thing that might vs lead, to Chriſt and quiet eaſe.
Thus are we all his enemies, for can it not deny:
and he againe of his good will would not that we ſhould dye.

Therefore when remedy was none, to bring vs vnto life:
the Son of God our fleſh he tooke, to end our mortall ſtrife.
And all the Law of God the Lord, he did it full obey:
and for our ſinnes vpon the Croſſe, his bloud our debts did pay.

And that we ſhould not yet forget, what good he to vs wrought:
a ſigne he left our eies to tell, that he our bodies bought.
In bread and wine here viſible, vnto thine eyes and taſte:
his mercies great thou maiſt record, if that his Spirit thou haſt.

As once the corne did liue and grow, and was cut downe with ſithe,
and threſhed out with many ſtripes, out from his huske to driue:
And as the mill with violence, did teare it out ſo ſmall:
and made it like to earthly duſt, not ſparing it at all.

And as the Quen with fire hot, did close it vp with heat:
and all this done that I haue said, that it should be our meat.
So was the Lord in his ripe age cut downe by cruell death:
his soule he gaue in torments great, and yeelded vp his breath.

Because that he to vs might be an euerlasting bread,
with much reproch and troubles great on earth his life he led.
And as the Grapes in pleasant time are prested very sore:
and plucked downe when they be ripe, and let to grow no more:

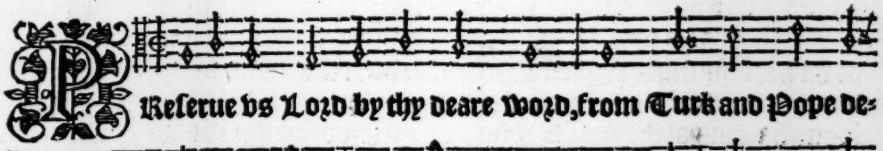
Because the iuice that in them is, as comfortable drinke,
we might receiue, and ioyfull be, when sorrows make vs shrinke:
So Christ his bloud out prested was, with nailes and eke with speare:
the iuice thereof doth saue all those that rightly doe him feare.

And as the corns by vnity, into one loafe are knit:
so is the Lord and his whole Church, though he in heauen sit.
As many Grapes make but one wine, so should we be but one
in faith and loue in Christ aboue, and vnto Christ alone.

Leading a life without all strife, in quiet rest and peace:
from enuie and from malice both, our hearts and tongues to cease.
Which if we doe, then shall we shew that we his chosen be:
by faith in him to lead a life as alwaies willed he.

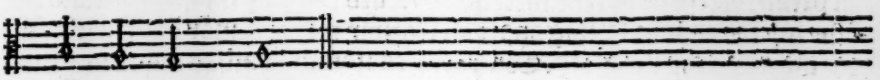
And that we may so doe indeed, God send vs all his grace:
then after death we shall be sure, with him to haue a place.

R. W.



PReserue vs Lord by thy deare word, from Turk and Pope de-

fend vs Lord, which both would thrust out of his throne, our Lord Iesus



Christ thy deare Sonne.

Lord Iesus Christ shew forth thy might, that thou art Lord of lords by
thy poore afflicted flock defend, that we may praise thee without end (right
God holy Ghost our comforter, be our patron, helpe, and succour:
giue vs one minde and perfect peace, all gifts of grace in vs increase.
Thou liuing God in persons three, thy name be prais'd in Vnity:
in all our need so vs defend, that we may praise thee without end.

A forme of Prayer to be used in private houses, every *Morning and Evening.*

ALmighty God and most mercifull Father, We doe not present our selues here before thy Maiesty, trusting in our own merits or worthines, but in thy manifold mercies, which hast promised to heare our prayers and grant our requests which we shall make to thee, in the Name of thy beloued Sonne Iesus Christ our Lord, who also hath commanded vs to assemble our selues together in his Name, with full assurance that he will not onely be amongst vs, but also be our mediatour and aduocate towards thy Maiesty, that we may obtaine all things which shall seeme expedient to thy blessed will, for our necessities. Therefore we beseech thee O Father, to turne thy louing countenance towards vs, and impute not to vs our manifold sins and offences, whereby We iustly deserue thy wrath and punishment, but rather receiue vs to thy mercy for Iesus Christs sake, accepting his death and passion as a iust recompence for all our offences, in whom thou art well pleased, and through whom thou canst not be offended with vs. And seeing that of thy great mercies We haue quietly passed this night, grant O heauenly Father, that we may bestow this day wholy in thy seruice, so that all our thoughts, words, and deeds, may redound to the glory of thy Name, and good example to all men, who seeing our good works, may glorifie thee our heauenly Father: and forasmuch as of thy meere fauour and loue, thou hast not onely created vs to thine owne similitude and likenesse, but also hast chosen vs to be heires with thy deare Sonne Iesus Christ, of that immortall kingdome which thou preparedst for vs, from the beginning of the world: We beseech thee to encrease our faith and knowledg, and to lighten our hearts with thy holy Spirit, that We may in the mean time liue in godly conuersation and integrity of life, knowing that Idolaters, adulterers, couetous men, contentious persons, drunkards, gluttons, and such like shall not inherite the kingdome of God. And because thou hast cōmanded vs to pray one for another, We do not only make request O Lord for our selues, and for them thou hast already called to the true vnderstanding of thy heauenly wil, but for all people and nations of the world, Who, as they know by thy Wonderfull works that thou art God ouer all, so they may be instructed by thy holy Spirit, to beleeue in thee their Sauiour and Redeemer. But forasmuch as they cannot beleeue except they heare, nor cannot heare but by preaching, and none can preach except he be sent, therefore O Lord raise vp faithful distributers of thy mysteries, who setting apart all worldly respects, may both in life and doctrine, only seek thy glory. Contrarily confound Sathan and Antichrist, With all hirelings, Whom thou hast already cast off into a reprobate sense, that they may not by sects, schismes, heresies, and errors, disquiet thy little flock. And because O Lord We be fallen into the latter daies & dangerous times wherein ignorance hath gotten the vpper hand, and Sathan by his ministers seeketh by all meanes to quench the light of thy Gospel we beseech thee to maintain thy cause against those rauening wolues, strengthen al thy seruants whom they keep in prison and bondage, let not thy long suffering be an occasion either to increase their tyrany, or discourage thy children, neither let our sins and wickednesse be an hindrance to thy mercies, but With

speed

speed (O Lord) consider these great miseries: for thy people Israel many times by their sinnes prouoked thine anger, and thou punishedst them by thy iust iudgement: Yet though their sins were neuer so grieuous, if they once returned from their iniquitie, thou receiuedst them to mercie. Wee therefore most wretched sinners bewaile our manifold sinnes, and earnestly repent vs of our former wickednesse, and vngodly behauiour towards thee: And whereas we cannot of our selues purchase pardon, yet we humbly beseech thee for Iesus Christs sake, to shew thy mercies vpon vs, and receiue vs againe to thy fauour. Grant vs deare Father these our requests, and other things necessarie for vs, and thy whole Church, according to thy promise in Iesus Christ our Lord. In whose name we beseech thee, as he hath taught vs saying: Our Father which art, &c.

Euening Prayer.

O Lord God Father euerlasting and full of pitie, wee acknowledge and confesse that wee bee not worthie to lift vp our eies to heauen, much lesse to present our selues before thy Maiestie, with confidence that thou wilt heare our prayers, and grant our requests, if we consider our owne deseruings, for our consciences doe accuse vs, and our sins doe witnesse against vs, and we know that thou art an vpright Iudge, which dost not iustifie the sinners and wicked men, but punishest the faults of all such as transgresse thy Commandements: Yet most mercifull Father, since it hath pleased thee to command vs to call on thee in all our troubles and aduersities, promising euen then to helpe vs, when wee feele our selues (as it were) swallowed vp of death and desperation, wee vtterly renounce all worldly confidence, and flie to thy soueraigne bountie, as our onely stay and refuge: beseeching thee not to call to remembrance our manifold sinnes and wickednesse, whereby wee continually prouoke thy wrath and indignation against vs, neither our negligence and vnkindnesse, which haue neither worthily esteemed, nor in our liues sufficiently expressed the sweet comfort of thy Gospell reuealed vnto vs, but rather to accept the obedience and death of thy Sonne Iesus Christ, who by offering vp his bodie in sacrifice once for all, hath made a sufficient recompence for all our sinnes. Haue mercie therefore vpon vs (O Lord) and forgiue vs our offences, teach vs by thy holy Spirit that we may rightly weigh them and earnestly repent for the same. And so much the rather (O Lord) because that the reprobate and such as thou hast forsaken cannot praise thee, nor call vpon thy name, but the repenting heart, the sorrowfull minde, the conscience oppressed, hungring and thirsting for thy grace, shall euer set forth thy praise and glorie. And albeit we bee but wormes and dust, yet thou art our Father, and we thy Children, thou art our Shepherd, and we thy flocke, thou art our Redeemer, and we thy people whom thou hast bought, thou art our God, and we thine inheritance: Correct vs not therefore in thine anger (O Lord) neither according to our deserts punish vs, but mercifully chastise vs with a fatherly correction, that all the world may know that at what time soeuer a sinner doth repent him of his sinnes from the bottome of his heart, thou wilt put away his wickednesse out of thy remembrance, as thou hast promised by thy holy Prophet.

Finally, forasmuch as it hath pleased thee to make the night for man to rest in, as thou hast ordained him the day to trauell in, grant deare Father that wee may so take our bodily rest, that our soules may continually watch for the time that our Lord Iesus Christ shall appeare for our deliuerance out of this mortall

life, and in the meane season that wee not ouercome by any fantasies, dreames, or other temptations, may fully set our mindes vpon thee, loue thee, feare thee, and rest in thee. Furthermore, that our sleepe be not excessiue or ouermuch after the insatiable desires of the flesh, but onely sufficient to content our weake nature, that we may be the better disposed to liue in all godly conuersation, to the glory of thy most holy Name, and the profit of our brethren. So be it.

A godly prayer to be said at all times.

HOnour and praise be giuen to thee, O Lord God Almighty, most deare Father of heauen, for all thy mercies and louing kindnesse shewed vnto vs, in that it hath pleased thy gracious goodnesse freely and of thine owne accord, to elect and chuse vs to saluation before the beginning of the world: and euen like continuall thanks be giuen to thee for creating vs after thine owne Image, for redeeming vs with the precious blood of thy deare Sonne, when we were vtterly lost, for sanctifying vs with thy holy Spirit in the reuelation and knowledge of thy holy word, for helping and succouring vs in all our needs and necessities, for sauing vs from all dangers of body and soule, for comforting vs so fatherly in all our tribulations and persecutions, for sparing vs so long and giuing vs so large a time of repentance. These benefits (O most mercifull Father) like as we acknowledge to haue receiued them of thy onely goodnesse, euen so we beseech thee for thy deare Son Iesus Christs sake, to grant vs alwaies thy holy Spirit, that we may continually grow in thankfulnesse towards thee, to be led in all truth, and comforted in all our aduersities. O Lord strengthen our faith, kindle it more in feruentnesse, and loue towards thee and our neighbours for thy sake: Suffer vs not (most deare Father) to receiue thy word any more in vaine, but grant vs alwayes the assistance of thy grace and holy Spirit, that in heart, word, and deed, we may sanctifie and do worship to thy name: Helpe to amplifie and increase thy Kingdome, and whatsoeuer thou sendest we may be heartily content with thy good pleasure and will: Let vs not lacke the thing O Father, without the which we cannot serue thee, but blesse thou so all the workes of our hands, that wee may haue sufficient, and not be chargeable, but rather helpfull to others.

Be mercifull (O Lord) to our offences, and seeing our debt is great, which thou hast forgiuen vs in Iesus Christ, make vs to loue thee and our neighbours so much the more. Be thou our Father, our captaine and defender in all temptations, hold thou vs by thy mercifull hand, that wee may be deliuered from all inconueniences, and end our liues in the sanctifying and honour of thy holy Name, through Iesus Christ our Lord and onely Sauiour. So be it.

Let thy mighty hand and outstretched arme (O Lord) bee still our defence, thy mercy and louing kindnesse in Iesus Christ thy deare Son our saluation, thy true and holy word our instruction, thy grace and holy Spirit our comfort and consolation, vnto the end and in the end, So be it. O Lord increase our faith, &c.

A confession for all estates and times.

OEternall God and most mercifull Father, wee confesse and acknowledge here before thy diuine Maiesty, that we are miserable sinners, conceiued and borne in sin and iniquity, so that in vs is no goodnesse. For the flesh euermore rebelleth against the spirit, whereby wee continually transgresse thy holy precepts, and commandements, and so purchase to our selues through thy iust iudgement, death and damnation. Notwithstanding (O heauenly Father) for as much as wee are displea-

displeased with our selues for the sins that we haue committed against thee, and doe vnfainedly repent vs of the same: wee most humbly beseech thee for Iesus Christs sake, to shew thy mercy vpon vs, to forgiue vs all our sins, and increase thy holy Spirit in vs, that we acknowledging from the bottome of our hearts our owne vnrighteousnesse, may from henceforth not onely mortifie our sinfull lusts and affections, but also bring forth such fruits as may be agreeable to thy most blessed Will: not for the worthinesse thereof, but for the merits of thy deerly beloued Sonne Iesus Christ our onely Sauiour, whom thou hast already giuen an oblation and offering for our sins, and for whose sake we are certainly perswaded, that thou wilt deny vs nothing that we aske in his name, according to thy will. For thy Spirit assureth our consciences, that thou art our mercifull Father, and so louest vs thy children through him, that nothing is able to remoue thy heauenly grace and fauour from vs. To thee therefore (O father) with thy Sonne, and the holy Ghost, be all honour and glory world without end. Amen.

A prayer to be said before a man begin his worke.

O Lord God most mercifull Father and Sauiour, seeing it hath pleased thee to command vs to trauell, that we may relieue our need, we beseech thee of thy grace so to blesse our labours, that thy blessing may extend vnto vs, without the which we are not able to continue, and that this great fauour may bee a witnesse vnto vs of thy bountifulnesse and assistance, so that thereby we may know the fatherly care that thou hast ouer vs.

Moreouer (O Lord) wee beseech thee that thou wouldest strengthen vs with thy holy spirit, that we may faithfully trauell in our estate and vocation: without fraud or deceit, and that we may endeauour our selues to follow thine holy ordinances, rather than to seeke to satisfie our greedy affections, or desire to gaine. And if it please thee O Lord, to prosper our labour, giue vs a minde also to helpe them that haue need, according to that ability that thou of thy mercy shalt giue vs: and knowing that all good things come of thee, grant that we may humble our selues to our neighbours, and not by any meanes lift our selues vp aboue them which haue not receiued so liberall a portion as of thy mercy thou hast giuen vnto vs. And if it please thee to trie and exercise vs by greater pouertie and need than our flesh would desire, that thou wouldest yet O Lord, grant vs grace to know that thou wilt nourish vs continually, through thy bountifull liberalitie, that we be not so tempted, that we fall into distrust, but that wee may patiently wait till thou fill vs, not onely with corporall graces and benefites, but chiefly with thy heauenly and spirituall treasures, to the intent that we may alwaies haue more ample occasion to giue thee thankes, and so wholly to rest vpon thy mercies. Heare vs O Lord of mercie, through Iesus Christ thy Sonne our Lord and Sauiour. Amen.

A Prayer for the whole estate of Christs Church.

Almightie God and most mercifull Father, We submit our selues and fall downe before thy Maiestie, beseeching thee from the bottome of our hearts, that the seed of thy word now sowne amongst vs, may take such deepe roote, that neither the burning heate of persecution cause it to wither, neither the thornie cares of this life choake it, but that as seed sowne in good ground, it may bring forth thirtie, sixtie, and an hundred fold, as thy heauenly wisedome hath appointed. And because wee haue need continually to craue many things at thy handes, we humbly beseech thee (O heauenly Father) to grant vs thy holy Spirit, to direct our peti-

petitions, that they may proceed from such a feruent minde, as may bee agreeable to thy most blessed will. And seeing that our infirmitie is able to doe nothing without thy helpe, and that thou art not ignorant with how many and great temptations wee poore wretches are on euerie side enclosed and compassed: Let thy strength O Lord, sustaine our weaknesse, that we being defended with the force of thy grace, may be safely preserued against all assaults of Sathan, who goeth about continually like a roaring Lion seeking to deuoure vs. Increase our faith, O mercifull Father, that we doe not swerue at any time from thy heauenly word, but augment in vs hope and loue, with a carefull keeping of all thy Commandements, that no hardnesse of heart, no hypocrisie, no concupiscence of the eyes, nor the inticements of the world, do draw vs away from our obedience: and seeing we liue now in these most perilous times, let thy fatherly prouidence defend vs against the violence of our enemies, which doe seeke by all meanes to oppresse thy truth. Furthermore, for as much as by thy holy Apostle wee bee taught to make our prayers and supplications for all men, wee pray not onely for our selues here present, but beseech thee to reduce all such as bee yet ignorant, from the miserable captiuitie of blindnesse and error, to the pure vnderstanding and knowledge of thy heauenly truth: That We all with one consent and vnitie of minde, may worship thee our onely God and Sauiour. And that all Pastors, Shepherds, and Ministers, to whom thou hast committed the dispensation of thy holy Word, and charge of thy chosen people, may both in their life and doctrine be found faithfull, setting before their eies thy glorie: and that by them all poore sheepe which wander and goe astray, may be gathered and brought home to thy fold. Moreouer, because the hearts of all rulers are in thy hands, Wee beseech thee to direct and gouerne the hearts of all Kings, Princes, and Magistrates, to whom thou hast committed the sword: Especially O Lord, according to our bounden dutie, wee beseech thee to maintaine and increase the honourable estate of the Kings Maiestie, and all his noble Counsellors and Magistrates: with all the spirituall Pastors and Ministers, and all the whole bodie of this common-weale. Let thy fatherly fauour so preserue them, and thy holy Spirit so gouerne their hearts, that they may in such sort execute their office, that thy Religion may bee purely maintained, manners reformed, and sinne punished, according to the precise rule of thy holy word. And for that We be all members of the mysticall bodie of Jesus Christ, We make our request vnto thee, O heauenly Father, for all such as are afflicted with any kinde of crosse or tribulation, as warre, plague, famine, sicknesse, pouertie, imprisonment, persecution, banishment, or any other kinde of thy rods, whether it be calamitie of bodie, or veration of minde: That it would please thee to giue them patience and constancie till thou send them full deliuerance out of all their troubles: Root out from hence (O Lord) all rauening Wolues, which to fill their bellies seeke to destroy thy flocke: And shew thy great mercies vpon those our brethren in other countries, which are persecuted, cast into prison, and daily condemned for the testimonie of thy truth. And though they be vtterly destitute of all mans aid, yet let thy sweet comfort neuer depart from them, but so inflame their hearts with thy holy Spirit, that they may boldly and carefully abide such triall as thy godly wisedome shall appoint. So that at length as well by their death as by their life, the kingdome of thy deare Son Jesus Christ, may increase and shine through all the world. In whose name we make our humble petitions vnto thee as he hath taught vs. Our Father which art in heauen, hallowed, &c.

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PRaiſe the Lord O ye
Behold now giue
Attend my people
Our Father which in heauen art
All my beleefe
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Giue peace in theſe
Where righteouſneſſe
O Lord in thee is all
The Lord be thanked
Preſerue vs Lord
Alſo certaine godly prayers.

FINIS.

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